

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

March 2020

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

"We feel we are walking on the Broad Highway, walking hand in hand
with the Spirit of the Universe."

65th Annual Banquet
MIAMI-DADE INTERGROUP

Saturday
MARCH 21st, 2020

6:00pm - Reception

7:00pm - Dinner

8:30pm - Speaker

Followed by Dance @ 10:00pm

Tickets on sale NOW:
\$40.00 per person / \$400 per table (10 people)

*** Formal Attire ***

Double Tree Hotel by Hilton 711 NW 72nd Ave. - 33126
(Near Miami Int'l Airport)

GENERAL SERVICE DISTRICT 10 MIAMI



Presents the



2020 Grapevine Roundup
"Voice of the Fellowship"

Saturday, May 2, 10am-4pm
Blue Lakes Park
4225 SW 92nd Ave

Tickets \$10

Fellowship ~ Food (11-1) ~ Speaker (1-2) ~ Games

Desserts welcome!



**For more information call the
Intergroup Office 305.461.2425**



PALMETTO BAY

New SPANISH Meeting!

NEW LATIN CONNECTION

Starts on Friday

MARCH 13th, 2020

@ 8:00pm



TRIANGLE CLUB

17636 Franjo Road – Palmetto Bay

65th Annual

Miami-Dade Intergroup Banquet

BIG BOOK RAFFLE!

1948 - FIRST EDITION "BIG BOOK"

12th Printing

Winning ticket to be drawn at
Banquet

Doubletree Hotel by Hilton on
March 21st, 2020

NEED NOT TO BE PRESENT TO WIN

1 ticket for \$5.00 or

3 tickets for \$10.00

(Ask your Intergroup Rep for Tickets!)

The Tree of Unselfishness

By Rick R.

Selfishness, Self-centeredness, the root
of all our flaws.

When first I heard those simple words,
it really gave me pause.

Could this be the answer to, the troubles of my past?
Removing all the guilt and shame,
my conscience had amassed.

Unselfishness was not a word; my EGO could embrace.
For it was much more satisfied, when I lived in disgrace.

When in the clutch of my disease,
I really had no choice.

But in the comfort of A.A, I heard God's loving voice.
He had me check my motives for,
my habits and my deeds.

And redirect my thoughts to meeting,
other people's needs.

As I adopted this approach, not looking for approval.
Joy filled that dark and guilty space,
left after their removal.

Unselfish motives are the seeds.
that spawn this loving tree.

The fruit of which brings happiness,
to both them and me.

These things could not have happened,
when my EGO had control.

It was my choice to summon up,
my Conscience for that role.

Unselfishness has been the answer, to a life of grief.
The more I put it into play, the more I get relief.

It's my Conscience now that monitors,
my motives at their roots.

The result has been a healthy tree,
and I enjoy the fruits.

A TRUST IN THE A.A. PROCESS

A Power Greater than Myself

Why the program of Alcoholics Anonymous works so well, on the disease of alcoholism, is hard to fathom when we first come into AA. Most of us are conflicted when confronted with the idea that our perception of life had been all wrong from the very start. Issues like, Faith, Higher Power, Insanity, Surrender, Denial, Guilt, Shame etc. had to be revisited to see where our past thinking had let us down. We realize that we have painted ourselves into the corner of life, and if we're lucky, we become open to the idea that we may have to seek outside help if we want to have any chance of a normal life. When we go through this process, in the spirit that it is presented, in The Big Book, and the 12X12, wonderful things happen for us. I find it much easier to look back at the way the AA program has worked for me, than it was when I first entered the program and tried to look forward and perceive how it was going to influence every facet of my life in a wondrous way. I wish there was a way to package it and give it away but as I look back on my own experience in AA and realize how each of us are conditioned differently, I know that, not all of us can envision what the end result will be, for if they did, they would cut right to the chase and never look back. In the beginning we usually spend most of our time coming to terms with the most obvious symptom of alcoholism; the drinking and I was no exception. Unfortunately, many of us never get deeper into the program, where most of the healing takes place. For those of us that do come to realize that happiness and, more importantly, peace of mind, are the things that are lacking in our lives and to acquire them, we must get serious and dig deeper into the process that lead to these qualities. This does not mean that we will not experience joy and peace until we complete the process? Not at all, for every time we uncover another piece of the puzzle that barred us from being at peace with ourselves, it allows us to free up that part of our mind that has been wrestling with that issue and we can finally put it to rest. The day to day improvement in our own self esteem will be reward enough to inspire (inspirit) us to address the next issue that needs our attention, and one by one we resolve these matters as we Trudge the Road Of Happy Destiny. Another thing that seems to be a natural result as we navigate this approach is that, with this new awareness, we refrain from making the regretful mistakes of the past that caused our discontent in the first place. Replacing the wrongs with the rights, you might say, doubles the pace of our growth. We only live once and it would be a shame to spend it with that awful mental grinding that goes on between our ears, when the solution is right before our eyes, and if we continue to spend all of our mental energy obsessing on the "not drinking one day at a time" we can do this for years and then, one day, just pick up that drink. A drink has no appeal to alcoholics who are at peace with themselves and with others. Why waste the only life we have, when the answers are laid there at our feet? Don't get stuck in the rut of complacency. Trust this process and ask yourself if you've been thorough with all twelve of the steps and if not, I recommend that you revisit those loose ends and deal with them. Give this a try, and I guarantee that, you won't regret it.

