

# The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

January 2022

1850 SW 8th St. # 303 - Miami, FL 33135 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org



## Step One – Getting Off the Ground She did not find it too comforting

I got sober in Alcoholics Anonymous (A.A.) right in the beginning of the Space Exploration experience and my eyes were glued to the TV screen through it all. I was sitting at a meeting recently when I heard a very young, and very sincere, single mother of two, new in the Program, sharing that her first experience in A.A. was the thought of having to do all this stuff for the rest of her life and she did not find it too comforting. It sounded to me that, from her perspective, she knew that she had to do it, but it was not going to be easy or fun. I admired her for her courage and conviction, and I tried to encourage her by explaining things that I had experienced when I was faced with the life changing challenges of sobriety. I was the father of a boy, I was in the U.S. Navy at the time, and I was divorced. It was a challenging time, but I had to go through it, drinking or not. I began the process of recovery in a slow, methodical way, and I came out a stronger person for it. I likened it to the first Apollo space mission to the moon. It goes something like this:

When you first see the size of this space craft and consider the amount of energy it would take to put it into orbit, it is hard to fathom. After the countdown is complete, the engines fire and a tremendous amount of flame and smoke engulf the entire area as it slowly starts to lift off. As it lumbers its first few hundred feet, it is expending a tremendous amount of fuel. Slowly it starts to gain momentum and pick up speed, still shuddering along. Soon the booster tanks are depleted, and they are ejected, and the main tanks begin to propel it further along the flight path with even more thrust as it is reaching for orbit. Next, the main tank is depleted just before orbit and is ejected. What is left is a small portion of what left the launch pad. Soon the craft leaves orbit and heads toward the moon and something else happens that sometimes goes unnoticed. Somewhere between the earth and the moon, the gravitational pull of the moon has more influence on the craft than the earth's has, and it is gently drawn along its path. Very little energy is needed at this point except for minor course corrections.

In AA, when we first get started, it appears to be an insurmountable task and it requires a tremendous amount of effort just to get off the launch pad. Not every launch is successful and some of us do not make it the first time, and we must exert all that energy in each successive attempt. As we do get on our way, it starts to get easier as we increase our momentum. Much of the burden falls away as we make progress, and the going gets easier as we head for our objective. When we go through the twelve steps, we finally reach orbit. After we are satisfied that everything is in order, we can now set out for our trajectory. If we stay on course, the spiritual gravity of values we have adopted in the A.A. program will far outweigh the negative gravity of the past if we eject all the dead weight that held us down. As we continue to adjust the day to day, mistakes that we make, and adopt an unselfish approach to life, somewhere along the flight path, we will cross that line where we are drawn towards a life of peace and serenity that is hard to imagine when we are setting on the launch pad. The most important part of the journey is the lift off. If we can get through that most challenging time, it does get easier, and then we need only to stay the course. Five, Four, Three, Two, One, Lift Off.

By Rick R.

We can accept contributions through PayPal or Zelle under our e-mail: aamiamidade@bellsouth.net

**Step One: Gateway to Freedom**

Lying face down on my dirty living room carpet, hands manacled behind my back, I listened as the sheriff's deputies ransacked my home looking for contraband. I heard one deputy remark, "Boy, this dude sure likes to drink. Must be forty empty liquor bottles on the kitchen floor." Terrorized, my mind raced, trying to remember if there was anything illegal in the apartment. Unfortunately, a week-long drunk prevented any lucid thought at all.

How had I gotten myself into this situation? I had no idea. My world had become a one-bedroom apartment which I protected with half a dozen loaded guns. The hideous Four Horsemen—Terror, Bewilderment, Frustration, and Despair—had moved in as nonpaying roommates and refused to leave. I lay in a pool of incomprehensible demoralization, not knowing what to do. One day a week later, bright and early, the doorbell rang. I looked out through the peephole and saw it was John, a former crime partner I hadn't seen in over six years. He looked very different, was quite fit, and his eyes sparkled. Afraid of what he might want, I conversed with him through the door. He told me that the reason for his visit was to make amends to me. After further discussion, I finally opened the door. John was stunned at my deterioration.

He spent the rest of the day carrying the message to me, telling me the story of his miraculous recovery in the Fellowship of Alcoholics Anonymous. I finally agreed to go to an AA meeting with him that evening, though I couldn't see how it could possibly help me.

