The Messenger



MIAMI-DADE INTERGROUP

305.461.2425 (24 hrs)

<u>aamiamidade@bellsouth.net</u>

Florida - USA

305.461.2426 (Fax

September 202

<u>aamiamidade.org</u>

NEW DATE!!!!!

BIG SERVICE BREAKFAST

Intergroup and General-Service District 10 BENEFIT

(Volunteers needed!)

Saturday October 16th



8:00am - Fellowship

8:30am - Breakfast

9:00am - Guest Speakers

TICKETS ON SALE NOW! \$10.00

For Information call the Intergroup Office: 305.461.2425

Riverside Baptist Church 10775 SW 104th St. - Miami, FL 33176

Step Nine: The Promise Of Intuition We Will Know Peace

We will intuitively know how to handle situations which used to baffle us. (B.B. pg. 84) How many times in your life have you been faced with a decision, and you did not know what to do about it, then a day and a half later, you awakened in the middle of the night, sat up in bed, and said to your-self, A-Hah, and went right back to sleep? Somehow the answer came to you without having to go through days of research.

In the early days of 1970, I was going through a course on human behavior and the instructor was trying to describe how the brain functions. He explained that the human brain has approximately ten billion cells and we only use about one billion of them. He then explained that these cells store everything we experience in our lifetime. The more current events are easier to remember than the things that are off in the distant past, but they are all in there somewhere. He then likened it to a file system where, if you ask a question, the more current answers come immediately, but for those more distant memories, the brain starts searching the files and it may take a while eventually the answer will come. With all the mental chaos that we bring with us when we enter the Alcoholics Anonymous (A.A.) program, we have lot of, what I refer to as, unlearning to do. We go through the process of trying to rid ourselves of alcoholic thinking and to replace it with sound principles and values. If we are fortunate enough to buy in completely, and do a thorough job of house-cleaning, so to speak, we can start using the ideas that we hear of, and others used successfully, and we get a surprisingly good result. We may hear as many as twenty or thirty people share at any given meeting. Can we remember everything we hear? To me, the answer is yes. I could come up with a dozen boilerplate A.A. cliches about how the answers come to me but it does not get any simpler than the mental file cabinet theory. Sometimes it seems to me that I am learning when I am not even listening, and it is like getting it through osmosis. If you have ever heard of the police trying to get a witness to remember a license plate number by hypnotizing that person, you understand what I mean. It is in the sub-conscious and there is a curtain-like screen between the conscious and subconscious mind. This is what keeps us from going mad due to the busyness of it all.

I never underestimate the capacity of my mind when it comes to problem solving. Attending A.A. meetings on a regular basis and interacting with the people who have had similar experiences and have found similar solutions to their problems gives me a very encouraging outlook for the future. Many of the answers that I am seeking are right in front of my face and some are deeper in the file cabinet. Most of the time, when faced with the dilemma that is causing me any kind of distress, I can refer to my simple request of my higher power. God, please show me to do and please give me the strength to do it. I do not do well on my own. It is surprising how often I awake in the middle of the night, say A-HAH, and go back to sleep again. It seems that intuitively the answers come.

By Rck R.

Even though meetings, 12-step services and operations have now some virtual environment, expenses continue to accumulate during these times which underscores the importance of practicing the Seventh Tradition. Miami-Dade Intergroup still stocks literature, handles 12-step calls around the clock, and assists those with a desire to stop drinking. Your generous support is critical and greatly appreciated. Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website:

www.aamiamidade.org
Thank you! We can accept contributions through PayPal or Zelle under our e-mail: aamiamidade@bellsouth.net

NEWS FLASH!

Our INTERGROUP OFFICE

will be relocating soon!

As of October 1st, 2021

The office will be moving to

1850 SW 8th Street - Ste. 303 Miami, FL 33135





MIAMI-DADE INTERGROUP

The Office will be

"CLOSED"

On Monday **SEPTEMBER 6th, 2021**

In observance of

LABOR DAY!

Phones will be forwarded to the 12 Step Relay

Miami-Dade Intergroup Staff

AMENDS

"Though the variations were many, my main theme was always "how godawful I am?" Just as often exaggerated my modest attainments by pride, so I exaggerated my defects through guilt.

