The Messenger



MIAMI-DADE INTERGROUP

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Florida - USA

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aamiamidade org

God Leaves the Door Open for Everyone No Need to Overthink This Issue

The Alcoholics Anonymous (A.A.) program is open to anyone that has a desire to stop drinking. It makes no difference if you are an atheist, agnostic, Buddhists or a member of one of the vast number of religions in the world. All of us have the same opportunity to get well through the steps. They were fashioned that way to ensure that no alcoholic is left out. We embrace everyone that walks through that door. If step two had been written to say, "Came to believe that God", rather than, "a Power greater than ourselves." could restore me to sanity, I wonder if A.A. would have succeeded in the way that it has, especially when we consider the problems that the Oxford group had with this issue. I have seen people talking of religion, and others that were irritated with any talk of God, yet we still hold hands at the end of the meeting and say a prayer and everyone leaves the meeting feeling a little better. I personally know priests and ministers in the program, and they seem to adjust to the diversity of the landscape. I wish that it could be simpler for each person, but there are no two people that are identical in this matter. Speaking for myself, if I wanted to be freed from the deadly obsession of alcoholism, I had to trust the guidance of the two books that are suggested, and the leadership of the more experienced members of the group, to come to terms with a concept of a power greater than myself. I was the one in the Twelve Steps and Twelve Traditions (12&12) that "tried religion and had found it wanting". I also read that, "even the militant atheist got through the hoop with room to spare". I did not believe in the God of the religionist, in the same way, that I thought, they did, but I did not think I was an atheist either. The Power Greater than myself option, was a good start for me. Something happened to me within minutes after arriving at my first introduction to three people, sitting on a bench in the front yard of a little house \S in Los Angeles, where they held their meetings, and I the obsession to drink was gone, and I have not had, nor wanted, a drink since then. You might call that a miracle, and you might be right, depending on your definition of a miracle, but it came to me as a profound Change of Perception brought about by the Love, Understanding and Compassion I sensed as thev welcomed me.

These experiences were a great way for me to start, but NOW, WHAT ABOUT PRAYER? Who or what do I pray to? I heard about doorknobs and icons, the ocean, and other such things but that way of thinking did not set well with me. I did not want to be too glib about such an important matter. Then I noticed that, in step two, it did not say that I had to believe in anything, only that I had to believe that a power greater than myself, could restore me to sanity. The collective wisdom of the A.A. program and the people in it have been the

framework for my faith in a higher power. The experience that I had in that front yard, fifty-one years ago, was all I needed to know to get on with the rest of the program.

I pray to God every day to show me what to do and to give me the strength to do it and I still do not know for sure, who or what God is. I use the word God, only to describe the spiritual influence that A.A. has had on this drunk. I pray to God as I understand God, and he expresses himself in my consciousness, the only thing left for me to do is to separate the wheat from the chaff.

By Rick R.

It is easy to let up on the spiritual program of action and rest on our laurels. We are headed for trouble if we do, for alcohol is a subtle foe. We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition. Every day is a day when we must carry the vision of God's will into all of our activities. "How can I best serve Thee—Thy will (not mine) be done." These are thoughts which must go with us constantly. We can exercise our will power along this line all we wish. It is the proper use of the will.

Much has already been said about receiving

God,

I offer myself to Thee - To build with me and do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy Will always.

Due to COVID-19 and the inability of the groups to meet in person we find ourselves limited to attend mostly online meetings. Even though people do contribute as per our 7th Tradition the Intergroup Office has been very affected and will be having a hard time keeping the doors open in the near future if us, the members and the groups don't contribute to keep its doors open.

Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website: www.aamiamidade.org

Thank you! We can accept contributions through PayPal or Zelle under oour e-mail: aamiamidade@bellsouth.net

MY FAITH FLICKERED ON AND OFF

And then awareness came back in the joy of being alive and of seeing beauty again - The Search for Spiritual Experience.

WHEN I was very small, about six, I frequently had the idea that it might be disastrous if I fell asleep—I might stop breathing, and then I would surely die. Many years later, when groping for some concept of a higher power—something I could believe in, above and beyond the chaos of my own personal life—I experienced a new concept of God as an ever-present, intelligent, loving force that would keep me breathing all night, even though I let go, even though I never tried to use my own mind or muscle to save myself. My Creator, I decided, would sustain me. Understanding God was not necessary to save my life. Letting go, trusting Him, was necessary. This belief did not come to me without struggle. At the age of twenty, I had a serious case of diphtheria, and it nearly terminated my short life. Formerly healthy and happy for the most part, I under went heart and nerve damage which made me a semi-invalid for a couple of years. The man I was engaged to became discouraged and married another woman.

