# The Messenger



IVIIAIV

amiamidade@bellsouth.net

305.461.2425 (24 hrs)

305.461.2426 (Fax

October 202

aamiamidade.org

# BIG SERVICE BREAKFAST

Florida - USA

Intergroup and
General-Service District 10
BENEFIT

(Volunteers needed!)

# Saturday October 16th



8:00am - Fellowship

8:30am - Breakfast

9:30am - Guest Speakers



TICKETS ON SALE NOW! \$10.00

(Tickets available at the door)

Zoom ID: 229 117 9816

Password: 10120 @ 9:30am

For Information call the Intergroup Office:

(305) 461.2425

Even though meetings, 12-step services and operations have now some virtual environment, expenses continue to accumulate during these times which sunderscores the importance of practicing the Seventh Tradition. Miami-Dade Intergroup still stocks literature, handles 12-step calls around the clock, and assists those with a desire to stop drinking. Your generous support is critical and greatly appreciated. Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website:

www.aamiamidade.org Thank you! We can accept contributions through PayPal or Zelle under our e-mail: aamiamidade@bellsouth.net

# Step Ten: Continued to Take Personal Inventory. Examine My Motives for All That I Do.

If someone were to ask me what brought me to the doors of the Alcoholics Anonymous (A.A.) my answer would be: "Alcohol had got the best of me, I was desperately circling the drain, and I didn't want to die young". Not everyone that comes to A.A. has that degree of desperation. I got sober on October 15th,1969 and that was just before Alcoholics were being offered Rehabilitation clinics. Up to that point most of our members came here were looking for answers. The success rate at that time, according to the foreword to the second addition of the (Big Book), Alcoholics Anonymous, it says that 50% of those who came here looking for answers got sober and never drank again 25% got sober after a few relapses and stayed that way and the other 25% showed improvement. To me, 75% sounds like a surprisingly good ratio of success. The only requirement for A.A. membership is a desire to stop drinking. (Tradition Three) Not everyone who comes to A.A. from the Court System or from a Rehab environment has the same amount of desperation as those original members had. This does not mean that they are not invited, for we treat them with respect but a large percentage of them do relapse and we welcome them back with open arms so as not to be considered an A.A. failure and eventually many of them do stay sober. The depth of the desperation is often consistent with the depth of thoroughness a person is willing to go through as he takes the steps and when I was faced with this suggestion that I do a Fearless and Thorough Moral Inventory in the fourth step, I began to resist and did what I would call a shallow facade just to get my ticket punched. Being in the Navy at the time I was abruptly flown out to the western Pacific during the Vietnam War and assigned to a tanker replenishing the fuel on ships in the Tonkin gulf Fleet and I had four months to think about what I was going to do on my returned home. My conscience told me to discard my original inventory and do it right the second time around. That I think, is what made the rest of this program easy for me. Being willing to take responsibility for all those disgusting behaviors of yesterday and to make restitution has been the answer to all those alcoholic behaviors in the past. If we have completed a good 4th and 5th step and again on the 8th and 9th step, how do we approach the tenth step which suggest that we continue to take personal inventory and when we were wrong promptly admitted it.

Early in my sobriety my wife came home from an Al-Anon meeting excited about the topic they shared. She said that "We should examine our motives for all the things we do" and that made perfect sense to me. I have been living a life based on Unselfish Principles and I am never finished examining my motives. All my out-side behaviors (short-comings) are the result of my thinking (motives) and so long as I am willing to continue this path it has taken all the fight out of me. Selfishness--self-Centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity we step on the toes of our fellows, and they retaliate. (BB pg. 62) What a Profound statement! Living a life based upon Unselfish Motives has restored my self-esteem and the final and most important result is peace of mind. Never thought that would happen!!! This is my understanding of Step Ten.

By Rick R.

# SOBER WAY OUT

# "Old Timer's Meeting"



# EVERY SATURDAY @ 2:30PM



If you have 20+ years and would like to share your Experience, Strength & Hope.

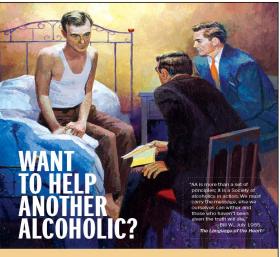
Please contact: 305.759.6332



#### Little River Club

51 NE 82<sup>nd</sup> Tr. - 305.759.6332





#### **GRAPEVINE & LA VIÑA** are Great Twelfth Step Tools!

Give a gift subscription to an alcoholic who needs it. Great for:
• Sponsees • Newcomers • Prisons • Detoxes • Doctor's Offices
• Group Celebrations • District and Area Events • Giveaways

Go to aagrapevine.org/carry-the-message to get started

Get your group, district, area or AA friends to join in. Carry the Message, it's easy! 2020 Carry The Message Project



