

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

November 2022

1850 SW 8th St. # 303 - Miami, FL 33135 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

"Look No Further for Utopia"

58th Annual

Gratitude Dinner

General Service
District 10

Saturday
December 3rd, 2022



5:30PM Fellowship
6:15PM Dinner
8:00PM Speaker

Keynote Speaker

Area 15 Literature Chair

The Elks Lodge

10301 SW 72nd Street, Miami Florida 33173

Admission: \$30.00 per ticket or \$300 per Table

RAFFLE: Groups are encouraged to
contribute baskets with books (Conference
Approved and/or Grapevine Literature)

Suggested \$50.00

Desserts are Welcome!

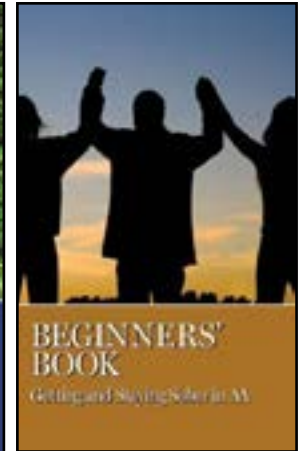
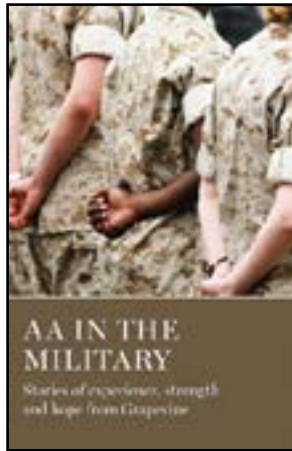
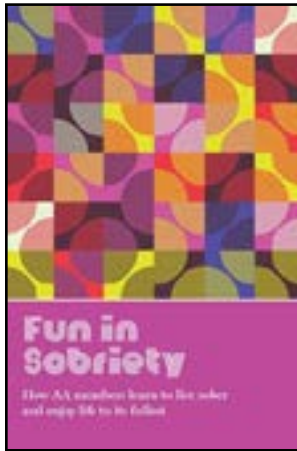
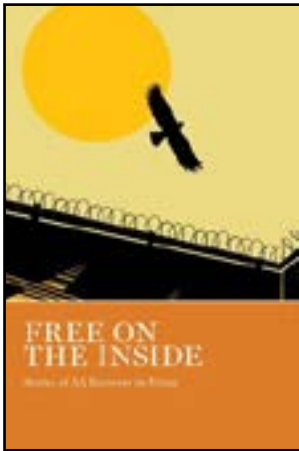
The Heart of Spirituality Unselfish Motives

What a difficult time we have making the transition, in our thinking, from the conditioning we have received in a largely materialistic world, to a life based on spiritual principles. Most of the people around us have a relatively easy time of it, mainly because they aren't burdened with the disease of alcoholism. They have a life perspective that is closer to the centerline when it comes to the fears, insecurities, inferiorities, guilt, etc. that the alcoholic faces every day of his/her life. The level of discomfort, caused by these defects, seldom changes without a continuous effort to replace them with thoughts and actions that keep this faulty perception in check. It is well known among A.A. members who have tried to go it alone, based on their knowledge, and have failed, that we may have to change our whole approach. The transition, I referred to, is a most difficult leap to make. This is mainly because of the defiant thinking that we, as alcoholics, have relied upon to protect us from the various authority/ religious/establishment figures, and our perception of what THEY were trying to get us to think and do.

Normal people don't resist these things to the degree that we do, only because their perception, of these things, is not nearly as threatening to them as it is to us. For us, it should be simple to go from a material/practical line of thought to a spiritual/unselfish way of thinking, but it seems that we have to go all the way around the world in order to settle into this simple transition. Why is this so difficult for us? I believe that the word SPIRITUAL often throws a monkey wrench into the works. I believe that our preconceived ideas, based on our conditioning, of what is meant by the word spiritual, is what many of us struggle with or, we simply dismiss it as, more religious dogma, and if we can find a way to bridge that gap, we can get on with a life that is unimaginably good. The things we come to understand in alcoholics anonymous is that, to live a happy and contented life, we need to overcome all the fear, insecurities, low self-esteem, guilt...

(Cont. on pg. 3)

GRAPEVINE BOOKS! ON SALE NOW!



AA Grapevine Announces A Price Increase On Books

As of January 1, 2023, book and other content related items prices will increase.