At the meeting, I heard the First Step for the very first time: "We admitted we were powerless over alcohol— that our lives had become unmanageable." The word powerless hit me like a bomb blast. It described my situation with alcohol perfectly and completely. My life was more than unmanageable, it was illegal.

*(Cont. on page 3)*

**I told my sponsor that six months ago I was sitting in a hot tub with beautiful women and all the beer I wanted. He looked at me and said, "Don't worry, son. You never have to live like that again!"**

**Step One: Understanding Alcoholism  
The Road of Happy Destiny**

How heart wrenching it is to see newcomers arrive in the meetings of Alcoholics Anonymous (A.A.) after losing families, friends, jobs, relationships, and hope, then to watch them struggle through relapse after relapse while they see others around them building happy and resourceful lives. What makes them different from the rest of us? Why it is that all their efforts to make a happy life for themselves continue to fail? My heart goes out to them, and I am always trying to find a way to articulate things, in simple terms that the, so called newcomer, can understand. My problems started long before I ever touched a drop of alcohol. I always felt different from the other (normal) kids, but I did not know it at the time. I thought they all felt like I did, but they did not. It may have been as simple as, how I reacted the first time I was humiliated in public, or when I was punished for doing something wrong and learned that it was easier to lie my way out of trouble and I went covert when I violated the rules. I will never know exactly why but I do know my mental makeup was different.

Now, what can I do about it? On a scale of 1 to 10, let us say that I woke up each morning at an emotional level of 2, the normal person wakes up at an 8. When I took my first drink, and I went from a 2, to a 9, and everything was right with the world. (So, I thought) The Normy took a drink and went from an 8 to a 9. No big deal. The world had not changed but my perception of it had changed and with the euphoria I felt, I thought I had found the solution to my problem.

Later, I discovered that it only temporally masked the real problem, which was much deeper, and when, after a while, my tolerance for alcohol ran out, I completely lost control and, in time, lost almost everything that was meaningful in my life. I had unknowingly hit bottom and I had little choice but to try A.A. "My name is Rick and I'm an alcoholic" Knowing that I was an alcoholic got me in to the program, but knowing it, did not solve my problem. I started to have success in the program when I came to understand the cause and effects of my core issues, such as low self-esteem, fear, guilt, neediness, unworthiness etc. and how they kept driving people away from me. I had to understand that those symptoms were caused by my faulty self-perception, and that my mind was lying to me. I had been at a level 2, since childhood, and that is my problem and alcoholism is the symptom of my problem. If I woke up this morning with amnesia, I would be just like everyone else, because I would not be dragging my past around with me in my head. Much of my surface behaviors failed, mainly because I was overcompensating for my feelings of inadequacy. My solutions have been to establish a pattern of behavior that is unselfish in nature, consistent with the suggestions in the Big Book, and the 12&12, and practice them without fanfare. (Tough order, I know) But by doing this, with patience, in time, others noticed the change, and before too long I was receiving more than my share of affirmations. If you can understand that you are not responsible for being emotionally diverted as a child and for the alcoholism that resulted from it, you can move forward. You contracted a disease and, with this understanding of its cause and effect, you can draw a line in the sand, and start the recovery process today, and join us on the road of happy destiny. We will be waiting for you.

By Rick R.

**Step One: Gateway to Freedom** *(Cont. from page 2)*

The best part was the word "we." I was no longer alone. Others before me had made the admission of powerlessness and had been set free from years of alcoholic misery. If John could work the AA program and stay sober for six years, then I would have to try my best to do it, too.

Later on I got an older member to help me work the program and formally took the First Step. My sponsor told me that my unmanageable life was a result of self-will run rampant. He went on to say that the only things I had any power over were my behavior and my attitude.

Believing that I was powerless ultimately reduced the size of my world—down to me in the moment. My sponsor explained that alcohol was but a symptom of deeper problems. He also went on to explain that I was selfish, childish, grandiose, emotionally sensitive, and had a number of character defects that stood in the way of serenity and peace of mind. But he said I had a choice: to live life reacting to everything with childish emotions, or to try working the remaining eleven Steps and learn how to live a life guided by spiritual principles.

Today I am learning how to develop a better sense of honesty and to accept my alcoholism with all its ramifications. The obsession to drink was lifted almost immediately and the grace of God continues to shine down on me as I learn how to live life on life's terms. The First Step was the gateway into a new sober life that I could never have imagined.

