

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

December 2021

1850 SW 8th St. # 303 - Miami, FL 33135 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org



WITH MUCH GRATITUDE, YOUR INTERGROUP OFFICE WOULD LIKE TO THANK
EACH ONE OF OUR MEMBERS FOR THEIR AMAZING SUPPORT
THROUGHOUT THIS YEAR DURING THIS VERY DIFFICULT TIMES.

WE WOULD LIKE TO SPECIALLY THANK ALL THOSE MEMBERS WHO HAVE SERVED AND
CONTINUE SERVING AT THE INTERGROUP LEVEL FOR THEIR LOVE, TIME AND
DEDICATION IN HELPING KEEP OUR DOORS OPEN.

AS WE APPROACH A NEW YEAR, OUR WISH FOR ALL OF US IS TO KEEP BEING OF
SERVICE TO ALL THE GROUPS IN THE MIAMI AREA AND FOR ALL NEW
MEMBERS TO BE ABLE TO FIND THEIR CENTRAL OFFICE AVAILABLE.

*"I am responsible... when anyone, anywhere, reaches
out for help. I want the hand of A.A.
always to be there. And for that;
I Am Responsible."*

IN LOVE AND SERVICE, MIAMI-DADE INTERGROUP

Even though meetings, 12-step services and operations have now some virtual environment, expenses continue to accumulate during these times which underscores the importance of practicing the Seventh Tradition. Miami-Dade Intergroup still stocks literature, handles 12-step calls around the clock, and assists those with a desire to stop drinking. Your generous support is critical and greatly appreciated. Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website:

www.aamiamidade.org

Thank you! We can accept contributions through PayPal or Zelle under our e-mail: aamiamidade@bellsouth.net

KEY BISCAYNE GROUP IS CELEBRATING 62 YEARS

POTLUCK DINNER

FRIDAY
DECEMBER 17

TIME: 6:30PM FELLOWSHIP
8:00PM SPEAKER
9:00PM RAFFLE

INTERGROUP BENEFIT



St. Christopher by the Sea
95 Harbor Drive - Key Biscayne

PALMETTO BAY GROUP New Meeting!

WOMEN'S MEETING

(Closed, Women)

MONDAYS @ 7:00pm



TRIANGLE CLUB

1636 Franjo Road - Palmetto Bay - 33157

**A Quiet Heart, Soul, Conscience
It is All About Inner Peace**

For years I have been quoting an old friend and mentor of mine from my early days of sobriety in 1970 when he said, "All I want out of life is peace of mind and a quiet heart". The quiet heart part of that statement seemed to be what caught my attention since it adds a touch of tenderness to that statement; but what does it really mean? Understand the "peace of mind" part of the Quote to mean, in my own words, "absence of all unresolved mental issues." When he referred to "A quiet heart" he obviously was not speaking about that organ inside my chest that pumps blood through my body. At a meeting recently and the topic was taken from an AA friendly publication and in it the, "Thought for the day," was explaining how Psychologists are turning to religion to add the element of a faith in something outside of ourselves, to their message, because faith was an act of the mind and of the will. It also said that the clergy and rabbis were turning to psychology to enhance their message to reach a more modern society. To me, it was the best approach I have heard to express the all-inclusiveness of the A. A. program when it comes to understanding the concept of, a power greater than myself. I can see how it might mean something different to each of us. To the romantic, it means the place inside where they feel emotions, and more than just that blood pump in our chest.

(Cont. on pg. 5)



MIAMI-DADE INTERGROUP

Office will be CLOSED on the
following dates:



December 24th, 2021

&

December 31st, 2021

Phones will be forwarded to the
12 Step Relay

HAPPY HOLIDAYS FOR ALL OF YOU!



Miami-Dade Intergroup



STEP 12 IN ACTION

Step 12. "Having had A spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and practice these principles in all our affairs."

Only a few weeks sober, I marched into my favorite bar in Santa Monica, California, and commenced to announce that I was attending AA meetings. I also pointed out to my imbibing friends that they were probably alcoholics and that they needed to join me, el pronto! Not only did my bar room popularity go south at that point, but so did our Eleventh Tradition of "attraction rather than promotion."