To learn more visit www.aagrapevine.org/news-release

ONLY GOD (MY HIGHER POWER) CAN

While sitting in a meeting, the microphone came to me, and I could not express what I felt about the Third Step. Later while sitting outside after the meeting, it became clearer. I decided to write it down.

This disease centers in the mind. So quit naturally my disease goes against the grain of most, if not all my good intentions and good thoughts. When I think about it, during my days of active alcohol abuse any mere thought of my trying to quit or get off the wagon for good was engulfed by the power of this disease.

In my mind is where I make decisions based on what's good or bad for me; in my mind is where I think, process, create and reflect. Sure, I can make decisions from my heart, I can also speak or write from my heart, for me the heart is the place where feelings, expressions, faith, courage, desires, emotions and passions dwell.

If I am not praying or meditating on a regular or daily basis, then I have nothing to challenge these bad and negative thoughts my disease presents. Without prayer or meditation, everything will become painstaking in all I try to do. It makes it hard to reach out, to show or give love, receive love, or even a simple "hello."

This is where the Third Step Prayer is perfect"...relieve me of the bondage of self and take away my difficulties...". With this prayer I have not only something to challenge these bad and negative thoughts but disintegrate them. Now my channels are clear, and my pictures (vision) are in fine tune. I'm set to decide based on God consciousness- of sound mind, soothed, caressed in his presence.

I must always keep in mind there is no human power who can do for me what God can. Yes, my obsession has been lifted and I have no more cravings. But when the smoke clears this disease can reappear.

Is it a coincidence that I have this disease to become close to God? I Think Not. It's a blessing in disguise. I think God not only wants Alcoholics Anonymous close to him/her, but the World also.

I must also keep in mind:
I am the Human Being not the Supreme Being.

By Kenneth S.



SOUTH DADE MEN'S MEETING

SOUTH DADE WELCOMES YOU TO SUPPORT A NEW CLOSED AA MEN'S MEETING

THURSDAYS 5:30 – 6:30 PM

10965 SW 186 ST, MIAMI FL 33157

(305) 238-6451

(CONVENIENTLY LOCATED JUST EAST OF TURNPIKE EXIT 13)



Closed meetings are limited to those " who have a desire to stop drinking."



Come Join Us At Our

SUNSET GROUP

SEMI-ANNUAL PICNIC!

SATURDAY, December 3rd, 2022

11:00am to 3:00pm

A.D. Barnes Park

3401 SW 72nd Ave. – Pavilion 4

Food, Fun, Fellowship!

1:00pm – Guest Speaker



A Profound Change of Perception A Spiritual Awakening at it's Best

Years before I came to Alcoholics Anonymous (A.A.) I was aware that there was something dreadfully wrong with me but not one person ever suggested that I might be an alcoholic or that I should try A.A. Perhaps that was due to the denial of the people around me that drank like I did. Suggesting that I had a problem with alcohol would mean outing themselves and others. Looking back on it now, I feel fortunate that I survived those last few years of failed attempts at life and when I ran out of options, I came to A.A. looking for answers. The denial within me was gone. My mind was open and for the first time in my life I was desperate, and I was listening. At my first A.A. meeting I was moved by what I heard. It was different than anything I had experienced before. The people were being honest and candid about things that only brought shame and guilt to me in the past. I felt safe for the first time in my life and could discuss those things openly, that had been taboo up until then. Prior to that, everything in my life was a façade. At that moment On October 15, 1969, my perception of the world had changed, and I have not wanted a drink since.

(Cont. on pg. 3)

The Heart of Spirituality Unselfish Motives

(Cont. from pg. 1)

...by starting the practice of doing unselfish things to overcome our neediness.

If we do these things long enough, we find that we are better off than before. (Our perception changes) Things seem to be less threatening and this inspires, (in-spirits) us to reach out even further and see where it takes us.

In the beginning of our AA journey, we are encouraged to take on service responsibilities. Sometimes this is the first time that we step out of character and do something for others with no expectation of material reward, but we do end up with an unexpected reward. It lifts our spirit, and we finally feel that we are a part of something. Oh! There's that word spirit again. If, for the purpose of AA, we just replaced the word spiritual with selflessness, I think it would take all the difficult transitional roadblocks out of the way. I personally can't see that much difference in the two, for my way of thinking.

The action that we take when reaching out to others, is the first step in understanding unselfish/spiritual principles. When we do these things in the spirit of brightening the life of another, and not for the recognition we are going to receive, we heal both ourselves and the recipient. I believe that THE UNSELFISH MOTIVE (regarding what we do for, and how we treat others), is THE HEART OF SPIRITUALITY.

