



# THE MESSENGER

MIAMI-DADE INTERGROUP

AAMIAMIDADE@BELLSOUTH.NET

JANUARY 2024

1850 SW 8th St. # 303 - Miami, FL 33135

305.461.2425 (24 hrs)

305.461.2426 (Fax)

aamiamidade.org

## 69<sup>th</sup> Annual Banquet MIAMI-DADE INTERGROUP



*The great fact is just this, and nothing less:*

**SATURDAY**  
**March 16th, 2024**

**Tickets on Sale Now!**

**\$50.00 per person | \$500.00 per table (10 people)**

**Renaissance Ballrooms**  
**5910 SW 8th St. - Miami, FL 33144**

**For more information please call the Intergroup Office: 305.461.2425**

We can accept contributions through PayPal Giving Fund, Venmo to 305.461.2239 or Zelle to aamiamidade@bellsouth.net

**Raffle Tickets for  
1st Edition  
14th Printing  
"BIG BOOK"**



**ON SALE NOW!**

**\$5.00 PER TICKET**

**No Need to be present at the  
Intergroup Banquet to win!**

**MARCH 16th, 2024**

**For more information please call the  
Intergroup office at 305.461.2425**

**THURSDAY 01.25.2024**  
**37th Annual**  
**SOUTH MIAMI**  
**MEN'S SPAGHETTI DINNER**  
ALL ARE WELCOME! (Men + Women)  
ALL EAT FREE! 50/50 RAFFLE!  
Fellowship 5:30-6:00  
Dinner 6:00-7:30  
Speakers 8:00



SPAGHETTI & MEATBALLS / TOSSED SALAD  
ITALIAN BREAD / DESSERTS



Christ the King Lutheran Church 11295 SW 57th Ave, Pinecrest, FL 33156



Miami-Dade Intergroup  
@MiamiDadeIntergroup



**venmo**

Scan this code to pay

We are happy to  
announce that as of  
December 2023  
Miami-Dade  
Intergroup  
can received  
contributions through  
VENMO.  
Our number for  
Venmo is:  
305.461.2239  
and our QR Code  
on the side.



**GRAPEVINE NEWS!**

The Trustees' Committee on Cooperation with the Professional Community/Treatment and Accessibilities is seeking A.A. members in the U.S. and Canadian Armed Forces to discuss their experience, strength, and hope as sober members of A.A. in the military in recorded anonymity-protected interviews. The goal of this effort is to improve A.A. outreach to members in the U.S. and Canadian military. Interested military members can volunteer or get more information about this project by writing to [militaryoutreach@aa.org](mailto:militaryoutreach@aa.org)




## Step One – Getting Off the Ground She did not find it too comforting.

I got sober in AA right in the beginning of the Space Exploration experience and my eyes were glued to the TV screen through it all. I was sitting at a meeting recently when I heard a very young, and very sincere, single mother of two, new in the Program, sharing that her first experience in A.A. was the thought of having to do all this stuff for the rest of her life and she did not find it too comforting. It sounded to me that, from her perspective, she knew that she had to do it, but it was not going to be easy or fun. I admired her for her courage and conviction, and I tried to encourage her by explaining things that I had experienced when I was faced with the life changing challenges of sobriety. I was the father of a boy, I was in the U.S. Navy at the time, and I was divorced. It was a challenging time, but I had to go through it, drinking or not. I began the process of recovery in a slow, methodical way, and I came out a stronger person for it. I likened it to the first Apollo space mission to the moon. It goes something like this:

When you first see the size of this spacecraft and consider the amount of energy it would take to put it into orbit, it is hard to fathom. After the countdown is complete, the engines fire and a tremendous amount of flame and smoke engulf the entire area as it slowly starts to lift off. As it lumbers its first few hundred feet, it is expending a tremendous amount of fuel. Slowly it starts to gain momentum and pick up speed, still shuddering along. Soon the booster tanks are depleted, and they are ejected, and the main tanks begin to propel it further along the flight path with even more thrust as it is reaching for orbit. Next, the main tank is depleted just before orbit and is ejected. What is left is a small portion of what left the launch pad. Soon the craft leaves orbit and heads toward the moon and something else happens that sometimes goes unnoticed. Somewhere between the earth and the moon, the gravitational pull of the moon has more influence on the craft than the earth's has, and it is gently drawn along its path. Very little energy is needed at this point except for minor course corrections.

