

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

June 2021

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

66th Annual Intergroup Banquet

**Saturday
JULY 24th, 2021**

**Reception - 6:00pm
Dinner - 7:00pm
Speake - 8:30pm
Dance - 10:00pm**

**\$40.00 per person
6 people per table**

**Semi formal attire
Self parking \$5.00**

**Double Tree Hotel by Hilton
711 NW 72nd Ave. - Miami, FL 33126**

**Modem-to-modem or face-to-face, A.A.'s speak the language of the heart
in all its power and simplicity." Big Book pg XXIV**

• Due to COVID-19 and the inability of the groups to meet in person we find ourselves limited to attend mostly online meetings. Even though people do contribute as per our 7th Tradition the Intergroup Office has been very affected and will be having a hard time keeping the doors open in the near future if us, the members and the groups don't contribute to keep its doors open.

• Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website:
www.aamiamidade.org

• Thank you! We can accept contributions through PayPal or Zelle under our e-mail: aamiamidade@bellsouth.net

The Rocks, the Stones, and the Pebbles My conscience would never let me rest.

Coming to Alcoholics Anonymous from a pit of despair was the best decision I have ever made. My life up to that point was in shambles and I was desperate enough to seek outside help. Understanding the part that alcohol played in my life, up to that point, was difficult but I knew that if I did not get a grip on reality, I was going to self-destruct, and the progression of the problem was like going ninety miles an hour down that dead end street. Hope was established immediately as I was introduced to the possibility that I could be restored to a life that was free of the mental torment that I had been experiencing since childhood. The answers to all my problems came in the form of a Profound Change of Perception concerning how I perceived myself. Without discipline or structure in my upbringing, I was insecure and afraid that I would never meet up with the standards of my peers and as the results of that way of thinking, I developed a dishonest and selfish lifestyle which eventually caught up with me in the form of a guilty conscience. My drinking solved that problem for a time but when the tolerance for alcohol wore off, I found myself back in that pit of despair. When I looked in the mirror, I hated what I saw, and I could no longer drink it away. Like everyone else, when introduced to the program, I first had to stop the (emotional) bleeding by dealing with the current issues that I had been neglecting such as: pay the rent, pay the traffic ticket, clear the beer cans off my dresser.... Then I could give the steps of the program the attention they would need if I wanted the relief that they promised. With a new attitude of willingness, I was already getting rid of many of the obvious habits of dishonesty, neglect, irresponsibility, and the like. Next, I was faced with my biggest challenge which came in the form of The Wreckage of the Past that many refer to as a Sack of Rocks. If we ever want to be free of the guilt and the shame CAUSED BY the regrettable memories that we have been harboring, in our conscience, we will have to address these issues when we become strong enough. My sack contained a few Rocks that were obvious, a handful of Stones, and abundance of, less threatening, Pebbles that were not that obvious to me at the time. Addressing steps 4, 5, 8, and 9 concerning these issues became my greatest challenge and my first instinct was to skip over the most embarrassing memories. That Idea, I think, is common in many of us, when first faced with reparation process. I gave it my best shot at first but left out a few of the Rocks due to my ego, but my conscience would never let me rest. Later, when, as the result of the progress I had made in the program, I became stronger and had the determination to revisit those more glaring issues and clean the slate. Had I not done that, I believe the rest of the program would have been a shallow façade and I would never have attained the peace of mind that I enjoy today. The Stones were the things that got most of the attention as I did the steps initially. As I became stronger, I took that leap of faith and tackled the Rocks. After cleaning up those issues, the rest of the program became easy. No more denial and much more peace of mind. So, I am finished, Right? Not so fast there Huckleberry! Now I become aware of the less threatening pebbles in the form of the selfish motives in my day-to-day decision making which I will gladly correct, one pebble at a time as I become aware of them and it is a Joy to rid myself of the things that used to plague me and today, life is good.

By Rick R.

A.A. QUOTES

A.A. has a wrench to fit every nut.