It would be hard to fault a person for what they do when their motive is PURE AND UNSELFISH. This, I believe, is living in the spirit of all our principles. That warm feeling in my heart is all the reward I will ever need.

By Rick R.

"THANKSGIVING HOURS"



MIAMI-DADE
INTERGROUP



OFFICE WILL BE CLOSED ON

THURSDAY - NOV. 24th, 2022

FRIDAY - NOV. 25th, 2022

Phones will be forwarded to the
12 Step Relay



In observance of



¿Sabías qué..?

La Oficina de Servicios Generales (OSG) tiene actualmente una extensa lista de hombres encarcelados que están a la espera de intercambiar correspondencia con un miembro de A.A. de afuera. La gran mayoría de estos hombres son alcohólicos hispanos que desean trabajar el programa de A.A.

Tu puedes enviar el mensaje de A.A. manteniendo esta correspondencia y usando La Viña como herramienta de Paso Doce.

Para obtener más información, envía un correo electrónico a: corrections@aa.org. O puedes escribir a:

**Correccionales,
Oficina de Servicios Generales
Box 459, Grand Central Station
Nueva York, N.Y. 10163.**

REUNIONES VIRTUALES
EN
ESPANOL

WWW.AAMIAMIDADE.ORG

GRUPOS:
**VIVIENDO SOBRIO
CORAL GABLES
LA GRAN MANZANA**

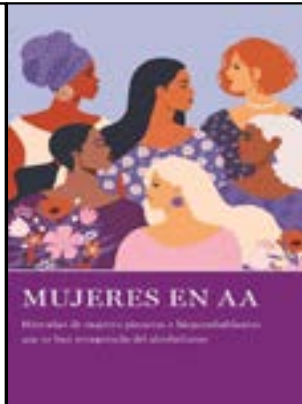
Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup
por favor
enviar e-mail a
aamiamidade@bellsouth.net
o llamar al

305.461.2425
con su informacion.

MUJERES EN A.A.

Mujeres en AA es una colección de 44 historias tomadas de las páginas de Grapevine y La Viña, juntas reconocidas como la revista internacional de Alcohólicos Anónimos.



Grupo Aceptación

5426 PALM AVENUE, HIALEAH, FL 33012

Fundado el 29 de Noviembre de 1993



Los invitamos a Participar en Nuestro

29 ANIVERSARIO

Compañeros Grupo _____

Es un placer para el Grupo Aceptación hacerles llegar un cordial saludo, deseándoles unas felices 24 horas.

Nos complace informales que nuestro grupo está de fiesta, este año 2022 celebrando sus Veintinueve (29) años de servicio a la comunidad. Comenzando el día Domingo 27 de Noviembre y finalizando el Viernes 2 de Diciembre en el local del grupo.

Reunión Pública Sábado 3 de Diciembre desde las 6:00 p.m.
en el Local de la Logia Nuevos Horizontes

600 W 29 ST, HIALEAH, FL 33012

Los invitamos a participar con el tema: _____

El día: _____

Hora: 8:00 p.m. - 10:00 p.m.

LA OFICINA DE INTERGRUPO
Les Invitamos a celebrar

GRAN FIESTA NAVIDEÑA

10 de Diciembre 2022

7:00 pm a 12:00 am

CENA Y BAILE

1700 s.w 62 avenue

WEST MIAMI, FL 33155

adultos \$ 25 niños 3 a 13 \$ 10

INFORMACION

754 816-0957 & 786 612-5703

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!



Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (_____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

5 Anonymous.

COMMITTEE MEETINGS:

**GS DISTRICT 10
Monthly Business Meeting**
1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

**GS DISTRICT 10
Corrections Committee**
4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Av., 331

Miami FC Host
2nd & 4th Sunday of the month
@ 10:00pm at
Lafayette Inn & Casino Club
18 N. 4th St.
Miami, FL 33137

Archives Committee
4th Tuesday of the month
@ 6:30pm - Sunset Room
6999 N. Waterway Dr.

Remote Communities
3rd Sunday of the month
@ 10:00am at Little River Club
51 NE 82nd Tr.

