

# The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

October 2020

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

**If your group is reopening the doors for meetings in person please do not forget to reach out to the Intergroup Office so we can post the correct information on our website promptly.**

**ONLINE AND IN PERSON MEETING INFORMATION**  
**WWW.AAMIAMIDADE.ORG**

## Step Ten: Beginning of the Maintenance Steps

Understanding the Disease of Alcoholism Takes Time

After being in the program for a while, it occurred to me that initially, there was no way I could have performed all the measures suggested in the steps on my first go-around. Coming from an alcoholic's approach to the issues we plan to address, we eventually come to understand that we can only give it our best effort to start the process. Understanding the disease of alcoholism takes time.

We can however establish a framework without concluding that we have completed the steps. As we continue to grow in the program more will be revealed about the steps taken and that is where step 10 becomes the opportunity to revisit past steps and fill in the empty spaces as we evolve. That does not mean that we cannot address those issues when we become aware of them.

If we stay sober long enough to get to this level of understanding we will continue to repair our broken relations with others and clear up legal, marital and financial problems that can be a distraction when it comes to looking at the deeper rooted emotional, mental and spiritual issues. We cannot ignore the need for up-keep and maintenance in the program no more than we can ignore the Up-keep and maintenance when we purchase a new car. Brake shoes wear thin, oil gets dirty, coolant evaporates etc.... The same effect takes place in the process of recovery. If we become complacent at any level of this process, as it often happens, we may relapse or, miss out on the promises set forth in step nine.

Step Ten, "Continued to take personal inventory and when we were wrong promptly admitted it". (BB Pg. 59) I believe that most of the members of A.A. that actually go through the steps, as suggested in the Big Book, have been doing this to some degree since they became aware of it in the 4th and 5th steps, and the reason why they reintroduced us to this topic in the tenth step was to make it clear that we will continue to do this for the rest of our lives. We are never finished when it comes to taking the steps.

There is a line that we cross if we are committed to the goal of becoming the best we can be in life and that is where we stop asking "Why we must do all the things that the program suggests" to a point where we start asking the question "Why wouldn't we do these things that result in freedom of the mind. The biggest misconception that we have is the idea that, somehow, we are responsible for becoming an alcoholic and this is simply not the case.

Alcoholism is a disease that we did not have the capacity to decide to become afflicted with when we were born. You might say that alcoholism is a byproduct of guilt, shame, and low self-esteem based on habits and deeds of the past. When we took our first drink it did something for us than it did not do for the normal person. It masks all our fears and insecurities temporarily but did not erase those embarrassing behaviors from our minds and our conscience. We behaved poorly as we evolved through our adolescence and young adulthood due to the fears and inhibitions associated with alcoholism. Who could fault the person who discovers they have a disease, takes it upon themselves to treat that disease, restores and accounts for all the faulty behaviors that stem from that disease, makes restitution and becomes a model citizen?

This is the natural development that evolves as the result of taking the steps and continue the up-keep and maintenance process and I Thank God that the program of Alcoholics Anonymous has taken one hell of a load off my mind and I am at peace mentally when my head hits the pillow at night.

By Rick R.

***"Continued to take personal inventory and when we were wrong promptly admitted it"***

Due to COVID-19 and the inability of the groups to meet in person we find ourselves limited to attend mostly online meetings. Even though people do contribute as per our 7th Tradition the Intergroup Office has been very affected and will be having a hard time keeping the doors open in the near future if us, the members and the groups don't contribute to keep its doors open.

Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website. [www.aamiamidade.org](http://www.aamiamidade.org) -Thank you!

We can accept contributions through PayPal or Zelle under Alcoholics Anonymous of Greater Miami.

## THOSE INVENTORY STEPS

WITHIN the past few months I've heard a great deal of talk about the inventory. There have been discussions on when to make it, how to make it, what to inventory, whether to write or not to write it. I think I've heard more diverse opinions on the inventory than perhaps any other step in the program. A few days ago I saw Steps Four and Ten from what is to me an entirely new angle. I'll pass it on for whatever it may be worth to those who may still be dreading taking Step Four and those who, like myself, may occasionally forget to "Step Ten" as often as perhaps we should.

The good alcoholic can always find an excuse to neglect the things he knows he should do, and I am an alcoholic. So I took to myself the excuse of weariness to avoid too much conscience trouble over not having made any preparation or given much time and thought to a subject for tonight's discussion. After all, we had all worked pretty hard to make our last meeting a success. Then too, what could I add to the message delivered by that wonderful speaker? There is a man who has found and practiced successful, happy living for almost ten years. Now I, from the great mountain of my few months of sobriety, presume to follow him! On and on, and on, and on. Good old alcoholic thinking!

