# The Messenger MIAMI-DADE INTERGROUP



aamiamidade@bellsouth.net

Florida - USA

June 2020

4315 NW 7th St. Suite 36 - Miami, FL 33126 /

305.461.2425 (24 hrs) /

305.461.2426 (Fax)

aamiamidade.org

If your group is reopening the doors for meetings in person please do not forget to reach out to the Intergroup Office so we can post the correct information on our website promptly.

ONLINE AND IN PERSON MEETING INFORMATION WWW.AAMIAMIDADE.ORG

#### ADDICTED TO EXCITEMENT

When I was in high school, Fridays were really exciting—the beginning of the weekend! A surge of energy ran through my body: It was party time. On the outside, I'd been "good" all week, while on the inside I either was remorseful about my drunken behavior the weekend before (having done things I normally wouldn't have done sober), or secretly longing for the coming weekend when I could have more fun. The remorse had usually subsided by Thursday, so by Friday I was primed.

My standard question was: "Where are the good parties?" The secret questions that I dared not speak aloud were: "How can I get more beer? How can I stay out later without blowing my good-girl cover?" I didn't hang around people my age on the weekends (that might ruin my reputation). Mostly the people I partied with were in their mid-twenties. They purchased more alcohol, so we never ran out. My fear forced me to play it semi-cool. I needed to prevent my (now recovering) parents from catching on that all signs of a drinking problem were positive. I had direct experience with alcoholism both through my parents' drinking and from Alateen. I knew the rules of how not to become an alcoholic: don't drink alone (I didn't think it counted when I continued to drink after everyone else had

∛quit for the night), don't let your grades §drop (whew, I still had that aced), and &don't black out. (Was that a blackout when §I was twelve? I walked into the kitchen §and the next thing I knew, my cousins were pulling me away from broken glass scattered all over the floor. No, blackouts §last hours, days even. It must not have Šbeen a real blackout.) "Well, let's not ana-\$lyze my drinking any longer; let's get back to the excitement of going out!" I would \$think to myself. I never understood why §my "straight" friends didn't like getting drunk. They wouldn't even go out with me, \$except one friend, and she couldn 't even \$drink one wine cooler; I had to finish it off for her. My "best" friend on the other hand really knew how to party. She knew where the good parties took place: where \$the alcohol was (Cont. on page 3)



#### ŔĖĬŇŤŔŎĎŮĊĔĎŤŎŇŶŚĔĹF

I am one of AA's younger members and am actually grateful to bean alcoholic. At first I thought of AA as a brainwashing program. as I watched my mother get sober and change over a four-year period. I guess back then I was proud to be an active alcoholic, thought I was lucky to have the freedom to drink, and often felto sorry for people in AA who took themselves so seriously. I. attended AA with my mother on occasion, but I couldn't believe the things people said and the feelings they had. When I saw. people from AA in the mall or the post office, they wanted to reach out to me, but I'd get away from them as fast as I could. In my late teens, the law began sending me to AA, then my. Mom started making me go. I hated it and fought to be different, always against the grain. All my friends partied and a lot of them were older than I was. My drinking became daily. I lived with different friends and relatives, hopped from school to school, was depressed, felt alone, never got close to anyone, not even a boyfriend. I was self-destructive and lived on the edge and didn't. care if I lived or died. I was always wanting to fight and liked it. when people were scared of me. The seed of AA was there, and on mornings when I hurt physically and didn't remember the night

> before, I'd wonder: should I give AA a fair shot? For six months I'd pull a few days. together, then celebrate with a drink. I really felt as though I was going crazy. I. was afraid to believe in a higher power and. I continued downhill, never remembering. the night before, still going to AA while. comparing my way out. I was constitutionally incapable of being honest. The lawbrought me to my bottom and I decided: to give AA an honest try. At twenty-three• months sober, I had changed people, places, and things, gotten a sponsor, and. worked Steps One through Five. I was. doing the things suggested but I still felt alone and didn't know myself. My higher. power wasn't a priority and I'd never lived. one day at a time. I didn't feel worthy of. sobriety and I drank. (Cont. on page 3)



use to COVID-19 and the inability of the groups to meet in person we find oursel

Due to COVID-19 and the inability of the groups to meet in person we find ourselves limited to attended mostly online meetings. Even though people do contribute as per our 7th Tradition the Intergroup of Office has been very affected and will be having a hard time keeping the doors open in the near future if us, the members and the groups don't contribute to keep its doors open.
 Please keep your Intergroup Office in mind when you send your contributions, the office has a direct link for contributions on our website. www.aamiamidade.org -Thank you!