By Rick R.



MY FRIEND ELLEN

It was 2002, I remember when I first started coming to the Intergroup meetings, my friend Michael C. from my home group Key Biscayne introduced me to Intergroup and I was 3 years sober at the time. Michael just started to become the chairman and my friend Ellen was the Office Manager. I was the rep of my group and I was loving it.

In 2003 I was nominated to be part of the Steering Committee and I became part of this scary group where I served for 2 years as Steering Committee. I didn't know what was I supposed to do then so I asked Mark L. "So what are we supposed to do here?" and he said "you just gotta Steer"! So that's what I did. Those were great times of learning to live sober and deal with life and people on life's terms. At the end of my 2 years in the Steering Committee I became Vice-Chair because I was the only one eligible with 5 years sobriety at that time. I knew it was only for behind the scenes because I knew I didn't want to take such a big responsibility to be the Chair, I never thought I was ready for that.

As I continued attending these monthly meetings I learned about Intergroup and all the work Ellen did for the groups in Miami. In 2005, Ellen was looking for someone to help her with the newsletter called "The Messenger". She was overloaded with work so I bravely raised my hand and said I'll do it. So Ellen handed me the program she used which I had never used before in my life however I was so happy because Graphic Design is one of my passions but at that time I didn't have that much knowledge in computer programs so I taught myself how to use it and with Ellen's help we started building "The Messenger". Meanwhile, almost around that same time we were having problems with the current website and webmaster so Michael gave me the push to get myself in school in the evenings to learn how to build websites, I was a fast learner so in no time I was building the new aamiamidade.net website with the support and feedback of the Steering Committee, Ellen & Michael. I spent endless nights working on page after page of the website. I was very grateful for the opportunity and the trust that came with such a responsibility.

During that time I always attended the monthly meetings but I had never visited the Intergroup office. All the work I did with Ellen was either through the phone or e-mail. On September of 2007, I heard Ellen was moving out of the State and that saddened me tremendously. By now Mary S. was the Intergroup Chairman and they hired a new Office Manager named Arlene R. Ellen worked with Arlene for two months until she moved away. By now I was still working on the website and Messenger and I had to work with Arlene instead.

By December of 2007, my family and I traveled to Gatlinburg, TN for the holidays and I remember Ellen was in Erwin, TN which is a couple of hours from where we were, so I called her and we decided to go visit her and Royce. She invited us to stay in her house for a couple of days. The following day we spent the day together and after chatting for awhile she asked me if I would like to work at the Intergroup Office and I said I would loved to but I could only do it part time because I had another job in the mornings. I knew it couldn't be possible because they had just hired a new office manager. The time we got to spend with Ellen and Royce will forever be kept close to my heart. I remember we walked through the forest and we saw their animals and ate in their little town and had an amazing time especially my two daughters who loved picking up some fresh chicken eggs.