Anonymous,

Gainesville, FL

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"A woman talked at a meeting about the difficulties of early sobriety at age 55. "It hasn't been easy," she said, "going through puberty and menopause at the same time."

The hungover patient was complaining to his doctor about a loss of memory. "I don't seem to be able to remember anything anymore," he said. "How long," asked the doctor, "has this been bothering you?" "How long," said the drunk, "has what been bothering me?"

**STEP ONE FOR BILL W**

December 11, 1934, remains one of the important dates in AA history—the day Bill W. guzzled his last drink en route to Towns Hospital. But the events leading up to this fortunate event also provide important reflection.

On a "bleak day in November" (p. 8) Ebby T. carried his Oxford Group message of sobriety to Bill who was extremely impressed, but the gin and pineapple juice cocktail on the kitchen table won the day, but Ebby visited again which ignited his curiosity enough to produce a visit the Calvary Mission where Ebby was a resident. This was on Friday, December 7th. However, Bill drank on the way and began a drunken "testimony" from the podium.

Bill spent Saturday and Sunday, December 8th and 9th, in his bedroom tapering off. Amazingly Bill then, temporarily, lost all desire to drink, however, he came home roaring on Monday, December 10th. This provoked an argument with his wife, Lois who angrily lamented: "You don't even have the decency to die! You're crazy! You're crazy!" Upon which Bill picked up her small sewing machine and slammed it against the wall. Lois was, of course, terrified!

Bill rode the subways that night, panhandling funds for a bottle of booze. (Just imagine!) He came back home on Tuesday morning, December 11th and when he noticed the damaged wall caused by his drinking episode, he fell into deep remorse. Recalling Ebby's success he left a note for Lois explaining he was off to Towns Hospital for yet another treatment (He had been treated there several times previously). The train fare Brooklyn to south Manhattan was a nickel and, fortunately for us, Bill had six cents left. Then he espied a store where he still had credit and departed with four bottles of beer.

Bill arrived at Towns Hospital with a beer in one hand and two philosophy books in the other. He announced to his loyal physician, Dr. William Duncan Silkworth, that he had found an answer. This was Bill's final treatment at Town's Hospital. He never drank again!

Page 13 of the Big Book explains how, after Ebby's visit, Bill ingested the basic ingredients of what now constitutes our Twelve Steps. This was December 13, 1934, seven days after his first trip to Calvary Mission. Bill, on that day, had a sudden and profound spiritual experience (P 14). If not for Bill's final surrender to Step One during those seven days in December, AA would not be here today.

Bob S, Richmond, Indiana

**New Group!****"REDLANDS GROUP"**

\*\*\*\*\*

**New Meeting!**

**TUESDAYS @ 7:00pm**

**Starting  
JANUARY 4<sup>th</sup>, 2022  
(O,D)**



**Redlands Community Church**  
14601 SW 248<sup>th</sup> St. – Homestead, FL 33032

## LAGUNAS MENTALES Y MUDAS GEOGRAFICAS

Tomé mis primeros tragos a la edad de 25 o 26 años de edad.

Vengo de una familia que no es alcohólica, fuimos nueve hermanos, puros hombres. En México yo tenía un negocio de tortillerías y estaba bien económicamente, pero resulta que en una ocasión la persona que llevaba mis cuentas me hizo una invitación a tomarnos unos tragos, por curiosidad, o por lo que haya sido, me los tomé y allí fue cuando sentí un cambio. Me gustó el sabor y me gustó el efecto. Entonces empecé a meterme a los bares y cantinas, al principio allí hacia mis negocios y yo creía que todo estaba bien, pero no me daba cuenta que estaba afectando a mi familia.

Empecé a tener problemas con mi esposa y en una ocasión en la que ella me dijo que yo era un alcohólico tuve tanto coraje que llegamos a los golpes. Lleno de resentimientos mi fondo llegó de una manera muy fea, conocí la cárcel y el psiquiátrico. Tuve lagunas mentales y fugas geográficas. Era tanta mi enfermedad que tuve que dejar a mi esposa y mis hijos. Me vine a los Estados Unidos porque mi padre vivía en California y llegué a ese estado, que es muy bonito. Pero llegó el momento en el que el estado ya no me quiso, y conocí la cárcel del condado.