We're entirely ready to have God remove all of these defects of Character.

I have heard numerous times in meetings that hthis program is all about progress, not perfection", usually spoken by someone taking the phrase they have read from the beginning of Chapter Five, out of context. I have yet to read this in the Basic Text of our Big Book nor have I read it in the Twelve Steps and Twelve Tra-Iditions. I suspect that this phrase has sifted down from Iother institutions, other than AA, whose primary pur-Ipose was not the same as ours in the fellowship, [even I Charlie Towns wanted to increase his bottom line when he offered Bill a job at his hospital (p100, AACOA)].

Step Six sets the stage for the ultimate purpose of this Character Building that we are performing and the 12 and 12 refers to. The paragraph in the Big Book asks us, "Can He [God] now take them [our character defects] allevery one?" The '12 and 12' elaborates on this step, after 12 years of AA experience. First of all, it makes the statement that this is the step which separates the men from the boys, ultimately defining the action necessary to make that separation. In the twelve and twelve, from pages 63 to 69, the word perfect or perfection is mentioned 12 times, where on page 68 it comes out and says that "...the difference between 'the boys and the men' is the difference between striving for a self determined objective and for the PERFECT objective which is of God." This is what the program of Alcoholics Anonymous is all about. Remember in Step 5, you forgave yourself and left your past behind you. The waves left behind your ship of life cannot control or steer your ship any longer.

I've heard comments that "my perfectionism is what made me drink in the first place". We are not told Ithat we will be required to reach and maintain any form I Iof perfection, as we strive, that is not what the step tells in lus. Did you realize that the word sin is an archery Iterm? It originally meant 'missing the mark'. (Next time in your reading you come across this term insert this original meaning and see how the text then reads). An archer thus aims for the very center of the bull's eye, trying and striving to be perfect. Through practice, he gets closer and more consistent and through that practice he can claim progress. That's the meaning we read in the beginning of Chapter five. We are striving to be the "best" person we can possibly be today and with practice we claim progress, not perfection.

Luckily the seventh step prayer in the Big Book allows for our still imperfections. "I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. It was put to me that when you see sober members who may still carry sarcasms, vulgarity, or cross talk in the form of critiquing an earlier share in a meeting, God is showing us that even (Cont. on page 3)

### **AAGRAPEVINE**, Inc.



Just a quick note to let you know the new book bundle "The Best of the Grapevine" volumes 1,2 and 3 will be available later this month.

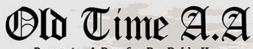
#### EARL T.

After being taken through the 12 Steps by Dr. Bob S. in Akron in one afternoon, Earl T. went back to his home in Chicago to start A.A. there in 1937. After getting drunk when his wife criticized his coffee drinking and smoking, Earl realized that the alcoholic has to continue to take his own inventory every day if he expects to get well and stay well. On September 20, 1939, Chicago had what is known as the first group meeting. Held



in Evanston in Earl's apartment, there were eight present: Earl, Dick R., Ken A., Sadie I., Sylvia K., George M., Earl's wife Katie, and a nonalcoholic, Grace Cultice.

Earl T. urged Bill W. to codify the A.A. experience, resulting in Bill writing the Twelve Traditions. "Twelve Points to Assure Our Future" was published in the April 1946 A.A. Grapevine. Earl later suggested that the Twelve Traditions would benefit shortening. Bill, with Earl's help, set out to develop the short form.







The 2020 International Convention scheduled for July 2-5, 2020 in Detroit, Michigan, has been cancelled.