A.A. is education without graduation.

A.A. is like riding a bike - you can coast for awhile but if you don't start pedaling, you'll soon fall on your ass.

A.A. is not for people who need it, but for people who do it.

A.A. is not for people who need it, but for people who want it.

A.A. is the easier, softer way.

A. A. is the last stop on the train.

A.A. may not open the gates of heaven and let me in, but it sure opened the gates of hell and let me out.

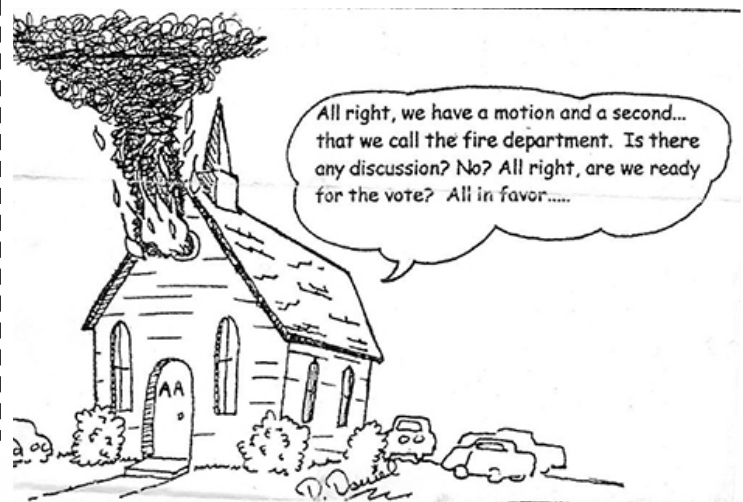
A.A. may not solve all your problems but it is willing to share them.

A.A. spoils your drinking.

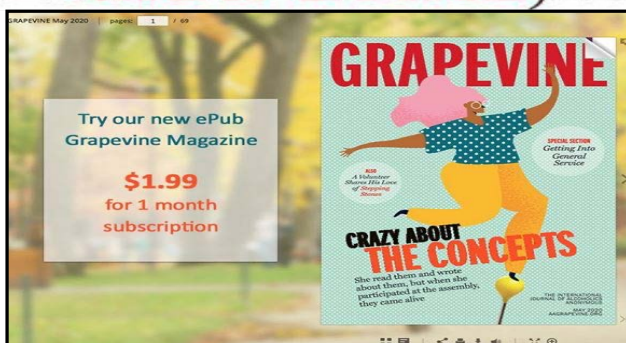
A bad conscience has a very good memory.

A head full of AA and a belly full of booze ruins your drinking.

Accept that some days you are the pigeon and some days you are the statue.



AAGRAPEVINE, Inc.



Cliff S. of Newark, N.Y. says that while nobody graduates in AA, we all can earn a degree. . . DD. . . Dormant Drunk. It requires no great intelligence; the only IQ you need is. . .
I Quit!



WEST MIAMI GROUP HARMONY ROOM ANNOUNCEMENT

Effective June 8th, 2021

THE WEST MIAMI GROUP- HARMONY ROOM ANNOUNCES THE RE-OPENING OF its ROOM
LOCATED AT:

7221 SW 24 STREET (CORAL WAY) SUITE #205

MIAMI, FL. 33155

THE FOLLOWING MEETINGS IN PERSON – ONLY (NOT HYBRID)

- TUESDAY 8:30 STEP SERIES
- THURSDAY 7:00 STEP SERIES
- FRIDAY 8:30 DOUBLE SPEAKER (last Friday of the month - b/day night)