This incident (or catastrophe) made me cry out in despair to whatever gods there might be. Always a lover of natural beauty, I suddenly turned away from the God of bird-song, of starlight, of golden dawn. These messages of bright promise now mocked me. I saw myself sick, alone, deserted. Fate (or God, I thought) had mistreated me. What a good excuse for the heavy drinking that began later on! All this disappointment led to the inability to eat sanely or manage normal digestion, and thereby to ulcers.

The doctor and I worked on this problem for years. Only much later did I realize that no amount of trying or demanding or conniving could help my stomach. I couldn't turn my food into blood and muscle and bone. But there was an intelligent power within me which could—if I let it. During my drinking years, my faith in God flickered on and off in a pathetic fashion, and eventually the disease gained the upper hand and alcohol ruled supreme over my entire life. At my first AA meeting, I prayed for help, and my craving for alcohol was lifted from me like some horrible burden.

A month later, while taking a walk, I stopped to gaze down at a huge ivy leaf, and tears came to my eyes. It was back—my conscious awareness of God, the joy of being alive, of seeing beauty again.

God as the ever-present intelligence and love within people and animals and all the leaves on every tree—this is a joyous concept too big for me to explain or even grasp. But if we are patient and willing and live by AA principles, we do receive the gift of conscious contact, of awareness, and we can feel that Something Greater which keeps the stars in their orbits and peace in our hearts.

D.C.

Los Angeles, CA

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Don't look up. Look in, for if God is not within, there is very little chance of getting results by looking up.



Favorite Drink
A BEGINNER was asked
what had been his favorite
drink. "Brother," he said,
"I didn't have any
favorite drink.
I'd drink anything

that was too thin to chew!"

When you get to the end of your rope, tie a knot and hang on to A.A.



The eight year old son of a
California AA father was
asked
by the teacher to spell the
word "straight."
"S-T-R-A-I-G-H-T-!" quoth
Junior promptly.
"That's fine, Junior!"
beamed the teacher
"Now can you tell us
what the word
"straight" means?"
"Certainly," replied
Junior. "Without
soda!"

Accept the Things We Cannot Change 95% is OK with me.

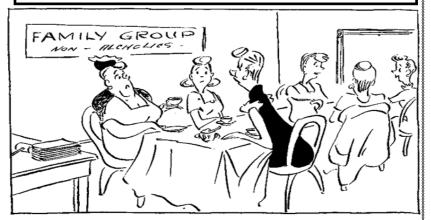
About 90% of the Alcoholics Anonymous (A.A.) meetings that I attend close with the Serenity Prayer. God grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference, amen. There are a lot of words synonymous with Serenity and they all amount to what I would call, Peace of Mind. On page 417 in the book Alcoholics Anonymous (Big Book) it says "And, Acceptance is the answer to all of my problems today.) Bingo!! So why has it taken me so long to settle on this simple sentence? The desire to drink alcohol was lifted from me from my very first meeting in A.A. and it has never returned. Prior to that, from the moment I woke up each morning until I got my first drink, I was an emotional wreck. The absence of that mental obsession to drink freed me up and I was highly influenced by the collective message of the meetings that I attended. Over a long period of time, I started to recognize the cause and effect of my defects and shortcomings, and I began to address these issues with the help of the members of my group that seemed to have the answers for me. Dealing with the wreckage of the past and being in an environment where we talked about these issues made my journey much easier than I thought it would be. I had to deal with a failed marriage, child support, parenting issues, legal matters, and an assortment of life issues that stem from my neglect and irresponsibility. One of the things that often goes unnoticed about the process of clearing up the wreckage of the past is that while doing this I had stopped making those mistakes that caused all my grief.

As a result of practicing the principles I have learned in the A.A. program I have regained the respect of my first wife and have been married over 50 years to my current wife. I got it right the second time around, but I did not dismiss my need to correct the damage done in my first marriage.

Having said all of that, where do I address the acceptance statement? It would be easy for me to rest on my laurels, as they say, but I am never finished when it comes to examining my motives or how I act today. If I were finished why would I still attend A.A. meetings? Over the years in the program, I noticed some habits that we alcoholics seem to continue to discuss before and after a meeting such as the traffic on the highway, the red-light systems, not enough parking at the market, the inconvenience of a rainstorm, politics, and religion, criticizing other people places and things. etc. For some reason, talking about all these inconveniences seems to be my way of distracting attention away from my own thinking and behavior. To put it in simple terms, there is a percentage of people driving on the highway that are going faster than the speed limit, a percentage will go slower than the speed limit and others may cut me off, and that is never going to change.

I cannot talk politics and religion over and over and I am never going to change the percentages of those other people. I have two choices when I am traveling on the highway. My first choice is to take it and my second choice is to leave it and take the back Rd"; But wait the speed limit is too slow on the back Rd, maybe I will take the highway. All the issues that I have struggled with I have pro and con percentages and that I am never going to change in this lifetime. Today I accept the things I cannot change and as a result I am at peace 95% of the time and that is good enough for me.