#### Keep Coming Back

I am a sixteen-year-old alcoholic. I walked through the doors of Alcoholics Anonymous when I was fifteen. When I first started drinking, it was fun. Then it was fun and problems. Then it turned out to be just problems. The first time I got drunk, I was thirteen years old. I blacked out and don't remember much. But what I do remember is that I felt like King Kong, bigger and badder than everyone else. I became the center of attention.

I continued to drink and get in trouble. I drank mostly on weekends. I was known Į to kids I drank with as "the alcoholic." For some reason I just couldn't have a few beers like everyone else did. I had to have twelve, fifteen, or sometimes twenty-

My drinking got really bad toward the end, and I admitted myself to a ten-day inpatient treatment center. Unfortunately, I didn't leave there with hope, and I stayed dry for only five weeks. I hit my bottom on March 28, 1996. The next day, I made my first Alcoholics Anonymous meeting. I don't remember much from that meeting, but I do remember leaving that meeting with a lot of hope. I also remember how the people around the tables said to keep coming back. I've been coming back for the year and a half that I've been a member of AA. I've seen a lot of changes in my life. I do a lot of Twelfth Step work and encourage younger kids to become involved with AA. Today, my primary purpose is to stay sober and help another alcoholic to achieve sobriety. I am so grateful to my Higher Power and the Fellowship of Alcoholics Anonymous that I've been blessed with the opportunity to change my life.

> Dean P., Highland, IN Copyright © The AA Grapevine, Inc. February, 1998, Reprinted with permission.

#### ADDICTED TO EXCITEMENT (Cont. from page 1)

plentiful and where the "real men" hung out. Such excitement! The §flirtation. . .the choosing. . .the capture. This was almost as exciting as the drunken high. The alcohol made me forget that they  $\S$ used me. . .and I used them. Well, it's five-and-a-half years later. I  $\S$ \$live now in Golden, twenty miles south of the University of Colorado\$in Boulder. I've been at this college thing since 1987—sober. I used  $\S$ to say that I didn't know what happened, that I just accidentally guit drinking. It sure wasn't my plan, hut I'm grateful that it was somebody's plan. Yes, once in a while I feel like I'm missing out. My denial creeps in and presents me with a glimmering of hope \$that I could drink for a few more years (maybe just till I finish col-§lege) and then quit. That occurs when I forget the true story of my &drinking. Then I remember what my sponsor said when I read her my Fourth Step. She said, "Oh my, you've packed quite a lot into anglea short amount of time. I wish I could have packed that much in. I §tried!" And we laughed.

Today I don't spend my Friday afternoons outlining my eyes per-§fectly, spraying my curled hair, and finding the right sweater to \$match my tight jeans. I don't spend my Friday nights chugging \{\gamma\_nything I can get my hands on (I never understood why they took) \$the time to make Fuzzy Navels and those other fancy drinks; just give me the vodka!). I don't practice my breathing by smoking a pack of cigarettes. I don't even send out those flirtatious glances. \$ I don't blow off my friends and end up with some guy, and I don't Spend the early hours of Saturday morning regurgitating what I §had consumed several hours earlier. So what am I doing tonight? Writing a journal entry instead of "getting ready." Going to a meeting rather than going to a party. Showing my true self rather than a convenient mask.

Before, I arranged my outsides, and now I prepare my insides. In \$the past, I looked for that exciting high. Now I receive a spiritual Senergy which lasts much longer. I'm still left with myself the next &day, but now I like that self. Now my life is real. I am present. I take responsibility for my life. Today I honor and love that scared, depressed teenager who thought she had to live like that. She §strength and her pain, and we heal.

Kimberly M., Golden, CO Copyright © The AA Grapevine, Inc. July, 1994. Reprinted with perrmission.

Step 6.... (Cont. from page 2)

these AA\*holes can get and stay sober, you should be no exception. My old sponsor in South Florida put step six this way. "We are commissioned to strive for a goal which is in most respects unattainable, but the moment we cease to make the effort in striving, we begin back sliding toward out next drink."

