



# THE MESSENGER

MIAMI-DADE INTERGROUP

AAMIAMIDADE@BELLSOUTH.NET

FEBRUARY 2026

1850 SW 8th St. # 303 - Miami, FL 33135

305.461.2425 (24 hrs)

aamiamidade@bellsouth.net

aamiamidade.org



## 71st Annual Banquet Miami-Dade Intergroup

"We found the Great Reality  
deep down within us"

*BB, pg55*

Saturday - April 18, 2026

**GUEST SPEAKER**  
From Dallas TX

**SAVE THE DATE!**

Tickets per person: \$50.00  
Table for 10 People: \$500.00

Renaissance Ballrooms | 5910 SW 8th St | 33144

KEEP IT SIMPLE	KEEP COMING BACK
LIVE AND LET LIVE	ONE DAY AT A TIME
EASY DOES IT	
GOD GRANT ME THE SERENITY	FIRST THINGS FIRST
HALT	
LET GO AND LET GOD	BUT FOR THE GRACE OF GOD

## SELF SUPPORT

I had the opportunity to stand on the stage at the 2025 International Convention and gain a real-time perspective on the line in Tradition One where it says that "each of us is a small part of a great whole." While we may each be a small part, each one of us is a vital part. The future of Alcoholics Anonymous is up to each one of us. Whether A.A. is here in the future for the still-suffering alcoholic will depend upon the efforts of us all. In the book *Alcoholics Anonymous Comes of Age*, Bill speaks of what is required of us as A.A. members — a sacrifice of much time and little money. When I look up the word "sacrifice" in the dictionary, it says "giving up something of value for something with a higher calling." So, a sacrifice of time is not my spare time, because spare time, like spare change, has little value. A sacrifice of time is the time where I might prefer to be doing something else. Every minute I have had for the past 27 years has been given to me by Alcoholics Anonymous. But for Alcoholics Anonymous, I would not have seen my children finish elementary school, graduate from high school, graduate from university or get married. I would not have seen my grandchildren born. I would not have had the opportunity to laugh and cry with my family and friends. I would not have the best friend that I do. When I think of the time I give to Alcoholics Anonymous, I must ask myself, as you may ask yourself, am I really making a sacrifice for Alcoholics Anonymous? For me, that one hour where I go to my home group is not a sacrifice. Nor are the two or three or four hours I spend attending other meetings. If I am involved in service outside of my home group, whether that is acting as a General Service Representative, taking a meeting into a hospital or prison, volunteering with a central office or intergroup, or meeting with sponsees, this may be the beginning of a sacrifice. But even if I do that for 10 hours a week, that is less than 6% of my time in a week. Would I gladly give up 6% of my time to spend the other 94% with my family? Would my family happily give up 6% of my time for another 27 years with me? Would I gladly give up 6% of my time to have this life? Would I happily give up twice that? For me, I would gladly give up much more than that. This life is worth far more than that. All of the money in my pocket today was earned by me in the last 27 years. A dead man would have no money in his pockets. Everything I have, I owe to Alcoholics Anonymous. When I put money in the basket, I am simply giving back to Alcoholics Anonymous a very small fraction of what Alcoholics Anonymous has given to me. When the basket comes by, or when there is an opportunity to be of service, I ask myself, what am I willing to sacrifice to help save that still suffering alcoholic from dying an alcoholic death? I find I am often not satisfied with my own answer. What I know is that there are tens of millions of alcoholics who need our help. Am I willing to sacrifice a few things: time, money, my opinions, my need to be right? I ask myself, am I really a different person than I was when I got to Alcoholics Anonymous, or am I still concerned with my own comfort, my own wants and needs or my own decisions about what I must have in order to have a good life? Have I actually achieved any degree of humility? For me, sacrifice has a good deal to do with humility. Again, sometimes I am not happy with my own answer. If asked, what would I report about the sacrifices that I have been willing to make to help some alcoholic I will never meet avoid being doomed as we once were? What would I report that I have done to help that person be given the opportunity for a new life the way we have been given that opportunity.

Scott H. - Chair of the General Service Board

### The Second Tradition

*For our group purpose there is but one ultimate authority... a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants... they do not govern.*

"Now that I've been elected Secretary, I'll show this group some real leadership!"



"There's only one way to do it and I'll tell you what it is..."



"...furthermore, we'll take our money and establish a fund... I'll manage it..."



"Thank you. Now shall we talk about working the program?"