#### Desperation is a Great Motivator Sincerity is a Great Healer

Recovery in Alcoholics Anonymous (A.A.) affects people in many ways. The first and most obvious is their ability to abstain from the use of alcohol for without that there can be no recovery. Next is the willingness to abandon the idea that they can do this on their own and to seek the help of something outside of their own failed way of thinking. Third is the act of surrendering and "buying in" completely (so to speak). At this point, the recovery process may differ depending on your age, your gender, your economic situation, your marital status, your legal woes, and other side issues. It is not our role to judge anyone who comes to A. A. seeking help nor is it our job to bail them out of their current situation out of sympathy. That does not mean that we cannot buy a meal for a hungry soul or give them a few bucks for gas. We are recovering alcoholics and our role is to listen and to try to understand what they need from us consistent with the principles we have learned and relate our experiences with them. Younger arrivals usually are duel addicted and the average long-term alcoholic that has not experienced the drug culture lifestyle may have a difficult time identifying with them. Recovered addicts usually share about their Rip Off mentality as a user, while the average common variety alcoholic talks about the guilt and shame and the need to pay bar-tab. A high percentage of our membership arrive in their forties in the middle of, or on the cusp of the threat of a divorce, and without experienced feed-back, make bad decisions where, in some cases, they could have salvaged their marriage and saved the children the damage caused by divorce. My main question when greeting a newcomer at a meeting is usually "What brings you to A.A.?" Usually, their response comes in the form of a complaint about the situation they are in, (divorce papers, Dui, Fired from job) etc. My next question is, (If that hadn't happened, would you be here today?" Their response is usually, "Probably not." I then explain that my first wife could have filed for divorce ten times before she became Desperate enough to do it and, had she not, I would, still be out there circling the drain or worse. For two years I tried to convince her to take me back, but it did not happen. Desperation brought me to the door of A.A. where I began the life I live today. This type of perspective usually gets his attention, and they often turn out to be more accepting of the need to change. Next, I share the experience that worked or me. It may come in a sincere statement such as," I know that I have been wrong about what a husband/father's responsibilities are and that I am an alcoholic and I believe that I've found the solution to my drinking problem. You have suffered from all of this, and I have learned a much from the mistakes I have made, and I intend to do my best to make it right. Whatever the outcome is, I want to minimize the trauma to the children as we move forward." This type of sincerity sometimes takes the pressure off and gives her some breathing room and in some cases, opens the door to salvaging the marriage. My question is: Can you live up to these proposed actions?

Another area where sincerity and ownership of past mistakes has an unexpected outcome is in the courtroom. Judges have heard every flimsy excuse in the world and can see right through all the BS of a con artists, and they are not fooled by them. Believe me when I say that I have witnessed more than my share of these two approaches to resolving the damages of alcoholic behavior, and the sincere approach far outweighs the con job, most of the time, and you cannot fake sincerity.



REUNIONES VIRTUALES EN ESPANOL

WWW.AAMIAMIDADE.ORG

**GRUPOS:** 

VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA NORTH MIAMI GROUP

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup por favor enviar e-mail a aamiamidade@bellsouth.net o llamar al 305.461.2425 con su informacion.



#### **DECIMA TRADICION**

"Alcohólicos Anónimos no tiene opinión acerca de asuntos ajenos a sus actividades; por consiguiente su nombre nunca debe mezclarse en polémicas públicas"

#### **DECIMO CONCEPTO**

"A cada responsabilidad de servicio debe corresponde una autoridad de servicio igual. El alcance de tal autoridad debe ser siempre bien definido, ya sea por la tradición, por resolución, por descripción específica del trabajo o por estatutos y reglamentos apropiados."

#### **DECIMO PASO**

"Continuamos haciendo nuestro inventario personal y cuando nos equivocábamos lo admitíamos inmediatamente."

#### **FAITHFUL FIVER MEMBERS**

#### Yes, I want to participate in the Faithful Fiver Club!

Contribution information	: Date:			
Amount:	Monthly:	Quarterly:	Annually:	5
I am a new Member:	•	nber can contribute more than \$ Member:	<b>3,000 per year)</b> Returning Member:	
Check Enclosed:	Name:	Address:		
City:	State:	Zip Code:	Tel: _()	
Yes, I would For Credit Card recurrin	like my name to be added g contribution informa	d in "The Messenger." ation please call the office	No, I would like to renat: <b>305.461.2425</b>	nain anonymous

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic.'

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

8 Anonymous.

#### **COMMITTEE MEETINGS:**

# GS DISTRICT 10 Monthly Business Meeting

### **GS DISTRICT 10 Corrections Committee**

#### **Miami FCYPAA Host**

2nd & 4th Sundary 2 mont @ 1:30pn Lambda mile de Club 3 l 4th St. mi, FL 33137

#### **Archives Committee**

4th Tuesday of the month @ 6:30pm - Sunset Room 6999 N. Waterway Dr.