THE FOLLOWING MEETINGS WILL BE ON ZOOM ONLY

- WEDNESDAY 7:00 WOMEN'S
- WEDNESDAY 8:30 BIG BOOK
- SATURDAY 2:00 AS BILL SEES IT
- SUNDAY 3:00 DAILY REFLECTIONS

MEETING ID: 867 7431 6785

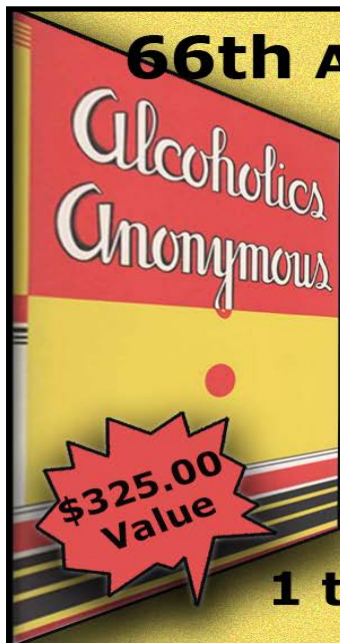
PASSWORD: 823405

"Aren't people funny?" "Yes. If you tell a person that there are 270,678,934,341 stars in the universe, he'll believe you. But if you tell an alcoholic to stay away from "that first drink," he has to make a personal investigation

The Road to Mental Freedom Understanding Steps Six and Seven

Since the day I entered the program, I have had an insatiable appetite for learning all I could about the disease of alcoholism and having completed a very thorough fourth and fifth steps, and examining my motives for everything I did, in steps sixth and seven, It occurred to me that most of my problems in life involved my interfacing with, "Those Other People." As I got further into the steps and started to process each and every one of these inter actions, it became apparent to me that the basic cause of my discontent was, low self esteem and that, until I resolved that, there would be very little peace of mind. I had to get right with everyone. They say that understanding is the key to right living, and I read just about anything I can get my hands on, about these issues, that reinforce the principles we learn in the A.A. program such as; Emmet Fox's Sermon on The Mount, and others including, Scott Peck's, The Road Less Traveled, Ernest Kurtz and Kathleen's Ketchum's The Spirituality of Imperfection, Max Ehrmann's poem, Desiderata, and the like. This kind of reference material helps me to get a better perspective on how to reduce the obstacles that stand in the way of my ability to solve these problems. I have to be willing to get right with "every human being I know" as suggested in step eight. (12&12) Scott Peck describes the word Love as: Caring for and nurturing another person's soul. I now look at Love as a verb and not a noun. You can love someone that doesn't love you back when you use this definition and as the result, I truly wish the best for every human being I know and offer help and guidance when I can. I become their best advocate. If I want to heal, I must look deeper and try to understand that other person and be strong enough to, first, reign in my ego, then to realize that the other person may be reacting to my adversarial position. Finding ways of removing my own judgmental attitudes opens the door to love and compassion. Today, I can love everyone by simply giving them the respect and acceptance that I would want for myself. After doing my best to adopt this plan of action over the years, I can only say that nothing that I have ever done, with respect to Those Other People, has been more rewarding than this approach. I have, to the best of my understanding, stopped judging others by their outside behavior and have the strength to look deeper. When I do that, I usually find a person, not too different from myself, trying to protect himself from his fears, and I just can't bring myself to pile on and compound his pain. My heart goes out to him and I don't have to deal with regrets later on. My ego is neutralized as I come to understand his troubles. The greatest gift I receive from all of this is that, as I apply this to all of Those Other People, I seem to allow myself the same latitude without even expecting it since at one time, I was That Other Person. Self forgiveness and peace of mind seems to be the natural result of my efforts. I can accept everyone just as they are and not mess with God's work.

by Rick R.



66th Annual Miami-Dade Intergroup Banquet

BIG RAFFLE!

