he Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

February 2021

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) /

305.461.2426 (Fax)

aamiamidade.org

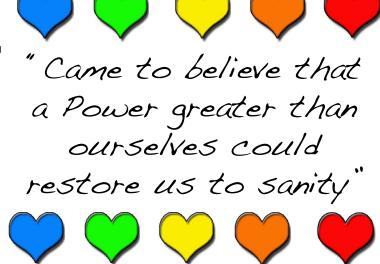
True Humility and an Open Mind Step Two is the Rallying Point

When born, most of us come into the world untainted and perfectly innocent. From that time on, we are influenced by everything we experience in life, good and bad. If we are loved and nurtured we may develop a feeling of trust and safety, but if, as it sometimes happens, we get our hand slapped when we pick up something from the coffee table, it may trigger an attitude of defiance and resistance. These two opposites are just examples of the many conflicts we encounter in a lifetime. We are conditioned to think and react in a certain way as the result of the experiences we are exposed to.

Newcomers in Alcoholics Anonymous, (A.A.) and even some seasoned veterans, often find it hard to grasp a concept of "a power greater than ourselves." This is probably the biggest hurdle we in A.A. must face in our search for a happy and meaningful life. Once we get past all our resistance to the concept of a Higher Power, it becomes much easier to proceed with the rest of the program. What is meant by the word God and what God can do for us, can mean something different to just about everyone that is having difficulty with it, and if God alone was the answer, why do priests and ministers come to A.A. for treatment; why not just go to church?

Alcoholics Anonymous is here for all alcoholics that want to get sober regardless of their approach to faith. Anyone that thinks that we are trying to convert someone into a religion or out of a religion is simply misguided. The Big book (Alcoholics Anonymous) and the 12&12 (Twelve Steps and Twelve Traditions) have many comments explaining this, but unfortunately this old conditioning, bolstered by the EGO, seems to block some of us from breaking down he resistance on this subject, or some members may just fake it to appear to be going along with the program, but never getting the results. If we denied the possibility of a God of the different religious groups, they could not have A.A. available to them, and if we made it a requirement that we picked one of those beliefs, atheists would be left out and where would Buddhist stand? If a person believes that he does not have a higher power, I might remind him/her that alcohol was more powerful or else why would he need A.A.? With this in mind, I might suggest that he may only need to find a power greater than alcohol to begin with, then, as it says in Step 2 in the 12&12 " To acquire it, I had only to stop fighting and practice the rest of the A.A. program as enthusiastically as I could." As I look back on it now, tI realize that that was exactly the way I found my way through this challenge. I find absolutely no conflict in any approach that one discovers on his own, only that he practices the rest of the program with enthusiasm. What it seems to imply is that if we trust the process and, just do the suggestions, you will find a suitable understanding of a power greater than yourself that you can do business with.

I'm still not sure what or who (if you like) I am asking for guidance from but I'm open minded about these things, and I have to let everyone find their own brand of enlightenment, without prejudging anyone else's approach on this matter. I believe that changing my perception was what put me firmly on the road to recovery. The only thing that I have to resist is my EGO, and the way I do that is by living by sound and unselfish principles many of which are discussed in A.A. meetings, and many are assimilated through osmosis as I continue to put 2 and 2 together. It is not that complicated. If I don't get caught up in the debate and just follow the simplest suggestions, it all By Rick R. works out fine.



Finds Lord's Prayer Key to Steps

Just recently, after more than four years on the ball in A.A., several of the 12 Steps were made simple and clear to me by a new approach. The light that clarified these Steps for me may appeal to some beginners who, like myself, find the program in its entirety hard to take.

Four years ago last February Jimmy B. caught me between drinks, after a post-graduate course at Samaritan Institute. I thought at first my name was on the sucker list—there must be a dotted line somewhere in the offing. But my curiosity was aroused; and I knew something had to be done about my drinking.