Con rabia vagué por varios estados pero donde quiera que fuese me acompañaba mi alcoholismo ya desesperado hice otra fuga geográfica a Houston, Tejas creyendo que en este estado no había alcoholismo, estuve abstemio por un año y en ese lapso me traje a mi familia.

Aparentemente vivíamos bien, pero mi alcoholismo seguía más fuerte porque me convertí en un ególatra, este defecto lo he arrastrado por muchos años. Pero un día que regresé del trabajo bien tomado y empecé a discutir, mi esposa me dijo que yo era un enfermo alcohólico y me dio nada más dos opciones: que buscara ayuda en grupos de alcohólicos anónimos o que me fuera de la casa. Busqué un grupo y me recibieron con bombos y platillos, con un amor adulto me sugirieron que si quería quedarme, tenía que meterme de lleno en esos Tres Legados: Unidad, Servicio y Recuperación. Gracias a esta gran familia ya tengo nueve años dentro de alcohólicos anónimos. Quisiera cerrar este pequeño comentario con la oración de la serenidad, y decir que yo también soy responsable.

Efrain A.  
Houston, Tejas

REUNIONES VIRTUALES  
EN  
ESPANOL

**WWW.AAMIAMIDADE.ORG**

GRUPOS:  
**VIVIENDO SOBRIO  
CORAL GABLES  
LA GRAN MANZANA**

Si necesitan postear sus  
reuniones virtuales en  
el website de

Miami-Dade Intergroup  
por favor  
enviar e-mail a

**aamiamidade@bellsouth.net**

o llamar al

**305.461.2425**  
con su informacion.

## EN EL PUNTO DE CAMBIO

Las medidas parciales no nos sirvieron para nada. Estábamos en el punto de cambio. Entregándonos totalmente, le pedimos a Dios su protección y cuidado.  
ALCOHOLICOS ANONIMOS; p. 59

Todos los días yo me encuentro en momentos decisivos. Mis pensamientos y mis acciones pueden impulsarme hacia el desarrollo o encaminarme a las viejas costumbres y a la bebida. Algunas veces los momentos decisivos son comienzos, como cuando empiezo a encomiar, en lugar de criticar a alguien. O cuando empiezo a pedir ayuda en lugar de intentarlo solo. Otras veces los momentos decisivos son finales, tales como cuando veo claramente la necesidad de dejar de alimentar resentimientos o el egoísmo.

Muchos defectos me tientan diariamente; por esto yo tengo también oportunidades diarias para darme cuenta de ellos. De una u otra manera, muchos de mis defectos de carácter aparecen diariamente: la auto-condena, la ira, la evasión, la soberbia, el deseo de desquitarme y la grandiosidad.

Intentar medidas parciales para eliminar estos defectos solamente paralizan mis esfuerzos para cambiar. Solamente cuando le pido ayuda a Dios, con total entrega, llego a tener la voluntad y la capacidad para cambiar.

Reflexiones Diarias - Enero 7

**Feliz Año Nuevo**

## FAITHFUL FIVER MEMBERS

***Yes, I want to participate in the Faithful Fiver Club!***

Contribution information: Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Monthly: \_\_\_\_\_ Quarterly: \_\_\_\_\_ Annually: \_\_\_\_\_

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: \_\_\_\_\_ Current Member: \_\_\_\_\_ Returning Member: \_\_\_\_\_

Check Enclosed: \_\_\_\_\_ Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel: (\_\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_, Yes, I would like my name to be added in "The Messenger." \_\_\_\_\_ No, I would like to remain anonymous

**For Credit Card recurring contribution information please call the office at: 305.461.2425**

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.  
**8 Anonymous.**

## COMMITTEE MEETINGS:

**GS DISTRICT 10  
Monthly Business Meeting**  
1st Tuesday of the month  
at 7:30pm at the  
CG Congregational Ch.  
3010 De Soto Blvd., CG  
\*\*\*\*\*

**GS DISTRICT 10  
Corrections Committee**  
4th Thursday of the month  
@ 8:00pm at  
Sabal Palm Room  
10102 SW 107th Av., 33176  
\*\*\*\*\*

**Miami FCYPA Host**  
2nd & 4th Sunday of the month  
@ 1:00pm  
Lambert's Community Club  
38 N. 44th St.  
Miami, FL 33137  
\*\*\*\*\*

