



# THE MESSENGER

MIAMI-DADE INTERGROUP

AAMIAMIDADE@BELLSOUTH.NET

MAY 2025

1850 SW 8th St. # 303 - Miami, FL 33135

305.461.2425 (24 hrs)

305.461.2426 (Fax)

aamiamidade.org

# FOUNDER'S DAY PICNIC



FELLOWSHIP!

## SUNDAY - JUNE 8<sup>th</sup>

FUN!

### From 10:00am to 4:00pm

RAFFLE!

## Guest Speaker

MUSIC!

## @ 2:00pm

DESSERTS  
WELCOME!

## BILL BAGGS STATE PARK

### Pavilion A1 | Key Biscayne

*Tickets \$15.00  
On Sale Now!*

*Bring your Beach chairs, umbrellas for an  
awesome day at the beach!  
But most important bring your family!!*

*Kids 12 & under are free!*

*Pets welcome on a leash*



For more information, please call  
the Intergroup Office at: 305.461.2425

THE SUNSET GROUP  
**Semi-Annual**  
**BBQ Picnic**  
 Great Guest  
 Speaker

**Saturday, May 17, 2025**

**A.D. Barnes Park**  
**3401 SW 72 Avenue Pavillion 4**

Raffle Supports  
 Intergroup  
**Starts at 11:00AM**  
**Speaker 2:00PM**

**FELLOWSHIP, FAMILY, MESSAGE OF HOPE,  
 FOOD, MUSIC AND MUCH MORE**

**For more Information: [sunset.group.miami@gmail.com](mailto:sunset.group.miami@gmail.com)**

**FOOD AND DESSERT CONTRIBUTIONS WELCOMED**

**The Next Frontier : Emotional Sobriety**  
 by Bill Wilson

I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA—the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance—urges quite appropriate to age seventeen—prove to be an impossible way of life when we are at age forty-seven or fifty-seven.

Since AA began, I've taken immense wallops in all these areas because of my failure to grow up, emotionally and spiritually. My God, how painful it is to keep demanding the impossible, and how very painful to discover finally, that all along we have had the cart before the horse! Then comes the final agony of seeing how awfully wrong we have been, but still finding ourselves unable to get off the emotional merry-go-round.

How to translate a right mental conviction into a right emotional result, and so into easy, happy, and good living—well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy may still elude us. That's the place so many of us AA oldsters have come to. And it's a hell of a spot, literally. How shall our unconscious—from which so many of our fears, compulsions and phony aspirations still stream—be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task.

I've recently come to believe that this can be achieved. I believe so because I begin to see many benighted ones—folks like you and me—commencing to get results. Last autumn [several years backed.] depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depressions, it wasn't a bright prospect.

I kept asking myself, "Why can't the Twelve Steps work to release depression?" By the hour, I stared at the St. Francis Prayer... "It's better to comfort than to be the comforted." Here was the formula, all right. But why didn't it work?

Suddenly I realized what the matter was. My basic flaw had always been dependence – almost absolute dependence – on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression.

There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away.

*(Cont. on pg 3)*

## STEP FIVE

P S W R O N G S M E A T E Y E  
 A J U V C H D K T D X R A S L  
 I S F O P H C E M U U A R R Y  
 N U H Z I Q A I L T P O C L T  
 L F F A W G S R A D M S G T E  
 E F R C Z S I N A E D N N S I  
 S E J V I A U L R C T U Y E X  
 S R G O M U F P E M T H M D N  
 H E N V D C X F O R C E X U A  
 H D K X I V G Q R K F U R T W  
 G N I S S E R T S I D E H I R  
 B K M K T P Y M S S I Q M T H  
 E C A R G Y S L E E J D H T L  
 D E F E C T S J L L H Q D A E  
 S R F F Y F J Q Z E D B F U K

### *The Next Frontier* (Cont. from pg 2)

Because I had over the years undergone a little spiritual development, the absolute quality of these frightful dependencies had never before been so starkly revealed. Reinforced by what Grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatsoever.

