

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

August 2022

1850 SW 8th St. # 303 - Miami, FL 33135 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org



BIG SERVICE



BREAKFAST

MIAMI-DADE INTERGROUP & GENERAL SERVICE DISTRICT 10

SEPTEMBER 17TH, 2022

Tickets on sale: \$12.00



Great Speakers!



At the Riverside Baptist Church 10775 SW 104th St. – 33176

From 8:00am until 11:00am

For Service opportunities: Call the Intergroup Office 305.461.2425
Please support, contribute and help make this event a success!

The Persons We Have Harmed It's Time to Pay the Piper

How many of us show up at the doors of Alcoholics Anonymous (A.A) ready to start exploring our past and all the issues that we have had with our fellow man? Not me! I came here with a rationalizing, alcoholic mind, and the last thing I intended to do was to go searching for more things to hate about myself. The alcoholic within me was pointing the finger at them to minimize the appearance that I was at fault. My mind was constantly spinning yarns to have the right answers ready should anyone question why I did the things I did.

In all my waking hours, I got no peace of mind unless I had something to drink in me, and when that happened, it diminished the need to care about other people and, in fact, it immediately turned into drunken arrogance and often into verbal and physical confrontations. A life lived by those standards can only end in destruction and when we have the option to drink it away, we can put it off indefinitely, but eventually we will have to pay the piper.

Not everyone can repair all the damage they have done in the past, to our families and friends, and that is simply because some of them have moved on and may not be concerned about what our plans are, and they do not see the need to be involved in the drama that the alcoholic is going through, especially with their memory of the failed good intentions of the past. Until we have a history of changing our way of life and putting some time between us and that snapshot of our last drunken debacle, we cannot expect any recognition from them since they are not following us around every day recording our progress.

When it comes to making a list of all the persons we have harmed, the first thought that came to my mind was, how far do I go with this list. My thought on that is; what amount of peace of mind would I be satisfied with? The most obvious people are the ones that are closest to us such as family, friends, employers, and as I list those, I can spiral outward to the more remote people like relatives, friends from the past, and so on.

The last thing I hear questioned is who I owe amends to and again, the peace of mind issue sets the standard for who goes on the list. First off, if I have completely changed those old behaviors and have put them behind me, I have already mended my ways and all that is left to do is to acknowledge my past mistakes in the presence of the person receiving the amend. (Cont. on pg. 2)

TRADITION 8

"We are beginning to see that our few paid workers are performing only those service tasks that our volunteers cannot consistently handle. Primarily these folks are not doing Twelfth Step work. They are just making more and better Twelfth Step work possible. Secretaries at their desks are valuable points of contact, information, and public relations. That is what they are paid for, and nothing else. They help carry the good news of A.A. to the outside world and bring our prospects face to face with us. That's not "A.A. therapy"; it's just a lot of very necessary but often thankless work. So, where needed, let's revise our attitude toward those who labor at our special services. Let us treat them as A.A. associates, and not as hired help; let's recompense them fairly and, above all, let's absolve them from the label of professionalism. Let us also distinguish clearly between "organizing the AA movement" and setting up, in a reasonably businesslike manner, its few essential services of contact and propagation. Once we do that, all will be well. The million or so fellow alcoholics who are still sick will then continue to get the break we sixty thousand AAs have already had. Let's give our "service desks" the hand so well deserve."

The Language of the Heart, page 87

We can accept contributions through PayPal or Zelle under our e-mail: aamiamidade@bellsouth.net

"BRICKELL BIG BOOK"

Is back at

"IN PERSON MEETINGS"

At a new location

799 Brickell Plaza # 802

Miami, FL 33131

(Main Entrance on SE 8th St. - Take Elevator to 8th Floor)

Wednesdays & Fridays

@ 7:00pm



Brickell Sober Sisters



Every Monday

@ 7:00pm

Back

"IN PERSON MEETINGS"

AT A NEW LOCATION:

799 BRICKELL PLAZA # 802

MIAMI, FL 33131

(Main entrance on SE 8th St. - Take Elevator to the 8th Floor)



"Brickell Circle"

Is Back!