From occasional drunken sprees in 1916 to continuous drinking and frequent spells of complete disability (hospitalized twice because of uremic convulsions followed by D.T.s; hospitalized for attempted suicide; failure of the Samaritan cure in 1940 and 1941; loss of two businesses and innumerable jobs; divorced once and on the brink again), February 1941 found me desperately seeking an answer so I attended my first A.A. meeting.

That meeting convinced me that this was it; the people I met had regained health, stability, self respect and a place in the community. If it worked for them it must and would for me. I went home filled with enthusiasm and elation. But one nagging doubt, a real fear, assailed me. What of the 12 Steps to which I must subscribe and which I must practice? What of all this spiritual approach; the requirement that I acknowledge and turn my life over to God? Those were staggering thoughts.

I told my wife about the meeting and my hope that it was finally a way out for me. Then I went out to the park to thrash out alone the need to accept God. And I knew I could never hurdle those Steps. For years I'd vainly called on God to help me. (I know now that I'd actually attempted to trade with God—only when in a very bad trading position). There was much to think about, so I wound up in the rear booth of a taproom. Not to drink, of course. It was cold in the park and I needed to be alone with my thoughts. That was Thursday night. (Cont. on page 3)

•Due to COVID-19 and the inability of the groups to meet in person we find ourselves limited to attend mostly online meetings. Even though people do contribute• as per our 7th Tradition the Intergroup Office has been very affected and will be having a hard time keeping the doors open in the near future if us, the members and the groups don't contribute to keep its doors open.

Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website: www.aamiamidade.org

Thank you! We can accept contributions through PayPal or Zelle under oour e-mail: aamiamidade@bellsouth.net

Who am I, and What have I Become? That kid was not a scoundrel

I was deeply touched by what I heard a young man at a meeting share about planning a party for his mother. He started to search through some old pictures in a shoebox and came up with photos of himself when he was 3 years old. Looking at them, he said to himself, "That little kid was no scoundrel." I believe that everyone in the room could identify with him, but what happened to him between then and now? Most of us we're perfect when we were born but something influenced us in those formative years that set the tone for the direction that our thinking would take. The childlike innocence gave way to the neediness an insecurity that Alcoholics seemed to have in common. The unworthiness tapes ran rampant in our heads telling us that we could not keep pace without cutting corners and doing things that we were ashamed of and then we were plagued by our conscience. That little child was damaged and scarred on the inside in such a way that nothing could bring him peace, until he discovered the elixir in a bottle that gave him relief for a time but when that finally failed him he showed up in the rooms of Alcoholic Anonymous trying to make sense of it all.

When I look around the room at an AA meeting it seems like we all look about the same on the surface, with a few minor differences due to age and generational things. We're all made up of her, eyeballs, elbows, and feet, and things like that. Most of us follow certain dress codes and courtesy standards. We're not all that much different on the surface. I real problems consume us on the inside, and we spend years trying to convince the world around us that we are as good as they are while, on the inside, loathing what we have become. it's hard to convince a drunk that the child that he was, at 3 years old, is still inside him and can resurface if he desperately wants it.

Suppose for a moment, that we all woke up this morning with amnesia. We would all be the same. Only thing that makes us different is what is going on between our ears and we drag that around with us everywhere we go. I discovered years ago that my brain, with the aid of my Ego, was lying to me, and that I wasn't that hopeless loser that I thought I was. I also discovered that all the damage could be reversed by amends and restitution and that I could, in time, develop an approach to life far superior to anything I could have ever imagined. The hardest thing that stands in the way of this was my inability to surrender, and to trust the A. A. process. With the help of the group, slowly letting go of some of the old ideas, you can start seeing the results in a short period of time, and it will be exhilarating, however, we didn't get this way overnight, and it will be a slow journey, but a very exciting and happy experience. An old, departed friend of mine, used to say," Your hair will be a different color before you know who you are". To me it means patiently changing all those old habits that caused me grief and replacing them with unselfish deeds that start to heal the conscience. I've heard it said, "Try it for 90 days and if you don't like what we have to offer we will gladly refund your misery". What have you got to lose? Now let's go find that kid!