In AA, when we first get started, it appears to be an insurmountable task and it requires a tremendous amount of effort just to get off the launch pad. Not every launch is successful and some of us do not make it the first time, and we must exert all that energy in each successive attempt. As we do get on our way, it starts to get easier as we increase our momentum. Much of the burden falls away as we make progress, and the going gets easier as we head for our objective. When we go through the twelve steps, we finally reach orbit. After we are satisfied that everything is in order, we can now set out for our trajectory. If we stay on course, the spiritual gravity of values we have adopted in the A.A. program will far outweigh the negative gravity of the past if we eject all the dead weight that held us down. As we continue to adjust the day to day, mistakes that we make, and adopt an unselfish approach to life, somewhere along the flight path, we will cross that line where we are drawn towards a life of peace and serenity that is hard to imagine when we are setting on the launch pad. The most important part of the journey is the lift off. If we can get through that most challenging time, it does get easier, and then we need only to stay the course. Five, Four, Three, Two, One, Lift Off.

By Rick R.



## GRAPEVINE LA VIÑA

### Apps Now available!

Available on the  
App Store

ANDROID APP ON  
Google Play

With a Digital subscription, you'll be able to read the new magazine each month, explore the Grapevine archive, send stories to friends, listen to the audio of each article in the magazine, listen to the podcast, enter your own sobriety date for a daily calculation, build your own spiritual maintenance daily checklist, and much more.

Subscribe to the digital magazine and archive for \$2.99 per month, or \$29.99 per year.

### ¿Sabías qué..?

La Oficina de Servicios Generales (OSG) tiene actualmente una extensa lista de hombres encarcelados que están a la espera de intercambiar correspondencia con un miembro de A.A. de afuera. La gran mayoría de estos hombres son alcohólicos hispanos que desean trabajar el programa de A.A. Tu puedes enviar el mensaje de A.A.

manteniendo esta correspondencia y usando La Viña como herramienta de Paso Doce.

Para obtener más información, envía un correo electrónico a: [corrections@aa.org](mailto:corrections@aa.org).

O puedes escribir a Correccionales,

**Oficina de Servicios Generales**

**Box 459, Grand Central Station**

**Nueva York, N.Y. 10163**

REUNIONES VIRTUALES  
EN  
ESPAÑOL  
**WWW.AAMIAMIDADE.ORG**

GRUPOS:  
**VIVIENDO SOBRIO  
CORAL GABLES  
LA GRAN MANZANA**

Si necesitan postear sus reuniones virtuales en el website de Miami-Dade Intergroup por favor enviar e-mail a [aamiamidade@bellsouth.net](mailto:aamiamidade@bellsouth.net) o llamar al **305.461.2425** con su informacion.

## Grupo Renacer en sobriedad



CERRADA

### Declaración de la Unidad

Debemos hacer esto para el futuro de A.A.: Colocar en primer lugar nuestro bienestar común: para mantener nuestra Comunidad unida. Porque de la unidad y A.A. dependen nuestras vidas, y las vidas de los que vendrán.

Declaración del XXV Aniversario de la Convención Internacional de A.A. en 1990

Compartimiento  
Desde: 19 de Feb  
Hasta: 24 de Feb  
2024



### GRUPO NUEVO DESPERTAR

2335 N.W. 27 Ave. Miami FL 33142  
FUNDADO EL 23 DE ENERO, DE 1990



Dios, concédeme la serenidad para aceptar las cosas que no puedo cambiar, valor para cambiar aquellas que puedo, y sabiduría para reconocer la diferencia.



1990

2024

## Celebrando 34 Años

### SEMANA DE COMPARTIMIENTO

Sábado 21 - Domingo 28 de Enero 2024

Sábado 27 de Enero sesión Maratónica  
En el local del grupo:  
desde las 10:00 p.m. en adelante.

### SESION PUBLICA

Domingo 28

1700 SW 62nd Ave  
Miami FL 33155



## FAITHFUL FIVER MEMBERS

***Yes, I want to participate in the Faithful Fiver Club!***

Contribution information: Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Monthly: \_\_\_\_\_ Quarterly: \_\_\_\_\_ Annually: \_\_\_\_\_

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: \_\_\_\_\_ Current Member: \_\_\_\_\_ Returning Member: \_\_\_\_\_

Check Enclosed: \_\_\_\_\_ Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel: (\_\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_ Yes, I would like my name to be added in "The Messenger." \_\_\_\_\_ No, I would like to remain anonymous

**For Credit Card recurring contribution information please call the office at: 305.461.2425**

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."