THURSDAYS at 7:00pm

(Speaker, Discussion)

at the

799 Brickell Plaza # 802

Miami, FL 33131

(Main Entrance SE 8th St. Take Elevator to 8th Floor)

**Understanding the Enabling Process
If I Thought it Would Help**

To those who are non-drinkers or normal drinkers, understanding the compulsion of alcoholic drinking is baffling. Many people "in recovery" also have a difficult time understanding it. Professionals who treat alcoholics, well-meaning as they are, often focus on the symptoms of the problem and not enough on the root causes of the disease. They often measure the success rate based on the length of time a person abstains from alcohol. At first blush, this seems to be working. The alcoholic may be introduced to the Rehab Support environment and is, somewhat intrigued, and often willing to play along for a while if it means getting the wife/boss/judge off his back.

The only requirement for membership in Alcoholics Anonymous (A.A.) is a desire to stop drinking. Often when these alcoholics finished their rehab program, they are handed a Big Book (Alcoholics Anonymous) and suggested that they attend A.A. meetings. A large percentage of those that do go to A.A. meetings after Rehab have relapse after relapse and sometimes it appears that A.A. has a poor record of success. Down deep inside the desire to drink was stronger than the desire to stop drinking. Those of us who came to A.A. desperately looking for sobriety have a better record as stated in the Foreword to Second Addition to the Big Book, it reads: Of alcoholics who came to A.A. and really tried, 50% got sober at once and stayed that way; 25% sobered up after some relapses, and among the remainder, those who stayed on with A.A. showed improvement.

(Cont. on pg. 5)

The Persons We Have Harmed

(Cont. from pg. 1)

I find it easy to level the playing field by simply asking the question: "Have you ever done something that you really regretted?" The answer usually goes: "Of course, who hasn't?" Next, I say, "Can we talk?" You can do this with anyone that you feel uncomfortable about, when you hear their name mentioned, and eventually you will run out of people that are constantly renting room in your brain. In the rare occasion when a person responds to your effort to make things right, in a negative way, they may have issues of their own that we are not aware of, you have done all you can, and you can put it behind you. All that free space in your head adds up to peace of mind and you have the rest of your life to complete it.

By Rick R.

NEW GROUP!

Friday Night Lights



FRIDAYS @ 6:30pm

(Closed, Discussion)

Meeting ID: 981 9757 1728

(No Password Needed)



9360 Sunset Drive #265
Miami, FL 33173

New Group!

"GLOW GIRLS WOMEN"

New Zoom Meeting!

WEDNESDAYS & SUNDAYS

(Women, Step, Open, Discussion)

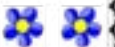
@ 8:15pm

ZOOM ID: 238 264 272

Password: 001067



New Group!



SIXTH SENSE



New Meeting!



THURSDAYS @ 7:30pm

(Open, Big Book Study, Meditation)



Fulford United Methodist Church
1900 NE 164th St, North Miami Beach, FL 33162

Step Eight Freedom

I was hesitant and puzzled when I began my Eight Step list because what about people whose feelings might be hurt or might be harmed if I admitted all—my Step Four inventory had several of those. Luckily, my sponsor informed me that Step Eight is not Step Nine, and I should not leave these activities off my list. But obviously, this did not mean that I make these harmful amends while doing Step Nine. This information may be useful in asking God for for-giveness in a later step.

My Eighth Step information came mostly from my Step four inventory, but also my sponsor had me do a spontaneous writing earlier on. This included asking God over and over and over again to reveal where I had been selfish and dishonest—not just from regular memory, but from my deepest inner self. Spontaneous! This function brought to light many secrets I had kept from myself for many years. They needed to be written down!

I had seldom even considered the anguish my wonderful Christian parents must have felt to see their son's name in the newspaper for public intoxication year after year. Or my younger sister who, four years later, attended the same high school with my devil may care reputation still remembered by the teachers. I had never felt guilty about that loan company I had never paid back or the time when I, as a teen, tried out a motorcycle from a used a lot and wrecked it. I was able to wobble it in and jumped on my bicycle and away I went. There was a temptation to leave out certain of my misbehaviors because, after all, I had been sober for five whole months, and intended never to drink whisky again! I was obviously now in the category of what is called "living amends!" How my sponsor pointed out that the Big Book makes no mention of "living amends;" it actually dispels that idea at the bottom of page 82—"Ain't it grand the wind stopped blowin?" I believe the honesty revealed in my Eighth Step list was a vital and crucial part of my recovery.