By Rick R.

Belief meant reliance, not defiance. In A.A. we saw the fruits of this believe:

men and women spared from alcohol's final catastrophe.

We saw them meet and trascend their other

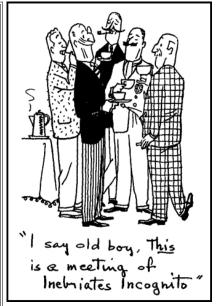
pains and trials.

We saw them calmly accept impossible situations, seeking neither to run nor to recriminate.

This was not only faith; it was faith that worked under all conditions.

We soon concluded that whatever price in humility we must pay, we would pay."

- Twelve and Twelve page 31



It's two o'clock in the morning. The phone rings. A very drunk voice asks, "Harry there?"

"There's no Harry here," growls the half-asleep owner of the phone. "You've got the wrong number."

Five minutes later the phone rings again.
"Lemme talk to Harry."
"You've got the wrong number!" Another five minutes and the same thing.
"Harry?" "No!"

Five more minutes go by. The phone rings. This time the irate but wise citizen answers,

"Alcoholics Anonymous!"
The phone goes dead and stays quiet for the rest of the night.



FINDS LORD'S PRAYER KEY TO STEPS (Cont. from page 1)

Fortunately I sobered up enough by Saturday morning to remember mention of a downtown clubhouse, quite near where I lived. Somehow I found it—and the answer to my problem. Jimmy B. arrived soon after I did. He and several other members told me to forget about the 12 Steps—to skip the "God part" of the program. "If you're sure of the 1st Step hang onto that. Stick around here awhile with an open mind. Anything you don't like, just skip it. And remember, easy does it".

So I stuck around there, a few hours every day. Attended all meetings; went on calls and visited alcoholics in the psychopathic wards of the city hospital. There was just one reservation in my mind. I'd not be a hypocrite by reciting the Lord's Prayer when I couldn't subscribe to a word of it. Of course I rose with the others—it would be too conspicuous to remain seated—and with gritted teeth remained silent.

I couldn't help hearing that prayer; hearing it spoken in frank sincerity by a group of people who had suffered all the reverses that had plagued me. Sometime during the first few weeks I began to follow the prayer as I heard it; to think it and think about it. Within a year I was saying it aloud at meetings and meaning every word of it.

For over three years I've had a comfortable feeling of peace and serenity. Some of the A.A. Steps have remained high hurdles, perhaps through that early habit of thought regarding them. Then a few weeks ago at a meeting the Steps were discussed in a way that started a new train of thought. After several days it dawned on me that I'd accepted those toughest steps some three years ago. I'd found comfort in the Lord's Prayer. I'd been thinking and saying it—and meaning it. I could start with"Our Father Who art in Heaven" and end with "for Thine is the kingdom and the power"—and there was Step 2. "Thy will be done" is certainly Step 3. "Forgive us our trespasses ———and lead us not into temptation, but deliver us from evil" was a way of practicing Steps 6 and 7. And when the Lord's Prayer has been uttered sincerely and humbly Step 11 has truly been accepted.

The Lord's Prayer, beautiful yet simple, easily understood, has cleared up finally, for me, much that has been difficult in the 12 Steps of A.A.

Bill C.

Philadelphia, PA

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So today, when I listen to God's music of the spheres, I can now and again hear those divine chords by which I am told that the great composer loves me....

and that I love him.