Of course, I was ill prepared to carry the AA message. I had little notion what the Twelve Steps were, save from my own vague interpretations from the club house pull-down shades. My honeymoon enthusiasm did not qualify me as having had a "spiritual experience (or awakening) as the result of these steps." (Spiritual Experience means suddenly. Spiritual A wakening means slowly—p. 567)

Eventually, after absorbing the clear-cut directions from the Big Book, I busily began sharing my newfound sobriety with other members, but when some of them relapsed I was disappointed. However, I took solace in that Step Twelve tells us only that: "we tried." However, I believe that it is vitally important that I continue to keep on trying regardless of results: "Nothing will so much insure immunity from drinking than intensive work with other alcoholics." (P. 89). Vital means lifesaving—that means me! I have found it best not to dwell on the steps when making my first visit to a newcomer, but to casually drift the conversation into some of my drinking experience, good and bad; happy and sad; but explain why I needed to stay sober. Then explain how the AA fellowship helped me to obtain my period of sobriety. Of course, never mention that he or she is an alcoholic—this is best for them to ascertain!

I believe it is best to bring out the aspects of AA that will dispel any preconceived fear, such as: "The only requirement for membership is a desire to stop drinking;" explaining our principle of anonymity; that we have no dues or fees; that we have no rules or laws; that AA is not affiliated with any religion or outside organization. Explain that we are not a treatment center, although we sometimes cooperate with treatment facilities. I believe it is important to tell how we have grown to over two-million members around the world in the last eighty-plus years. The point is to replace newcomer doubt with hope! Then I like to share about my personal sobriety. The point that the new person will have hopeful expectations before his or her first meeting.

Upon leaving This "first meeting" I believe it is paramount that the new person leaves with appropriate literature from the meeting rack, but not too much—just three or four. The titles make it obvious what ones are appropriate. If the new person leaves with a Big Book, I never tell them to read the first 164 pages—maybe just THE DOCTORS OPINION, along with some of the personal stories. A farmer once told me: "You don't feed a newborn calf a bale of hay, but just a little milk."

Of course, point out from the meeting directory where the next meeting might be best and exchange phone numbers or email addresses. If time allows, I like to have a meeting- after-the-meeting to provide a welcome and happy atmosphere. First impressions are very important for a lost and lonesome new AA member. Just my thoughts.

By Bob S.

Alcoholism: A Disease of Perception When My Desperation Outweighed My Denile

Alcoholism is often referred to as a disease of perception, and oh how I find that statement to be true. Like most Alcoholics, early in my drinking days, I did not have a problem as I was single and had no one to answer to and it was perfectly normal to go from work directly to the bar room and spend the evening pouring alcohol down my throat. It was fun, and I did a lot of foolish things in those days. As my tolerance for alcohol grew, I developed a pattern of drinking that I could open a bar at 6:00 AM and close it at 2:00 AM and you could not tell I was drinking if you did not smell the alcohol on my breath. I Reached the pinnacle and that only lasted for a while. Next, I developed a pattern of forgetting what happened the night before (Blackout Drinking) and when people started telling me about the things I did last night, and it was not flattering. Normal drinkers do not have those kinds of experiences. Then came the DUI's, the nights in jail, the wrecked cars, the broken knuckles, marriage, divorced and, I could go on forever. When I was in the throes of this disease I was living by the dictates of my EGO, to bolster my pride and it was telling me that I did not have a problem. The progression of the malady varies in each individual due to environmental issues. Some people drink into their 60s and 70s before they come to Alcoholics Anonymous. Waking each morning to face the hideous four horsemen, Terror, Bewildement, Frustration, and Despair is not a problem that normal drinkers must face. For me, alcohol seemed to me to be the solution to the problems and to abandon it would be horrifying to me. My perception at that time was that if I quit drinking, I would spend the rest of my life waking up in that emotional pit and I did everything in my power to deny my condition. As the progression wore on, one by one, I was running out of options and the drink could no longer mask the deception of it all and I was backed into the corner of life and now, what can I do? On October 15, 1969, my desperation out weighed my denial and I called the telephone operator and asked for the number of Alcoholics Anonymous and she gave me the number of a local A.A. club in a little house about six miles from my apartment and I showed up there to be greeted by three people sitting on a bench in the front yard and within ten minutes of talking to them and seeing the compassion and empathy in their eyes, I laid down in the grass and covered my eyes with my forearm and thought to myself "Thank God, this nightmare is over" and it was. I have never drunk, nor wanted to drink ever since that moment. I was 28 years old at the time and most of the members of that group were over 40 years old and they referred to me as the fortunate one, and I was. From that moment on I have done a 180 degree turn in my thinking and embraced the program of Alcoholics Anonymous in its entirety and it has evolved into a life of peace and serenity that I could not have imagined when I showed up on that lawn in 1969, and right now and as I am trying to explain this miracle, I am wiping tears of joy from my eyes just thinking about it. Go Figure.