Well here it is Sunday already and me with no subject or even the ghost of an idea for one. What to do? In my mind I went back to the beginning of the day and thought about the Lord's Prayer. I had, among other things, humbly asked, "Give us this day our daily bread." I had meant, "Give me the things I need." Then I thought: "What do I need? Apparently a good thorough inventory, from the way my thinking is running." Ugh! that inventory again! Well, I thought about the inventory and what it means to me for a while, and gradually my thoughts turned to inventory as a general thing. Then from somewhere out of the blue I remembered a bit of verse by a famous poet.

Oh wad some power the giftie gie us  
To see oursels as others see us.  
I repeated this three or four times  
before it hit bottom. I believe I had an answer to a prayer. I had been given "my daily bread," so to speak. Here was the thought I needed for my inventory. God has given us all that gift. The trouble with me has not been in seeing what others see but rather what I had been hiding, because too many times I didn't like what I saw.

*(Cont. to pg. 3)*



Do we remember being in early sobriety, when arrived at group anniversaries empty handed even when a covered dish was requested? – We were takers, not givers.

Do we remember being in early sobriety, when the collection basket was passed to pay the rent and buy the coffee and literature we just passed it along saving our money for something more worthwhile? – We were takers, not givers.

Do we remember being in early sobriety, and having no time to give a ride to the new member or to talk with him after the meeting closed? – We were takers, not givers.

Do we remember being in early sobriety, and arriving just before the meeting began and leaving immediately after the Lord's prayer having no time to help set up or tear down the meeting? – We were takers, not givers.

Do we remember being in early sobriety, when we never offered to chair a meeting or to come early to make the coffee or when we consistently arrived late so all could witness our entrance? – We were takers, not givers.

The sad and unexplainable thing is now that so many of us have meaningful sober time yet, we are still takers, not givers the only thing that has changed is our breath.

WHERE DO I PLACE MYSELF?

A GIVER?

or

AM I STILL A TAKER?



## Rationalization-The Language of The Ego Cutting off My Own Escape

The longer I progress in the program the more I understand how all of the words I read and hear in the Big Book, The Twelve and Twelve and in the meetings that I attend, have applied to me and I see negative behaviors that weren't that obvious to me for a very long time. I understand that it takes time to process the simplest of our objectives in the beginning and as new shortcomings keep popping up we deal with them as we continue to grow, and it has become clear to me that I will never consider myself finished with this process until I consider myself perfect. (yea right) They say that "Selfishness, Self-centeredness that, we think, was the root cause of our problems", but why did we have those symptoms? That was the question that eventually caused me to look deeper, since it became obvious to me that I still displayed those behaviors after years of sobriety and didn't seem to bother me that much (at the time).

Rationalizing is a word that doesn't get much airtime in the meetings I attend, and I don't like to share something that would appear to be calling out someone else when they share. I try to confine my comments to my observations of my own behavior. Rationalization, as I understand it to mean: Making a socially acceptable excuse for a socially questionable action, such as: I don't put my shopping cart back in the rack because they hired a person to do that and I don't want him/her to lose their job (Yea right). Being critical of other members of the program seemed to be acceptable in my early days of sobriety when talking with other members who, like me, were insecure and needed to prop themselves up. We labeled it, Construction Criticism (Yea right).

My life before Alcoholics Anonymous was full of that type of reasoning and it was commonplace in my circle of friends. After being divorced from my first wife for about two years, I told my current wife, of forty nine years, that I was going to stop bad-mouthing my first wife and that she was not my problem, that I was my problem and I didn't want to be her problem and I have kept that promise to this day. Divorce leaves, in its wake, Anger, Humiliation, Economic fear and a perfect Rationalization to point out the faults of the other and it could go on forever.

After ten years of keeping that promise, I started sharing, in meetings, what I had promised and I had another earth changing revelation when it occurred and I shared That: IF I could brag about never saying anything bad about my first wife and can still be gossiping and critical about other people, wouldn't that make me a hypocrite? That statement has been the biggest influence in my later term development. For the last fifteen years, or so, I have stopped being judgmental about anyone based on their outside behavior as they are all symptoms of the deeper-rooted emotional problems of alcoholism.