In the beginning of February of 2008, the office was having some problems and they needed to find a new Office Manager. Mary S. had asked a wonderful older friend of mine named Collette, and she accepted the position. I started helping Collette the first week of February with computer stuff and other things in the afternoons. By the second week of February on a Thursday Collette was presented at the Intergroup business meeting as the new Office Manager. We were all very pleased with the news! The next day on Friday I remembered one of my daughters did not have school so I told Collette that I wasn't going to stop by the office that I would be back at the office to help her on Monday.

By nightfall, at my homegroup I was waiting for Collette and George to show up. I had the banquet tickets that I was supposed to give to them ready at hand. George finally showed up but in the middle of the meeting alone. As to not disturb the meeting he waited until the end of the meeting to approach me. He told me to give him only one ticket, and I asked "Just one ticket? How come?" (Cont. on pg 5)

XLVIII CONVENCION HISPANA DE ALCOHOLICOS ANONIMOS ESTADOS UNIDOS Y CANADA, SEDE CHICAGO ILLINOIS 4, 5 Y 6 DE SEPTIEMBRE 2020

<https://convencionhispanadeaausaycanada.com>



ALCOHOLICOS ANONIMOS MAS ALLA DE TODAS LAS FRONTERAS

BOLETIN NUMERO #2



PARA INFORMACION
(815) 276-1230
(224) 478-7313

P.O. BOX 945
Woodstock, IL
60098-6402

Para reservaciones, entrar en:
www.hyatt.com/en-US/group-booking/CHIMC/G-AAHP

**RESERVACIONES DEL
HOTEL**
(1 855) 479-0732

Hyatt Regency Mc Cormick Place
2233 S Martin Luther King Dr
Chicago, Illinois 60616



Convención Internacional - Detroit, Michigan Julio 2 al 5 de 2020

Para el otoño de 2019, se dispondrá de información sobre la inscripción para la Convención y reservaciones en hoteles. Se proporcionará a la información necesaria en los paquetes de inscripción, que también estarán disponibles en otoño de 2019. El paquete incluirá una lista de números telefónicos a que llamar para informarse en concreto sobre el alojamiento, el programa, etc.

Se facilitará la información por correo postal a los grupos, oficinas y contactos de A.A. alrededor del mundo, así como por el sitio web.



FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!



Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (_____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.
9 Anonymous.

COMMITTEE MEETINGS:

GS DISTRICT 10 Monthly Business Meeting

1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

GS DISTRICT 10 Corrections Committee

4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Av., 33176

Miami FCYPAA Host

2nd & 4th Sunday of the month
@ 1:30pm at the
Lambda Miami Dade Club
28 NE 54th St.
Miami, FL 33137

Archives Committee

4th Tuesday of the month
@ 6:30pm - Sunset Room
6999 N. Waterway Dr.

Remote Communities

3rd Sunday of the month
@ 10:00am at Little River Club
51 NE 82nd Tr.

Accessibilities

3rd Tuesday of the month
@ 7:15pm Upper Room
811 NE 125th St. # 111 - NM

GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month
@ 7:15pm
Upper Room
822 NE 125th St. # 111
North Miami, FL 33161

GS DISTRICT 10 Literature Committee

2nd Tuesday of the month
@ 8:00pm
Iglesia Metodista Unida
133 Ponce de Leon Blvd.

Meetings at the
CORAL ROOM
1100 Ponce de Leon, CG
305.446.9558

GS DISTRICT 10 PI/CPC

4th Saturday of the month
@ 3:00pm

Treatment Committe

3rd Saturday of the Month
@ 3:00pm

**For more information go to
www.district10miami.org**

MY FRIEND ELLEN....(Cont. from pg. 3)

And he said "because Collette passed away this afternoon." I was shocked! I couldn't speak! I pleaded to George to not joke like that as I couldn't believe what I'd just heard. And he said it's true. So immediately I called Collette's number and her son answered the phone and he had confirmed the terrible news that Collette drove herself to the emergency room where she passed away from a massive heart attack. I was speechless, crying and in pain. I couldn't grasp the news I had received. It was a very painful time.

As of that Monday February 18th, 2008 I became a part-time Office Manager for the Intergroup Office, Ellen was so instrumental to me, she walked me through everything and never ever left me alone. Anytime I had a question she was always there for me and for that I would always be thankful to her.