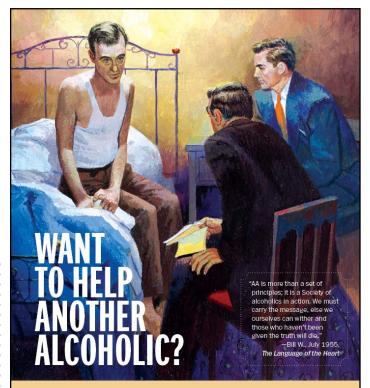
The Best of Bill - pg 51

AAGRAPEVINE, Inc.



After the husbands fifth trip to the host's bar for refills, the wife said,

"Aren't you embarrassed to go back so many times?"
Hubby: Nope. I keep telling them it's for you.



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¿Confianza Ciega?

"Con toda seguridad, no puede haber confianza donde no hay amor, ni verdadero amor donde reina la desconfianza maligna.

"Pero ¿no exige la confianza que hagamos la vista gorda a los motivos de otra gente, o de hecho a los nuestros? Claro que no; esto sería una locura. Sin duda, debemos considerar, en toda persona en que confiemos, tanto su capacidad para perjudicar como su capacidad para hacer el bien. Un inventario privado de este tipo puede enseñarnos el grado de confianza

que debemos extender en cualquier situación determinada.

"No obstante, es necesario hacer este inventario con un espíritu de comprensión y amor. No hay nada que pueda influenciar tanto en nuestro criterio como las emociones negativas de recelo, envidia o ira.

"Habiendo investido a alguien de nuestra confianza, debemos hacerle saber que tiene nuestro apovo completo. A causa de esto la mayoría de las veces él o ella responderán de forma magnífica, superando nuestras primeras esperanzas". CARTA, 1966

La Base de Toda Humildad

Mientras estuvimos convencido de que podíamos vivir exclusivamente con nuestra propia fuerza e inteligencia, era imposible tener una fe operante en un Poder Superior.

Esto era verdad aun cuando creíamos que existía Dios. Pudimos realmente tener creencias religiosas sinceras que resultaban estériles porque todavía tratábamos nosotros mismos de hacer el papel de Dios.

Mientras colocáramos primero la confianza en nosotros mismos, una genuina dependencia de un Poder Superior era completamente imposible. Faltaba el ingrediente básico de toda humildad, el deseo de buscar y hacer la voluntad de Dios.

> DOCE Y DOCE, pág. 77 Como lo ve Bill, pagina 139

REUNIONES VIRTUALES FN **FSPANOL**

WWW.AAMIAMIDADE.ORG

GRUPOS:

VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA **NORTH MIAMI GROUP**

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup por favor enviar e-mail a aamiamidade@bellsouth.net o llamar al 305.461.2425 con su informacion.

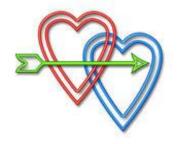
SEGUNDA TRADICION

"Para el propósito de nuestro grupo solo existe una autoridad fundamental: un Dios amoroso tal como se exprese en la conciencia de nuestros grupos.

Nuestros líderes no son más que servidores de confianza; no gobiernan."

SEGUNDO CONCEPTO

"La Conferencia de Servicios Generales de A.A. se ha convertido, para casi todo propósito práctico, en la voz activa y la conciencia efectiva de toda nuestra Comunidad en sus asuntos mundiales.





FELIZ DIA DE SAN VALENTIN!

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THE MESSENGER

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!

i co, i mane co pare					
Contribution information:	Date:				
Amount:	Monthly:	Quarterly:	Annually	:	5
I am a new Member:	•	nber can contribute more than Member:	. , . ,		
Check Enclosed: N	lame:	Address:			
City:	State:	Zip Code:	Tel: _()	
Yes, I would like	ke my name to be added contribution informa	l in "The Messenger." tion please call the office	No e at: 305.461.24	, I would like to re 25	main anonymous
"Each day that your Group pa Contributions, or Sobriety Co indeed a miracle. Your contril	ntributions, something v	wonderful happens in A.A. W	Vhen a newcomer	calls us and finds	your meeting, it is

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated. **6 Anonymous.**

newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into

COMMITTEE MEETINGS:

carrying the message of hope to the still suffering alcoholic."

