

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

October 2022

1850 SW 8th St. # 303 - Miami, FL 33135 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

"Look No Further for Utopia"

58th Annual Gratitude Dinner

General Service
District 10



Saturday
December 3rd, 2022

5:30PM Fellowship
6:15PM Dinner
8:00PM Speaker

Keynote Speaker
Area 15 Literature Chair
The Elks Lodge
10301 SW 72nd Street, Miami Florida 33173
Admission: \$30.00 per ticket or \$300 per Table

RAFFLE: Groups are encouraged to contribute baskets with books (Conference Approved and/or Grapevine Literature)
Suggested \$30.00

Desserts are Welcome!

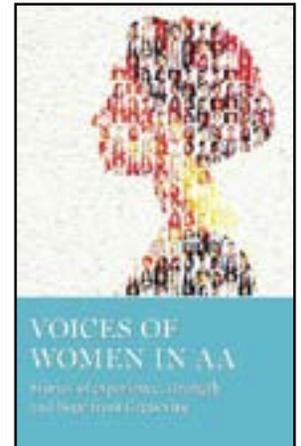
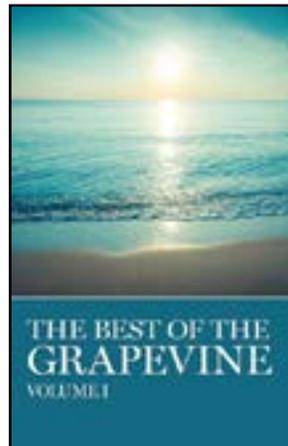
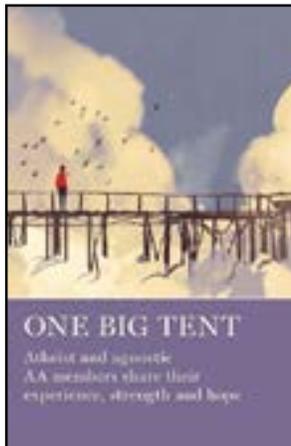
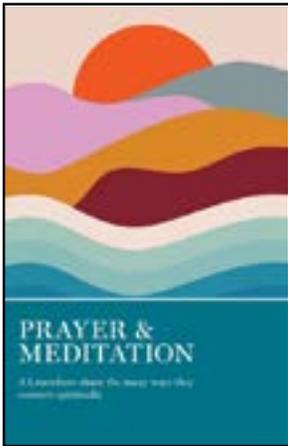
Step Ten: Adopting a New Value System A Life Based on Proven A.A. Principles

I spent most of my adolescent years attempting to get the attention and the approval of the people around me, and it seldom worked out the way I planned it. The harder I tried, the worse it got. Why didn't they appreciate my wit and wisdom? The more I was rejected the more bizarre I behaved, and this began a misguided approach to my decision making. I had formulated my own concept of right and wrong and did things to be unique, but I never got the respect I was seeking. I seldom did anything that I could lay claim to for myself except for those misguided escapades. This was true before I ever drank a drop of alcohol, and even more so throughout my drinking days. When I entered Alcoholics Anonymous (AA), I identified with just about everything I had read and heard, and I began to recognize where I went wrong in my youth. I realized that I had no direction in my life, no moral compass to speak of, and that the failure in my personal relations manifested itself in low self-esteem (self-loathing). I felt inferior, unworthy, disrespected, isolated, unappreciated, disliked, etc. etc. I was going to have to depend on something outside of myself to govern my judgment and my decision making. One of the first default positions I would take to surrender to these new realities was to concede to the fact that, my brain does not process information properly, and that I was going to have to trust in something more reliable. Principles, what a concept! There are people who believe that if we all lived by one simple principle, we would not need any other laws on this planet, and that principle is The Golden Rule: Do unto others as you would have others do unto you. That was a good starting point, although I found it easier said than done, it did give me perspective an understanding of how I could begin adopting a value system where I did not have to originate my own rules.

