The Messenger



MIAMI-DADE INTERGROUP

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Florida - USA

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305.461.2426 (Fax)

January 2021

FROM YOUR INTERGROUP OFFICE:

We would like to wish each and everyone a healthy and prosperous New Year 2021. We are very thankful to all the groups and the many indvidual members that supported the Intergroup Office throughout this difficult year. You have helped us keep the doors open during this difficult time and we continued to keep helping the groups in every way that was possible. It will be with your help and support that we will need to keep doing whatever it takes to help the sick and suffering alcoholics that knock at our door.

We would like to thank Manuel N. for his service work as our Chairman for the past 2 years as well as our Steering Committee members Tom D. from the South Dixie group and Ian S. from the Primary Purpose group whom also served for 2 years. We are very thankful for your service.

As the year comes to an end, we had our elections on December 2020 and we would like to give a warm welcome to our new Chairman Ian S. from the Primary Purpose Group, Gloria P. from the North Miami Group and Gerry O. from the West Miami Group as our new Steering Committee Members. We thank you for your service!

The Evolution of the Alcoholic The Jigsaw Process

There's no way of knowing how the life of a new born child is going to turn out, and if there was, we could simply make the adjustments to its environment, education, and other similar needs, as it evolved into adulthood. Providing a safe, loving, and nurturing home life is a good start but even that, is no guarantee of success. In the formative years we develop instinctive drives to protect ourselves from perceived dangers, and how we control these instincts usually is the measure of how well balanced we turn out emotionally. So much of the A.A. program involves the understanding of these instinctive drives and our willingness and our ability to come to terms with these natural impulses when they far exceed their natural purpose.

Each year during the winter months my wife puts out a jigsaw puzzle and as the days go by, we find times we sit around the table and chat and spend time together. As we dump the puzzle out of the box, we first turn all the pieces right side up and spread them out. As we do this, we find some pieces with straight edges that form the perimeter, and they are easy to figure out. The easiest pieces to figure out are the four corners and that is where we start. These pieces form the framework of the puzzle. Next, we find pieces that have numbers on them or other common characteristics such as colors or patterns that make it easy to fit them together. Others have different shades that can be compared to each other and reveal the general location of where it will fit in and soon everything start to develop. When we get to the blue sky part of the picture, things slowdown a bit and these pieces are less obvious but the puzzle isn't finished until all of the pieces are in place and that may be the day we shuffle off this mortal coil.

(Continue on pg. 2)







•Due to COVID-19 and the inability of the groups to meet in person we find ourselves limited to attend mostly online meetings. Even though people do contribute

• as per our 7th Tradition the Intergroup Office has been very affected and will be having a hard time keeping the doors open in the near future if us, the mem
• bers and the groups don't contribute to keep its doors open.

Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website: www.aamiamidade.org

Thank you! We can accept contributions through PayPal or Zelle under oour e-mail: aamiamidade@bellsouth.net

By Sam H.

Miami, FL

I began struggling with my drinking in my 20's. As I sailed through the next 30 yearlong drinking career, my alcoholism progressed steadily. Many life situations ended badly. In my wake were a lot of wounded people, including people who cared for me and depended on me. I didn't make it to A.A. until my mid-50's.

One of the reasons it took me so long to find help in A.A. was that I was misinformed about what A.A. is and what it was not. I was under the impression that A.A. was a quasi-religious organization that would shove the Christian "God" down my throat and requiring me to believe if I wanted help, turning me into a proselytizing, evangelical Christian handing out religious tracts. I wanted no part of that!

I finally reached my bottom and felt my situation was hopeless. I was trying to drink myself to death and found out my plan wasn't working as quickly nor as effectively as I expected. I kept passing out from my drinking before I could drink enough to not wake up.

This progressive illness brought me to a point where I was facing homelessness and for the first time in my life, I was ready to ask for help without dictating the terms or conditions on the help I wanted. I was fortunate in that I had the Veterans Administration health system available to me. I was able to go to a VA psychiatric hospital for detox and extended after care. While in the detox unit of the VA hospital I was encouraged (required) to attend AA meetings brought to us patients by members of various local AA groups. It was at those meetings that I learned that I had a mistaken/wrong impression of what AA is and what it is not. I learned that I didn't have to believe in any one conception of God or in a higher power in order to begin the program of recovery.