Then only could I be free to love as Francis had. Emotional and instinctual satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life.

Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that so long as I was victimized by false dependencies.

For my dependency meant demand—a demand for the possession and control of the people and the conditions surrounding me.

While those words "absolute demand" may look like a gimmick, they were the ones that helped to trigger my release into my present degree of stability and quietness of mind, qualities which I am now trying to consolidate by offering love to others regardless of the return to me.

This seems to be the primary healing circuit: an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the current can't flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is. *(Cont. to pg 5)*

**ADMISSION  
 CHARACTER  
 EXACT  
 NATURE  
 REMORSE**

**ANXIETY  
 DEFECTS  
 GRACE  
 PAINLESS  
 SUFFERED**

**ATTITUDES  
 DISTRESSING  
 MUDDLED  
 RELIGIOUS  
 WRON**

### Two Big Books

Alcoholics Anonymous now has two Big Books; the original, written in 1939, and 'Plain Language', just released. It baffles me that GSO (General Service Office) in New York would rewrite the Big Book when in the Preface, among other places, it states 'Because this book has become the basic text for our Society and has helped such large numbers of alcoholic men and women to recovery, there exists strong sentiment against any radical changes being made in it.' It appears that the justification for the Plain Language Big Book is to call it 'A Tool for Reading Alcoholics Anonymous.' Nevertheless, the Big Book has been re-written. We were told time after time by our GSRs that New York was not changing the Big Book, they were clarifying 'certain terminologies.'

When researching the reasoning for the Plain Language Big Book, I came across this 2021 Conference Resolution, (google 'Plain Language Big Book', scroll down to AA87.org). In part, it states, 'A study was done in the US to find out the literacy level of people. Literacy means the ability to identify or evaluate one or more pieces of information, which requires different levels of interpretation of a text. Experts have assessed the level required to read and understand the text of the Big Book. They have determined that it corresponds to level 3 on a scale of 5. According to studies conducted in the US, 48% of the population was at a level 3 or higher. This meant that 52% of the population would not be able to sufficiently understand what is written in the Big Book.' (You notice they felt the need to define 'Literacy' in that statement). In addition, the inside jacket notes of the Plain Language Big Book state, 'The Plain Language Big Book has been written to present the original ideas and same spiritual message of the Big Book, Alcoholics Anonymous.' I'm sorry, no book but the original Big Book can 'present the original ideas and same spiritual message'.

The text Alcoholics Anonymous has been saving lives for over 85 years. Why did it need to be interpreted or clarified? Isn't that what a sponsor is for?

In the Plain Language Big Book, Bill's Story does not contain a single sentence that he wrote, yet it's written in the first person as if those are his words; also, Bill's name is at the end which implies he wrote it. How can GSO get away with this?

In Chapter 3 of the Plain Language, the verbiage 'pitiful and incomprehensible demoralization' doesn't exist, it has been revised to '...we feel like we have failed completely in our lives and may never be worthy again.' One is very different than the other and completely diminishes the original intent. The jaywalking story is now a woman. How is this helping the reader to understand the Big Book. Who cannot understand the original version when it was a man? *(Cont to page 5)*

**¿Sabías qué..?**

La Oficina de Servicios Generales (OSG) tiene actualmente una extensa lista de hombres encarcelados que están a la espera de intercambiar correspondencia con un miembro de A.A. de afuera. La gran mayoría de estos hombres son alcohólicos hispanos que desean trabajar el programa de A.A. Tu puedes enviar el mensaje de A.A. manteniendo esta correspondencia y usando La Viña como herramienta de Paso Doce.

Para obtener más información, envía un correo electrónico a: [corrections@aa.org](mailto:corrections@aa.org).