(Cont. to pg. 3)



GRAPEVINE BOOKS! ON SALE NOW!



AA Grapevine Announces A Price Increase On Books

As of January 1, 2023, book and other content related items prices will increase.

To learn more visit www.aagrapevine.org/news-release

**STEP
10
PERSEVERANCE**

Continued to take personal inventory and when we were wrong promptly admitted it.

The Unselfish Spirit Accepting The World as It is

Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety. The degree that the individual carries out these two goals is not mandated by the A.A. body and the only requirement for membership is a desire to stop drinking. The AA program offers suggestions on how to overcome the difficulties brought about by the disease of alcoholism and not simply the act of drinking. These difficulties come in the form of spiritual damage and material wreckage. It seems that our spiritual damage lies in the unseen part of our makeup such as, our thinking, our motive, our fears, our conscience, our ego, guilt, shame, self-esteem, and the like. Our material wreckage often comes as the result of our spiritual damage and is the residue of our spiritual condition. Selfishness- self -Centeredness!

That, we think is the root of our trouble. (pg. 62 BB.) That, being said, isn't it apparent that unselfishness would be the solution to our trouble? That seems to oversimplify the solution but, in my experience, it is so simple that it is usually overlooked.

Most alcoholics have spent their lives taking advantage of everything and everyone around them and as the result, have been plagued by the guilt and shame that only a drink could mask. The program of Alcoholics Anonymous (A.A.) suggests that we live by principles, and I cannot find one selfish principle in the Big Book or the 12&12. I believe that most of the people that truly have a desire to stop drinking and embrace the A.A. program start to change the behaviors that they recognize as counterproductive simply because they can hear these things that we all share at meetings, and they change the most obvious shortcomings in their day-to-day activities. This is a good start and with time it starts to erode much of the shameful habits of past that had become commonplace. Talk of inventories and amends cause us to think at a different level about those material matters. That is usually the only thing that we are aware of in the beginning. When we talk about spiritual matters, it seems that we all have different perceptions of exactly what we mean by "spiritual". If, for the sake of simplicity, we think of it as our innermost self, such as our ego, conscience, our mind, our heart, or soul, if you like, and realize that this is where our spirit resides and where our emotions live, and that is also where the pain of our past thrives. If we want to achieve the peace of mind that is promised in step nine, we will have to come to terms with the process of acceptance of the world as it is and of the people in that world. If we want to be accepted and forgiven for our past mistakes, we must be willing to accept all the people that we find fault with and give them the same latitude that we are seeking. To accomplish this, we can stop being judgmental and replace that with an understanding spirit. We will have to replace gossip and character assassination with compassion and empathy. If we can't do that, then how can we expect the world around us to accept us and forgive us for our past mistakes? This is no time to rest on our laurels, so to speak. It's time to begin cleaning out the attic. This is where we begin to free up that space in our minds that has been keeping us awake at night. This is truly the path to developing the unselfish spirit, and with it come a peace of mind that's hard to imagine while we were still playing God ourselves. It costs me nothing to be kind. My wish for those other people is that they can someday find the same peace of mind for themselves that this process has provided for me. What more can I say. By Rick R.

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it

Principle: Perseverance



Problem: Selfishness & self-centeredness

Process: Pray, discuss, amend, do service

Practice: Continue to watch for selfishness, dishonesty, resentment, & fear



Promise: Emotional sobriety

Every day is a day when we must carry the vision of God's will into all of our activities.

Sometimes when talking to a new man, we mention a Higher Power or God and we see panic in their eyes. Well, the way I learned to handle it was to tell the story I learned from an old timer. In the story a newcomer said, "I don't understand this God business." "I don't understand this electricity business either," said the old timer, "But I'm not going to sit in the dark until I do." Or as we sometimes say, "Fake it until you make it."