(Cont. on pg.5)

## AA GRAPEVINE, Inc.

### Making Amends (Finding a New Freedom)

Features 55 candid, firsthand stories from A.A. Grapevine magazine of members' experiences with Step Nine of the A.A. program. The book includes chapters on making amends to parents, children, family members, exes, financial institutions, friends and coworkers. These powerful stories illustrate how practicing Step Nine can help us, as AA's co-founder Bill W. wrote, "know a new freedom and a new happiness."



MAKING AMENDS  
Finding a new freedom



### THOSE INVENTORY STEPS (Cont. from pg. 2)

Up to now I had been taking an inventory as a sort of insurance to" sobriety. If I would be sober I must look for and try to remedy my weaknesses. If I had made any progress it was by the grace of God and I was thankful for it. The odd thing is that I really thought I was being honest. If this thought meant anything I had been going about this whole inventory business from the wrong angle. I had been regarding as a rather unpleasant duty that which really is no less than a gift of God: the ability to see myself as others see me. Even more, the means to become what I want others to see (Step Eleven). How many times I've heard this Bible quotation, "For as he thinketh in his heart so is he."

Steps Four and Ten give me the key to learn what I think in my heart. Steps Two, Three, and Eleven give me the means to think the things I would like others to see in me. Came to believe, made a decision, sought through prayer. . . .

Today I've found what is to me a new meaning in Steps Four and Ten. From now on I can approach Step Ten from a very different point of view. I'll no doubt have to use the mental broom vigorously in the days ahead. It took me thirty-seven years to get like this, but now I will know what I am sweeping out. I know that for me my inventory is as Robert Burns put it:

. . .the gift to give us to see ourselves as others see us  
B. T., Watsonville, CA



## CUAN AFORTUNADOS SOMOS

A Kinlochard lo llamo mi hogar espiritual. Es una pequeña aldea que se anida en un valle entre las montañas, en la rivera del lago Ard. Nunca me canso de observar el bosque en la rivera opuesta, con sus cientos de diferentes tonos de verde, reflejándose en la superficie del lago.

Halcones migratorios anidan en los riscos más altos y las garzas mueven lentamente sus alas para subir desde el lago a sus nidos en los inmensos árboles de una pequeña isla. Los cisnes, ánades silvestres y patos de lomo pardo compartiendo los bancos de arena junto con los ánades y aves zancudas y unos pocos pescadores, tirándoles sus anzuelos a las truchas. Algunas veces puedo ver, muy arriba de las montañas, un ciervo y su hembra cruzando un claro del bosque y, si tengo suerte, una pareja de nutrias entre las rocas de la orilla del lago. La paz prevalece.

Cuando en un principio descubrí Kinlochard, estaba en una de mis prolongadas borracheras.

Aún entonces, su belleza y tranquilidad penetraron a través de mi nube alcohólica. Ahora que tengo sobriedad, trato de visitar este lugar de descanso dos veces al año y maravillarme de la majestad de nuestro Creador. Yo no encuentro ninguna belleza en el arte. La escultura y la arquitectura son obras del hombre y no pueden rivalizar con el trabajo del Creador. ¿Cómo podemos esperar mejorar lo que el maestro nos enseñó? Cuan afortunados somos los alcohólicos que tenemos una enfermedad que nos obliga a buscar la recuperación por medio de la espiritualidad.

Egremunt, Inglaterra.

Llegamos a Creer

**Amor + Racionalidad = Desarrollo**

"Me parece que el propósito primordial de todo ser humano es desarrollarse, como Dios ha dispuesto, siendo esto la esencia de todo lo que crece." El objetivo de nuestra búsqueda debe ser la realidad que podamos encontrar, que incluye la mejor definición y sentimiento de amor que podamos adquirir. Si la capacidad para amar está dentro del ser humano, entonces con seguridad tiene que estar en su Creador.

"La teología me ayuda porque muchos de sus conceptos me hacen creer que vivo en un universo racional, bajo un Dios amoroso, y que mi propia irracionalidad puede irse limando poco a poco. Este, supongo, es el proceso de desarrollo para el que estamos destinados".

CARTA, 1958

Como lo ve Bill - Pag. 294

## REUNIONES VIRTUALES EN ESPANOL

**WWW.AAMIAMIDADE.ORG**

### GRUPOS:

**VIVIENDO SOBRIO  
CORAL GABLES  
LA GRAN MANZANA  
NORTH MIAMI GROUP**

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup  
por favor

enviar e-mail a  
**aamiamidade@bellsouth.net**

o llamar al  
**305.461.2425**  
con su informacion.