Finally, I'd like for you to think back and remember that certain someone, practicing this way of life, which said or did that exact PERFECT thing which allowed you to decide to try it for yourself. We were entirely ready to Have God remove all of these defects of character, in essence, attempting to be the very best person we can today. In this state, we may not know what seeds we sow or drops of water we spill which plants the seed of recovery in another. We may never see the blossom sprout, but we do the best we can, not settling for mediocrity but striving for the perfect objective which is of God. Ric B., Salina, CA







#### REINTRODUCED TO MYSELF (Cont. from page 1)

again. Yes, I picked up where I let off. I went out for one night, was out of control, remember nothing, and came back to AA the following morning. I reintroduced myself and got real with myself and •God too. I'm proud to say that this November I'll have three years sober. I am twenty-three years old. Sure I have bad days and have 🖁 &didn't know any other way. When I tell my story, I acknowledge her how much pain I'm in, when I read the Twelve Promises in the Big Book, I get grateful. Jody B., New Bern, NC

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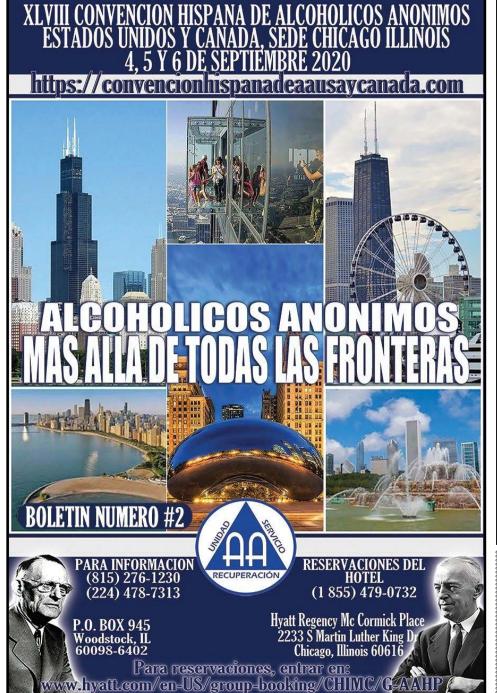
#### The Center Line of Life Deeper rooted emotional problems

We are all born with a Conscience and an Ego. We all have instincts. We, as human beings are also born with the Use of Practical Reasoning, and that separates us from the animals, who, for the most part, live by their instincts. The degree to which these assets and liabilities affect our behaviors differ in all of us. "Yet these instincts, so necessary for our existence, often far exceed their proper function. "(12x12 Step 4) Most normal people make mistakes in their lives and that is normal since no one is perfect. Most Alcoholics, however, take their life to the brink of destruction before they become desperate enough to surrender and enter the program of Alcoholics Anonymous. Most Alcoholics have deeper rooted emotional problems that far exceeds the normal range. Some of these troubles can be rectified simply by acknowledging that they exist and being willing to change our motives and behavioral habits.

Unfortunately, A certain percentage of our fellowship have deeper rooted problems that are permanent and cannot be cured simply by practicing A.A. principles alone. They are often masked by the use of alcohol and when a person stops drinking and starts dealing with their behavioral problems, these things rise to the surface in the form of: O.C.D; A.D.D; Bipolar Disorder; P.T.S.D; and many others that can only be subdued by the use of medications that, in some cases, dulls the mind of the patient to the extent that they would resist taking the medication and would rather live with the symptoms. Not knowing this, we sometimes misunderstand the people stricken by these deeper-rooted mental conditions and believe, by their sharing, that they are arrogant or egotistical etc. when displaying behaviors that the average person is not afflicted with. These conditions are not always at the extreme levels and each of us, being Alcoholics, have a degree or behavioral problems that are outside of the normal range else why would we need to attend AA meetings. Let us consider the normal range to be 5 degrees on either side of the center line. The extremes of the abnormal behavioral problems extend out to 50% on either side of the centerline. Let us take Fear as an example. Some people are so fearful they are afraid to leave their home, while others are so fearless that they may walk in front of a bus. These are the extremes, and we all fall somewhere in between. Those of us who are fortunate enough not to be afflicted by those pre-mentioned mental disorders, are blessed In the sense that, practicing the principles of Alcoholics Anonymous, can bring us back towards the center line and we can lead a somewhat normal life.