Members of A.A. may be chosen to serve in many ways...



Group Secretary



Intergroup Representative



General Service Representative



Conference Delegate

But they must always remember that they serve for the good of all, without authority over any.



A.A. is both a democracy and, in Bill W's words, "a benign anarchy." A group elects its own officers—who have no power to *order* anybody to do anything. In most groups, most of the slate rotates out of office at the end of six months, and new officers are elected.

If a group wants to be a part of the whole A.A. service structure, it elects a G.S.R. (general service representative, with a two-year term). G.S.R.s elect area committee members and then join them in electing a delegate from their area to the annual General Service Conference. The Conference is about the closest approximation of a government that A.A. has; it produces opinions on important matters of policy; it approves the choice of some trustee nominees for the General Service Board and directly elects others. But nei-

ther the Conference nor the board can give orders to any group or member.

Then who's in charge around here? A.A. is a spiritual movement, and so the "ultimate authority" is the spiritual concept of the "group conscience." Its voice is heard when a well-informed group gathers to arrive at a decision. The result rests on more than arithmetic, a "yes" and "no" count. Minority ideas get thoughtful attention. What about that annoying character who's always sure she's right. If she's wrong, then she will—if she remembers the First Tradition as well as the Second—go along with the decision of the group conscience. Does this notion seem too cloudy? Let's think back to our first meetings. The presence we newcomers felt in those rooms was the same as the group conscience. And it was real—welcoming us in, setting up no barriers of rules...



A design for Living...

**Guest Speaker**

**March 21, 2026**

**5:00pm | Coffee Social**

**6:00pm | Dinner**

**7:30pm | Speaker Meeting**

*Desserts Welcome!*

**HOMESTEAD**

**GROUP**

**76th Anniversary**

**REDLAND COMMUNITY CHURCH**  
14601 SE 248th Street - Homestead

Continue here....

One month into sobriety, while working Step Two with my sponsor, I took my family to San Diego for a vacation. The fact that I was alive to be there and had a job to pay for it was amazing. One afternoon, we went to a dolphin show. It was one of those beautiful San Diego days; the sun was shining and the air warm. We sat down in the grandstands and got ready for the show. Out came the dolphins and the performers, all set to music. The show was nice, but I saw very little of it. My eyes and my heart were watching my 2-year-old daughter.

She was so excited as she watched the show. Her face lit up with such intense joy; I'd never seen so much happiness on another person's face. I was enjoying the show through my daughter's eyes, when I was suddenly filled with intense gratitude and light for being alive to witness the moment. For the first time, I paused to ask myself, Why? Why was I alive in this moment?

I had come into the Fellowship of AA an atheist. I used to call myself an agnostic, because I always felt it was disrespectful to openly deny the existence of someone else's God. During my first month in AA, I stared at those Steps on the wall with great fear, wondering how I could ever get past the need to believe in a God of my understanding.

I thought about how my life had changed since that April night I was going to kill myself. I had stability at home now; I was free from suicidal depression and psychiatric medication, with the beginnings of real happiness I'd not known for 10 years. Why hadn't I done the easy thing that dark night and simply filled that glass and taken the pills? Even in my alcoholism, I was always a man of action. When I made plans, I acted on them. It was such a mystery that I hadn't taken those pills that night. But right there, on a sunny afternoon, while sitting in the stands with my daughter, I realized that such things do not happen by accident. The thought shook me to the core: A power greater than myself had reached into my life that lonely April night.

(Cont on pg 7)

### A Place in the Sun

As the dolphins leaped and his daughter smiled, he knew his Higher Power had brought him to this moment

STEP TWO: Came to believe that a Power greater than ourselves could restore us to sanity.

In the course of my alcoholism, I spent years in therapy and hundreds of thousands of dollars on doctor visits and medications. I suffered an intense suicidal depression and was labeled bipolar.

The April before coming into AA, I planned to kill myself. One day after work, I went home to end my life. I had been planning to do it for years, considering various options and performing research on the best means of doing so. So when I went to bed that April night, I waited for the house to settle down so that I could take a lethal dose of pills. I wasn't thinking about a thing—not my wife or my child. I just lay there and waited. After all those years of planning, my life was crumbling around me, and the final solution to all of it was tucked away next to me in a bedside drawer. Amazingly, I did not fill my drink and take the pills. Instead, I passed out. I awoke the next day with something I'd never had: a willingness to change.