**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.  
**3 Anonymous.**

### The Scale of Right Living

Terror, Bewilderment, Frustration, Despair,  
greeted me upon waking each day.  
The hideous four horsemen would plague  
me until; my first drink quickly  
drove them away.  
That seemed not the case for most normal  
souls, and it caused me to look deep inside,  
And what I discovered has made sense to  
me and has been the rule I've applied.  
I considered a scale from one to ten, when  
measuring my emotional state.  
I awaken each morning at a level of two  
while the Normy wakes up at an eight.  
When I take that first drink, I go straight to  
a nine and everything seems to be fun.  
If I stayed at a nine everything would be  
fine, but I awake the next day at a one.  
The answer for me has been taking the  
steps and principles of unselfishness.  
And as the result I have balanced the scale  
and wake up at an eight, more or less.  
A bad day for me is no longer a two; it is  
closer to being a seven.  
A good day's a nine and anything more,  
would be almost like being in heaven.  
I never get lazy when working on self and  
doing the things that I should.  
For if I get down to a five or a four, a cock-  
tail might start looking good.  
If this is too hard to understand and if it  
seems somewhat confusing  
Just take the steps and never give up. It is  
better than boozing or using.

By Rick R.

## THE PLYMOUTH GROUP:

**60 years of meetings**

**JOIN US FOR A POTLUCK  
PICNIC TO CELEBRATE!**

**Saturday, January 27th at 12:00pm**

**Speaker at 1:30pm**

*All Are Welcome!*

**Coral Rock Shelter at Matheson Hammock**

**1st shelter on the right when you enter.**

**Parking to the left or across the street.**

**Note: no dogs allowed; park rules**

We will have burgers, hot dogs,  
and veggie burgers. Please bring your  
own chair or blanket. Feel free to bring  
a salad, a side, or dessert

Please scan the QR code to  
RSVP with the total number of  
people attending with you.



**FOR MORE INFORMATION PLEASE CALL:  
THE INTERGROUP OFFICE @ 305.461.2425**

**INTERGROUP  
CONTACT LIST**

aamiamidade.org

**Chairman**

Richard A.

**Vice-Chair**

Gloria P.

**Treasurer**

Sal G.

**Secretary**

Carroll K.

**Steering Committee**

Jennifer R.

Sandra N.

Ma. Isabel S.

Eva S.

Paul R.

**Trustees**

Ian S.

*Founder's Day***OPEN POSITION****Intergroup Banquet**

Ma. Isabel S.

**Intergroup Office**

Jennifer R.

**The Messenger**

Office

*Outreach***OPEN POSITION***Public Information***OPEN POSITION****Twelve Step Relay**

Gloria P.

Maria S.

**Big Service Breakfast**

Mary Beth L.

**General Service Liaison**

Andrea L.

**Spanish Intergroup Liaison**

Jennifer R.

**Webmaster**

Office

**GENERAL SERVICE  
CONTACT LIST**  
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**Alternate Chairperson**

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**Recording Secretary**

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**Intergroup Liaison**

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**Literature**

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**PI/CPC**

David A.

**Accessibilities**

Adi M.

**Treatment**

Paul H.

**Big Service Breakfast**

David A.

**District 17 Liaison****OPEN POSITION****Remote Communities****OPEN POSITION****Communications**

Anna G.

**"THE MESSENGER"**

Published Monthly by

**MIAMI-DADE INTERGROUP**

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Fax: (305) 461-2426

**E-MAIL:**

aamiamidade@bellsouth.net

**WEBSITE:**

www.aamiamidade.org

**NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:  
aamiamidade@bellsouth.net

Please make checks payable to:  
**MIAMI-DADE INTERGROUP**

"Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward."