### DECIMO PASO

"Continuamos haciendo nuestro inventario personal y cuando nos equivocábamos lo admitíamos inmediatamente."

### DECIMA TRADICION

"Alcohólicos Anónimos no tiene opinión acerca de asuntos ajenos a sus actividades; por consiguiente su nombre nunca debe mezclarse en polémicas públicas."



## FAITHFUL FIVER MEMBERS

**Yes, I want to participate in the Faithful Fiver Club!**



Contribution information: Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Monthly: \_\_\_\_\_ Quarterly: \_\_\_\_\_ Annually: \_\_\_\_\_

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: \_\_\_\_\_ Current Member: \_\_\_\_\_ Returning Member: \_\_\_\_\_

Check Enclosed: \_\_\_\_\_ Name: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel: (\_\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_ Yes, I would like my name to be added in "The Messenger." \_\_\_\_\_ No, I would like to remain anonymous

**For Credit Card recurring contribution information please call the office at: 305.461.2425**

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.  
**5 Anonymous.**

### COMMITTEE MEETINGS:

#### GS DISTRICT 10 Monthly Business Meeting

1st Tuesday of the month  
at 7:30pm at the  
CG Congregational Ch.  
3010 De Soto Blvd., CG  
\*\*\*\*\*

#### GS DISTRICT 10 Corrections Committee

4th Thursday of the month  
@ 8:00pm at  
Sabal Palm Room  
10102 SW 107th Av., 33176  
\*\*\*\*\*

#### Miami FCYPAA Host

2nd & 4th Sunday of the month  
@ 1:30pm at the  
Lambda Miami Club  
28 NE 54th St.  
Miami, FL 33137  
\*\*\*\*\*

#### Wives Committee

4th Tuesday of the month  
@ 6:30pm - Sunset Room  
6999 N. Waterway Dr.  
\*\*\*\*\*

#### Remote Communities

3rd Sunday of the month  
@ 10:00am at Little River Club  
51 NE 82nd Tr.  
\*\*\*\*\*

#### Accessibilities

3rd Tuesday of the month  
@ 7:15pm Upper Room  
811 NE 125th St. # 111 - NM  
\*\*\*\*\*

#### GS DISTRICT 10 Grapevine Committee

1st Wednesday of the month  
@ 7:15pm  
Upper Room  
822 NE 125th St. # 111  
North Miami, FL 33166  
\*\*\*\*\*

#### GS DISTRICT 10 Literary Committee

2nd Tuesday of the month  
@ 8:00pm  
Iglesia Metodista Unida  
Ponce de Leon Blvd.  
\*\*\*\*\*

Meetings at the

#### CORAL ROOM

1100 Ponce de Leon, CG  
305.446.9558  
\*\*\*\*\*

#### GS DISTRICT 10 PI/CPC

4th Saturday of the month  
@ 3:00pm  
\*\*\*\*\*

#### Treatment Committee

3rd Saturday of the Month  
@ 3:00pm  
\*\*\*\*\*

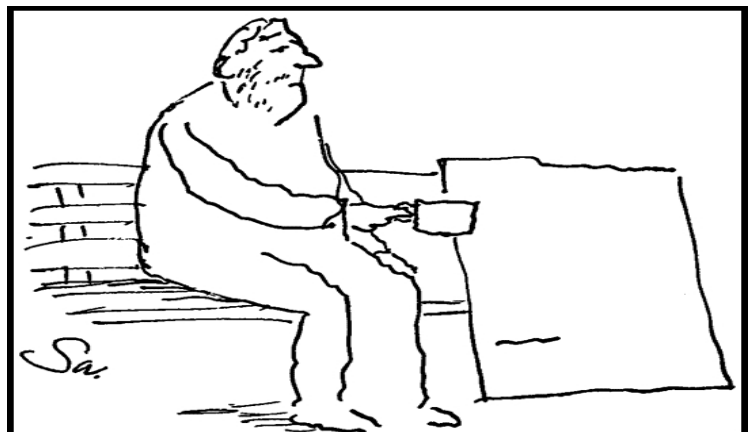
**For more information go to  
www.district10miami.org**

### **Rationalization-The Language of The EgoCutting off My Own Escape** (Cont. from pg. 3)

This mindset is my way of Cutting off My Own Escape when it comes to those other people. All my motives today are of compassion and empathy and I become their biggest advocate.