Bob S.



Groups we need your help!

We are looking for groups that would like to donate a basket with A.A. approved Literature for the amount of **\$30.00** for the

BIG SERVICE BREAKFAST

SEPTEMBER 17th, 2022
Riverside Baptist Church



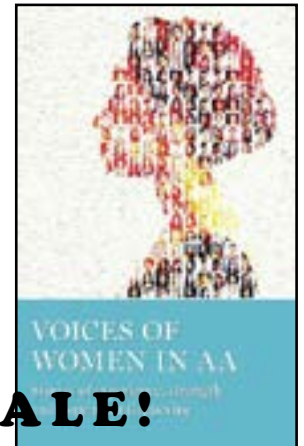
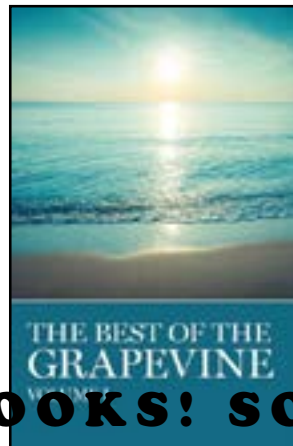
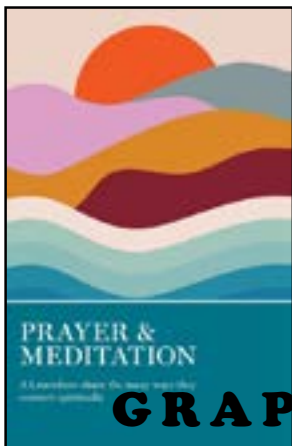
If your group would like to donate a basket, you can order the books by contacting the Office and we will give the books to the Basket committee.



Please contact:
the Intergroup Office at (305) 461.2425

Serenity Prayer With A Twist!
God, grant me the Serenity to forget the people I never liked anyway, the good fortune to run into the ones I do, And the eyesight to tell the difference.

- Matt



GRAPEVINE BOOKS! SOON ON SALE!

¿Sabías qué..?

La Oficina de Servicios Generales (OSG) tiene actualmente una extensa lista de hombres encarcelados que están a la espera de intercambiar correspondencia con un miembro de A.A. de afuera. La gran mayoría de estos hombres son alcohólicos hispanos que desean trabajar el programa de A.A.

Tu puedes enviar el mensaje de A.A. manteniendo esta correspondencia y usando La Viña como herramienta de Paso Doce.

Para obtener más información, envía un correo electrónico a: corrections@aa.org. O puedes escribir a:

**Correccionales,
Oficina de Servicios Generales
Box 459, Grand Central Station
Nueva York, N.Y. 10163.**

Diversión en Sobriedad

...Cómo los miembros de AA aprenden a vivir sobrios y a disfrutar la vida al máximo

Presenta más de 50 historias inspiradoras relatadas por miembros de Alcohólicos Anónimos acerca de las diversas formas en que han aprendido a pasarla bien luego de dejar la bebida.

Disponible en Inglés.



REUNIONES VIRTUALES
EN
ESPANOL

WWW.AAMIAMIDADE.ORG

GRUPOS:
**VIVIENDO SOBRIO
CORAL GABLES
LA GRAN MANZANA**

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup
por favor
enviar e-mail a

aamiamidade@bellsouth.net

o llamar al

305.461.2425
con su informacion.

65th FL State Convention



ESPAÑOL

**Hotel Marriott
Harbor Beach
Resort & Spa**
3030 Holiday Dr.
Fort Lauderdale,
FL, USA 33316

**The
Sarasota
Room**

Registración: \$35.00

Jueves, (8-4-22):

“Experiencia, Fortaleza y Esperanza”, 12:30pm -1:30pm

“Apadrinamiento”, 6:00pm - 7:30pm

Viernes, (8-5-22):

“Hay una Solución”, 12:30pm -1:30pm

“Como Funciona”, 6:00pm - 7:30pm

Sábado, (8-6-22):

“Acerca del Alcoholismo; Una Visión para Tí”, 12:30pm -1:30pm

“Mujeres en AA”, 6:00pm - 7:30pm

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!



Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

5 Anonymous.

COMMITTEE MEETINGS:

GS DISTRICT 10
Monthly Business Meeting
 1st Tuesday of the month
 at 7:30pm at the
 CG Congregational Ch.
 3010 De Soto Blvd., CG

GS DISTRICT 10
Corrections Committee
 4th Thursday of the month
 @ 8:00pm at
 Sabal Palm Room
 10102 SW 107th Av., 331

Miami FC Host
 2nd & 4th Sunday of the month
 @ 10:00pm
 La Vida Grande Club
 8 N. 4th St.
 Miami, FL 33137

Archives Committee
 4th Tuesday of the month
 @ 6:30pm - Sunset Room
 6999 N. Waterway Dr.

Remote Communities
 3rd Sunday of the month
 @ 10:00am at Little River Club
 51 NE 82nd Tr.

GS DISTRICT 10
Grapevine Committe
 1st Wednesday of the month
 @ 7:15pm
 Upper Room
 822 NE 125th St. # 11
 North Miami, FL 331

GS DISTRICT 10
Literature Committee
 1st Wednesday of the month
 @ 7:00pm
 Iglesia Metodista Unida
 Ponce de Leon Blvd.

GS DISTRICT 10
PI/CPC
4th Saturday of the month
@ 10:00am
ID: 897 0307 8285
Password: 672322

Treatment Committe
 3rd Saturday of the Month
 @ 3:00pm

Accessibilities
 3rd Tuesday of the month
 @ 7:15pm Upper Room
For more information go to
www.district10miami.org

Understanding the Enabling Process (Cont. from pg. 2)

Most practicing alcoholics have "Well Meaning" Friends and loved ones who often, without knowing it, help to perpetuate the problem by not letting him suffer the consequences of his errant behavior. They bail him out of jail and give him a tongue lashing (parenting). They call his work and report him off sick (after all, the family needs the paycheck to pay the rent) the enabling process can go on for years, but it only postpones the inevitable. When I had to address this issue when my son was isolating and going in the wrong direction in his middle twenties, and I realized that my enabling was a large part of the problem, I had to present it in a way he and anyone else close to him would understand I simply said, "Son, I love you and if I thought this was helping you I would be onboard completely, but I know that it is only perpetuating the problem and I cannot do this and still consider myself a good father. If you think you can do it on your own, my prayers are with you". I put your personal effects in the driveway. Come and get them before someone else does. Expressing it in that way was my answer but it may not be right answer for everyone. He stayed out there for 3 more years and finally got sober in A.A. and is coming up on his 10-year sobriety birthday and he thanks me for saying and doing what I did.

This was not meant to be advice or a suggestion, but more of a different perspective on the enabling process how not to be part of this problem and to be a father rather than a parent in this matter.

By Rick R.



"I'm AA—don't look now, but I think I have a pigeon."

**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Ian S.

Vice-Chair

Richard A.

Treasurer

Dylan S.

Secretary

Rebeca C.

Steering Committee

Jennifer R.

Gloria P.

Manuel M.

Oliver M.

Jonathan M.

Trustees

Manuel N.

Founder's Day**OPEN POSITION****Intergroup Banquet****OPEN POSITION****Intergroup Office**

Jennifer R.

The Messenger

Office

Outreach**OPEN POSITION****Public Information**

Christy G.

Twelve Step Relay

Paul R.

Maria S.

Big Service Breakfast

Richard A.

General Service Liaison

Jorge L.

Spanish Intergroup Liaison**OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE
CONTACT LIST**
www.district10miami.org**Chairman**

Ric B

Alternate Chairperson

Regina F.

Treasurer

Sara G.

Registrar

Mario P.

Recording Secretary

David M.

Archives**OPEN POSITION****Corrections**

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Current Practice

Gerry S.

Grapevine

Ken T.

Gratitud Dinner

Pablo B.