O puedes escribir a Correccionales,

**Oficina de Servicios Generales  
Box 459, Grand Central Station  
Nueva York, N.Y. 10163**

REUNIONES VIRTUALES  
EN  
ESPAÑOL  
[WWW.AAMIAMIDADE.ORG](http://WWW.AAMIAMIDADE.ORG)

GRUPOS:  
**VIVIENDO SOBRIO  
CORAL GABLES  
LA GRAN MANZANA**

Si necesitan postear sus reuniones virtuales en el website de Miami-Dade Intergroup por favor enviar e-mail a [aamiamidade@bellsouth.net](mailto:aamiamidade@bellsouth.net) o llamar al **305.461.2425** con su informacion.



Dr. Bob

Bill W.

**CELEBREMOS  
JUNTOS**

**90**

**años**

**de alcohólicos anónimos  
oficina de intergrupo  
de miami  
te invitamos**

**JUNIO 8 11:00 AM**

**GRUPO**

**FE Y ESPERANZA**

TENDREMOS ORADORES Y BANQUETE



**LA OFICINA INTERGRUPO  
DEL SUR DE FLORIDA  
LOS INVITA A CELEBRAR EL**

**90**

**ANIVERSARIO**

**AA**

**ESTA CELEBRACIÓN SERÁ EN EL  
GRUPO FE Y ESPERANZA  
el día DOMINGO 8 DE JUNIO del  
presente año A PARTIR DE LAS 2:00 PM  
TENDREMOS ORADORES, BANQUETE**

## FAITHFUL FIVER MEMBERS

**Yes, I want to participate in the Faithful Fiver Club!**



Contribution information:      Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Monthly: \_\_\_\_\_ Quarterly: \_\_\_\_\_ Annually: \_\_\_\_\_

**(Note: No A.A. member can contribute more than \$3,000 per year)**

I am a new Member: \_\_\_\_\_ Current Member: \_\_\_\_\_ Returning Member: \_\_\_\_\_

Check Enclosed: \_\_\_\_\_ Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel: ( \_\_\_\_\_ ) \_\_\_\_\_

\_\_\_\_\_ Yes, I would like my name to be added in "The Messenger."      \_\_\_\_\_ No, I would like to remain anonymous

**For Credit Card recurring contribution information please call the office at: 305.461.2425**

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

**3 Anonymous.**

### **The Next Frontier** (Cont. from pg 3)

Spiritual calculus, you say? Not a bit of it. Watch any AA of six months working with a new Twelfth Step case. If the case says "To the devil with you," the Twelfth Stepper only smiles and turns to another case. He doesn't feel frustrated or rejected. If his next case responds, and in turn starts to give love and attention to other alcoholics, yet gives none back to him, the sponsor is happy about it anyway. He still doesn't feel rejected; instead he rejoices that his one-time prospect is sober and happy. And if his next following case turns out in later time to be his best friend (or romance) then the sponsor is most joyful. But he well knows that his happiness is a by-product—the extra dividend of giving without any demand for a return.

The really stabilizing thing for him was having and offering love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand.

In the first six months of my own sobriety, I worked hard with many alcoholics. Not a one responded. Yet this work kept me sober. It wasn't a question of those alcoholics giving me anything. My stability came out of trying to give, not out of demanding that I receive.

Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to Twelfth Step ourselves and others into emotional sobriety.

Of course I haven't offered you a really new idea—only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

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### **Two Big Books** (Cont from page 3)

Examples like this are abundant from page 1 to the end. This is an abomination. It's an insult. It's a complete misrepresentation of what's in the Big Book, and it dilutes the AA message. What's worse is that it is AA approved literature.

What is the newcomer thinking? "They can't even understand their own book, so they had to dumb it down?" Can the message from New York be any more confusing? AA will never be the same since this debacle.

I understand groups are now buying Plain Language Big Book for their book studies.