By Rick R.



"I'm sure my George was a much bigger drunk than your Ed!"

AAGRAPEVINE, Inc.



An alcoholic walked into a bar and read a sign that read "All you can drink for \$1.00."

The alcoholic said "I'll have \$2.00 worth please"

The Twelve Rewards of the Twelve Step Program

Ann C. wrote this "a number of years before" the 1985 Internation Convention in Montreal, Canada where she set it to tape at the Oldtimers Meeting.

She wrote it to show the contrast that can take place in any of our lives if we will try to follow the AA principles.

We can all have Hope, instead of desperation;

Faith, instead of despair;

Courage, instead of fear;

Peace of Mind, instead of confusion;

Self-respect, instead of self-contempt;

Self-confidence, instead of helplessness;

The respect of others, instead of their pity and contempt;

A clean conscience, instead of a sense of quilt;

Real friendships, instead of loneliness;

A clean pattern of life, instead of a purposeless existence;

the love and understanding of our families, instead of their doubts and fears;

and the freedom of a happy life, instead of the bondage of an alcoholic obsession.

All this and more through AA, are we grateful enough? Gratitude will continue the miracle of your sobriety, I found that out.

as written by Ann C. of Niles, Ohio - sober April 1, 1948

La Verdadera Libertad del Espíritu Cuanto más dispuestos estemos a depender de un Poder Superior, más independientes seremos en realidad. Por lo tanto, la dependencia, como la práctica A.A., es de hecho un medio para lograr la verdadera independencia espiritual. En nuestra vida diaria, es sorprendente descubrir lo dependiente que somos realmente y lo inconscientes que somos de esa dependencia. Toda casa moderna tiene alambres eléctricos que conducen la energía y la luz hacia el interior. Nos sentimos fascinados con esta dependencia, tratamos siempre de evitar que ocurra algún daño que nos prive del suministro de la corriente.

Al aceptar que somos dependientes de esta maravilla científica, gozamos de una mayor independencia, sino con mayores comodidades y seguridades. La energía fluye donde la necesitamos. Aunque estamos bien dispuestos a aceptar este principio de dependencia sana en la mayoría de nuestros asuntos temporales, a menudo nos resistimos tenazmente al mismo principio cuando se nos pide que lo apliquemos como un medio para desarrollar la vida espiritual. Está bien claro que no conoceremos nunca la libertad bajo Dios, hasta que no tratemos de buscar Su voluntad para con nosotros. La decisión es nuestra.

DOCE Y DOCE, pág. 39

Un Corazón Lleno y Agradecido Un ejercicio que practico es el de tratar de hacer un inventario completo de mis bendiciones y una justa aceptación de los muchos dones que poseo - tanto los temporales como los espirituales. En esto trato de alcanzar un estado de agradecimiento alegre. Un agradecimiento así, al ser afirmado

repetidamente y considerado atentamente, puede al fin desplazar la propensión natural a felicitarme a mí mismo por cualquier progreso que me haya sido posible hacer en alguna área de mi vida.

Me esfuerzo por aferrarme a la verdad de que un corazón lleno y agradecido no puede abrigar grandes presunciones. Rebosante de gratitud, el corazón tiene que latir con un amor que fluye hacia todo lo que nos rodea, la emoción más elevada que jamás podamos experimentar .

GRAPEVINE, Marzo de 1962

REUNIONES VIRTUALES EN ESPANOL

WWW.AAMIAMIDADE.ORG

GRUPOS:

VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA NORTH MIAMI GROUP

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup por favor enviar e-mail a aamiamidade@bellsouth.net o llamar al 305.461.2425

con su informacion.



TERCERA TRADICION

""El único requisito para ser miembro de A.A. es querer dejar de beber."."

SEGUNDO CONCEPTO

"Como una manera tradicional de crear y mantener una relación de trabajo claramente definida entre los Grupos, la Conferencia, la Junta de Servicios Generales de A.A. y sus distintas Corporaciones de servicio, personal directivo, comités y ejecutivos, y de este modo asegurar su dirección eficaz, se sugiere aquí que nosotros dotemos a cada uno de estos elementos de servicio mundial con un "Derecho de Decisión" tradicional.

Tercer Paso Decidimos poner nuestras voluntades y nuestras vidas al cuidado de Dios, como nosotros lo concebimos."

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!

Contribution information:	Date:			
Amount:	Monthly:	Quarterly:	Annually:	5
I am a new Member:	•	ber can contribute more than \$ Member:	3,000 per year) Returning Member:	
Check Enclosed:	Name:	Address: _		
City:	State:	Zip Code:	Tel: _()	
Yes, I would For Credit Card recurring	like my name to be added g contribution informa	l in "The Messenger." tion please call the office	No, I would like to rer at: 305.461.2425	nain anonymous

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic.'

