# The Messenger



**MIAMI-DADE INTERGROUP** 

<u>aamiamidade@bellsouth.net</u>

Florida - USA

**July 2021** 

4315 NW 7th St. Suite 36 - Miami, FL 33126

305.461.2425 (24 hrs)

305.461.2426 (Fax

aamiamidade.ord

## 66th Annual Intergroup Banquet

Saturday JULY 24th, 2021

> Reception - 6:00pm Dinner - 7:00pm Speake - 8:30pm Dance - 10:00pm

\$40.90 per person 6 people per table

Semi formal attire Self parking \$5.00

**Double Tree Hotel by Hilton** 711 NW 72nd Ave. - Miami, FL 33126

Modem-to-modem or face-to-face, A.A.'s speak the languane of the heart in all its power and simplicity." Big Book pg XXIV

Due to COVID-19 and the inability of the groups to meet in person we find ourselves limited to attend mostly online meetings. Even though people do contribute as per our 7th Tradition the Intergroup Office has been very affected and will be having a hard time keeping the doors open in the near future if us, the members and the groups don't contribute to keep its doors open.

Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website www.aamiamidade.org

Thank you! We can accept contributions through PayPal or Zelle under our e-mail: aamiamidade@bellsouth.net

## The Shopping Cart Mental Attitude Correcting My Neglectful Mental Shortcomings

Directionless and defeated, bankrupt in every department, ashamed of all my many failures, I drank myself into oblivion every day/night wondering if things were ever going to change and where it was all going to end. How I got to that state of decline was a mystery, after all, weren't my plans always noble. What went wrong? What went right is the question I should have been asking myself. I had painted myself into the corner of life, and the booze had come to the end of whatever comfort it had afforded me in the past. It was over for me and my flawed perception of life. Maybe I should try A.A., after all, what have I got to lose? (GOOD IDEA)

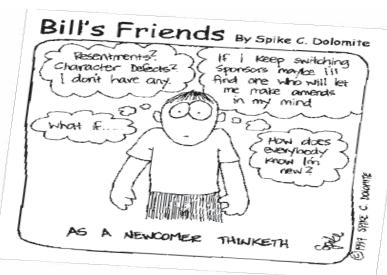
Amazed at what I heard in the meetings I was taking mental notes about how simple life was, and how my false vision of it in the past was my undoing. Maybe I should take a step back and not be in such a hurry to express my opinions, and to tell them how I do things. (GOOD START) Listening to the metaphors, similes, and clichés, was extremely helpful, in that it kept reminding me that I had to change my way of looking at things. In the past, I usually did just the opposite of the things they were suggesting. Trying to catch myself doing something that I knew to be wrong, and correcting it on the spot, became a mission for me.

One day, about forty years ago, while trying to find a parking space in a crowded lot at the market, I found one, and as I pulled into it, I found that someone had pushed a shopping cart into the flower bed, and it impaired my access. I was a little perturbed at this when it occurred to me that this is what I would have done in the past myself. Next, I removed the cart, parked my car, and returned the cart to the rack, and went on about my business. I have been doing this little discipline ever since and now, when I get out of my car, I almost always find a stray cart and return it to the Rack. This is just one of my efforts that symbolize the unselfish mental attitudes that I should have had all along. I make my bed daily, I allow drivers in front of me on the highway, and I open doors for people when the opportunity presents itself. These actions cost me nothing. Today, my conscience is clear and I no longer loath myself. This is what is important to me these days. My old selfish way of thinking would have me take every advantage to get ahead in a material way, but I would suffer in a spir-litual sense. I need to stay vigilant at that level or I may let my ego return to the driver's seat. Taking these disciplines into all my ventures of life has been a wonderful asset and I hope I never get complacent about these things.

Recently, I was handed an article from a sports newsletter written to instill character in the school sports programs and the writer commented that: "There are two kinds of people in the world, those that put the cart back in the rack, and those that make excuses for why they shouldn't have to do it." I mirthfully agree.

By Rick R.





### **Keep It Simple**

Humbly asked Him to remove our shortcomings.—Step Seven In Step Six, we got ready to give up our shortcomings.

In Step Seven, we ask God to remove them.

There is one catch.