GS DISTRICT 10 Monthly Business Meeting

1st Tuesday of the month at 7:30pm at the CG Congregational Ch. 3010 De Soto Blvd., CG

GS DISTRICT 10 Corrections Committee

4th Thursday of the month @ 8:00pm at Sabal Palm Room 10102 SW 107th Av., 33176

Miami FCYPAA Host

2nd & 4th Sunday of the mont @ 1:30pm at the Lambda Miamir Club 28 NE 54

ves Committee

46 — sday of the month @ 6:30pm - Sunset Room 6999 N. Waterway Dr.

Remote Communities

3rd Sunday of the month @ 10:00am at Little River Club 51 NE 82nd Tr.

Accessibilities

3rd Tuesday of the month @ 7:15pm Upper Room 811 NE 125th St. # 111 - NM

GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month @ 7:15pm Upper Room 822 NE 125th St. # 111 North Miami, FL 3316 **********

GS DIS Literal e mutte

Id Metodista Unida Ponce de Leon Blvd.

Meetings at the CORAL ROOM

1100 Ponce de Leon, CG 305.446.9558 *********

GS DISTRICT 10 PI/CPC

4th Saturday of the month @ 3:00pm

Treatment Committe

3rd Saturday of the Month @ 3:00pm

For more information go to www.district10miami.org

"To get something you never had, you have to do something you never did."

When God takes something from your grasp, He's not punishing you, but merely opening your hands to receive something better.

Concentrate on this sentence...

"The will of God will never take you where the Grace of God will not protect you."

INTERGROUP CONTACT LIST

aamiamidade.org

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Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Del H.

Steering Committee

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Gloria P.

Tamara K.

Richard A.

Gerry O.

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Manuel N.

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Intergroup Office

Jennifer R.

The Messenger

Office

Outreach

Maria S.

Public Information

Sam H.

Twelve Step Relay

Jenn G.

Big Service Breakfast

OPEN POSITION

General Service Liaison

Jorge L.

Spanish Intergroup Liaison

OPEN POSITION

Webmaster

Office

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www.district10miami.org

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Published Monthly by

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4315 NW 7th St. - Suite # 36 Miami, FL 33126

Tel: (305) 461-2425

Fax: (305) 461-2426

E-MAIL:

aamiamidade@bellsouth.net WEBSITE:

www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the **Miami-Dade Intergroup Office** Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to **Alcoholics Anonymous** as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

> **Contributions to** "THE MESSENGER"

will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: **MIAMI-DADE INTERGROUP**

CONCEPT TWO

When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference com- plete authority for the active maintenance of our world services and thereby made the Conference — excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter — the actual voice and the effective conscience for our whole Society.

JANUARY

PALMETTO BAY

Julia Y. 3 Kelly 3 Richard A. 7 Joanna J. 11

SOUTH DIXIE

Ed J. 1 Kelly 3 Ann 5 Marco F. 7 Gerry 37 Russell S. 40

SOUTH DADE

Ann M. 5 Richard A. 7 Nellie 10 Ivan 10 Bryan S. 10 Vera S. 19 Richard V. 21 Peter C. 23 Robert 34 Mike M. 37 Victoria 38

SOBER WAY OUT

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GOD

PREJUDICE

ROADBLOCKS
SANITY
SCIENTIFIC
SOUNDNESS

SPEARHEAD

BARLEYCORN

EVOLUTION

DEVOUT

FALLACY



STEP 2

GREATER

POWER

INDIFFERENCE

MAJESTICALLY

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MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com





Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh.
In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm Brickell Circle/3d Saturday @ 8:15pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Ouinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm Bickell Circle/Last Thursday @ 8:00pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

LOOKING FOR MEETINGS?

Learn more at: www.meetingguide.org



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Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