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated. **6 Anonymous.**

COMMITTEE MEETINGS:

GS DISTRICT 10 Monthly Business Meeting

1st Tuesday of the month at 7:30pm at the CG Congregational Ch. 3010 De Soto Blvd., CG

GS DISTRICT 10 Corrections Committee

4th Thursday of the month @ 8:00pm at Sabal Palm Room 10102 SW 107th Av., 33176

Miami FCYPAA Host

2nd & 4th Sunday of the mont @ 1:30pm at the Lambda Miami Club 28 NE 54

ves Committee

Remote Communities

3rd Sunday of the month @ 10:00am at Little River Club 51 NE 82nd Tr.

Accessibilities

GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month @ 7:15pm Upper Room 822 NE 125th St. # 111

North Miami, FL 3316 *********

Litera e in ittee 2nd Tu

Meetings at the CORAL ROOM

1100 Ponce de Leon, CG 305.446.9558 *********

GS DISTRICT 10 PI/CPC

4th Saturday of the month @ 3:00pm

Treatment Committe

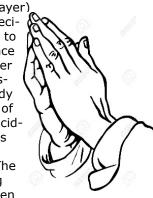
3rd Saturday of the Month @ 3:00pm ********

For more information go to www.district10miami.org

STEP THREE

(A Decision and a Prayer)

For some years I assumed the decision of turning my will and life over to "God as I understood Him" took place when I prayed the well-known prayer on page 63. But in retrospect, I discovered that my decision had already been made! The bottom paragraph of page 62 reminded me: "next we decided in this drama of life that God was going to be our director." The decision was made before the prayer! The Big Book states that the astounding promises on page 63 begin to happen



right away (before the prayer). My sponsor allowed near-zero time between the decision and the prayer. Immediately following Step Two we prayed the Third step prayer together. Those promises began to manifest shortly thereafter and have continued to this day! I especially appreciate the promise of being reborn. This means to me that I can now see and act on the truth in drink.

II have not had to drink alcohol since!

I like the saying: "I can't. God can! I'll ask Him to help me." And I would like to add: NOW.

The Third Step decision, followed by a prayer-of-askance, does not provide a comprehensive assurance of continuing sobriety. A decision minus action is only an intention. Half measures availed us nothing. Someone said: "God will help you with the steps, but He won't do them for you." We are told: "This was only a beginning." Then we are told to launch out on a course of vigorous action. This, of course, would be to follow the clear-cut Twelve Step directions from our basic text. My sponsor was adamant concerning the Big Book timetable, not only with for first three, but as prescribed throughout all the steps. I was so lucky to be afforded a Big Book sponsor. Thank you, God!

Bob S, Richmond, IN

INTERGROUP CONTACT LIST

aamiamidade.org

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Vice-Chair

Raz S.

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Dylan S.

Secretary

Del H.

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Gloria P.

Tamara K.

Richard A.

Gerry O.

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Manuel N.

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Jose S. (Co-Chair)

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Jennifer R.

The Messenger

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Outreach

Maria S.

Public Information

Sam H.

Twelve Step Relay

Jenn G.

Big Service Breakfast

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Jorge L.

Spanish Intergroup Liaison

OPEN POSITION

Webmaster

Office

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"THE MESSENGER"

Published Monthly by

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NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

CONCEPT THREE

"As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision."

FEBRUARY

PALMETTO BAY

Gabi S. 1 Robert 2 Shannon S. 5 Xavier P. 28

SOUTH DADE

Gary J. 1 Stacey 2 Tim C. 6 Zack 6 Haymon 10 Carl G. 23 Mike B. 34

SOBER WAY OUT

Ross S. 1 Karl O. 4 Tonv B. 4 Hopi M. 5 Kevin L. 6 Alexia W. 7 Lilliana V. 13 Angel 13 Marcy K. 16 Gregory V. 18 Nate C. 19 Don P. 20 Judy T. 25 Andre S. 26 Xavier P. 28 Ernie 30 James S. 30 Ralph 31 Sandra C. 31 Melvin 32 Ron H. 34

Please use this QR Code for your online contributions to your Intergroup Office. Please just scan the code and it will take you directly to PayPal.

No contribution counts as small. We at Intergroup appreciate your continued support!





"I promptly admitted I was wrong and got fined \$200!"



MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com



Take Me To Your Sponsor

annoyed the hell out of you."

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm Brickell Circle/3d Saturday @ 8:15pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm Bickell Circle/Last Thursday @ 8:00pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

LOOKING FOR MEETINGS?

Learn more at: www.meetingquide.org







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To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:			
Address:			
City:	State:	Zip:	

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