For the first time in a long, long time I had a glimmer of hope. During my 4 weeks in the Detox Unit, I got to hear the message of recovery by AA members of 4 or 5 different homegroups. I was amazed that these people like me (before I crashed and burned) were volunteering their time to talk to us drunks and were even grateful to do so. Thus, began my road to recovery.

It is unfortunate that about 50% of the people who will die of alcoholism or related diseases in 2021 will do so without ever hearing about A.A. or knowing what A.A. is and what it is not. Our primary purpose of reaching out to the still suffering alcoholics that our 5th tradition talks about are not the ones that make it to our group meetings, but the ones that don't.

The Miami Dade Intergroup and District 10 do a better job than many A.A. service entities in reaching out to help those still suffering, but the people I see doing service are often the same people year after year. If you are actively sponsoring people, please encourage those you sponsor to step up to service beyond the homegroup. If you are not tied up sponsoring newcomers yourself, please consider stepping up yourself.



The way our "worthy" alcoholics have sometimes tried to judge the "less worthy" is, as we look back on it, rather comical.

Imagine, if you can, one alcoholic judging another!

The Language of the Heart, p. 37

The Evolution of the Alcoholic (Cont. from pg. 1)

To me, all of this is like the way the pieces of Alcoholics Anonymous are pictured in my mind. The desires to stop drinking and to come to meetings are like the cornerstones that start the whole process moving. Next, getting a sponsor, beginning to take the steps, getting into service, and helping others and so on, are some of the framework pieces that are obvious to most of us. Next, we start to recognize some of the more obvious defect of character that need to be addressed and they are numerous if we are strong enough to admit it. If we are not, the picture will never be complete. As we continue to clear up these issues (wreckage of the past) and put them behind us, it would be easy to rest on our laurels and be satisfied with half measures. If, however, we are diligent about continuing this process of examining our motives for everything we do, until it becomes second nature, our life will become a rewarding adventure and all of those negative emotions are replaced daily with feelings of wellbeing. This is the blue skies portion of the puzzle, as I see it and the part that many of us often miss, simply because of indifference and we may miss out on the freedom and peace of mind we seek.

If you are the one those that finds themselves in that malaise, let me encourage you to consider revisiting those items that you skipped over and let your conscience rather than your EGO win this battle. It may be the best decision you have made since you made the decision to come to AA. Those misguided instincts that fueled those faulty behaviors have had their way far too long. Let's get those pieces of the puzzle into place and see where it takes us. I guarantee that you won't regret it.

By Rick R.

Why We Do the Things We Do One issue at a time

Alcoholism is an incurable disease contracted by you might say, 10% of the population. It is an incurable disease, but it can be arrested. It is no respecter of age, gender, intelligence, religion, or economic status. Why, you might say, 90% of the population can drink with impunity is hard to understand but we who have been in the AA program for a while, know that you can adopt a way of life that removes the obsession to drink without the white knuckling side effects and you will be comfortable in your own skin without the use of medicine. The symptoms of alcoholism are a combination of mental, physical, emotional, and spiritual in nature.

The alcoholic awakes every morning to face, "The hideous four horsemen, Terror, Bewilderment, Frustration, Despair." (pg. 151 BB.) Doctors, Counselors, Priests, and Ministers, when afflicted, come to AA to get

relief from ease. When out-weighs show up Alcoholics discover a life of

piness that

"If they are fortunate the long, slow process has just begun and each day becomes better than the last."

this horrible disour desperation our denial we at the doors of Anonymous and a road map to peace and hapwe believed did

not exist. Alcoholism is a progressive disease and Alcoholics Anonymous is a progressive solution and not a quick fix. These desperate alcoholics finds a degree of hope and comfort when first exposed to the AA group and the laughter and lighthearted banter going on between the members before the meeting even starts. They hear members sharing about Guilt, Shame, Fear and Insecurity and they identified with these symptoms.

They hear laughter when a person describes a horrible incident in their life and they think they are laughing at the horror but, in fact, they discover that the laughter was focused on the absurdity of our alcoholic thinking, at the time, and they all identify with it. If they are fortunate the long, slow process has just begun and each day becomes better than the last. They begin to understand why they did the things they did while under the influence of alcoholism and in the grip of alcoholic thinking.

They begin to understand how their irrational fears influenced their decision-making and discover that the solution to that problem is too Live by unselfish and proven principles. They begin to understand that guilt, shame, fear, and insecurity were the core issues that could quickly be put to rest by alcohol and halfway through their second drink everything seemed right with the world. The world had not changed but their perception of it had.