I would race about, confessing all (and a great deal more) to whoever would listen.

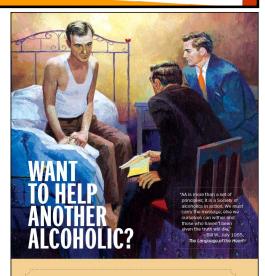
Believe or not, I took this widespread exposure of my sins to be great humility on my part, and considered it a great spiritual asset and consolation?

But later on I realized at depth that the great harms I had done others were not truly regreted.

These episodes were merely the basis for storytelling and exhibitionism."

Bill W. AA Grapevine, June 1961





GRAPEVINE & LA VIÑA are Great Twelfth Step Tools!

Give a gift subscription to an alcoholic who needs it. Great for

Go to aagrapevine.org/carry-the-message to get starte

Group Celebrations
 District and Area Events
 Giveawa

The Traditions, A Framework for Recovery

The Traditions are designed to keep the GROUP from destroying ITSELF; the Steps are designed to keep US from destroying OURSELVES.

Tradition Nine: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

Most everyone in A.A., as well as virtually every other 12-Step fellowship consider the Steps and Traditions to be inspired by a "higher power." If you dispute this, consider the fact that almost every corporation, small business and virtually ALL governments everywhere have rules, guidelines and laws that must be enforced. Society is structured in this way, to avoid things like anarchy, for example. Twelve Step fellowships are the exception, and we all have the early A.A. members to thank.

One good look at the world tells you that systems that rely on profits and a hierarchy tend to suffer from a multitude of problems, and these arise from the usual suspects: money, property and prestige (in the form of entrenched power). Those pitfalls had to be side-stepped at all costs for A.A. to survive.

So, in order to avoid the shortcomings of the strategy that has led to so much suffering and misery and failure in the world, A.A. had to learn, through hard lessons and experience, and devise another way.

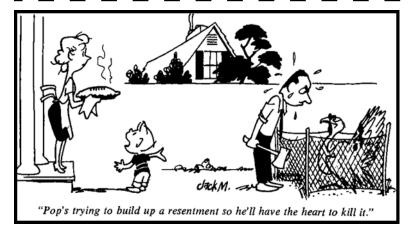
We alcoholics are a hard-headed bunch, and it took quite a bit of arguing, poverty and struggle to finally create the framework we have in the Steps and Traditions.

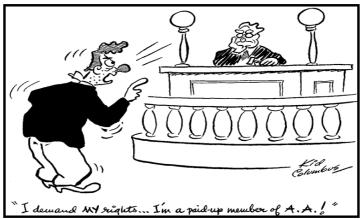
But wait....no organization? How can this be? How do you make people do what you want them to do, with no way to enforce it? Or toe the line? Or STAY in line?

The answer is fairly simple; according to our book: "Unless each AA member follows to the best of his ability our suggested Twelve Steps to recovery, he almost certainly signs his own death warrant," period. And the same is true for the A.A. group; unless the group adheres to the Twelve Traditions, the group's continued existence is in question.

The Steps and Traditions are indeed a miracle! Way to go A.A.

by John B.