**GS DISTRICT 10
Grapevine Committe**
1st Wednesday of the month
@ 7:15pm
Upper Room
822 NE 125th St. # 1
North Miami, FL 331

**GS DISTRICT 10
Literature Committee**
1st Monday of the month
@ 8:00pm
Iglesia Metodista Unida
155 Ponce de Leon Blvd.

**GS DISTRICT 10
PI/CPC**
4th Saturday of the month
@ 10:00am
ID: 897 0307 8285
Password: 672322

Treatment Committe
3rd Saturday of the Month
@ 3:00pm

Accessibilities
3rd Tuesday of the month
@ 7:15pm Upper Room
For more information go to
www.district10miami.org

A Profound Change of Perception, A Spiritual Awakening at it's Best (Cont. from pg. 3)

Call it a Spiritual Awakening if you like, and it was for me, but it came in the form of a Profound Change in Perception. In appendices 2, in the Big Book, (Alcoholics Anonymous) it describes a man who had "undergone a profound alteration in his reaction to life". I began to question all the decisions I had made in the past, and how the residue of those decisions had tarnished and eroded any chance of a successful, happy life. I became aware that the values system that I had learned as a child, at church and at the Boy Scout meetings etc. was lost in the dust and was replaced with guilt and shame. I was in trouble when I violated my own value system. I now realize that I was not a bad kid, but I was a child that was not strong enough to do the things I knew to be right. The more I broke the rules, the easier it became, and moral standards were meaningless. Soon drinking was the only thing that eases my conscience. When that quit working for me, I found myself at the door of A.A. Once I had that change of perception, I knew what to do. It may be as simple as "trying to stop doing the things that I regret" but the key to it all is "Being honest with myself," and never going back to my old way of thinking. I said that I was fortunate to have survived those last few years of drinking and that I came to A.A. looking for answers. Being desperate enough to ask for help was the most important part of that experience. I do not believe that anyone could have convinced me to stop drinking against my will. I may have stayed dry long enough to get the heat off, but I doubt that I would have surrendered to the degree necessary to have that change of perception and therefore no spiritual awakening. Getting off in the right direction from the start was especially important to any success I have had in A.A. I know that I only live once, and I do not want to waste one moment of the precious life God gave me. Today, as I continue to practice all the things, I have learned in the Program, it has resulted in a peace of mind that was unimaginable when I first walked through the doors of Alcoholics Anonymous and, for that, I am extremely grateful.

By Rick R.

**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Ian S.

Vice-Chair

Richard A.

Treasurer

Dylan S.

Secretary

Rebeca C.

Steering Committee

Jennifer R.

Gloria P.

Manuel M.

Oliver M.

Jonathan M.

Trustees

Manuel N.

Founder's Day**OPEN POSITION****Intergroup Banquet****OPEN POSITION****Intergroup Office**

Jennifer R.

The Messenger

Office

Outreach**OPEN POSITION****Public Information**

Christy G.

Twelve Step Relay

Paul R.

Maria S.

Big Service Breakfast

Richard A.

General Service Liaison

Jorge L.

Spanish Intergroup Liaison**OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE
CONTACT LIST**
www.district10miami.org**Chairman**

Ric B

Alternate Chairperson

Regina F.

Treasurer

Sara G.

Registrar

Mario P.

Recording Secretary

David M.

Archives**OPEN POSITION****Corrections**

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Current Practice

Gerry S.

Grapevine

Ken T.

Gratitud Dinner

Pablo B.

Intergroup Liaison

Iliana K.

Literature

Carl L.

PI/CPC

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Accessibilities

Melissa L.

Treatment

Viny G.

Big Service Breakfast

Al P.

District 17 Liaison

Enrique S.

Remote Communities

Andrea L.

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Diana C.

"THE MESSENGER"

Published Monthly by

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www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

Life will take on a new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have host of friends -this is an experience you must not miss. We know you will not want to miss it frequent contact with newcomers and with each other is the bright spot of our lives.

- Big Book pg 89



OCTOBER

PALMETTO BAY

SOBER WAY OUT

- Chris W. 3
- Itara M. 4
- Dan D. 4
- James D. 5
- Sade MGL. 8
- Voncel J. 10
- Johne S. 16
- Elizabeth R. 31

- Joslyn 1
- Albert A. 1
- Caro N. 3
- Olivia C. 4
- Sonia H. 6
- Chris R. 6
- Izzy 10
- Becka McC. 11
- Chris P. 22
- Nino 34

SABAL PALM

- Tadeo 1
- Ana Carolina 1
- Gus N. 1
- Jeffery L. 1
- Tom B. 1
- Mike G. 1
- Lorena 2
- Magda C. 2
- Jason M. 2
- Lourdes P. 3
- Christina R. 4