By Rick R.

ALCOHOLICOS ANONIMOS GRUPO CUENTO CONTIGO



Fundado el 2 de Enero de 1991

les invita cordialmente a festejar
nuestro 31 Aniversario que se
llevara a cabo en el local del

Miami Police Benevolent Association
2300 NW 14th St. - 33142

SABADO 8 DE ENERO DEL 2022

De las 5:00pm a 10:00pm

1991

2022

PARA MAYOR INFORMACION POR FAVOR CONTACTAR A:
(COORDINADOR) 786.806.1514
(TESORERO) 786.805.2151

REUNIONES VIRTUALES
EN
ESPANOL

WWW.AAMIAMIDADE.ORG

GRUPOS:
VIVIENDO SOBRIO
CORAL GABLES
LA GRAN MANZANA

Si necesitan postear sus
reuniones virtuales en
el website de

Miami-Dade Intergroup
por favor
enviar e-mail a
aamiamidade@bellsouth.net
o llamar al
305.461.2425
con su informacion.



DUODECECIMA TRADICION

"El anonimato es la base espiritual de todas nuestras tradiciones, recordandonos siempre anteponer los principios a las personalidades".

DUODECIMO CONCEPTO

"Garantías generales de la Conferencia: En todos sus procedimientos, la Conferencia de Servicios Generales cumplirá con el espíritu de las Tradiciones de A.A., teniendo especial cuidado de que la Conferencia nunca se convierta en sede de peligrosa riqueza o poder; que fondos suficientes para su funcionamiento, más una reserva adecuada, sean su prudente principio financiero; que ninguno de los miembros de la Conferencia sea nunca colocado en posición de autoridad sobre ninguno de los otros; que todas las decisiones importantes sean alcanzadas por discusión, votación y siempre que sea posible, por unanimidad; que ninguna acción de la Conferencia sea punitiva a personas, o a una incitación a controversia pública; que, aunque, la Conferencia pueda actuar al servicio de Alcohólicos Anónimos, ella nunca deberá realizar ninguna acción de gobierno, y así como la Sociedad de Alcohólicos Anónimos, a la cual sirve, la Conferencia en sí misma siempre permanecerá democrática en pensamiento y en acción.

DUODECIMO PASO

"Habiendo obtenido un despertar espiritual como resultado de estos pasos, tratamos de llevar el mensaje a los alcohólicos y de practicar estos principios en todos nuestros asuntos".

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!



Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (_____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

8 Anonymous.

COMMITTEE MEETINGS:

**GS DISTRICT 10
Monthly Business Meeting**
1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

**GS DISTRICT 10
Corrections Committee**
4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Av., 33176

Miami FCYPAA Host
2nd & 4th Sunday of the month
@ 1:30pm
Lambda Gamma Fraternity Club
811 NE 125th St.
Miami, FL 33137

Archives Committee
4th Tuesday of the month
@ 6:30pm - Sunset Room
6999 N. Waterway Dr.

Remote Communities
3rd Sunday of the month
@ 10:00am at Little River Club
51 NE 82nd Tr.

