# The Messenger



aamiamidade@bellsouth.net

Florida - USA

March 2023

1850 SW 8th St. # 303 - Miami, FL 33135

305.461.2425 (24 hrs) /

305.461.2426 (Fax)

aamiamidade.org



### Groups we need your help!

We are looking for groups that would like to donate books for a basket with A.A. approved

literature for the amount of **\$50.00** for our

## INTERGROUP BANQUET

March 18<sup>th</sup>, 2023
DOUBLE TREE HOTEL BY HILTON



If your group would like to donate a basket, you can order the books by contacting the Office and we will give the books to the Basket committee.







Please contact:

the Intergroup Office at 305.461.2425



# 68th ANNUAL BANQUET MIAMI-DADE INTERGROUP

"BIG BOOK RAFFLE"
First Edition - 1954 | 15th Printing

Double Tree Hotel by Hilton March 18<sup>th</sup>, 2023

(No need to be present at the banquet to win this Big Book Valued at \$500.00)



1 Ticket: \$5.00 | 3 Tickets: \$10.00



Please call the Intergroup Office for more information: 305.461.2425

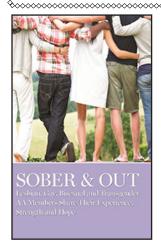


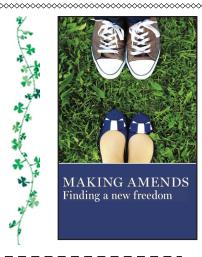


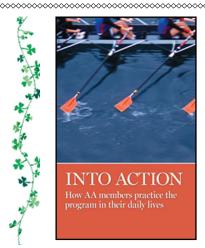


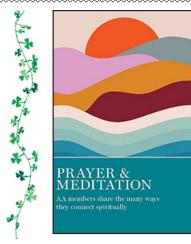
## GRAPEVINE BOOKS! ON SALE NOW!

AA Grapevine
Announces A Price Increase On Books
As of January 1, 2023, book and other content related iltems prices will increase.









# A Deeper Look at Fear and Faith I Thought that Fear was a Bad Thing

I am amazed at how little I understood about life before I became an alcoholic desperate enough to inquire into the possibility that I just might have a drinking problem. I started to realize that I was going nowhere, in a hurry, expecting things to turn around and validate all my shallow ideas as I was circling the drain. Desperation drove me to the doors of Alcoholics Anonymous (A.A.) where I discovered a completely different language concerning life issues and a new appreciation for many of the words that I had been lusing all my life. I could go on forever with words Ithat I have a new understanding of but for now I will stick to just two:" FEAR AND FAITH". Before I entered the A.A. program, I thought that fear was a bad thing but that was my egotistic alcoholic thinking at that time. I now find it to be a very good and necessary instinct for self-preservation and survival. If I had no fear, what would stop me from walking in front of a bus? When we in A.A. talk of fear, we are usually talking about irrational fear. In the Big Book (Alcoholics Anonymous pq. 65) is the example of how to lay out our inventories and as the result of our defects and shortcomings is the word Fear in every case, indicating that fear, of some kind, was the motivation for all our character defects. I concluded that in every instance, there was some form of threat to my EGO and If I was to have any chance at resolving these problems, I was not going to achieve it by relying on the Blind Faith, as it was described to me as a child, that had worked so well for many of my childhood peers. It was more a matter of trying new ideas that ran contrary to my selfish behaviors of the past and Ipracticing them long enough to see the evidence that I Ithey worked better than those old habits of mine.

(Cont. on page 5)

# SOUTH MAMIMEN'S



Effective Monday March 6th, 2023
The South Miami Men's Group regular
Monday & Thursday night meetings will be held at:



11295 SW 57th Ave Pinecrest, FL 33156



# 3rd Step Prayer

God, I offer myself to Theeto build with me and to do
with me as Thou wilt.
Relieve me of the bondage
of self, that I may better do
Thy will. Take away my
difficulties, that victory over
them may bear witness to
those I would help of Thy
power, Thy love, and Thy
Way of life. May I do Thy
will always!

Alcoholics Anonymous pg. 63

So today I'm much more comfortable with life, as Alcoholics Anonymous has promised, and I know they're right when they say it keeps getting better.

My circumstances have steadily improved as my spiritual life grows and matures. Words cannot begin to describe the feelings in my heart as I sometimes ponder how much my life has changed, how far I've come, and how much there is yet to discover.

And though I'm not sure where my journey may take me next, I know I'll owe it to the grace of God and to three words of the Twelve Steps:

continue, improve, and practice.

Oh, and one more thing they told me: Humility is the key.