**Archives Committee**  
4th Tuesday of the month  
@ 6:30pm - Sunset Room  
6999 N. Waterway Dr.  
\*\*\*\*\*

**Remote Communities**  
3rd Sunday of the month  
@ 10:00am at Little River Club  
51 NE 82nd Tr.  
\*\*\*\*\*

**GS DISTRICT 10  
Grapevine Committee**  
1st Wednesday of the month  
@ 7:15pm  
Upper Room  
822 NE 125th St. # 111  
North Miami, FL 33156  
\*\*\*\*\*

**GS DISTRICT 10  
Literature Committee**  
2nd Tuesday of the month  
@ 7:00pm  
Iglesia Metodista Unida  
Once de Leon Blvd.  
\*\*\*\*\*

**GS DISTRICT 10  
PI/CPC**  
4th Saturday of the month  
@ 10:00am  
**ID: 897 0307 8285**  
**Password: 672322**  
\*\*\*\*\*

**Treatment Committee**  
3rd Saturday of the Month  
@ 3:00pm  
\*\*\*\*\*

**Accessibilities**  
3rd Tuesday of the month  
@ 7:15pm Upper Room  
**For more information go to  
www.district10miami.org**



The South Miami Men's Group  
invites you to join us for our  
34th & 35th Annual



Thursday, Jan 27th, 2022  
Fellowship 5:30-6:00  
Dinner 6:00-7:30  
Open Speaker Meeting 8:00



**MENU**  
Spaghetti & Meatballs  
Tossed Salad  
Italian Bread  
Dessert

**ALL ARE WELCOME!**  
(Men + Women)  
**ALL EAT FREE!**  
**\$\$\$ 50/50 RAFFLE \$\$\$**

Unitarian Universalist Cong. Church  
7701 SW 76th Ave, South Miami

**INTERGROUP  
CONTACT LIST**

aamiamidade.org

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**Vice-Chair**

Raz S.

**Treasurer**

Dylan S.

**Secretary**

Del H.

**Steering Committee**

Jennifer R.

Gloria P.

Manuel M.

Richard A.

Gerry O.

**Trustees**

Manuel N.

**Founder's Day**

Jonathan M.

**Intergroup Banquet**

Maria S.

**Intergroup Office**

Jennifer R.

**The Messenger**

Office

**Outreach****OPEN POSITION****Public Information**

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**Twelve Step Relay**

Paul R.

Maria S.

**Big Service Breakfast**

Chair Raz S.

**General Service Liaison**

Jorge L.

**Spanish Intergroup Liaison****OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE  
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www.district10miami.org

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**Treasurer**

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Mario P.

**Recording Secretary**

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Kathleen K.

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**Grapevine**

Ken T.

**Gratitud Dinner**

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**Literature**

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**PI/CPC**

Jacque T.

**Accessibilities**

Melissa L.

**Treatment**

Dulli H.

**Big Service Breakfast**

Al P.

**District 17 Liaison****OPEN POSITION****Remote Communities**

Andrea L.

**Webservant**

Diana C.

**"THE MESSENGER"**

Published Monthly by

**MIAMI-DADE INTERGROUP**

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**NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

**E-mail the Editor at:**

aamiamidade@bellsouth.net

Please make checks payable to:  
**MIAMI-DADE INTERGROUP**

THE WAY OUR "WORTHY" ALCOHOLICS HAVE SOMETIMES TRIED TO JUDGE THE "LESS WORTHY" IS, AS WE LOOK BACK ON IT, RATHER COMICAL. IMAGINE, IF YOU CAN, ONE ALCOHOLIC JUDGING ANOTHER!

- THE LANGUAGE OF THE HEART, P. 37

**DECEMBER****SOBER WAY OUT**

Fernando C. 4

Tony V. 5

Jordan J. 7

Guy M. 7

Sadena 8

Dawn G. 14

**JANUARY****PALMETTO BAY**

Ford B. 1

Richard A. 8

Johanna 12

**SOBER WAY OUT**

Bonnie L. 3

Donald G. 6

Johnny S. 10

Connie H. 11

Stephanie H. 11

Kenneth T. 17

Patrick R. 18

Mechelle L. 18

Herbert W. 22

Eudely R. 23

David McB. 25

David H. 25

Yasaar M. 29

Mamie K. 33

Michael L. 37

**SOUTH DADE**

Sebastian R. 3

Davin G. 5

Jose A. 6

Sarah I. 12

Aldrick 15

Doug M. 21

Dale Q. 22

Meredith 23

Jaime G. 27

Gayle K. 29

Wes D. 33

Josh A. 37

Tom G. 41



**Q: WHAT DID THE SPONSOR SAY TO THE SPONSEE after he told his story to the group the first time?**

**A: Your I's are too close together.**

Luke A.