To add a little levity to this subject at a meeting I describe it as follows: My criticism of another alcoholic's behavior would be like two patients in a convalescent home hitting each other with their canes because one wasn't walking fast enough for the other. Silly but true. I can care for and wish for the best for every human being I know even when they don't have the capacity to return the sentiment. As I look back at the habit of rationalizing, I refer to it as The Language of My Ego and over the years, I've learned a new Dialect and I refer to it as, The Language of My Conscience and it leaves no damage in its wake.

By Rick R.



**INTERGROUP  
CONTACT LIST**

aamiamidade.org

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**Vice-Chair**

Raz S.

**Treasurer**

Dylan S.

**Secretary**

Del H.

**Steering Committee**

Jennifer R.

Tom D.

Tamara K.

Richard A.

Ian S.

**Trustees**

Askia K.

**Virtual Founder's Day****OPEN POSITION****Intergroup Banquet**

Ian S. (Chair)

**Intergroup Office**

Jennifer R.

**The Messenger**

Office

**Outreach****OPEN POSITION****Public Information**

Sam H.

**Twelve Step Relay**

Jenn G.

**Big Service Breakfast**

Dylan S.

**General Service Liaison**

Jorge L.

**Spanish Intergroup Liaison****OPEN POSITION****Webmaster**

Office

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www.district10miami.org

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Sonia H.

**Remote Communities**

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**"THE MESSENGER"**

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**MIAMI-DADE INTERGROUP**

4315 NW 7th St. - Suite # 36

Miami, FL 33126

Tel: (305) 461-2425

Fax: (305) 461-2426

**E-MAIL:**

aamiamidade@bellsouth.net

**WEBSITE:**

www.aamiamidade.org

**NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:  
aamiamidade@bellsouth.net

Please make checks payable to:  
**MIAMI-DADE INTERGROUP**

**TRADITION TEN**

**"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy"**



## JULY

### SOBER WAY OUT

Naomi 2  
Brian D. 4  
Frederick B. 4  
Towana %  
Maria G. 6  
Daisy V. 8  
Todd A. 8  
Karenia R. 9  
Stacy F. 10  
Eric D. 10  
Sandra P. 12  
Kenneth T. 15  
Ricky J. 18  
Jessica B. 18  
Linda V. 23  
James N. 24  
Bartimous 27

## AUGUST

### SOBER WAY OUT

Nicole Mc. 1  
Andra B. 2  
Eli 3  
Katie C. 4  
Mark M. 5  
Alex V. 8  
Raina E. 9  
Rafaela R. 9  
Norma C. 10  
Lucille G. 11  
Kris S. 15  
Clyde I. 16  
Epfraim 22  
Debra J. 22  
Garcia G. 27  
Deborah J. 30  
Patricia P. 30  
Charlotte N. 31  
Jimmy S. 34

### PALMETTO BAY

Lisa E. 1  
Suray 1  
Cathy K. 2  
Bernardo 2  
Chauna J. 6  
Tom Mc. 36

Please use this  
**QR Code** for  
your online  
contributions to  
your  
Intergroup Office.  
Please just scan the  
code and it will take  
you directly to  
PayPal.

No contribution  
counts as small.

We at Intergroup  
appreciate your  
continued support!



Scan. Pay. Go.

## SEPTEMBER

### SUNSET

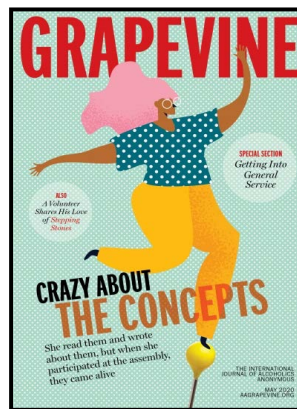
Terry M. 1  
Nancy Z. 1  
Jerry M. 2  
Sunil K. 3  
Christy B 3  
George D. 3  
Barbara M. 4  
Erica J. 6  
Richard B. 6  
Marissa E. 10  
Marisol G. 16  
Hugo D. 20  
Shari T. 25  
Michael T. 26  
Celeste 31  
Richard J. 38  
Matt T. 47

### PALMETTO BAY

Casey 1  
Rich 2  
Carl M. 5  
Vitaly 8  
Warren M. 26  
Brian W. 27

### SOBER WAY OUT

Andy 2  
Mario C. 2  
Regie C. 2  
David M. 4  
Vanessa J. 9  
Luis S. 9  
Marvin F. 16  
Adi M. 17  
Catherine M. 22  
Yusuf S. 23  
Donya B. 29  
Martha F. 32



## MEETINGS IN RUSSIAN

Do you know any Russian-speaking  
friend, who has drinking problems?