*Andy E.
Akron, OH*

**"We have good news and bad news here.
The good news is you never have to drink again even if you want to.
The bad news is that we're your new friends."**



**"Happiness keeps You Sweet,
Trials keep You Strong,
Sorrows keep You Human,
Failures keep You Humble,
Success keeps You Glowing,
But Only God keeps You Going!
Keep smiling"**

Step Ten: Adopting a New Value System (Cont. from pg 1)

While reading a book on economics, the author stated that "a man who lives by principles has 99% of his decisions already made for him". With that in mind, I began to establish a system of principles that are consistent with the A.A. program, and, I might add, with most of the other successful philosophies of life. I would read the St. Francis Prayer in The Twelve Steps and Twelve Traditions (12&12) daily. I attend a step study meeting weekly to reinforce these principles. I try to make sure that I am not modifying these standards to evade the tougher actions.

One day, I was carping and complaining about another member of our group, to one of my mentors at that time, and he suggested that I try to place principles before personalities. I responded, yes, but I do not agree with his principles. He then said, it was not his principles that we are talking about, but that it was my principles. He then informed me that we cannot be selective about who and when we apply these values. I must treat everyone with respect, and that goes for the smallest, innocent child to the most errant rogue that I might encounter. I know that it seems like an impossible task, but I assure you that if you start with the child and work your way to the rogue, it will get easier, if you do not cave into your ego. One day at a time I practice these new-found principles over and over until they become common-place and these new principles and values have served me well.

By Rick R.

¿Sabías qué..?

La Oficina de Servicios Generales (OSG) tiene actualmente una extensa lista de hombres encarcelados que están a la espera de intercambiar correspondencia con un miembro de A.A. de afuera. La gran mayoría de estos hombres son alcohólicos hispanos que desean trabajar el programa de A.A.

Tu puedes enviar el mensaje de A.A. manteniendo esta correspondencia y usando La Viña como herramienta de Paso Doce.

Para obtener más información, envía un correo electrónico a: corrections@aa.org. O puedes escribir a:

**Correccionales,
Oficina de Servicios Generales
Box 459, Grand Central Station
Nueva York, N.Y. 10163.**

REUNIONES VIRTUALES
EN
ESPANOL

WWW.AAMIAMIDADE.ORG

GRUPOS:
**VIVIENDO SOBRIO
CORAL GABLES
LA GRAN MANZANA**

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup
por favor
enviar e-mail a

aamiamidade@bellsouth.net

o llamar al

305.461.2425
con su informacion.

NUEVO LIBRO**Sobriedad Emocional:**

Más allá del horizonte relata historias inspira-doras de miembros de Alcohólicos Anónimos, en las que describen las transformaciones positivas que la sobriedad permite lograr cuando se ponen en práctica los principios de AA en todos los aspectos de sus vidas.

**ORACIÓN DEL DECIMO PASO**

- Querido Dios, oro para que pueda continuar creciendo en entendimiento y eficacia;
para hacer un inventario diario de mi persona;
para corregir errores cuando los cometo;
para asumir responsabilidad por mis acciones;
para estar siempre consciente de mi compartimientos negativos y dañinos.
para mantener mi buena voluntad;
para recordar siempre que necesito Tu ayuda;
para tener el amor y la tolerancia para con los demás como mi código;
y para buscar en las oraciones diarias como mejor Te puedo servir.

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!



Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

5 Anonymous.

COMMITTEE MEETINGS:

GS DISTRICT 10 Monthly Business Meeting

1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

GS DISTRICT 10 Corrections Committee

4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Av., 331

Miami FC Host

2nd & 4th Sunday of the month
@ 10:00pm
Lafayette Community Club
8 N. 44th St.
Miami, FL 33137

Archives Committee

4th Tuesday of the month
@ 6:30pm - Sunset Room
6999 N. Waterway Dr.

Remote Communities

3rd Sunday of the month
@ 10:00am at Little River Club
51 NE 82nd Tr.

GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month
@ 7:15pm
Upper Room
822 NE 125th St. # 11
North Miami, FL 331

GS DISTRICT 10 Literature Committee

1st Wednesday of the month
@ 7:00pm
Iglesia Metodista Unida
10000 Calle de Leon Blvd.

GS DISTRICT 10 PI/CPC 4th Saturday of the month

@ 10:00am
ID: 897 0307 8285
Password: 672322

Treatment Committe

3rd Saturday of the Month
@ 3:00pm

Accessibilities

3rd Tuesday of the month
@ 7:15pm Upper Room

For more information go to
www.district10miami.org

Happy Halloween!



New Group!

"THE SIMPLE WAY"

New Meeting!

Tuesdays @ 8:00pm

(15 mts silent Meditation, Lit, O, D)

Started on August 30th, 2022

Our Lady of Lourdes Catholic Church

Room 115

11291 SW 142nd Ave. - Miami - 33186



**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Ian S.

Vice-Chair

Richard A.

Treasurer

Dylan S.

Secretary

Rebeca C.

Steering Committee

Jennifer R.

Gloria P.

Manuel M.

Oliver M.

Jonathan M.

Trustees

Manuel N.

Founder's Day**OPEN POSITION****Intergroup Banquet****OPEN POSITION****Intergroup Office**

Jennifer R.

The Messenger

Office

Outreach**OPEN POSITION****Public Information**

Christy G.

Twelve Step Relay

Paul R.

Maria S.

Big Service Breakfast

Richard A.

General Service Liaison

Jorge L.

Spanish Intergroup Liaison**OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE
CONTACT LIST**
www.district10miami.org**Chairman**

Ric B

Alternate Chairperson

Regina F.

Treasurer

Sara G.

Registrar

Mario P.

Recording Secretary

David M.

Archives**OPEN POSITION****Corrections**

Kathleen K.

Current Practice

Gerry S.

Grapevine

Ken T.

Gratitud Dinner

Pablo B.

Intergroup Liaison

Iliana K.

Literature

Carl L.

PI/CPC

Jacque T.

Accessibilities

Melissa L.

Treatment

Viny G.

Big Service Breakfast

Al P.

District 17 Liaison

Enrique S.

Remote Communities

Andrea L.

Communications

Diana C.

"THE MESSENGER"

Published Monthly by

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WEBSITE:

www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

Bill W. on Survival Trials

"Faith without works is dead." How appallingly true for the alcoholic!

For if the alcoholic fails to perfect and enlarge his spiritual life through work and self-sacrifice for others, he cannot survive the certain trials and low spots ahead.

If he does not work, he will surely drink again, and if he drinks he will surely die. Then faith will be dead indeed.

Big Book - Page 101

SEPTEMBER

New Book!

SOBER WAY OUT

- Ed 1
- Jill M. 2
- Poda G. 2
- Mario C. 4
- David M. 6
- Grace 11
- Luiz 11
- Adi M. 19
- Dennis 20
- Catherine F. 24
- Yusuf S. 25

HOMESTEAD

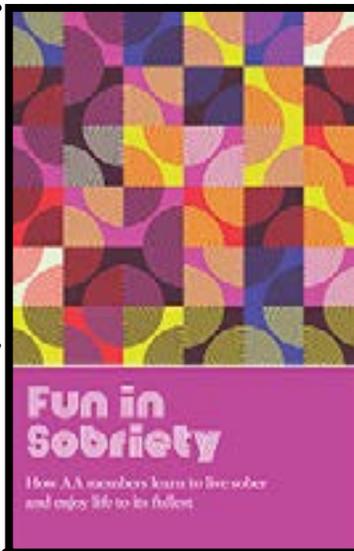
- Fernanda 1
- Lucia 21

PALMETTO BAY

- Eric R. 1
- Danny T. 5
- Morgan H. 5
- Vitaly F. 10
- Brian W. 29

Fun in Sobriety
 ...How AA members learn
 to live sober and enjoy life
 to its fullest.