1948 - FIRST EDITION "BIG BOOK"

12th Printing

Winning ticket to be drawn at Banquet

Doubletree Hotel by Hilton on July 24th, 2021

NEED NOT TO BE PRESENT TO WIN

1 ticket for \$5.00 or 3 tickets for \$10.00

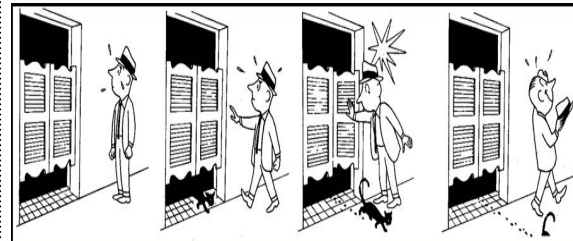
SEXTO PASO EL VERDADERO CAMBIO

Un adolescente en vacaciones. Así me sentía después de haber terminado mi Quinto Paso. Libre de culpas, de responsabilidades, de obligaciones y de tareas "escolares". Una enorme sensación de libertad me envolvía junto con otra sensación de... "Lo peor ya pasó". Con una sobriedad militante en mi grupo base a ultranza y siendo fiel a los principios más elementales de AA, disfrutaba y agradecía por el momento en que estaba atravesando. Pero al mismo tiempo sentía una sana envidia por los que me habían visto llegar al programa y que en su mayoría eran los servidores de confianza del grupo. Había que ver con que frialdad hacían gala de sus experiencias y se defendían con las tradiciones, como no se alteraban en las reuniones de trabajo y cómo no se envolvían en discusiones estériles que no conducían a ningún lado. Si, la situación era igual que cuando me iba de vacaciones con mis padres y envidiaba a los muchachos mas grandes porque tenían novia, porque el padre les prestaba el automóvil o porque no tenían que estar a una hora determinada en sus casas cuando salían de noche. Era el mismo patrón de conducta: sentía envidia y quería tener lo que ellos tenían.

Habría sido casualidad o no cuando me cayó en mis manos un 12 y 12 que abrí al azar y leí: "Este es el paso que separa a los hombres de los muchachos". El mensaje era claro y directo y no dejaba lugar a dudas: hacer el sexto paso para crecer de una vez por todas. Porque mi documento de identidad daba una edad cronológica que no coincidía para nada con mi edad emocional de aquellos días. Emocionalmente era un adolescente. Comencé a escudriñar entonces mis defectos de carácter. Pereza, Avaricia, Lujuria, Ira, Envidia, Gula y Orgullo. Y empecé a trabajar sobre ellos con la misma avidez con que había hecho años atrás mi Primer Paso. Sabía que no iba a quedar Blanco como la Nieve pero que el sentido de este ejercicio era tratar y tratar para después tratar de nuevo hasta falsificar el sentimiento de haber vencido al Defecto de Carácter hasta que fuera cierto. Pero que si no existía el intento acompañado de un esfuerzo y presentando a las excusas de siempre para no hacer las cosas (postergación), escuchar a mis detractores en el grupo que a los que me querían o adulaban. Esos odiosos maestros de tolerancia me marcaban el rumbo para conocerme mejor y saber sobre mis cualidades y mis limitaciones. Esto, por supuesto fue sugerencia de mi padrino, de mi nunca hubiera nacido escuchar mas a los "apedreadores" de siempre.

Este fue el paso mas largo que me tocó hacer y es el día de hoy que vuelvo a él cada vez que quiero encontrar la explicación real a los problemas que me aquejan. Estar encima y pendiente de los 7 Defectos de Carácter son la clave para mantenerlos bien pequeños y que no se desarrollen para que no me ahoguen. De más esta decir que recomiendo hacerlo. De más esta decir que todavía pido ayuda para poder trabajar sobre mis defectos. Y vaya si lo hago.

Anónimo



SEXTA TRADICION

"Un grupo de A.A. nunca debe respaldar, financiar o prestar el nombre de A.A. a ninguna entidad allegada o empresa ajena, para evitar que los problemas de dinero, propiedad y prestigio nos desvíen de nuestro objetivo primordial."

SEXTO CONCEPTO

"En nombre de A.A. como un todo, nuestra Conferencia de Servicios Generales tiene la responsabilidad principal del mantenimiento de nuestros servicios mundiales y tradicionalmente tiene la decisión final respecto a grandes asuntos de política general y de finanzas. Pero la Conferencia reconoce también que la principal iniciativa y la responsabilidad en la mayoría de estos asuntos, deben ser ejercidas en primer lugar por los Custodios, cuando actúan como Junta de Servicios Generales de Alcohólicos Anónimos."