## DECEMBER

### SABAL PALM

Richie 1  
Daniel 1  
Matt G. 1  
Regina 1  
Tony 7  
Byron 12  
Matt Q. 14  
Al P. 15  
Cynthia V. 15  
Barry L. 17  
Francisco 19  
Angelo K. 29  
William S. 37

### PALMETTO BAY

Richie R. 1  
Mark 1  
Priscilla C. 2  
Peter R. 7  
Ovi S. 8  
Summer 9  
Heidi T. 10  
Christine H. 11  
Sarah I. 14  
Dublin Dave 24  
Josh A. 39

### SUNSET

Regina S. 1  
Niki M. 2  
Omar O. 2  
Marko H. 4  
Maggie S. 5  
Ma. Isabel 17  
Gary M. 22  
Stephanie G. 31  
Dan B. 34  
George P. 36

## JANUARY

### MIXED NUTS

Michael M. 1  
Matt G. 3



## PAYPAL NEWS



Fees charges have changed with PayPal while sending contributions through their site or app.

**Please if you send your contributions through PayPal you need to send it through their**

**"PayPal Giving Fund"**

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - February 8th, 2024 @ 8:00pm Via Zoom. This is a great opportunity to do service!

For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Remember....  
**RULE 62**  
Don't take  
yourself  
so seriously!!



## MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



**12 STEP HOUSE**  
205 SW 23rd St.  
Ft. Lauderdale, FL 33315

www.russianaa.com  
russianaa.florida@gmail.com



## Step 1 Prayer

"Dear Lord, Help me to see and admit that I am powerless over my alcoholism. Help me to understand how my alcoholism has led to unmanageability in my life. Help me this day to understand the true meaning of powerlessness. Remove from me all denial of my alcoholism."

*There Is A Solution*

## Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm  
Coral Gables Group/3rd Thursday @ 7:00pm  
Good Morning Group/3rd Friday @ 11:00am  
Happy 1060 Group/3rd Sunday @ 11:45am  
Happy Hour Group/ 3rd Thursday @ 6:35pm  
Homestead Group/3rd Tuesday @ 7:00pm  
Lincoln Road YP/3rd Sunday @ 7:00pm  
Little River Group/2nd Sunday @ 7:00pm  
Miami Young People/3rd Saturday @ 7:00pm  
Mix Nuts Group/1st Monday @ 7:30pm  
Palmetto Bay/3rd Wednesday @ 6:35pm  
Primary Purpose/Last Wednesday @ 6:45pm  
Quinto Paso/1st Monday @ 7:00pm  
Sabal Palm/3rd Thursday @ 7:00pm  
Sober Way Out/3rd Sunday @ 7:00pm  
Something Happens/1st Saturday @ 10:00am  
South Dade Group/3rd Wednesday @ 7:00pm  
South Dixie Group/2nd Sunday @ 12:15pm  
Sunset Group/2nd Friday @ 7:00pm  
West Miami Group/3rd Tuesday @ 7:00pm

## Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm  
Coral Gables Group/Last Monday @ 8:00pm  
Grupo Central/Last Sunday @ 1:00pm  
Good Morning Group/Last Friday @ 10:00am  
Happy 1060 Group/Last Sunday @ 10:45am  
Happy Hour Group/Last Friday @ 5:30pm  
Homestead Group/Last Thursday @ 8:30pm  
Key Biscayne Group/Last Friday @ 8:30pm  
Killian Pines Group/Last Friday @ 8:00pm  
Lincoln Road YP/Last Sunday @ 7:00pm  
Little River Group/Last Wednesday @ 8:30pm  
Miami Springs/Last Monday @ 7:30pm  
Miami Young People/Last Saturday @ 8:30pm  
Mixed Nuts Group/Last Monday @ 8:30pm  
Palmetto Bay Group/Last Saturday @ 5:30pm  
Plymouth Group/Last Wednesday @ 7:00pm  
Primary Purpose/Last Saturday @ 8:30pm  
Sabal Palm Group/Last Sunday @ 7:00pm  
Sober Way Out/Last Friday @ 8:30pm  
Something Happens/Last Saturday @ 9:00am  
South Dade Group/Last Friday @ 8:30pm  
South Dixie Group/Last Saturday @ 7:30pm  
Sunset Group/Last Saturday @ 7:30pm  
West Miami Group/Last Friday @ 8:30pm

## LOOKING FOR A.A. MEETINGS?

Learn more at:  
[www.meetingguide.org](http://www.meetingguide.org)

Here is the icon to look for.....





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To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00  
for a yearly contribution.

Please make checks payable to:  
MIAMI-DADE INTERGROUP  
c/o The Messenger

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Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship  
(a thought, a story, a joke or something you heard at a meeting.)

**HELP US CARRY THE MESSAGE!!!**

The **Messenger**

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