The next eight months were tumultuous. First I lost my job; then the state got involved in my life. I was forced to quit drinking. I was dry now, but not clean and sober. A funny thing happened on my way to sobriety however. Even with an active pill addiction, without alcohol my life started to change. Suddenly, my doctors didn't think I was bipolar. Over time, they took me off my last medication and I came into AA. I started a new job and life got better for my family. Cont.....

### ¿Sabías qué..?

La Oficina de Servicios Generales (OSG) tiene actualmente una extensa lista de hombres encarcelados que están a la espera de intercambiar correspondencia con un miembro de A.A. de afuera. La gran mayoría de estos hombres son alcohólicos hispanos que desean trabajar el programa de A.A. Tu puedes enviar el mensaje de A.A. manteniendo esta correspondencia y usando La Viña como herramienta de Paso Doce.

Para obtener más información, envía un correo electrónico a: [corrections@aa.org](mailto:corrections@aa.org).

O puedes escribir a Correccionales,

**Oficina de Servicios Generales**  
**Box 459, Grand Central Station**  
**Nueva York, N.Y. 10163**

REUNIONES VIRTUALES  
 EN  
 ESPANOL  
[WWW.AAMIAMIDADE.ORG](http://WWW.AAMIAMIDADE.ORG)

GRUPOS:  
**VIVIENDO SOBRIO**  
**CORAL GABLES**  
**LA GRAN MANZANA**

Si necesitan postear sus reuniones virtuales en el website de Miami-Dade Intergroup por favor enviar e-mail a [aamiamidade@bellsouth.net](mailto:aamiamidade@bellsouth.net) o llamar al **305.461.2425** con su informacion.

**GRAN CELEBRACIÓN**  
**ANIVERSARIO**  
 INTERGRUPO DEL SUR DE FLORIDA  
 CELEBRACIÓN FEBRERO 15  
 A LAS 12 PM  
**GRUPO UN DÍA A LA VEZ**

LUGAR: 32 SW 21st Ct, Miami, FL 33135

Tendremos Oradores  
 Comida

**¡TE ESPERAMOS!**



## FAITHFUL FIVER MEMBERS

**Yes, I want to participate in the Faithful Fiver Club!**



Contribution information:      Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Monthly: \_\_\_\_\_ Quarterly: \_\_\_\_\_ Annually: \_\_\_\_\_

**(Note: No A.A. member can contribute more than \$7,500 per year)**

I am a new Member: \_\_\_\_\_ Current Member: \_\_\_\_\_ Returning Member: \_\_\_\_\_

Check Enclosed: \_\_\_\_\_ Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel: ( \_\_\_\_\_ ) \_\_\_\_\_

\_\_\_\_\_ Yes, I would like my name to be added in "The Messenger."      \_\_\_\_\_ No, I would like to remain anonymous

**For Credit Card recurring contribution information please call the office at: 305.461.2425**

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

**3 Anonymous.**

## TRADITION TWO

For our group purpose there is but one ultimate authority--a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern. - from the January 1948 Grapevine  
Sooner or later, every AA comes to depend upon a Power greater than himself. He finds that the God of his understanding is not only a source of strength, but also a source of positive direction. Realizing that some fraction of that infinite resource is now available, his life takes on an entirely different complexion. He experiences a new inner security together with such a sense of destiny and purpose as he has never known before. As each day passes, our AA reviews his mistakes and vicissitudes. He learns from daily experience what his remaining character defects are and becomes ever more willing that they be removed. In this fashion he improves his conscious contact with God.

Every AA group follows this same cycle of development. We are coming to realize that each group, as well as each individual, is a special entity, not quite like any other. Though AA groups are basically the same, each group does have its own special atmosphere, its own peculiar state of development. We believe that every AA group has a conscience. It is the collective conscience of its own membership. Daily experience informs and instructs this conscience. The group begins to recognize its own defects of character and, one by one, these are removed or lessened. As this process continues, the group becomes better able to receive right direction for its own affairs. Trial and error produces group experience, and out of corrected experience comes custom. When a customary way of doing things is definitely proved to be best, then that custom forms into AA Tradition. The Greater Power is then working through a clear group conscience.

We humbly hope and believe that our growing AA Tradition will prove to be the will of God for us.