SEXTO PASO

"Estuvimos enteramente dispuestos a dejar que Dios nos liberase de nuestros defectos."

REUNIONES VIRTUALES
EN
ESPANOL

WWW.AAMIAMIDADE.ORG

**GRUPOS:
VIVIENDO SOBRIO
CORAL GABLES
LA GRAN MANZANA
NORTH MIAMI GROUP**

Si necesitan postear sus
reuniones virtuales en
el website de

Miami-Dade Intergroup
por favor
enviar e-mail a
aamiamidade@bellsouth.net
o llamar al
305.461.2425
con su informacion.

**INTERGROUP
CONTACT LIST**

aamiamidade.org

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Vice-Chair

Raz S.

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Del H.

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Tamara K.

Richard A.

Gerry O.

Trustees

Manuel N.

Founder's Day

Jonathan M.

Intergroup Banquet

Ian S. (Chair)

Jose S. (Co-Chair)

Intergroup Office

Jennifer R.

The Messenger

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Twelve Step Relay

Jenn G.

Big Service Breakfast

Co- Chair Raz S.

General Service Liaison

Jorge L.

Spanish Intergroup Liaison**OPEN POSITION****Webmaster**

Office

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www.district10miami.org

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Dulli H.

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Al P.

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Andrea L.

 Webservant

Diana C.

"THE MESSENGER"

Published Monthly by

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NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

CONCEPT SIX

"On behalf of A.A. as a whole, our General Service Conference has the principle responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous."

MAY

PALMETTO BAY

Javier C. 1
Chris B. 2
Maria B. 7
Kathy P. 12

SOUTH DADE

Jaime SN 9
Henry 12
Sal 13
Mary Q. 22
Roxanne M. 23
Victor C. 26
Bonnie N. 29
Gale 40
Chuck C. 48

SOBER WAY OUT

Jimmie M. 2
Robert J. 5
Robert P. 6
Brian M. 7
Veronica D. 7
Joel B. 10
Billy M. 10
Keila 11
Allie S. 17
Lisa P. 28
Fredrick R. 32

SOUTH DIXIE

Jorge M. 1
Bill W. 4
Jim S. 7
Ric B. 26
Beverly C. 31

Please use this QR Code for your online contributions to your Intergroup Office. Please just scan the code and it will take you directly to PayPal.

No contribution counts as small. We at Intergroup appreciate your continued support!



Scan. Pay. Go.

Definition of Fear

I was about a year sober, really working the program and attending meetings almost daily in N.C. and Miami. I was feeling pretty good, even while walking through some of life's natural rough spots while caring for my elderly parents.

I kept having these short but severe fears, i.e. that I lost my keys or my checkbook or my cell phone, etc. My mind was continually getting worn out with the spinning reels of "what if". I knew it was not rational but I was unable to control it. My sponsor suggested that I just accept this trait in myself.

One day I heard a definition of fear as "the unwillingness to accept pain." Well, that did it for me. I knew better than to be unwilling.

Today, when the fears crop up as they often still do, I am able to remind myself to trust God. The fear no longer makes it from my mind to my heart.

Toni W., Rocky Mount, N.C.