We kept talking and reaching out throughout the years but only a few years ago we didn't speak as much as we used to until I found out she was sick last year and it broke my heart, I called her and we talked for a while, her voice was as sweet as always and I couldn't hold my tears back. I am a cryer I can't help it. I will always keep Ellen in my heart, she is an angel in heaven and I know in my heart she loved me as much as I loved her.

Thank you Ellen for teaching me so much, for giving me the opportunities to grow and learn and put them to practice even after all these years. You will always have a very special place right here at Intergroup.
by Jennifer R.

THEY SAY IT'S YOUR BIRTHDAY!

Many A.A. members across the country are currently sharing their anniversary celebration with others by giving a dollar or two for each year of their sobriety to their Intergroup Office.

This insures that the same help that they received will be available to others that are new to the fellowship.

Start this year and make it an annual event. It is not how much you give that's important; it's thinking of others on your special day that makes it a 12th Step gift. If you are truly grateful for your sobriety, this is a wonderful way to express your gratitude by helping others received the blessings of sobriety.

THANKS!

**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Manuel N.

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Del

Steering Committee

Jennifer R.

Tom D.

Tamara K.

Barry G.

Ian S.

Trustees

Askia K.

Founder's Day Picnic

Tom L.

Intergroup Banquet

Ian S. (Chair)

Leah L. (Co-Chair)

Intergroup Office

Jennifer R.

The Messenger

Office

Outreach

Sean-Paul G.

Public Information

Sam H.

Twelve Step Relay

Bryce C.

Big Service Breakfast

Charles A.

General Service Liaison

Tamara K.

Spanish Intergroup Liaison

OPEN POSITION

Webmaster

Office

**GENERAL SERVICE
CONTACT LIST**

www.district10miami.org

Chairman

Gerry S.

Alternate Chairperson

Peter D.

Treasurer

Regina F.

Registrar

Sara G.

Recording Secretary

David M.

Archives

Toni Marie

Corrections

Erik R.

Current Practice

Ray S.

Grapevine

Anna G.

Gratitud Dinner

David M.

Intergroup Liaison

Jorge L.

Literature

Isabel C.

PI/CPC

Mario P.

Accessibilities

Melissa L.

Treatment

Glen H.

Big Service Breakfast

OPEN POSITION

District 17 Liaison

Sonia H.

Remote Communities

George R.

Webservant

Nino P.

"THE MESSENGER"

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www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

TRADITION THREE

"The only requirement for A.A. membership is a desire to stop drinking."

FEBRUARY

SOBER WAY OUT

PALMETTO BAY

Eel 4
Shannon S. 4
Tim C. 5
Neil T. 5
Zack 5
Ann B. 19
Xavier PP. 27
Nathan C. 30

SOUTH DIXIE

Tara T. 4
Tarri B. 7
Lorraine D. 20
Bob L. 27

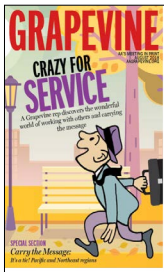
HOMESTEAD

Rachel P. 1
Ryan S. 1
Jay S. 6
Michael K. 21
Xavier P. 28
Gerri E. 29
Ruth C. 33
Will K. 36

Sandra P. 1
Karl O. 3
Tony B. 3
Hopi M. 4
Kevin L. 5
Alexia W. 6
Sherman L. 9
Angel 12
Liliana V. 12
Marcy K. 15
Gregory B. 17
Nate C. 18
Don P. 19
Judy 24
Andre S. 25
James S. 29
Ernie 29
Ralph 30
Sandra C. 30
Melvin B. 31
Ron H. 36

SUNSET

Juli A. 1
Darlene S. 21
Letty C. 11
Emi B. 36
Bill M. 33
Kevin W. 1
Jimmy G. 34
Mari B. 3
Andrew E. 2
Jose R. 8



MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems?

Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
Ft. Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com

CORAL GABLES SOUTH DADE

Devin 2
Louis L. 2
Maria L. 3
Maria B. 3
Jeremiah 6
Edwin 6
Jose G. 10
Anthony H. 13
Stewart 14
Doug 17
Pepe 18
Sandra 20
Andre 25
Estrella 24
Francky 25
Mark 25
Richard 27
Xavier 27
Nancy W. 33



This is the quilt that **ELLEN** made for her Homegroup the Coral Gables Group many years ago. You will find it inside the Coral Room!



We are deeply sorry to announce the passing of our dear friend



ELLEN D.



Words cannot begin to express the sadness of her loss.

She will always be remembered in our hearts.

Our deepest condolences to her family, friends & all the people that knew her and loved her. Thankyou Ellen for all you did for Alcoholics Anonymous.

Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.



TAKE ME TO YOUR SPONSOR
Best advice & cartoons from AA Grapevine

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
Brickell Circle/3d Saturday @ 8:15pm
Coral Gables Group/3rd Thursday @ 7:00pm
Good Morning Group/3rd Friday @ 11:00am
Happy 1060 Group/3rd Sunday @ 11:45am
Happy Hour Group/ 3rd Thursday @ 6:35pm
Homestead Group/3rd Tuesday @ 7:00pm
Lincoln Road YP/3rd Sunday @ 7:00pm
Little River Group/2nd Sunday @ 7:00pm
Miami Young People/3rd Saturday @ 7:00pm
Mix Nuts Group/1st Monday @ 9:30pm
New Beginner's # 2/2nd Thursday @ 7:30pm
Night Owl Group/2nd Sunday @ 7:00pm
North Miami Group/Last Wednesday @ 7:15pm
Palmetto Bay/3rd Wednesday @ 6:35pm
Primary Purpose/Last Wednesday @ 6:45pm
Quinto Paso/1st Monday @ 7:00pm
Sabal Palm/3rd Thursday @ 7:00pm
Sober Way Out/3rd Sunday @ 7:00pm
Something Happens/1st Saturday @ 10:00am
South Dade Group/3rd Wednesday @ 7:00pm
South Dixie Group/2nd Sunday @ 12:15pm
Sunset Group/2nd Friday @ 7:00pm
West Miami Group/3rd Tuesday @ 7:00pm
We Stopped in Time/1st Monday @ 9:35pm
Young, Sober & Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm
Coral Gables Group/Last Monday @ 8:00pm
Grupo Central/Last Sunday @ 1:00pm
Good Morning Group/Last Friday @ 10:00am
Happy 1060 Group/Last Sunday @ 10:45am
Happy Hour Group/Last Friday @ 5:30pm
Homestead Group/Last Thursday @ 8:30pm
Key Biscayne Group/Last Friday @ 8:30pm
Killian Pines Group/Last Friday @ 8:00pm
Lincoln Road YP/Last Sunday @ 7:00pm
Little River Group/Last Wednesday @ 8:30pm
Miami Springs Group/Last Monday @ 7:30pm
Miami Young People/Last Saturday @ 8:30pm
Mixed Nuts Group/Last Monday @ 8:30pm
North Miami Group/Last Friday @ 8:30pm
Palmetto Bay Group/Last Saturday @ 5:30pm
Plymouth Group/Last Wednesday @ 7:00pm
Primary Purpose/Last Saturday @ 8:30pm
Sabal Palm Group/Last Sunday @ 7:00pm
Shamrock Group/Last Tuesday @ 8:30pm
Sober Way Out/Last Friday @ 8:30pm
Something Happens/Last Saturday @ 9:00am
South Dade Group/Last Friday @ 8:30pm
South Dixie Group/Last Saturday @ 7:30pm
Sunset Group/Last Friday @ 7:30pm
West Miami Group/Last Friday @ 8:30pm
We Stopped in Time/Last Monday
Young, Sober and Free/Last Sunday

LOOKING FOR MEETINGS?

Learn more at:

www.meetingguide.org



Do you want to know.... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on **Thursday - April 9th, 2020 @ 8:00pm Iglesia Metodista Unida- 133 Ponce de Leon - 33135 This is a great opportunity to do service!** For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger"
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

Miami-Dade Intergroup
4315 NW 7th St. - Suite 36
Miami, FL 33126
Phone: 305.461.2425 (24 hrs.)
Fax: 305.461.2416


Happy 
St. Patrick's Day