**GS DISTRICT 10
Grapevine Committee**
1st Wednesday of the month
@ 7:15pm
Upper Room
822 NE 125th St. # 111
North Miami, FL 33162

**GS DISTRICT 10
Literary Committee**
2nd Tuesday of the month
@ 8:00pm
Iglesia Metodista Unida
5 Ponce de Leon Blvd.

**GS DISTRICT 10
PI/CPC**
4th Saturday of the month
@ 3:00pm

Treatment Committee
3rd Saturday of the Month
@ 3:00pm

Accessibilities
3rd Tuesday of the month
@ 7:15pm Upper Room
811 NE 125th St. # 111 - NM

**For more information go to
www.district10miami.org**

A Quiet Heart, Soul, Conscience (Cont. from pg. 2)

On the other hand, to the person with a religious foundation, it may be referring to the soul. To the psychologist it may be referring to the conscience. Call it what we may, to me this implies that there is something inside of me that cannot be dismissed. It seems to be keeping a catalog of all our behaviors; good and bad, then reintroduce them to us again each morning when we wake up and we keep reliving them, over and over. It is Time to put them to rest. We used to drink to make them go away. If we have the will and the strength to live by the dictates of our heart, our soul, or our conscience, that is where we have ability to right all of those, unresolved mental issues.

The program of alcoholics Anonymous, from beginning to end, is designed to recognize, acknowledge, and resolve all these issues by bringing it all to the surface in the safety of the people that have been through this process and understand what the individual is faced with. The good news is that as you resolve each of these concerns you will be freeing up all that mental space and energy that has been causing the tormenting regrets of the past. When we recognize the pain that our past thinking and behavior has caused and have put forth the effort to resolve it, it is unlikely that we will be willing to return to those old behaviors.

Our unbridled instincts caused our behavioral problems. Our heart/soul/conscience recorded these things, and our minds live with the mental torment as the result. A quiet heart/a clean soul/ a clear conscience leads to peace of mind and when a person has peace of mind, a drink has no appeal to him/her and in the morning, they wake up with smiles on their faces. :)

By Rick R.

**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Ian S.

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Del H.

Steering Committee

Jennifer R.

Gloria P.

Manuel M.

Richard A.

Gerry O.

Trustees

Manuel N.

Founder's Day

Jonathan M.

Intergroup Banquet

Maria S.

Intergroup Office

Jennifer R.

The Messenger

Office

Outreach**OPEN POSITION****Public Information**

Sam H.

Twelve Step Relay

Paul R.

Maria S.

Big Service Breakfast

Chair Raz S.

General Service Liaison

Jorge L.

Spanish Intergroup Liaison**OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE
CONTACT LIST**

www.district10miami.org

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Ric B.

Alternate Chairperson

Regina F.

Treasurer

Sara G.

Registrar

Mario P.

Recording Secretary

David M.

Archives

Anna G.

Corrections

Kathleen K.

Current Practice

Gerry S.

Grapevine

Ken T.

Gratitud Dinner

Pablo B.

Intergroup Liaison

Iliana K.

Literature

Carl L.

PI/CPC

Eel A.

Accessibilities

Melissa L.

Treatment

Dulli H.

Big Service Breakfast

Al P.

District 17 Liaison**OPEN POSITION****Remote Communities**

Andrea L.

 Webservant

Diana C.

"THE MESSENGER"

Published Monthly by

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www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

CONCEPT TWELVE

"The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern."

NOVEMBER

SOUTH DADE

JB 3
Randy 5
Albert L. 7
Casey 12
Bambi 32
Bob M. 49

PALMETTO BAY

Rebecca C. 1
Pat J. 41

SOBER WAY OUT

Inez R. 5
Allison G. 5
Alfred R. 7
Megan G. 10
David M. 13
Alfred J. 32
Wendy G. 33
Robert O. 39

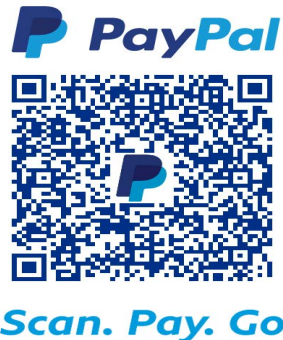
SUNSET

Steve H. 1
Robert R. 1
Chris H. 5
Nancy K. 6
Jorge A. 8
Olivia 8
Jorge V. 24
Merle G. 45
Patricia M. 21

SOUTH DIXIE

Kevin D. 10
Casey B. 12
Clair K. 29
Callie C. 36

Please use this QR Code for your online contributions to your Intergroup Office. Please just scan the code and it will take you directly to PayPal.
No contribution counts as small. We at Intergroup appreciate your continued support!