The only book written for recovery from alcoholism is the one written by the original 100 alcoholics IN THEIR OWN WORDS, not an interpretation by who knows who. It appears egos were involved in the re-write. Is that playing God?

What do you think?

Malcolm G.

Fountain Valley, CA

Gratefully sober since July 6, 1987 by the original Big Book

"Rarely have we seen a person fail who has thoroughly followed our path..."

path..."



**INTERGROUP  
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aamiamidade.org

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**Vice-Chair**

Paul R.

*Treasurer*

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**"THE MESSENGER"**

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**NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to **"THE MESSENGER"** will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:  
aamiamidade@bellsouth.net

Please make checks payable to:  
**MIAMI-DADE INTERGROUP**

**Grapevine  
Quote**

"I think we simply fail to recognize miracles for what they are. Sobriety -- one-day-at-a-time -- is truly a miracle."

The **MIRACLE** happens  
when we get  
sober.



The **MAGIC**  
happens when  
we apply the principles to  
all our affairs.

Eventually  
every alcoholic  
will have his  
last drink.  
Those of us in  
AA get to talk  
about ours.

**APRIL**

**SOUTH DADE**

- Fabiana 1
- Reynaldo 1
- Brad M. 2
- Manuela 4
- Jen M. 6
- Phil D. 12
- Lee 14
- Chuck I. 19
- Darryl W. 22
- Oliver 32

**SABAL PALM**

- Mari P. 1
- David S. 1
- Reynalado R. 1
- David S. 3
- Fred D. 3
- Yvette G. 9
- Mel O. 17
- Alvaro R. 20
- James Z. 20
- Martha G. 25
- Mike M. 27
- Ignacio B. 28
- Eileen McC. 31
- Leah L. 31
- Noreen L. 39

**CORAL GABLES**

- Dennis - 1
- Greg M. 1
- Robin L. 1
- Karissa A. 1
- Magda R. 1
- Juliana G. 2
- Carrie V. 2
- Tim B. 2
- Ben H. 4
- Monica C. 7
- Pablo B. 11
- Ana 13
- George M. 15
- Tony S. 17
- Gar 20
- Allan S. 22
- Kenneth S. 23
- Brey W. 30
- Isabel C. 31
- Kathy 31
- Diana FG 37
- Kathleen M. 38

**TRIANGLE AA**

- Manuela 4



Miami-Dade Intergroup  
@MiamiDadeIntergroup



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**HOMESTEAD**

- Elizabeth M. 1
- Maria R. 1
- Bob P. 1
- Henry S. 15
- George C. 16
- Gus B. 30
- Ron H. 47

**MAY**

**SOUTH DADE**

- Henry 16
- Mary 26
- Roxanne M. 27
- Victor C. 38

**How to contribute to your Intergroup Office**

Via ZELLE through your bank at:  
[aamiamidade@bellsouth.net](mailto:aamiamidade@bellsouth.net)

**PAYPAL NEWS**

Please if you send your contributions through PayPal, send it through their "PayPal Giving Fund"

so the Intergroup Office does not incur any extra charges.