Please use this QR Code for your online contributions to your Intergroup Office. Please just scan the code and it will take you directly to PayPal.

No contribution counts as small. We at Intergroup appreciate your continued support!



Scan. Pay. Go.

*A very special thanks to Raz S. for serving as Vice Chair for the past 2 years, we welcome Richard A. as our new Vice Chair and Jonathan M. who will be serving as our new Steering Committee member.*

*Thanks so much to all who have served Intergroup this past year. We all look forward to serve and work together in 2022!*

**MEETINGS IN RUSSIAN**

Do you know any Russian-speaking friend, who has drinking problems?

Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



**12 STEP HOUSE**  
205 SW 23rd St.  
Ft. Lauderdale, FL 33315

www.russianaa.com  
russianaa.florida@gmail.com

**Group Conscience/Business/Service Meetings**

Brickell Group/3rd Thursday @ 1:05pm  
Coral Gables Group/3rd Thursday @ 7:00pm  
Good Morning Group/3rd Friday @ 11:00am  
Happy 1060 Group/3rd Sunday @ 11:45am  
Happy Hour Group/ 3rd Thursday @ 6:35pm  
Homestead Group/3rd Tuesday @ 7:00pm  
Lincoln Road YP/3rd Sunday @ 7:00pm  
Little River Group/2nd Sunday @ 7:00pm  
Miami Young People/3rd Saturday @ 7:00pm  
Mix Nuts Group/1st Monday @ 9:30pm  
New Beginner's # 2/2nd Thursday @ 7:30pm  
Night Owl Group/2nd Sunday @ 7:00pm  
Palmetto Bay/3rd Wednesday @ 6:35pm  
Primary Purpose/Last Wednesday @ 6:45pm  
Quinto Paso/1st Monday @ 7:00pm  
Sabal Palm/3rd Thursday @ 7:00pm  
Sober Way Out/3rd Sunday @ 7:00pm  
Something Happens/1st Saturday @ 10:00am  
South Dade Group/3rd Wednesday @ 7:00pm  
South Dixie Group/2nd Sunday @ 12:15pm  
Sunset Group/2nd Friday @ 7:00pm  
West Miami Group/3rd Tuesday @ 7:00pm  
We Stopped in Time/1st Monday @ 9:35pm  
Young, Sober & Free/Last Sunday @ 8:05pm

**Group Anniversaries**

Almeria Group/Last Tuesday @ 7:30pm  
Coral Gables Group/Last Monday @ 8:00pm  
Grupo Central/Last Sunday @ 1:00pm  
Good Morning Group/Last Friday @ 10:00am  
Happy 1060 Group/Last Sunday @ 10:45am  
Happy Hour Group/Last Friday @ 5:30pm  
Homestead Group/Last Thursday @ 8:30pm  
Key Biscayne Group/Last Friday @ 8:30pm  
Killian Pines Group/Last Friday @ 8:00pm  
Lincoln Road YP/Last Sunday @ 7:00pm  
Little River Group/Last Wednesday @ 8:30pm  
Miami Springs/Last Monday @ 7:30pm  
Miami Young People/Last Saturday @ 8:30pm  
Mixed Nuts Group/Last Monday @ 8:30pm  
Palmetto Bay Group/Last Saturday @ 5:30pm  
Plymouth Group/Last Wednesday @ 7:00pm  
Primary Purpose/Last Saturday @ 8:30pm  
Sabal Palm Group/Last Sunday @ 7:00pm  
Shamrock Group/Last Tuesday @ 8:30pm  
Sober Way Out/Last Friday @ 8:30pm  
Something Happens/Last Saturday @ 9:00am  
South Dade Group/Last Friday @ 8:30pm  
South Dixie Group/Last Saturday @ 7:30pm  
Sunset Group/Last Friday @ 7:30pm  
West Miami Group/Last Friday @ 8:30pm  
We Stopped in Time/Last Monday  
Young, Sober and Free/Last Sunday

**LOOKING FOR A.A. MEETINGS?**

Learn more at:  
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Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on

Thursday - February 10th, 2022 @ 8:00pm Via Zoom. This is a great opportunity to do service!

For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

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