#### **Remote Communities**

### GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month @ 7:15pm Upper Room 822 NE 125th St. # 111 North Mami, FL 3316

### GS DISTRICTION OF THE PROPERTY OF THE PROPERTY

2nd Tu the month

Igl Metodista Unida

Ponce de Leon Blvd.

#### GS DISTRICT 10 PI/CPC

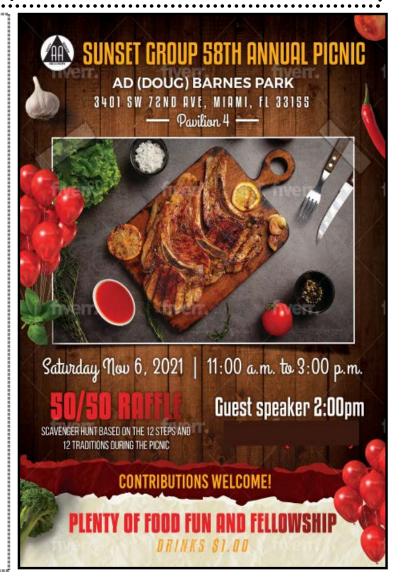
4th Saturday of the month @ 3:00pm

#### **Treatment Committe**

3rd Saturday of the Month @ 3:00pm

#### **Accessibilities**

For more information go to www.district10miami.org



#### INTERGROUP CONTACT LIST

aamiamidade.org

Chairman

Ian S

Vice-Chair

Raz S.

**Treasurer** 

Dylan S.

Secretary

Del H.

#### **Steering Committee**

Jennifer R.

Gloria P.

Manuel M.

Richard A.

Gerry O.

**Trustees** 

Manuel N.

#### Founder's Day

Jonathan M.

Intergroup Banquet

**OPEN POSITION Intergroup Office** 

7 .C D

Jennifer R.

#### The Messenger

Office

Outreach

**OPEN POSITION** 

**Public Information** 

Sam H.

#### **Twelve Step Relay**

Paul R.

Maria S.

#### Big Service Breakfast

Co- Chair Raz S.

General Service Liaison

Jorge L.

Spanish Intergroup Liaison

OPEN POSITION

Webmaster

Office

# GENERAL SERVICE CONTACT LIST

www.district10miami.org

Chairman

Ric B.

#### **Alternate Chairperson**

Regina F.

**Treasurer** 

Sara G.

Registrar

Mario P.

#### **Recording Secretary**

David M.

**Archives** 

Anna G.

Corrections

#### Kathleen K.

Current Practice
Gerry S.

Grapevine

Ken T.

#### **Gratitud Dinner**

Pablo B.

#### **Intergroup Liaison**

Iliana K.

Literature

Carl L.

PI/CPC

Eel A.

#### Accessibilities

Melissa L.

Treatment

Dulli H.

#### Big Service Breakfast

Al P.

District 17 Liaison

OPEN POSITION

**Remote Communities** 

Andrea L.

#### Webservant

Diana C.

#### "THE MESSENGER"

Published Monthly by

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www.aamiamidade.org

#### **NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

# Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

#### **CONCEPT TEN**

"Every service responsibility should be matched by an equal service authority—the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description or by appropriate charters and bylaws."

#### SEPTEMBER

#### **SOBER WAY OUT**

Poda G. 1 Mario C. 3 David M. 5 Luis S. 10 Vanessa J. 10 Marvin F. 17 Adi M. 18 Dennis S. 19 Catherine F. 23 Yusuf S. 24 Deborah J. 25 Donya B. 30 Martha F.H. 33

#### **SOUTH DIXIE**

Dinora 1 Morgan H. 4 Josh H. 5 Marcy A. 9 Jim W. 16 Jim L. 35 Dawyne D. 35

#### **SOUTH DADE**

Jorge 1 Casey Anne 2 Patricia M. 2 Bill T. 3 John C. 4 Morgan H. 4 Hendrick V. 4 Jon R. 7 Fred D. 12 Todd F. 14 David K. 17 Lucia 20 Brian W. 28 Tommy C. 36

Please use this QR Code for your online contributions to your Intergroup Office. Please just scan the code and it will take you directly to PayPal.

No contribution counts as small. We at Intergroup appreciate your continued support!







### MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.

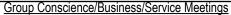




www.russianaa.com russianaa.florida@gmail.com

#### Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. Learn more at: In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.



Brickell Group/3rd Thursday @ 1:05pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

#### **Group Anniversaries**

Almeria Group/Last Tuesday @ 7:30pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

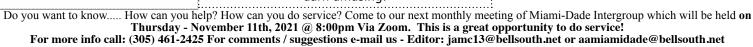
#### LOOKING FOR A.A. MEETINGS?

www.meetingquide.org

Here is the icon to look for.....







Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:		
Address:		
City:	State:	Zip:

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

#### HELP US CARRY THE MESSAGE!!!