To compensate for the fears and insecurities they had to protect their turf, so they learned how to rationalize those established behavioral patterns they were not proud of. Family responsibilities took a backseat to the boozing and their family let them know about it so, back to the bar they went. The guilt and shame weighed heavy on their mind and to drink would take care of that temporarily.

In the program they come to learn how to admit their mistakes and make restitution for all those faulty behaviors and get on the positive side of the ledger. "---Selfishness---Self-Centeredness! That we think is the root of our troubles. Driven by a hundred forms of fear, self-delusion self-seeking and self-pity we step on the toes of our fellows and they retaliate". (BB pg.62) Can you blame them?

There are 12 steps in the program of Alcoholics Anonymous and each step is preparatory to the next. If we give due diligence to every one of those 12 Steps, we evolved into the person we always wished we could become. We can't stop drinking if we can't stop the alcoholic thinking.

Again, In the program, each day seems better than the day before. One day at a time. One issue at a time. One solution at a time. I can't explain My AA experience any better than that.

By Rick R.

THANK YOU NOTE....

We Would like to thank the Upper Room, The North Miami Group of A.A. trusted servants for helping us keep the room and room zoom meetings open during this difficult time.

Thank you for helping us stay sober. Wishing everyone a very happy and safe holiday season.

- Julie & Michael

AAGRAPEVINE, Inc.



Everything I looked for in a Bottle

Sober since 1966, she looks back at her life as a single mother and how AA gave her everything she needed

I had my last drink and walked into my first AA meeting in 1966. I was a single mother with two small children, and I was scared to death. I didn't know how I was going to stay sober, work and take care of my children. I lived with my mother for a few months before I got my own apartment.

The women in AA told me to make sobriety my first priority. They told me I needed to change one thing and that one thing was everything. I didn't understand what they meant, but I soon found out by going to meetings and working the Steps with my sponsor. I needed a lot of help.

There were times I took my children with me to meetings. I could not function mentally and emotionally for a very long time and the meetings gave me what I needed so I could stay sober and cope with life without alcohol and drugs.

I had been married a few times and, of course, the men I married were alcoholics and addicts. I followed in my father's footsteps. After he died of a ruptured brain from alcoholism, I said I would never be like him. He was 36 years old and I was 10 when he died. He was in a coma when I found him. He died seven days later.

My children suffered during my active alcoholism and to this day I have regrets. I share those regrets with other single mothers who are in AA. Each time I share with another woman alcoholic about my children, I heal a little more.

My son overdosed 20 years ago, and my heart is still heavy from his death. After he died, I went to newcomer meetings and shared my story, which helped me stay sober by doing service. I never thought of taking a drink as the program took over and I did what I learned to do in AA: Don't drink and go to meetings; ask God for strength and courage for each day; and be grateful for what you have.

Service has saved me so many times. I had depression often in sobriety and the best thing that helped me through those days was working with another alcoholic. I also got involved in hospitals and institutions work and went to prisons and hospitals with other AA members to carry the message.

AA has everything that I looked for in a bottle. God's grace saved me from a life of active alcoholism and eventual death or incarceration. As I write this, I am full of gratitude for AA and the love I receive from AA members who deeply care about me. I always get the support I need from AA, especially during the tough times.

Anonymous. Allenspark, CO Copyright © The AA Grapevine, Inc. January, 2020 Reprinted with permission.

EL ORIGEN

Los orígenes de Alcohólicos Anónimos se pueden encontrar en el programa del Grupo Oxford, un movimiento religioso popular de los Estados Unidos y Canadá a principios del Siglo XX. Los miembros del Grupo Oxford practicaban un plan de mejora personal por medio de hacer inventarios personales, admitir los errores, hacer reparaciones, orar y meditar y llevar el mensaje a otros.

A principio de los años treinta, Rowland H., un acomodado hombre de Vermont, visitó al renombrado psicoanalista suizo Carl Jung para buscar ayuda con su alcoholismo. Jung determinó que el caso de Rowland no tenía solución médica y que solamente podría encontrar remedio a través de una experiencia espiritual transformadora. Jung lo encaminó hacia el Grupo Oxford.

Más tarde, Rowland introdujo a su paisano Edwin ("Ebby") T. al grupo y los dos, junto con otros compañeros, pudieron finalmente alejarse de la bebida por medio de la práctica de los principios del Grupo Oxford. Un antiguo compañero de escuela de Vermont de Ebby, y también compañero de tragos, era Bill W. Ebby fue a visitar a su viejo amigo a su hogar en el 182 de la calle Clinton de Brooklyn, New York, para llevarle el mensaje de esperanza.