Features 50-plus
 Inspiring stories by
 members of Alcoholics
 Anonymous about the many
 ways they've learned to
 have a good time after
 putting down the drink.
 Available in English.



Group Conscience/Business/Service Meetings

- Brickell Group/3rd Thursday @ 1:05pm
- Coral Gables Group/3rd Thursday @ 7:00pm
- Good Morning Group/3rd Friday @ 11:00am
- Happy 1060 Group/3rd Sunday @ 11:45am
- Happy Hour Group/ 3rd Thursday @ 6:35pm
- Homestead Group/3rd Tuesday @ 7:00pm
- Lincoln Road YP/3rd Sunday @ 7:00pm
- Little River Group/2nd Sunday @ 7:00pm
- Miami Young People/3rd Saturday @ 7:00pm
- Mix Nuts Group/1st Monday @ 9:30pm
- Palmetto Bay/3rd Wednesday @ 6:35pm
- Primary Purpose/Last Wednesday @ 6:45pm
- Quinto Paso/1st Monday @ 7:00pm
- Sabal Palm/3rd Thursday @ 7:00pm
- Sober Way Out/3rd Sunday @ 7:00pm
- Something Happens/1st Saturday @ 10:00am
- South Dade Group/3rd Wednesday @ 7:00pm
- South Dixie Group/2nd Sunday @ 12:15pm
- Sunset Group/2nd Friday @ 7:00pm
- West Miami Group/3rd Tuesday @ 7:00pm

Group Anniversaries

- Almeria Group/Last Tuesday @ 7:30pm
- Coral Gables Group/Last Monday @ 8:00pm
- Grupo Central/Last Sunday @ 1:00pm
- Good Morning Group/Last Friday @ 10:00am
- Happy 1060 Group/Last Sunday @ 10:45am
- Happy Hour Group/Last Friday @ 5:30pm
- Homestead Group/Last Thursday @ 8:30pm
- Key Biscayne Group/Last Friday @ 8:30pm
- Killian Pines Group/Last Friday @ 8:00pm
- Lincoln Road YP/Last Sunday @ 7:00pm
- Little River Group/Last Wednesday @ 8:30pm
- Miami Springs/Last Monday @ 7:30pm
- Miami Young People/Last Saturday @ 8:30pm
- Mixed Nuts Group/Last Monday @ 8:30pm
- Palmetto Bay Group/Last Saturday @ 5:30pm
- Plymouth Group/Last Wednesday @ 7:00pm
- Primary Purpose/Last Saturday @ 8:30pm
- Sabal Palm Group/Last Sunday @ 7:00pm
- Sober Way Out/Last Friday @ 8:30pm
- Something Happens/Last Saturday @ 9:00am
- South Dade Group/Last Friday @ 8:30pm
- South Dixie Group/Last Saturday @ 7:30pm
- Sunset Group/Last Friday @ 7:30pm
- West Miami Group/Last Friday @ 8:30pm



MEETINGS IN RUSSIAN

Do you know any Russian-speaking
 friend, who has drinking problems?
 Please invite them to our new 7pm
 Sunday Russian-speaking
 Alcoholics Anonymous meeting.



12 STEP HOUSE
 205 SW 23rd St.
 Ft. Lauderdale, FL 33315

www.russianaa.com
 russianaa.florida@gmail.com



**"IT WORKS
 IF YOU WORK IT,
 SO WORK IT
 CAUSE YOU'RE
 WORTH IT"**

**KEEP
 CALM
 AND
 READ THE
 BIG BOOK**

Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why
 recovering alcoholics can always use a good laugh.
 In AA, members learn to not take
 themselves too seriously, to be happy, joyous and
 free. Luckily, sobriety can be pretty
 darn amusing.



**LOOKING FOR A.A.
 MEETINGS?**

Learn more at:
www.meetingguide.org



Here is the icon to look for.....

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - November 10th, 2022 @ 8:00pm Via Zoom. This is a great opportunity to do service!

For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

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Fax: 305.461.2426