For those ill-fated ones afflicted by those conditions, they can stay sober, but the behaviors are still apparent to us and, unless we can recognize and replace the habit of judging them by their outward behavior, we are still outside the normal range, and when we replace the habit of being judgmental with the habits of compassion and empathy we are somewhat closer to the center line. We can change all those alcoholic behaviors when we recognize them, simply by looking deeper into our motives for our actions pointed out in the A.A, program. Steps six and Seven begins this process of recognizing our defects of character, based on our thinking, and changing the shortcomings or actions, that result from those thoughts. "There are those too who suffer from grave emotional and mental disorders but many of them do recover if they have the capacity to be honest." (BB pg. 58) My question is, do we have the capacity to be accepting when we recognize that some of us have these, uncontrollable deeper-rooted issues and that we cannot compare them to ourselves and be judgmental about these difficulties. Love, Compassion and Empathy are the center line positions in these cases. They need our understanding.

By Rick R.



REUNIONES VIRTUALES EN ESPANOL

WWW.AAMIAMIDADE.ORG

**GRUPOS:** 

VIVIENDO SOBRIO CORAL GABLES LA GRAN MANZANA NORTH MIAMI GROUP

Si necesitan postear sus reuniones virtuales en el website de

Miami-Dade Intergroup
por favor
enviar e-mail a
aamiamidade@bellsouth.net
o llamar al
305.461.2425
con su informacion.

#### **SEXTO PASO**

"Estuvimos enteramente dispuestos a dejar que Dios nos liberase de nuestros defectos.""

Convención Internacional - Detroit, Michigan Julio 2 al 5 de 2020

## **CANCELADA!**



#### **FAITHFUL FIVER MEMBERS**

#### Yes, I want to participate in the Faithful Fiver Club!

Contribution information:	Date:			11/9
Amount:	Monthly:	Quarterly:	Annually:	5
I am a new Member:	•		<b>\$3,000 per year)</b> Returning Member:	
Check Enclosed:	Name:	Address:		
City:	State:	Zip Code:	Tel: <u>( )</u>	
Yes, I would For Credit Card recurring	ike my name to be added contribution informa	d in "The Messenger." ntion please call the office	No, I would like to rereat: <b>305.461.2425</b>	nain anonymous

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic.'

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated. **9 Anonymous.** 

#### **COMMITTEE MEETINGS:**

### GS DISTRICT 10 Monthly Business Meeting

1st Tuesday of the month at 7:30pm at the CG Congregational Ch. 3010 De Soto Blvd., CG

### **GS DISTRICT 10 Corrections Committee**

#### **Miami FCYPAA Host**

2nd & 4th Sunday of the month @ 1:30pm at the Lambda Miami Dade Club 28 NE 54th St. Miami, FL 33137

#### **Archives Committee**

#### **Remote Communities**

3rd Sunday of the month @ 10:00am at Little River Club 51 NE 82nd Tr.

#### Accessibilities

### GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month @ 7:15pm Upper Room 822 NE 125th St. # 111 North Miami, FL 33161