Many people are coming to think Alcoholics Anonymous is, to some extent, a new form of human society. In our discussion of the First Tradition, it was emphasized that we have, in AA, no coercive human authority. Because each AA, of necessity, has a sensitive and responsive conscience, and because alcohol will discipline him severely if he backslides, we are finding we have little need for man-made rules or regulations. Despite the fact that we do veer off at times on tangents, we are becoming more able to depend absolutely on the long-term stability of the AA group itself. With respect to its own affairs, the collective conscience of the group will, given time, almost surely demonstrate its perfect dependability. The group conscience will, in the end, prove a far more infallible guide for group affairs than the decision of any individual member, however good or wise he may be. This is a striking and almost unbelievable fact about Alcoholics Anonymous. Hence we can safely dispense with those exhortations and punishments seemingly so necessary to other societies. And we need not depend overmuch on inspired leaders. Because our active leadership of service can be truly rotating, we enjoy a kind of democracy rarely possible elsewhere. In this respect we may be, to a large degree, unique.

Therefore, we of Alcoholics Anonymous are certain that there is but one ultimate authority, "a loving God as he may express himself in our group conscience."  
By Bill Wilson

**INTERGROUP  
CONTACT LIST**  
aamiamidade.org

**Chairman**

Gloria P.

**Vice-Chair**

Paul R.

*Treasurer*

**OPEN POSITION**

**Secretary**

Maria Isabel S.

**Steering Committee**

Jennifer R.

Juan B.

Carroll K.

Claudia O.

George B.

**Trustees**

Richard A.

**Founder's Day**

Sean B.

**Intergroup Banquet**

Claudia O.

**Intergroup Office**

Jennifer R.

**The Messenger**

Office

**Outreach**

Carroll K.

**Public Information**

Juan B.

**Twelve Step Relay**

Gloria P.

Maria S.

**Big Service Breakfast**

Paul R.

**General Service Liaison**

Paul R.

**Spanish Intergroup Liaison**

Jennifer R.

**Webmaster**

Office

**GENERAL SERVICE  
CONTACT LIST**  
www.district10miami.org

**Chairman**

Sal G.

*Alternate Chair*

**OPEN POSITION**

**Treasurer**

Pablo B.

**Registrar**

Pocha C.

**Recording Secretary**

Ken T.

**Archives**

Carl P.

**Corrections**

John J.

**Current Practice**

Regina F.

**Grapevine**

Carmen B.

**Gratitude Dinner**

Cristy G.

**Intergroup Liaison**

Billy R.

**Literature**

John C.

**PI/CPC**

Abbie S.

**Accessibilities**

Jose A.

**Treatment**

Maggie S.

*Big Service Breakfast*

**OPEN POSITION**

**District 17 Liaison**

George R.

**Remote Communities**

Menachem O.

**Communications/Website**

Pablo B.

**"THE MESSENGER"**

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**MIAMI-DADE INTERGROUP**

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**NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:  
aamiamidade@bellsouth.net

Please make checks payable to:  
**MIAMI-DADE INTERGROUP**

**TRADITION TWO**

**FOR OUR GROUP PURPOSE THERE IS BUT ONE ULTIMATE  
AUTHORITY--A LOVING GOD AS HE MAY EXPRESS HIMSELF IN OUR GROUP  
CONSCIENCE. OUR LEADERS ARE BUT TRUSTED SERVANTS;  
THEY DO NOT GOVERN.**

**JANUARY**

- Vivian B. 1
- David E. 1
- Isaac L. 1
- Julio C. 3
- Miguel E. 4
- Jeff S. 4
- Josh G. 8
- Luz 11
- Taj K. 14
- Kathy T. 17
- Parris 18
- Haydee 19
- Nancy B. 22
- Harvey M.25
- Richard V. 26
- Rita C. 30
- Luis M. 31
- Connie G. 38
- Mary L. 40



Miami-Dade Intergroup  
@MiamiDadeIntergroup



**venmo**

Scan this code to pay

**How to contribute to your Intergroup Office**

Via ZELLE through your bank at:  
[aamiamidade@bellsouth.net](mailto:aamiamidade@bellsouth.net)

**PAYPAL NEWS**

Please if you send your contributions through PayPal, send it through their "PayPal Giving Fund"

so the Intergroup Office does not incur any extra charges.