Alcoholics Anonymous, 4th Edition, "Gutter Bravado," page 511

## Motives are the Seeds of Action I Think Before I Do

In my early days of sobriety my wife came home from an Alanon meeting all excited about what they had talked about. Apparently, they were discussing their Fourth Step inventories and she explained that when taking step six, it was important that she examine her motives, before making decisions. How interesting and profound that statement was, at the time, and it has come up many, many times since that initial conversation. Since almost everything we do, begins with what we think, that statement has been a big part of what I believe our goals are supposed to be when we are in the process of cleaning up the wreckage of the past. It also implies that we should examine our motives, for what we do, from this day forward, and be sure that they conform to the spirit of the principles that are suggested in the A.A. program. This kind of thinking was foreign to me before John Barleycorn got his grip, but when the alcohol took its toll and I was circling the drain, I was forced to decide what I was going to do with the rest of my life. It became very important to learn and understand what the causes of my failures were, in the past, and what I could do to correct them. Like most of us, we have measured our successes and failures based on things we have accomplishments, by the things we owned, and where we lived. It made little difference how we acquired those things. How different my thinking is today, compared to how it was back then. I no longer base my success on material possessions. As the old country song says, "one rich man in ten with a satisfied mind." This, to me, does not mean that we must take a vowel of poverty. To me, this means that if I am honest with myself and that my motives are pure and unselfish, I can be content at any economic level. My motives make it so.

I was doing a little research to find the definition of the word happiness and discovered that it is often described as "a byproduct of right living and not an end in itself" Happiness is not a goal, but it is the result of living right. A friend once shared at a meeting that, satisfying his wants will never make a person happy. Another person shared that she had read something that described it like this: "happiness is like a butterfly, the more you chase it, the farther away it gets, but when you stand still, it will land on your shoulder". If my motive is to create happiness, it's probably not going to happen. These subtle little gems of wisdom are revealed to me daily and they slowly become a part of my mental make-up.

Examining my motives has made me look deeper at many of the subtle little differences in the words we use and their causes and effects and, for my purposes, I find that my defects of character, cause my shortcomings, and when I understand my defect, my shortcoming (faulty behavior) can be corrected. When I understand the problem, the troubles can be corrected. These ideas may be hard to grasp in the beginning but if I hadn't started looking deeper into my motives, I may never have resolved the deeper issues. These days, Unselfish Motives are the seeds that all my thoughts and actions stem from, and that is as simple as it gets.

By Rick R.









#### REUNIONES VIRTUALES EN ESPANOL

WWW.AAMIAMIDADE.ORG

#### **GRUPOS:**

#### VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup por favor enviar e-mail a aamiamidade@bellsouth.net o llamar al

**305.461.2425** con su informacion.



# ANIVERSARIO GRATITUD EN SOBRIED 20 de Marzo 2023







5110 S. SR7 (US 441)

Davie, FL 33314 (Broward)

Semana de Compartimiento del 19 al 26 de Marzo 2023 8:00 a 10:00 p.m.

en el local de Nuestro Grupo

Ernesto P. Liliana V.

 Robert E.

#### ¿Sabías qué..?

La Oficina de Servicios Generales (OSG) tiene actualmente una extensa lista de hombres encarcelados que están a la espera de intercambiar correspondencia con un miembro de A.A. de afuera. La gran mayoría de estos hombres son alcohólicos hispanos que desean trabajar el programa de A.A.

Tu puedes enviar el mensaje de A.A. manteniendo esta correspondencia y usando La Viña como herramienta de Paso Doce.

Para obtener más información, envía un correo electrónico a: corrections@aa.org. O puedes escribir a: Correccionales, Oficina de Servicios Generales Box 459, Grand Central Station Nueva York, N.Y. 10163.

#### **FAITHFUL FIVER MEMBERS**

#### Yes, I want to participate in the Faithful Fiver Club!

Contribution information:	Date:			
Amount:	Monthly:	Quarterly:	Annually:	5
I am a new Member:	-	ber can contribute more than a Member:	<b>\$3,000 per year)</b> Returning Member:	
Check Enclosed:	Name:	Address: _		
City:	State:	Zip Code:	Tel: _()	
Yes, I would l	ike my name to be added contribution informa	l in "The Messenger." tion please call the office	No, I would like to re at: 305.461.2425	main anonymous

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic.'

.....

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated. **5 Anonymous.** 

STEP
3
Made a decision to turn our will and our lives over to the care of God as we understood Him.