### **GS DISTRICT 10 Literature Committee**

### Meetings at the CORAL ROOM

1100 Ponce de Leon, CG 305.446.9558 \*\*\*\*\*\*\*\*\*

#### GS DISTRICT 10 PI/CPC

4th Saturday of the month @ 3:00pm

#### **Treatment Committe**

3rd Saturday of the Month @ 3:00pm

For more information go to www.district10miami.org

#### Things Started Working for Me When:

- 1. My Desperation Outweighed My Denial.
- 2. My Conscience Outweighed My EGO.
- 3. My Compassion Outweighed My Resentments.
- 4. My Giving Outweighed My Taking.
- 5. My Faith Outweighed My Fear.
- 6. My Unselfishness Outweighed My Greed.
- 7. My Service Outweighed My Neglect.
- 8. My Acceptance outweighed My Criticism.
- 9. My Caring Outweighed My Indifference.
- 10. My Empathy Outweighed My Contempt.
- 11. My Perspective Outweighed My Opinion.
- 12. My Smiles Outweighed My Smirks.
- 13. My Calmness Outweighed My Rage.
- 14. My Understanding Outweighed My Confusion.
- 15. My Virtues Outweighed My Faults.
- 16. My Hope Outweighed My Distrust.
- 17. My Gratitude Outweighed My Dismay.
- 18. My Kindness Outweighed My Spite.
- 19. My Principles Outweighed My Delusions.
- 20. My Happiness Outweighed My Pain.
- 21. My Confidence Outweighed My Insecurity
- 22. My Maturity Outweighed My Childishness
- 23. My Quiet Discipline Outweighed My Gossip.

I Could Go on Forever...

By Rick R.

#### INTERGROUP CONTACT LIST

aamiamidade.org

Chairman

Manuel N.

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Del H.

#### **Steering Committee**

Jennifer R.

Tom D.

Tamara K.

Barry G.

Ian S.

**Trustees** 

Askia K.

#### Founder's Day Picnic

Tom L.

#### **Intergroup Banquet**

Ian S. (Chair)

Leah L. (Co-Chair)

#### **Intergroup Office**

Jennifer R.

#### The Messenger

Office

#### Outreach

Sean-Paul G.

#### **Public Information**

Sam H.

#### **Twelve Step Relay**

Jenn G.

Big Service Breakfast

**OPEN POSITION** 

#### **General Service Liaison**

Tamara K.

Spanish Intergroup Liaison

**OPEN POSITION** 

Webmaster

Office

### GENERAL SERVICE CONTACT LIST

www.district10miami.org

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Peter D.

Treasurer

Regina F.

Registrar

Sara G.

#### **Recording Secretary**

David M.

**Archives** 

Toni Marie

**Corrections** 

Erik R.

#### **Current Practice**

Ray S.

#### Grapevine

Anna G.

#### **Gratitud Dinner**

David M.

#### **Intergroup Liaison**

Jorge L.

#### Literature

Isabel C.

PI/CPC

Mario P.

#### Accessibilities

Melissa L.

#### Treatment

Glen H.

Big Service Breakfast

**OPEN POSITION** 

District 17 Liaison

Sonia H.

#### **Remote Communities**

George R. 1

#### Webservant

Nino P.

#### "THE MESSENGER"

Published Monthly by

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#### **NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

### Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

#### **TRADITION SIX**

"An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

MAY

#### **HOMESTEAD**

Rick B. 25

Jaime SN 8
Henry 11
Mary Q. 21
Roxanne M. 22
Victor C. 25
Bonnie N. 28
Chuck C. 47

### SOBER WAY Chuck C. 47

Jimmy M. 1
Sandra G. 1
Hannah T. 3
Olivia C. 4
Robert J. 4
Robert P. 5
Raymond 6
Veronica D. 6
Joel B. 9
Billy M. 9
Keila 10
Marge B. 12
Allie S. 16
Lisa P. 27
Frederic R. 31

#### Alcoholics are like teabags They won't work until they're in Hot Water!

A sponsor is someone who sees through you, and still sees you I don't want to be with the old me again... he tried to kill me!

James M.



I found working my own issues takes all the time to work your issues!

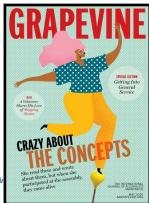
Vicki C.

"If Faith Without Works Is Dead, Willingness Without Action is Fantasy"









#### MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com



Much to the rest of the group's horror Bob had completely misunderstood the concept of Alcoholics Anonymous.

#### Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh.

In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.

#### Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm Brickell Circle/3d Saturday @ 8:15pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm Mix Nuts Group/1st Monday @ 9:30pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

#### **Group Anniversaries**

Almeria Group/Last Tuesday @ 7:30pm Bickell Circle/Last Thursday @ 8:00pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm Mixed Nuts Group/Last Monday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

### LOOKING FOR MEETINGS?

Learn more at: www.meetingguide.org



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To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

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c/o The Messenger

Name:		
Address:		
City:	State:	Zip:

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

#### HELP US CARRY THE MESSAGE!!!