- Lil Liz 9
- Paula R. 10
- Stacia V. 14
- Pierre 19
- Valeria L. 21
- Mari M. 24
- Cynthia G. 26
- Morgan C. 30
- Jorge F. 30
- George B. 32
- Fred R. 37

SOUTH DADE

- Jay B. 1
- Albert 1
- Olivia 4
- Roly 5
- Eric 10
- Marji 11
- Penny 14
- Morgan 30
- AJ 36
- Fred R. 37



NOVEMBER

SABAL PALM

- Sandra G. 1
- Louis P. 2
- Jeff B.
- Bill F. 3
- Marlon P. 8
- Peggy K. 24
- Mario Q. 28
- Bill W. 32
- Susan G. 41
- Margie U. 43
- Merle G. 45
- Marsh R. 49

PAYPAL NEWS

Fees charges have changed with PayPal while sending contributions through their site or app.

Please if you send your contributions through PayPal you need to send it through their

"PayPal Giving Fund"

so the Intergroup Office does not incur any extra charges.

MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
Ft. Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com

11th Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding.

Amen.

Page 99 - 12 Steps & 12 Traditions.

"As we we go through the day we pause, when agitated or doubtful, and ask for the right thought or action. we constantly remind ourselves we are no longer running the show, humbly saying to ourselves many times each day

"Thy will be done".

Group Conscience/Business/Service Meetings

- Brickell Group/3rd Thursday @ 1:05pm
- Coral Gables Group/3rd Thursday @ 7:00pm
- Good Morning Group/3rd Friday @ 11:00am
- Happy 1060 Group/3rd Sunday @ 11:45am
- Happy Hour Group/ 3rd Thursday @ 6:35pm
- Homestead Group/3rd Tuesday @ 7:00pm
- Lincoln Road YP/3rd Sunday @ 7:00pm
- Little River Group/2nd Sunday @ 7:00pm
- Miami Young People/3rd Saturday @ 7:00pm
- Mix Nuts Group/1st Monday @ 9:30pm
- Palmetto Bay/3rd Wednesday @ 6:35pm
- Primary Purpose/Last Wednesday @ 6:45pm
- Quinto Paso/1st Monday @ 7:00pm
- Sabal Palm/3rd Thursday @ 7:00pm
- Sober Way Out/3rd Sunday @ 7:00pm
- Something Happens/1st Saturday @ 10:00am
- South Dade Group/3rd Wednesday @ 7:00pm
- South Dixie Group/2nd Sunday @ 12:15pm
- Sunset Group/2nd Friday @ 7:00pm
- West Miami Group/3rd Tuesday @ 7:00pm

Group Anniversaries

- Almeria Group/Last Tuesday @ 7:30pm
- Coral Gables Group/Last Monday @ 8:00pm
- Grupo Central/Last Sunday @ 1:00pm
- Good Morning Group/Last Friday @ 10:00am
- Happy 1060 Group/Last Sunday @ 10:45am
- Happy Hour Group/Last Friday @ 5:30pm
- Homestead Group/Last Thursday @ 8:30pm
- Key Biscayne Group/Last Friday @ 8:30pm
- Killian Pines Group/Last Friday @ 8:00pm
- Lincoln Road YP/Last Sunday @ 7:00pm
- Little River Group/Last Wednesday @ 8:30pm
- Miami Springs/Last Monday @ 7:30pm
- Miami Young People/Last Saturday @ 8:30pm
- Mixed Nuts Group/Last Monday @ 8:30pm
- Palmetto Bay Group/Last Saturday @ 5:30pm
- Plymouth Group/Last Wednesday @ 7:00pm
- Primary Purpose/Last Saturday @ 8:30pm
- Sabal Palm Group/Last Sunday @ 7:00pm
- Sober Way Out/Last Friday @ 8:30pm
- Something Happens/Last Saturday @ 9:00am
- South Dade Group/Last Friday @ 8:30pm
- South Dixie Group/Last Saturday @ 7:30pm
- Sunset Group/Last Friday @ 7:30pm
- West Miami Group/Last Friday @ 8:30pm

LOOKING FOR A.A. MEETINGS?

Learn more at:
www.meetingguide.org



Here is the icon to look for.....

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - December 8th, 2022 @ 8:00pm Via Zoom. This is a great opportunity to do service!

For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger"
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
 Address: _____
 City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

Miami-Dade Intergroup
1850 SW 8th St. # 303
Miami, FL 33135
Phone: 305.461.2425 (24 hrs.)
Fax: 305.461.2426