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Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
Brickell Circle/3d Saturday @ 8:15pm
Coral Gables Group/3rd Thursday @ 7:00pm
Good Morning Group/3rd Friday @ 11:00am
Happy 1060 Group/3rd Sunday @ 11:45am
Happy Hour Group/ 3rd Thursday @ 6:35pm
Homestead Group/3rd Tuesday @ 7:00pm
Lincoln Road YP/3rd Sunday @ 7:00pm
Little River Group/2nd Sunday @ 7:00pm
Miami Young People/3rd Saturday @ 7:00pm
Mix Nuts Group/1st Monday @ 9:30pm
New Beginner's # 2/2nd Thursday @ 7:30pm
Night Owl Group/2nd Sunday @ 7:00pm
North Miami Group/Last Wednesday @ 7:15pm
Palmetto Bay/3rd Wednesday @ 6:35pm
Primary Purpose/Last Wednesday @ 6:45pm
Quinto Paso/1st Monday @ 7:00pm
Sabal Palm/3rd Thursday @ 7:00pm
Sober Way Out/3rd Sunday @ 7:00pm
Something Happens/1st Saturday @ 10:00am
South Dade Group/3rd Wednesday @ 7:00pm
South Dixie Group/2nd Sunday @ 12:15pm
Sunset Group/2nd Friday @ 7:00pm
West Miami Group/3rd Tuesday @ 7:00pm
We Stopped in Time/1st Monday @ 9:35pm
Young, Sober & Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm
Bickell Circle/Last Thursday @ 8:00pm
Coral Gables Group/Last Monday @ 8:00pm
Grupo Central/Last Sunday @ 1:00pm
Good Morning Group/Last Friday @ 10:00am
Happy 1060 Group/Last Sunday @ 10:45am
Happy Hour Group/Last Friday @ 5:30pm
Homestead Group/Last Thursday @ 8:30pm
Key Biscayne Group/Last Friday @ 8:30pm
Killian Pines Group/Last Friday @ 8:00pm
Lincoln Road YP/Last Sunday @ 7:00pm
Little River Group/Last Wednesday @ 8:30pm
Miami Springs Group/Last Monday @ 7:30pm
Miami Young People/Last Saturday @ 8:30pm
Mixed Nuts Group/Last Monday @ 8:30pm
North Miami Group/Last Friday @ 8:30pm
Palmetto Bay Group/Last Saturday @ 5:30pm
Plymouth Group/Last Wednesday @ 7:00pm
Primary Purpose/Last Saturday @ 8:30pm
Sabal Palm Group/Last Sunday @ 7:00pm
Shamrock Group/Last Tuesday @ 8:30pm
Sober Way Out/Last Friday @ 8:30pm
Something Happens/Last Saturday @ 9:00am
South Dade Group/Last Friday @ 8:30pm
South Dixie Group/Last Saturday @ 7:30pm
Sunset Group/Last Friday @ 7:30pm
West Miami Group/Last Friday @ 8:30pm
We Stopped in Time/Last Monday
Young, Sober and Free/Last Sunday

MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems?

Please invite them to our new 7pm

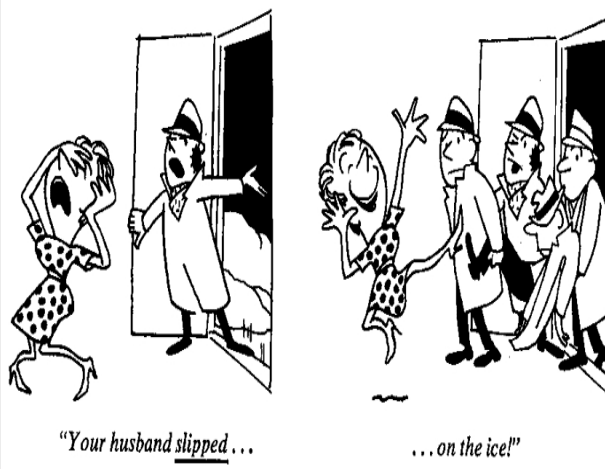
Sunday Russian-speaking

Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
Ft. Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com



Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh.

In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.



TAKE ME TO YOUR SPONSOR
From Sobriety & Caricatures
From AA Grapevine

LOOKING FOR MEETINGS?

Learn more at:

www.meetingguide.org



Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - July 8th, 2021 @ 8:00pm Via Zoom. This is a great opportunity to do service!

For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

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This Publication Belongs To You!

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for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

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