Intergroup Liaison

Iliana K.

Literature

Carl L.

PI/CPC

Jacque T.

Accessibilities

Melissa L.

Treatment

Viny G.

Big Service Breakfast

Al P.

District 17 Liaison

Enrique S.

Remote Communities

Andrea L.

Communications

Diana C.

"THE MESSENGER"

Published Monthly by

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aamiamidade@bellsouth.net

WEBSITE:

www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP



JULY

HOMESTEAD

Biker Mike 1
Will S. 1
Brannon P. 9
Melissa 13
Aramis 17

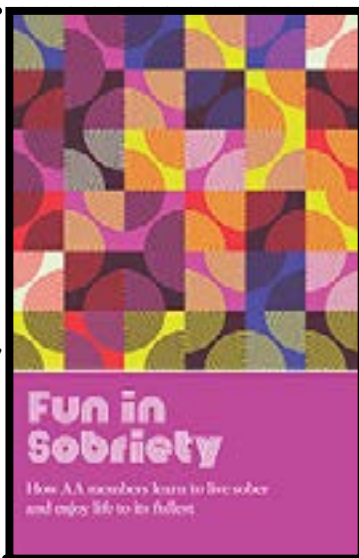
PALMETTO BAY

Alana 6
Carol 11
Kathy H. 12
Kirstin F. 12
David 17

SOBER WAY OUT

Charles C. 1
Sandra N. 1
Eddy L. 4
Naomi 4
Brian OT 6
Frederick B. 6
Fernando V. 6
Eric D. 12
Sandra P. 14
Jessica E. 20
Kenneth 25
Linda V. 25
James N. 26
Mervyn B. 26
Bartimous 29

New Book!
Fun in Sobriety
...How AA members learn
to live sober and enjoy life
to its fullest.
Features 50-plus
Inspiring stories by
members of Alcoholics
Anonymous about the many
ways they've learned to
have a good time after
putting down the drink.
Available in English.



Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
Coral Gables Group/3rd Thursday @ 7:00pm
Good Morning Group/3rd Friday @ 11:00am
Happy 1060 Group/3rd Sunday @ 11:45am
Happy Hour Group/ 3rd Thursday @ 6:35pm
Homestead Group/3rd Tuesday @ 7:00pm
Lincoln Road YP/3rd Sunday @ 7:00pm
Little River Group/2nd Sunday @ 7:00pm
Miami Young People/3rd Saturday @ 7:00pm
Mix Nuts Group/1st Monday @ 9:30pm
Palmetto Bay/3rd Wednesday @ 6:35pm
Primary Purpose/Last Wednesday @ 6:45pm
Quinto Paso/1st Monday @ 7:00pm
Sabal Palm/3rd Thursday @ 7:00pm
Sober Way Out/3rd Sunday @ 7:00pm
Something Happens/1st Saturday @ 10:00am
South Dade Group/3rd Wednesday @ 7:00pm
South Dixie Group/2nd Sunday @ 12:15pm
Sunset Group/2nd Friday @ 7:00pm
West Miami Group/3rd Tuesday @ 7:00pm



MEETINGS IN RUSSIAN

Do you know any Russian-speaking
friend, who has drinking problems?
Please invite them to our new 7pm
Sunday Russian-speaking
Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
Ft. Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com

Made a list of all persons
we had harmed, and.....

- Sally
- John
- Andrew

.....became willing to make
amends to them all.



John went into orbit last night, now he is
having trouble with re-entry.

Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why
recovering alcoholics can always use a good laugh.
In AA, members learn to not take
themselves too seriously, to be happy, joyous and
free. Luckily, sobriety can be pretty
darn amusing.



**LOOKING FOR A.A.
MEETINGS?**

Learn more at:
www.meetingguide.org



Here is the icon to look for.....

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held
on Thursday - September 8th, 2022 @ 8:00pm Via Zoom. This is a great opportunity to do service!

For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

**Help Support "The Messenger"
This Publication Belongs To You!**

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

Miami-Dade Intergroup
1850 SW 8th St. # 303
Miami, FL 33135
Phone: 305.461.2425 (24 hrs.)
Fax: 305.461.2426



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