We humbly ask God to remove them.

Being humble means we remember who we are: human beings who need God's help.

Being humble means not pretending we're God. We admit we need God's help. Being humble means seeing ourselves as we are.

We're a small but important part of God's plan. We can change much, but only God can change some things about us.

This is why we ask. Being humble is not a weakness, but a true strength.

Prayer for the Day: God, please remove my shortcomings.

Action for the Day: Throughout the day, I'll pray to God to remove my shortcomings.



Voices of Long-Term Sobriety In this collection of stories from AA Grapevine, old-timers share their wealth of experience in staying sober through good times and bad.



#### As Bill Sees It

The Reality of Spiritual Experiences, p. 182 "Perhaps you raise the question of hallucination versus the divine imagery of a genuine spiritual experience. I doubt if anyone has authoritatively defined what a hallucination really is. However, it is certain that all recipients of

spiritual experiences declare their reality. The best evidence of that reality is in the subsequent fruits. Those who receive these gifts of grace are very much changed people, almost invariably for the better. This can scarcely be said of those who

hallucinate.

"Some might think me presumptuous when I say that my own experience is real. Nevertheless, I can surely report that in my own life and in the lives of countless others, the fruits of that experience have been real, and

the benefactions beyond reckoning.

Talk, 1960

#### Pride - Humility - Shame The Golden Rule of Life

Most alcoholics come to Alcoholics Anonymous (A.A.) with their own interpretation of many of the words we hear bandied about in the meetings and I am no exception. Words like Love, Honesty, Spirituality, Unselfishness, and Humility, for a few. I fumbled around with the program as best I could with my faulty, misguided, egocentric way of thinking, but I was never satisfied until I had resolved every one of those issues, as best I could, and it turns out that most of my new ideas are almost the opposite to my ·old way of thinking. Love, for our purpose, means caring for and nurturing another person, and not necessarily that version we see on the movie screen. Honesty, to me, means Devoid of all motives to deceive and not just the act of not telling lies. Spirituality and Unselfishness would require a much deeper explanation and for this essay I want to address, the often talked about and just as often unresolved word, Humility. The final piece of the puzzle came to: me when in my 22nd year of sobriety, I was on the phone with a man who was trying to engage me in an argument, and when he realized, I was not going to bite, he fired his last volley by saying: "Well, I have heard stories about you," and you're no angel." I thought about it for a few seconds and replied," I've done a lot of things in my life that I'm not Proud of, but I'm not Ashamed of anything that I've done in the past 22 years. The phone call ended peacefully.

Several years later, in a step study meeting on \*step seven the topic was Humility as it usually is when we study step seven. I remembered that phone call and realized that Pride was not the opposite of Humility that Pride was the opposite of Shame and that Humility fell Quietly in the middle of the two. I concluded that I should not be proud of, or ashamed of the things I do and that I should be in the middle somewhere. This applies to my receiving as well as my giving. Aristotle referred to this as" The Golden Mean." To me this means finding the Mean between the extremes and exercising it until it becomes second natured.

I have known some humble people, in and outside. of the program, and they have some things in common: 'They seldom bring attention to themselves, they never •criticize others, they are always comforting, and they are always an asset and never a liability. Humble people do the things they were taught as a child. They treat others with respect. I learned the Golden Rule in church, but I was never strong enough to live by it. If you are not sure what you are supposed to be doing, Read the Saint Francis Prayer in the 11th Step in the 12&12 or try practicing The Golden Rule. That should be a good start. When I found ·Alcoholics Anonymous, I was reintroduced to these values and helped to rein in my ego, and today I am at peace with myself and with others. With respect to my decision making and my behavior, I find that the program, and most: other philosophies of life, are based on unselfish princi-•ples and if I am sure that the motives, for what I do, are selfless, I have nothing to be ashamed of, but; does this mean that I have something to be proud of in these cases? It then occurred to me that unless I personally created the principle that I based my decision on, I can take no credit for that decision. For the life of me, I cannot remember one principle that I created myself, however, all my decisions are based on unselfish principles, and I feel good on the inside these days, and furthermore, I am not proud of •anything, No Awards or Metals necessary, thank you.