**FEBRUARY**

**CORAL GABLES**

- Luis A. 1
- Zack G. 2
- Anne B. 2
- Brian B. 2
- Ryan B. 4
- Gloria B. 3
- Ken T. 17
- Dan W. 18
- Nitza P. 29
- Jennifer S. 35
- Victoria W. 43

**SOUTH DADE**

- Justine 1
- Marco F. 2
- Hadriam 2
- Stephen S. 5
- Gary 6
- Stacey 7
- Jay S. 12
- Donald M. 25

**TRIANGLE A.A.**

- Ann C.7
- Richard A. 12
- Luisa R. 16
- Shelly L. 22



**MEETINGS IN RUSSIAN**

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



**12 STEP HOUSE**  
205 SW 23rd St.  
Ft. Lauderdale, FL 33315

[www.russianaa.com](http://www.russianaa.com)  
[russianaa.florida@gmail.com](mailto:russianaa.florida@gmail.com)

**A Place in the sun** (Cont. from pg 3)

Tears began to stream down my face. For the first time in my life, I felt the presence of God. While working Step Two with my sponsor, I had wondered how I could ever come to believe a power greater than myself could restore me to sanity. I now realized he already had.

It turns out I found a God of my understanding through the light and eyes of my daughter.

Kevin F., Vancouver, Wash.

Group Conscience/Business/Service Meetings

- Brickell Group/3rd Thursday @ 1:05pm
- Coral Gables Group/3rd Thursday @ 7:00pm
- Good Morning Group/3rd Friday @11:00am
- Happy 1060 Group/3rd Sunday @ 11:45am
- Happy Hour Group/ 3rd Thursday @ 6:35pm
- Homestead Group/3rd Tuesday @ 7:00pm
- Lincoln Road YP/3rd Sunday @ 7:00pm
- Little River Group/2nd Sunday @ 7:00pm
- Miami Young People/3rd Saturday @ 7:00pm
- Mix Nuts Group/1st Monday @ 7:30pm
- Palmetto Bay/3rd Wednesday @ 6:35pm
- Primary Purpose/Last Wednesday @ 6:45pm
- Quinto Paso/1st Monday @ 7:00pm
- Sabal Palm/3rd Thursday @ 7:00pm
- Sober Way Out/3rd Sunday @ 7:00pm
- Something Happens/1st Saturday @ 10:00am
- South Dade Group/3rd Wednesday @ 7:00pm
- South Dixie Group/2nd Sunday @ 12:15pm
- Sunset Group/2nd Friday @ 7:00pm
- The Triangle AA Group/3rd Wednesday @ 6:35pm
- West Miami Group/3rd Tuesday @ 7:00pm

Group Anniversaries

- Almeria Group/Last Tuesday @ 7:30pm
- Coral Gables Group/Last Monday @ 8:00pm
- Grupo Central/Last Sunday @ 1:00pm
- Good Morning Group/Last Friday @ 10:00am
- Happy 1060 Group/Last Sunday @ 10:45am
- Happy Hour Group/Last Friday @ 5:30pm
- Homestead Group/Last Thursday @ 8:30pm
- Key Biscayne Group/Last Friday @ 8:30pm
- Killian Pines Group/Last Friday @ 8:00pm
- Lincoln Road YP/Last Sunday @ 7:00pm
- Little River Group/Last Wednesday @ 8:30pm
- Miami Springs/Last Monday @ 7:30pm
- Miami Young People/Last Saturday @ 8:30pm
- Mixed Nuts Group/Last Monday @ 8:30pm
- Palmetto Bay Group/Last Sunday @ 5:30pm
- Plymouth Group/Last Wednesday @ 7:00pm
- Primary Purpose/Last Saturday @ 8:30pm
- Sabal Palm Group/Last Sunday @ 7:00pm
- Sober Way Out/Last Friday @ 8:30pm
- Something Happens/Last Saturday @ 9:00am
- South Dade Group/Last Friday @ 7:30pm
- South Dixie Group/Last Saturday @ 7:30pm
- Sunset Group/Last Saturday @ 7:30pm
- The Triangle AA Group/Last Saturday @ 5:30pm
- West Miami Group/Last Friday @ 8:30pm

**MEETING GUIDE APP**



Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - March 12, 2026 @ 8:00pm Via Zoom. This is a great opportunity to do service!  
For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: [jamc13@bellsouth.net](mailto:jamc13@bellsouth.net) or [aamiamidade@bellsouth.net](mailto:aamiamidade@bellsouth.net)

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Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship  
(a thought, a story, a joke or something you heard at a meeting.)

### HELP US CARRY THE MESSAGE!!!

## The Messenger

Miami-Dade Intergroup  
1850 SW 8th St. # 303  
Miami, FL 33135  
Phone: 305.461.2425 (24 hrs.)  
Fax: 305.461.2426



# February