#### A Deeper Look at Fear.... (Cont. from page 2)

Once I ran that sort of test on my initial challenges and Ifound it to work exactly as promised, I became curious about Itesting it on my next problem concerning irrational fear and it Iworked, and so on, and so on... This was, and still is, my approach to anything that is described in the Big Book and 12&12 as fear. The program does not remove the healthy instinctive, God given fears, that protect us from harm, but it does work wonders on those irrational fears that have kept us in turmoil for vears. It is often heard at A.A. meetings, that ninety percent of the things we were fearful of, never happen. In the beginning of my A.A. journey I thought that Faith was synonymous with Religion, and for some people, it may be, but for me, it is synonymous with trust. As I tackled my irrational fears, one by one, and as they were neutralized, I began to have absolute trust in the A.A. program and I believe that I have as much Faith as anyone I know, Religious or not. My prayers are addressed to a God of my own understanding, and I live by the inspiration I re-Iceive from various recourses consistent with unselfish principles of the A.A. program. Having worked the steps and continued to practice these (unselfish) principles in all my affairs to the best of Imy knowledge and understanding, irrational fear is in the distant past, held at bay due to the Faith and Trust that I have gained in Alcoholics Anonymous. That, being said, I still believe that I won't be walking in front of any buses today. By Rick R.



## SOUTH DADE'S NEW MEETING

"We Agnostics"

An open *discussion* meeting focusing on topics concerning spiritual experiences.

Fridays 7:30 – 8:30 PM

(excluding the last Friday of the month which is reserved for birthday night)

10965 SW 186 ST, Miami FL 33157

(305) 238-6451

(conveniently located just east of turnpike exit13)



# INTERGROUP CONTACT LIST

aamiamidade.org

Chairman

Richard A.

Vice-Chair

Gloria P.

Treasurer

Salvatore G.

Secretary

Albert V.

#### **Steering Committee**

Jennifer R.

Manuel M.

Ma. Isabel S.

Jonathan M.

Paul R.

**Trustees** 

Ian S.

Founder's Day

Richard A.

#### **Intergroup Banquet**

Ma. Isabel S.

#### **Intergroup Office**

Jennifer R.

The Messenger

Office

Outreach

**OPEN POSITION** 

**Public Information** 

Christy G.

**Twelve Step Relay** 

Gloria P.

Maria S.

Big Service Breakfast

OPEN POSITION

**General Service Liaison** 

Andrea L.

Spanish Intergroup Liaison

Jennifer R.

Webmaster

Office

#### GENERAL SERVICE CONTACT LIST

www.district10miami.org

Chairman

Regina F.

**Alternate Chairperson** 

Sara G.

Treasurer

Jorge L.

Registrar

Analisa D.

**Recording Secretary** 

Pablo B.

**Archives** 

Carl L.

**Corrections** 

Jim L.

**Current Practice** 

Ric B.

Grapevine

**OPEN POSITION** 

**Gratitud Dinner** 

Johanna M.

**Intergroup Liaison** 

Andrea L.

Literature

Kenneth T.

PI/CPC

David A.

Accessibilities

Adi M.

**Treatment** 

Paul H.

**Big Service Breakfast** 

David A.

District 17 Liaison

**OPEN POSITION** 

**Remote Communities** 

Brenda C.

Communications

**OPEN POSITION** 

#### "THE MESSENGER"

Published Monthly by

#### **MIAMI-DADE INTERGROUP**

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E-MAIL:

aamiamidade@bellsouth.net WEBSITE: www.aamiamidade.org

#### **NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP









#### **FEBRUARY**

#### **SABAL PALM**

Sandra N. 1 Julie V. 1

Jose F. 1

Raul J. 1

Kaui J. I

Mike H. 1

Raul C. 1

Bill D. 1

Kevin J. 1

Juan P. 5

Don S. 11

Nick B. 24

Kelly W. 25

Robbie N. 48

#### **PALMETTO BAY**

Amy R. 2 Edwin L. 2

Sashi T. 3

Robert D. 4

Shannon S. 7

Neil T. 8

Ann B. 22

Lorraine D. 23

John B. 24

Xavier P. 33

#### **SOBER WAY OUT**

Zach 1

Ross S. 3

Tony B. 6

Karl O. 6

Angel 15

Marcy K. 18

Nate 21

Don P. 22 Judy 27

Andre S. 28

Xavier P. 30

Ernie 32

James S. 32

Ralph 33

Sandra C. 33

Melvin B. 34

Ron H. 39

#### MARCH

#### **SUNSET**

Yusilin W. 2 Tony V. 4 Ron K. 12 Craig R. 17 Carlos V. 26 Scott G. 29 Carlos B. 34



### MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com



#### **PAYPAL NEWS**

Fees charges have changed with PayPal while sending contributions through their site or app.

Please if you send your contributions through PayPal you need to send it through their

"PayPal Giving Fund"

#### Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Ouinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm

#### <u>Group Anniversaries</u>

Almeria Group/Last Tuesday @ 7:30pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Saturday @ 7:30pm West Miami Group/Last Friday @ 8:30pm

## LOOKING FOR A.A. MEETINGS?

Learn more at: www.meetingguide.org



Here is the icon to look for

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To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:			
Address:			
City:	State:	Zip:	_

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