Bill W. había tenido mucho éxito como corredor de bolsa de Wall Street, pero su alcoholismo crónico había arruinado su prometedora carrera. Ahora, a punto de cumplir los 39 años de edad, se enteró de que su problema era irremediable, progresivo e irreversible. Había ido al Hospital Towns de Manhattan buscando tratamiento médico pero seguía bebiendo.

Al principio Bill se sintió poco impresionado por la historia de transformación de Ebby y las aserciones del Grupo Oxford. Pero en diciembre de 1934 después de ser ingresado nuevamente en el Hospital Towns para tratamiento, Bill tuvo una poderosa experiencia espiritual. Su depresión y desesperación desaparecieron y se sintió libre y tranquilo. Bill dejó de beber y, el resto de su vida, se dedicó a llevar esa libertad y tranquilidad a otros alcohólicos. Alcohólicos Anónimos había echado raíces

PRIMER CONCEPTO

"La responsabilidad final y la autoridad fundamental de los serviservicios mundiales de A.A. deben siempre residir en la conciencia colectiva de toda nuestra Comunidad."

PRIMERA TRADICION

"Nuestro bienestar común debe tener la preferencia; la recuperación personal depende de la unidad de A.A"

HUMOR

Le dice un borracho a su amigo:

- Sabés qué?, le hice una broma al del colectivo.
- ¿Por qué?
- Porque le paqué y no me subí.

El hombre llega totalmente borracho y su hijo le dice:

- iPapá, que linda borrachera traes! El padre contesta:
- Linda? Ya verás como tu madre le encuentra algún defecto.

REUNIONES VIRTUALES EN ESPANOL

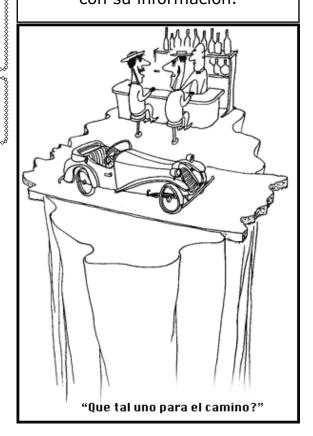
WWW.AAMIAMIDADE.ORG

GRUPOS:

VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA NORTH MIAMI GROUP

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup
por favor
enviar e-mail a
aamiamidade@bellsouth.net
o llamar al
305.461.2425
con su informacion.



p

THE MESSENGER

FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!

Date:				
Monthly:	Quarterly:	Annually:		
•			Member:	
ame:	Address:			
State:	Zip Code:	Tel: _()	
e my name to be added	in "The Messenger."	No,	I would like to re	
contribution informa	tion please call the office	e at: 305.461.242	5	
	Monthly: (Note: No A.A. mem Current I ame: State: e my name to be added	(Note: No A.A. member can contribute more than Current Member: ame: State: Zip Code: e my name to be added in "The Messenger."	Monthly: Quarterly: Annually: (Note: No A.A. member can contribute more than \$3,000 per year) Current Member: Address: Address: State: Zip Code: Tel:No,	Monthly: Quarterly: Annually:

indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

6 Anonymous.

COMMITTEE MEETINGS:

carrying the message of hope to the still suffering alcoholic.'

GS DISTRICT 10 Monthly Business Meeting

GS DISTRICT 10 Corrections Committee

4th Thursday of the month @ 8:00pm at Sabal Palm Room 10102 SW 107th Av., 33176

Miami FCYPAA Host

2nd & 4th Sunday of the mont @ 1:30pm at the Lambda Miami Club 28 NE 54

ves Committee

40 Sday of the month @ 6:30pm - Sunset Room 6999 N. Waterway Dr.

Remote Communities

3rd Sunday of the month @ 10:00am at Little River Club 51 NE 82nd Tr.

Accessibilities

GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month @ 7:15pm Upper Room 822 NE 125th St. # 111 North Miami, FL 3316

GS DISTRICTION OF THE PROPERTY OF THE PROPERTY

2nd Tu the month

Igh Metodista Unida

Ponce de Leon Blvd.