Please invite them to our new 7pm  
Sunday Russian-speaking  
Alcoholics Anonymous meeting.



**12 STEP HOUSE**  
205 SW 23rd St.  
Ft. Lauderdale, FL 33315

www.russianaa.com  
russianaa.florida@gmail.com

## Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why  
recovering alcoholics can always use a good laugh.  
In AA, members learn to not take  
themselves too seriously, to be happy, joyous and  
free. Luckily, sobriety can be pretty  
darn amusing.



## Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm  
Brickell Circle/3d Saturday @ 8:15pm  
Coral Gables Group/3rd Thursday @ 7:00pm  
Good Morning Group/3rd Friday @ 11:00am  
Happy 1060 Group/3rd Sunday @ 11:45am  
Happy Hour Group/ 3rd Thursday @ 6:35pm  
Homestead Group/3rd Tuesday @ 7:00pm  
Lincoln Road YP/3rd Sunday @ 7:00pm  
Little River Group/2nd Sunday @ 7:00pm  
Miami Young People/3rd Saturday @ 7:00pm  
Mix Nuts Group/1st Monday @ 9:30pm  
New Beginner's # 2/2nd Thursday @ 7:30pm  
Night Owl Group/2nd Sunday @ 7:00pm  
North Miami Group/Last Wednesday @ 7:15pm  
Palmetto Bay/3rd Wednesday @ 6:35pm  
Primary Purpose/Last Wednesday @ 6:45pm  
Quinto Paso/1st Monday @ 7:00pm  
Sabal Palm/3rd Thursday @ 7:00pm  
Sober Way Out/3rd Sunday @ 7:00pm  
Something Happens/1st Saturday @ 10:00am  
South Dade Group/3rd Wednesday @ 7:00pm  
South Dixie Group/2nd Sunday @ 12:15pm  
Sunset Group/2nd Friday @ 7:00pm  
West Miami Group/3rd Tuesday @ 7:00pm  
We Stopped in Time/1st Monday @ 9:35pm  
Young, Sober & Free/Last Sunday @ 8:05pm

## Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm  
Bickell Circle/Last Thursday @ 8:00pm  
Coral Gables Group/Last Monday @ 8:00pm  
Grupo Central/Last Sunday @ 1:00pm  
Good Morning Group/Last Friday @ 10:00am  
Happy 1060 Group/Last Sunday @ 10:45am  
Happy Hour Group/Last Friday @ 5:30pm  
Homestead Group/Last Thursday @ 8:30pm  
Key Biscayne Group/Last Friday @ 8:30pm  
Killian Pines Group/Last Friday @ 8:00pm  
Lincoln Road YP/Last Sunday @ 7:00pm  
Little River Group/Last Wednesday @ 8:30pm  
Miami Springs Group/Last Monday @ 7:30pm  
Miami Young People/Last Saturday @ 8:30pm  
Mixed Nuts Group/Last Monday @ 8:30pm  
North Miami Group/Last Friday @ 8:30pm  
Palmetto Bay Group/Last Saturday @ 5:30pm  
Plymouth Group/Last Wednesday @ 7:00pm  
Primary Purpose/Last Saturday @ 8:30pm  
Sabal Palm Group/Last Sunday @ 7:00pm  
Shamrock Group/Last Tuesday @ 8:30pm  
Sober Way Out/Last Friday @ 8:30pm  
Something Happens/Last Saturday @ 9:00am  
South Dade Group/Last Friday @ 8:30pm  
South Dixie Group/Last Saturday @ 7:30pm  
Sunset Group/Last Friday @ 7:30pm  
West Miami Group/Last Friday @ 8:30pm  
We Stopped in Time/Last Monday  
Young, Sober and Free/Last Sunday

## LOOKING FOR MEETINGS?

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Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on  
**Thursday - November 12, 2020 @ 8:00pm Via Zoom. This is a great opportunity to do service!**  
For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

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Please note: When you mail in this form, feel free to add something you would like to share with the fellowship  
(a thought, a story, a joke or something you heard at a meeting.)

**HELP US CARRY THE MESSAGE!!!**

**The Messenger**

Miami-Dade Intergroup  
4315 NW 7th St. - Suite 36  
Miami, FL 33126  
Phone: 305.461.2425 (24 hrs.)  
Fax: 305.461.2416