I am Just Learning How to do Life. Right Back at You Grand-Pa

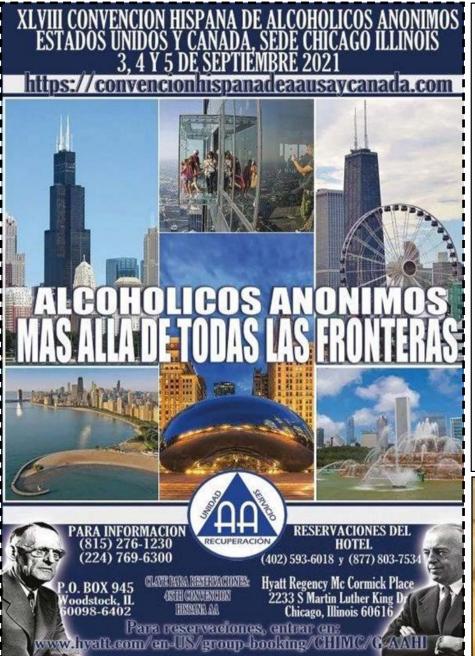
When my grandson was in preschool, and after many hours with him, talking about everything from stars and space to bugs and animals, and trying to give him the best perspective I could about how to respond to life issues at a level that he could understand. He came home from school one day and told me that one of the boys in his class was being bad and had gotten into trouble. I tried to explain to him that the boy was not bad, he was just misbehaving and that he was too young to be bad. (5yrs. Old) I explained to him that maybe that boy did not have someone who could teach him how to behave properly. He continued the conversation and asked ("grandpa, if someone said I was a bad boy") I stopped him in midsentence and asked, "Who said that you were a bad boy"? He replied," no one, but if they did" I stopped him again and said, if anyone says that you're a bad boy, you can just say, "I'm not a bad boy, I'm just a kid learning how to do life." At a meeting shortly thereafter, the topic was on resentment, and, for lack of a better analogy, I told the story of my grandson and how I look at everyone in the same way. Most people act out, to compensate for deeper rooted emotional problems. None of us are perfect. We all have shortcomings and for me to condemn someone else, who may be plagued by these things and has not resolved them yet, would be like piling on, and I always feel worse when I resort back to those old behaviors. I should never let my emotions, or my ego draw me into conflict with other troubled people. I must always try to take the high road in these situations. But what about when other people cross my boundaries in a negative way, do I have to be a doormat? No, I do not have to participate in it with them, if there is a way to remove myself from the situation, but I should not be judgmental either. I must refrain from pointing out that other person's faults. To me, they are like my grandson's little classmate. They are all like, (KIDS LEARNING HOW TO DO LIFE), and for me to engage in criticism in that situation would be like two old men in a care facility hitting each other with their canes because one was not walking fast enough for the other. It sounds funny, but we do it every day. I am no better or worse than the next man. I may be further along the path than him, but no better. I pray for understanding and compassion in these situations. I must never Judge a man on his surface behavior, I must have the strength to look deeper. We are all just like those KIDS LEARNING HOW TO DO LIFE.

A few months after that discussion with my grandson we were running a little late taking him to his Taekwondo class and he was in his child seat behind us in the car and I was bickering with my wife about getting there on time when he interrupted us saying "Guys, I can hear you." I responded by saying, "you should have been ready yourself" when he responded, "Grandpa, I am not a bad boy, I am just a kid learning how to do life." My wife and I broke out in laughter. God, I love that Kid.

By Rick R.

4

THE MESSENGER



REUNIONES VIRTUALES EN ESPANOL

WWW.AAMIAMIDADE.ORG

GRUPOS:

VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA NORTH MIAMI GROUP

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup
por favor
enviar e-mail a
aamiamidade@bellsouth.net
o llamar al
305.461.2425
con su informacion.



NOVENA TRADICION

"A.A. como tal nunca debe ser organizada; pero podemos crear juntas o comités de servicio que sean directamente responsables ante aquellos a quienes sirven."

NOVENO CONCEPTO

"Los Custodios de la Junta de Servicios Generales actúan en dos calidades básicas; (a) con respecto a los Buenos directores de servicio, conjuntamente con métodos adecuados oportunos y sólidos para escogerlos, son indispensables, a todos los niveles, para nuestro funcionamiento y seguridad en el futuro. La dirección básica de servicio mundial que una vez ejercieron los fundadores de A.A., tiene que ser asumida por los Custodios de la Junta de Servicios Generales de Alcohólicos Anónimos."

NOVENO PASO

"Reparamos directamente a cuantos nos fue posible el daño causado, excepto cuando el hacerlo implicaba perjuicio para ellos o para otros."

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!

Contribution information:	Date:				
Amount:	Monthly:	Quarterly:	Annually:		5
I am a new Member:	•	n contribute more than \$3,00 er:	. , ,		
Check Enclosed: N	ame:	Address:			
City:	State:	Zip Code:	Tel: _()	
Yes, I would like	te my name to be added in "Tl contribution information p	ne Messenger." Dlease call the office at:	No,	I would like to re 25	main anonymous
"Each day that your Group pa Contributions, or Sobriety Co	articipates in the work of our I		_		

indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

8 Anonymous.

COMMITTEE MEETINGS:

carrying the message of hope to the still suffering alcoholic.'