By Rick R.:

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## THE MESSENGER



REUNIONES VIRTUALES EN ESPANOL

WWW.AAMIAMIDADE.ORG

**GRUPOS:** 

VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA NORTH MIAMI GROUP

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup por favor enviar e-mail a aamiamidade@bellsouth.net o llamar al 305.461.2425 con su informacion.

#### Pasos 6 y 7 de Bill W.



Sin ningún temor encaré mis pecados y estuve dispuesto a que mi recién enctontrado Amigo (Dios) me los quitara de raíz. Desde entonces no he vuelto a beber ni una sola copa.

#### SEPTIMA TRADICION

"Un grupo de A.A. nunca debe respaldar, financiar o prestar el nombre de A.A. a ninguna entidad allegada o empresa ajena, para evitar que los problemas de dinero, propiedad y prestigio nos desvíen de nuestro objetivo primordial."

#### **SEPTIMO CONCEPTO**

"La Conferencia reconoce que el Acta de Constitución y los Estatutos de la Junta de Servicios Generales son instrumentos legales; que los Custodios están por consiguiente totalmente autorizados para gobernar y dirigira todos los asuntos del servicio mundial de Alcohólicos Anónimos. Se entiende además, que el Acta de la Conferencia en sí no es un instrumento legal; más aún, que se apoya en la fuerza de la tradición y en la fortaleza de las finanzas de A.A. para su efectividad en último término."

#### SEPTIMO PASO

"Humildemente le pedimos que nos liberase de nuestros defectos."

#### **FAITHFUL FIVER MEMBERS** Yes, I want to participate in the Faithful Fiver Club! Contribution information: Date: Amount: \_\_\_\_\_\_ Monthly: \_\_\_\_\_ Quarterly: \_\_\_\_\_ Annually: \_\_\_\_ (Note: No A.A. member can contribute more than \$3,000 per year) I am a new Member: \_\_\_\_\_ Current Member: \_\_\_\_\_ Returning Member: \_\_\_\_ Check Enclosed: \_\_\_\_\_ Name: \_\_\_\_\_ Address: \_\_\_\_\_ \_\_\_\_\_\_ State: \_\_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel: \_(\_\_\_\_\_)\_\_\_ Yes, I would like my name to be added in "The Messenger." No, I would like to remain anonymous For Credit Card recurring contribution information please call the office at: 305.461.2425 "Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic.'

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated. 8 Anonymous.

#### COMMITTEE MEETINGS:

#### **GS DISTRICT 10 Monthly Business Meeting**

1st Tuesday of the month at 7:30pm at the CG Congregational Ch. 3010 De Soto Blvd., CG \*\*\*\*\*\*\*

#### **GS DISTRICT 10 Corrections Committee**

4th Thursday of the month @ 8:00pm at Sabal Palm Room 10102 SW 107th Av., 33176 \*\*\*\*\*\*

#### Miami FCYPAA Host

2nd & 4th Sunday of the mont @ 1:30pm at the Lambda Miam 28 📭 54

#### ves Committee

sday of the month @ 6:30pm - Sunset Room 6999 N. Waterway Dr. \*\*\*\*\*\*\*

#### **Remote Communities**

3rd Sunday of the month @ 10:00am at Little River Club 51 NE 82nd Tr. \*\*\*\*\*\*

#### Accessibilities

3rd Tuesday of the month @ 7:15pm Upper Room 811 NE 125th St. # 111 - NM \*\*\*\*\*\*

#### **GS DISTRICT 10 Grapevine Committe**

1st Wednesday of the month @ 7:15pm Upper Room 822 NE 125th St. # 111 North Miami, FL 3316

## GS DIS

Literal e the month დ **ა**:00pm A Metodista Unida Ponce de Leon Blvd. \*\*\*\*\*\*\*\*

#### Meetings at the **CORAL ROOM**

1100 Ponce de Leon, CG 305.446.9558 \*\*\*\*\*\*

#### **GS DISTRICT 10** PI/CPC

4th Saturday of the month @ 3:00nm

#### **Treatment Committe**

3rd Saturday of the Month @ 3:00pm \*\*\*\*\*\*

For more information go to www.district10miami.org



verything you want to Know about being a GSR in 2 hour Area 15 South Florida Outreach Committee Jul 10, 2021 9:30 AM EST Zoom Meeting ID: 929 4576 3855 Passcode: gsr

#### INTERGROUP CONTACT LIST

aamiamidade.org

Chairman

Ian S.