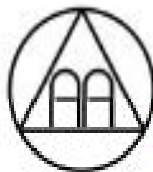
DECEMBER SUNSET

Mark H. 2
Chal J. 3
Maggie S. 3
Steve G. 5
Chris D. 5
Matt Q. 10
Barry L. 15
Ma. Isabel 15
Gary M. 20
Stephanie G. 29
Dan B. 32
George P. 33



MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems?
Please invite them to our new 7pm
Sunday Russian-speaking
Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
Ft. Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
Coral Gables Group/3rd Thursday @ 7:00pm
Good Morning Group/3rd Friday @ 11:00am
Happy 1060 Group/3rd Sunday @ 11:45am
Happy Hour Group/ 3rd Thursday @ 6:35pm
Homestead Group/3rd Tuesday @ 7:00pm
Lincoln Road YP/3rd Sunday @ 7:00pm
Little River Group/2nd Sunday @ 7:00pm
Miami Young People/3rd Saturday @ 7:00pm
Mix Nuts Group/1st Monday @ 9:30pm
New Beginner's # 2/2nd Thursday @ 7:30pm
Night Owl Group/2nd Sunday @ 7:00pm
Palmetto Bay/3rd Wednesday @ 6:35pm
Primary Purpose/Last Wednesday @ 6:45pm
Quinto Paso/1st Monday @ 7:00pm
Sabal Palm/3rd Thursday @ 7:00pm
Sober Way Out/3rd Sunday @ 7:00pm
Something Happens/1st Saturday @ 10:00am
South Dade Group/3rd Wednesday @ 7:00pm
South Dixie Group/2nd Sunday @ 12:15pm
Sunset Group/2nd Friday @ 7:00pm
West Miami Group/3rd Tuesday @ 7:00pm
We Stopped in Time/1st Monday @ 9:35pm
Young, Sober & Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm
Coral Gables Group/Last Monday @ 8:00pm
Grupo Central/Last Sunday @ 1:00pm
Good Morning Group/Last Friday @ 10:00am
Happy 1060 Group/Last Sunday @ 10:45am
Happy Hour Group/Last Friday @ 5:30pm
Homestead Group/Last Thursday @ 8:30pm
Key Biscayne Group/Last Friday @ 8:30pm
Killian Pines Group/Last Friday @ 8:00pm
Lincoln Road YP/Last Sunday @ 7:00pm
Little River Group/Last Wednesday @ 8:30pm
Miami Springs/Last Monday @ 7:30pm
Miami Young People/Last Saturday @ 8:30pm
Mixed Nuts Group/Last Monday @ 8:30pm
Palmetto Bay Group/Last Saturday @ 5:30pm
Plymouth Group/Last Wednesday @ 7:00pm
Primary Purpose/Last Saturday @ 8:30pm
Sabal Palm Group/Last Sunday @ 7:00pm
Shamrock Group/Last Tuesday @ 8:30pm
Sober Way Out/Last Friday @ 8:30pm
Something Happens/Last Saturday @ 9:00am
South Dade Group/Last Friday @ 8:30pm
South Dixie Group/Last Saturday @ 7:30pm
Sunset Group/Last Friday @ 7:30pm
West Miami Group/Last Friday @ 8:30pm
We Stopped in Time/Last Monday
Young, Sober and Free/Last Sunday



Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.



LOOKING FOR A.A. MEETINGS?

Learn more at:
www.meetingguide.org



Here is the icon to look for.....

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - January 13th, 2022 @ 8:00pm Via Zoom. This is a great opportunity to do service!

For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger"
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

Miami-Dade Intergroup
1850 SW 8th St. # 303
Miami, FL 33135
Phone: 305.461.2425 (24 hrs.)
Fax: 305.461.2426

 *Happy
Holidays*