GS DISTRICT 10 Monthly Business Meeting

GS DISTRICT 10Corrections Committee

Miami FCYPAA Host

2nd & 4th Sunday and a mont @ 1:30pn Lambde mile de Club 3 1 4th St. mi, FL 33137

Archives Committee

Remote Communities

GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month @ 7:15pm Upper Room 822 NE 125th St. # 111 North Miami, FL 3316 *******

GS DIS Literative in interest

2nd Tu the month

(a) Metodista Unida

Ponce de Leon Blvd.

GS DISTRICT 10 PI/CPC

Treatment Committe

3rd Saturday of the Month
@ 3:00pm

Accessibilities

For more information go to www.district10miami.org

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STEP NINE

AFFECTED DAMENDS DOWNER DEPLECT DAMENDS DEPLECT DAMENT DAM

DILEMMAS DIRECT DRINKING EXCEPTIONS FRANKNESS

HARM INJURE JUDGEMENT PURPOSE STEADY

MADE DIRECT AMENDS
TO SUCH PEOPLE WHEREVER
POSSIBLE, EXCEPT WHEN TO DO SO
WOULD INJURE THEM OR OTHERS.

INTERGROUP CONTACT LIST

aamiamidade.org

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Ian S

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Del H.

Steering Committee

Jennifer R.

Gloria P.

Manuel M.

Richard A.

Gerry O.

Trustees

Manuel N.

Founder's Day

Jonathan M.

Intergroup Banquet

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Intergroup Office

Jennifer R.

The Messenger

Office

Outreach

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Public Information

Sam H.

Twelve Step Relay

Paul R.

Maria S.

Big Service Breakfast

Co- Chair Raz S.

General Service Liaison

Jorge L.

Spanish Intergroup Liaison

OPEN POSITION

Webmaster

Office

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www.district10miami.org

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Eel A.

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Melissa L.

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Diana C.

"THE MESSENGER"

Published Monthly by

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NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

CONCEPT NINE

`Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous."

AUGUST

SOUTH DIXIE

Charlie P. 1 Lisa E. 2 Chauna J. 7

SOBER WAY OUT

Nerferlia 1 Neil P. 2 Andre B. 3 Eli H. 4 Carlos G. 5 Katie C. 5 Marc M. 6 Alex V. 9 Raina 10 Norma C. 11 Lucille G. 12 Kris S. 17 Debra J. 23 Garcia G. 28 Deborah J. 30 Pat G. 31 Charlotte N. 32 Jimmy S. 35 L.A. Rose 36

SOUTH DADE

Robert G. 2 Red 2 Surav 2 Sam 3 Richard D. 9 Sal G. 9 Shaneka 10 Drew H. 22 Tom MC 39

KEY BISCAYNE

Ruthie 8 Norma 19 Debbie C. 22 Jennifer R. 22





Please use this QR Code for your online contributions to your Intergroup Office. Please just scan the code and it will take you directly to PayPal.

No contribution counts as small. We at Intergroup appreciate your continued support!



Origin of "I am Responsible..."?

Question: Where did the phrase "I am responsible" come from?

Answer: The Responsibility Declaration was written by Al S., a former Grapevine editor and trustee of Alcoholics Anonymous for the 1965 International Convention held in Toronto. Bill W. expanded on the theme in an essay called "Responsibility Is Our Theme" for the July 1965 Grapevine.

It became a regular feature of the Grapevine shortly thereafter. The Responsibility Declaration: "I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

This goes hand in hand with the Fifth Tradtion. The long form says 'Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers."

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MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com

Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm Brickell Circle/3d Saturday @ 8:15pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

Group Anniversaries

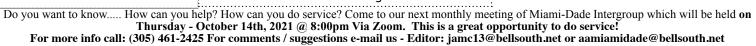
Almeria Group/Last Tuesday @ 7:30pm Bickell Circle/Last Thursday @ 8:00pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

LOOKING FOR **MEETINGS?**

Learn more at: www.meetingquide.org







Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:			
Address:			
City:	State:	Zip:	

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