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Del H.

#### **Steering Committee**

Jennifer R.

Gloria P.

Tamara K.

Richard A.

Gerry O.

**Trustees** 

Manuel N.

#### Founder's Day

**OPEN POSITION** 

#### **Intergroup Banquet**

Ian S. (Chair)

Jose S. (Co-Chair)

#### **Intergroup Office**

Jennifer R.

#### The Messenger

Office

Outreach

OPEN POSITION

**Public Information** 

Sam H.

**Twelve Step Relay** 

Jenn G.

#### **Big Service Breakfast**

Co- Chair Raz S.

**General Service Liaison** 

Jorge L.

Spanish Intergroup Liaison

**OPEN POSITION** 

Webmaster

Office

## GENERAL SERVICE CONTACT LIST

www.district10miami.org

Chairman

Ric B.

#### **Alternate Chairperson**

Regina F.

Treasurer

Sara G.

Registrar

Mario P.

#### **Recording Secretary**

David M.

**Archives** 

Anna G.

Corrections

Kathleen K.

#### **Current Practice**

Gerry S.

Grapevine

Ken T.

#### **Gratitud Dinner**

Pablo B.

#### **Intergroup Liaison**

Iliana K.

Literature

Carl L.

PI/CPC

Eel A.

#### Accessibilities

Melissa L.

**Treatment** 

Dulli H.

#### **Big Service Breakfast**

Al P.

District 17 Liaison

OPEN POSITION

**Remote Communities** 

Andrea L.

#### Webservant

Diana C.

#### "THE MESSENGER"

Published Monthly by

#### **MIAMI-DADE INTERGROUP**

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#### **NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

## Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

#### **CONCEPT SEVEN**

"The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empow- ered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness."

#### JUNE

#### **SOBER WAY OUT**

John R. 2 Paco 3 Graciela P. 4 Robert L. 5 Freddie D. 7 Alesia M. 7 Lina 11 Ricardo M. 13 Patrick 17 Wilfredo 19 Darnell T. 20 Judy B. 33 Karen W. 34 Richard W. 46

#### **PALMETTO BAY**

Santana 1 Ralph 1 Sheila W. 5 Dave S. 8 Suzy H. 18 Ivette McC. 20 Robin L. 28 Carnie Joe 30 Mark C. 35 Carolyn 37

#### **SOUTH DADE**

Stacv 1 Savanna S. 2 Matt 3 Sheila 5 Dal 9 Donna 9 Christina 9 Miguel A. 9 Fernando 12 Suzy H. 18 Ivette Mc. 20 Patricia 26 Lainie 26 Rob S. 30 Noel G. 35 Rusty 37 Carolyn 37

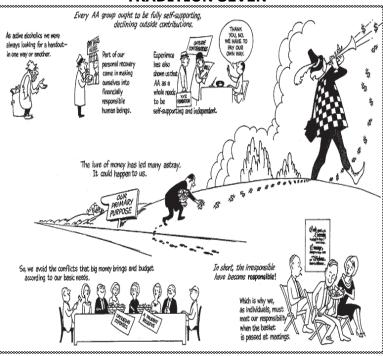


Please use this QR Code for your online contributions to your Intergroup Office.
Please just scan the code and it will take you directly to PayPal.

No contribution counts as small. We at Intergroup appreciate your continued support!



#### **TRADITION SEVEN**





#### MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com



#### **Take Me To Your Sponsor**

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh.
In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.

#### Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm Brickell Circle/3d Saturday @ 8:15pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Ouinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

#### **Group Anniversaries**

Almeria Group/Last Tuesday @ 7:30pm Bickell Circle/Last Thursday @ 8:00pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday

## LOOKING FOR MEETINGS?

Young, Sober and Free/Last Sunday

Learn more at: www.meetingguide.org



Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - August 12, 2021 @ 8:00pm Via Zoom. This is a great opportunity to do service!

Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:			
Address:			
City:	State:	Zip:	

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

#### HELP US CARRY THE MESSAGE!!!