Meetings at the CORAL ROOM

1100 Ponce de Leon, CG 305.446.9558 *********

GS DISTRICT 10 PI/CPC

4th Saturday of the month @ 3:00pm

Treatment Committe

3rd Saturday of the Month @ 3:00pm

For more information go to www.district10miami.org

CHOICE IN DRINK?

Further refection on Step One brought about a different understanding of its context. The first the two parts of this step are separated by a dash—not a hyphen. A dash fulfills both segments of a sentence, e.g.:

"We admitted we were powerless over alcohol—that our lives had become unmanageable."

At first, I considered the second part "unmanageable" to mean; drunk tanks, getting fired again, losing friends, etc.—and it sort of does. However, much more prevalent is the word "powerlessness" in the first part which had caused my life to become "unmanageable." My real powerlessness was when I started drinking, I could not stop, but when I stopped drinking, I could not stop starting. (Physical Allergy and Mental Obsession).

While years of "quitting drinking" failure by use of willpower, I never knew about the allergy-obsession syndrome: I never realized that I was powerless; that I had: "no choice in the matter of drink." (p. 24 of the BB)

As alcoholic despair deepened throughout the last Twenty-four years of drinking. My efforts were not superficial: No more Lucky Strike cigarettes! High protein milkshakes! Running! Handball! Swimming! Weightlifting! Why I felt wonderful! Who needs booze? I was like the guy on page 57 of the Big Book (Fitz M): "He couldn't drink if he would." But alas, I came to believe that I had to drink whether I chose to or not—it would seem as though "quitting drinking" just got me drunk—and often in short order.

Could I have the dramatic relief as Fitz? Well, like Fitz, I asked God for help and have not had to drink alcoholic since my very first AA meeting. Choosing to drink alcohol has been removed from my emotional vocabulary, e.g.: Choosing "to drink" or "not to drink" no longer occurs to me. I certainly hope that "choice in drink" never returns.

Bob S.

INTERGROUP CONTACT LIST

aamiamidade.org

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Ian S.

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Del H.

Steering Committee

Jennifer R.

Gloria P.

Tamara K.

Richard A.

Gerry O.

Trustees

Manuel N.

Virtual Founder's Day

OPEN POSITION

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Ian S. (Chair)

Intergroup Office

Jennifer R.

The Messenger

Office

Outreach

Maria S.

Public Information

Sam H.

Twelve Step Relay

Jenn G.

Big Service Breakfast

OPEN POSITION

General Service Liaison

Jorge L.

Spanish Intergroup Liaison

OPEN POSITION

Webmaster

Office

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"THE MESSENGER"

Published Monthly by

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NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

CONCEPT ONE

"Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.."

NOVEMBER

SOUTH DIXIE

Kevin D. 9 Ed D. 10 Casey 11 Juliana 15 Callie 35

DECEMBER

SOBER WAY OUT

Fernando C. 3 Tony V. 4 Gary M. 6 Jordyn G. 6 Sadena 7 Dawn G. 8

PALMETTO BAY

Ovi S. 5 Heidi T. 7 Christine H. 8 Dublin Dave 21 Josh A. 36

SOUTH DADE

Sebastian R. 2 Davin G. 4 Jose A. 5 Josef S. 7 Sarah I. 11 Aldrick 14 Doug M. 20 Dale Q. 21 Meredith 22 Jaime G. 26 Sandy 27 Gayle K. 28 Wes D. 32 Bessie 33 Josh A. 36

Tom G. 40



Please use this QR Code for your online contributions to your Intergroup Office.
Please just scan the code and it will take you directly to PayPal.

No contribution counts as small. We at Intergroup appreciate your continued support!



Scan. Pay. Go

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ALCOHOLISM BANKRUPCY DEFEAT HONEST

ADMITTED

STEP 1

HUMILIATION OBSESSION POWERFUL POWERLESS RAPACIOUS RIGOROUSLY SELF-CENTERED TOLERANT UNMANAGEABLE WILLPOWER

MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com

"They say she drinks like a fish."

Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh.
In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm Brickell Circle/3d Saturday @ 8:15pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

Group Anniversaries

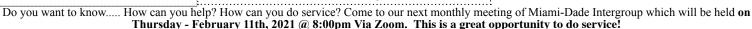
Almeria Group/Last Tuesday @ 7:30pm Bickell Circle/Last Thursday @ 8:00pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

LOOKING FOR MEETINGS?

Learn more at: www.meetingguide.org







Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

NI			
Name:			
Address:			
City:	State:	Zip:	

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