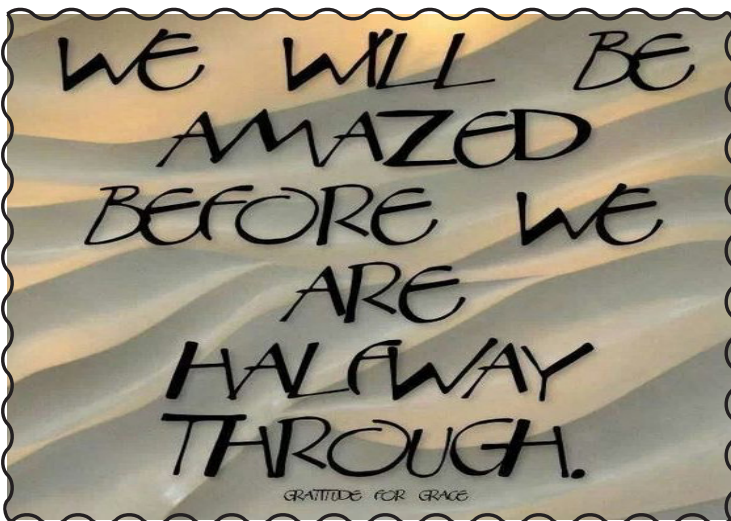
**MEETINGS IN RUSSIAN**

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



**12 STEP HOUSE**  
205 SW 23rd St.  
Fl. Lauderdale, FL 33315

[www.russianaaa.com](http://www.russianaaa.com)  
[russianaaa.florida@gmail.com](mailto:russianaaa.florida@gmail.com)



Group Conscience/Business/Service Meetings

- Brickell Group/3rd Thursday @ 1:05pm
- Coral Gables Group/3rd Thursday @ 7:00pm
- Good Morning Group/3rd Friday @ 11:00am
- Happy 1060 Group/3rd Sunday @ 11:45am
- Happy Hour Group/ 3rd Thursday @ 6:35pm
- Homestead Group/3rd Tuesday @ 7:00pm
- Lincoln Road YP/3rd Sunday @ 7:00pm
- Little River Group/2nd Sunday @ 7:00pm
- Miami Young People/3rd Saturday @ 7:00pm
- Mix Nuts Group/1st Monday @ 7:30pm
- Palmetto Bay/3rd Wednesday @ 6:35pm
- Primary Purpose/Last Wednesday @ 6:45pm
- Quinto Paso/1st Monday @ 7:00pm
- Sabal Palm/3rd Thursday @ 7:00pm
- Sober Way Out/3rd Sunday @ 7:00pm
- Something Happens/1st Saturday @ 10:00am
- South Dade Group/3rd Wednesday @ 7:00pm
- South Dixie Group/2nd Sunday @ 12:15pm
- Sunset Group/2nd Friday @ 7:00pm
- The Triangle AA Group/
- West Miami Group/3rd Tuesday @ 7:00pm

Group Anniversaries

- Almeria Group/Last Tuesday @ 7:30pm
- Coral Gables Group/Last Monday @ 8:00pm
- Grupo Central/Last Sunday @ 1:00pm
- Good Morning Group/Last Friday @ 10:00am
- Happy 1060 Group/Last Sunday @ 10:45am
- Happy Hour Group/Last Friday @ 5:30pm
- Homestead Group/Last Thursday @ 8:30pm
- Key Biscayne Group/Last Friday @ 8:30pm
- Killian Pines Group/Last Friday @ 8:00pm
- Lincoln Road YP/Last Sunday @ 7:00pm
- Little River Group/Last Wednesday @ 8:30pm
- Miami Springs/Last Monday @ 7:30pm
- Miami Young People/Last Saturday @ 8:30pm
- Mixed Nuts Group/Last Monday @ 8:30pm
- Palmetto Bay Group/Last Sunday @ 5:30pm
- Plymouth Group/Last Wednesday @ 7:00pm
- Primary Purpose/Last Saturday @ 8:30pm
- Sabal Palm Group/Last Sunday @ 7:00pm
- Sober Way Out/Last Friday @ 8:30pm
- Something Happens/Last Saturday @ 9:00am
- South Dade Group/Last Friday @ 7:30pm
- South Dixie Group/Last Saturday @ 7:30pm
- Sunset Group/Last Saturday @ 7:30pm
- The Triangle AA Group/

West Miami

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Here is the icon to look for.....



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Please note: When you mail in this form, feel free to add something you would like to share with the fellowship  
(a thought, a story, a joke or something you heard at a meeting.)

### HELP US CARRY THE MESSAGE!!!

## The Messenger

Miami-Dade Intergroup  
1850 SW 8th St. # 303  
Miami, FL 33135  
Phone: 305.461.2425 (24 hrs.)  
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