

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

January 2020

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

"We feel we are walking on the Broad Highway, walking hand in hand
with the Spirit of the Universe."

65th Annual Banquet
MIAMI-DADE INTERGROUP

Saturday
MARCH 21st, 2020

Tickets
\$40.00 per person
\$400 per table (10 people)

Double Tree Hotel by Hilton
711 NW 72nd Ave. - 33126
(Near Miami Int'l Airport)

HOPE AFTER STEP ONE

The Big Book tells us that alcoholics drink because they are "restless, irritable and discontented." (xxvi) Well, that wasn't me! I even drank when everything was hunky dory. I recall a time, back in the 1950s, arriving home from a joyous visit with my lovely girlfriend at a nearby college and not having drank a drop. I was as exuberantly happy that a young man might be! However, I became "boiled as an owl" that night before the bars closed. Happy or otherwise, there was a mental obsession that decided when or if I would drink—the Big Book tells us: "Alcoholics have lost choice in the matter of drink." (p. 24). So long as that demon (I refer to is as a drunken monkey) remains active in my noggin, I am sure to drink again.

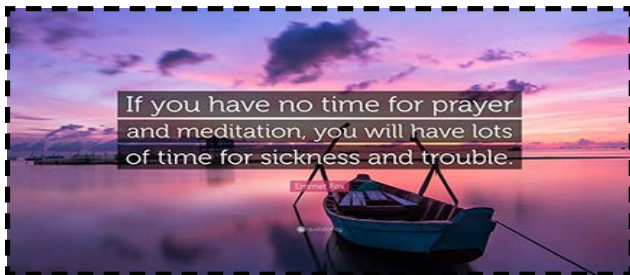


This episode took place during the 1950s when I still had sufficient willpower to choose to go home directly after 'motel-time' was announced at the bar. However, that was not to be the case as years passed. The Big Book tells us that real alcoholics have a progressive physical condition (allergy) which destroys their ability to control how much they drink after they once start. During the 1960s, I became an avid attender of Los Angeles theater where they offer cocktails during intermission. Yet, I had learned, through torturous experience, that if I drank just one of those tempting devils, I was doomed to think of little else till I got to the nearest bar. My expensive evening at the theater would be ruined! Positive proof is that the good doctor Silkworth rightly described the physical allergy. (p. xxviii)

So, I was powerless over alcohol both before and after my first drink, and though I have been sober for a fairly long time, if I imbibe just one shot of whisky this evening, I may not be able to stop drinking for several days. My physical allergy landed me in several drunk tanks, through twenty-eight years of inebriated living and lost more jobs for not showing up than I can remember. However, that doesn't amount to a hill of beans so long as I don't take that first drink—and this won't be necessary so long as I remain in a "fit spiritual condition." (p. 85)

I trust God will keep me safe from that drunken monkey so long as I live in accordance with the Twelve Steps.

Bob S, Richmond, IN



If you're trying to control alcohol. It is already controlling you.

From the Editorial column of the July 1944 issue of The Grapevine, written by Dr. Bob of Akron.

ON CULTIVATING TOLERANCE

During nine years in AA I have observed that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal, not only maintain sobriety, but often acquire finer characteristics and attitudes as well. One of these is tolerance. Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in educational advantages, and in sympathy toward those whose religious ideas may seem to be at great variance with our own.

I am reminded in this connection of the picture of a hub with its radiating spokes. We all start at the outer circumference and approach our destination by one of many routes. To say that one spoke is much better than all the other spokes is true only in the sense of its being best suited to you as an individual. Human nature is such that without some degree of tolerance, each one of us might be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance we might tend to become a bit smug or superior — which of course is not helpful to the person we are trying to help, and may be quite painful or obnoxious to others. No one of us wishes to do anything which might act as a deterrent to the advancement of another and a patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to preconceived ideas and stubbornly adhered-to opinions. In other words it often promotes an open-mindedness which is vastly important — in fact a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual. These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one of us.

Dr. Bob of Akron

X O N S Y G X J X U E Z A X U
 N E L N S L M A K X B O K F N
 F L L G C E S U O I C A P A R
 S J L B A T L U G T S E N O H
 M D T D A N F R O L U S O O R
 S E L F C E N T E R E D I B G
 I B M J D X G R Y W O I T A Q
 L T T O L E R A N T O G A N Y
 O B S E S S I O N S S P I K G
 H D D E T T I M D A N Z L R Z
 O R E W O P L L I W M J I U P
 C X I F K U P I E G G N M P P
 L U F R E W O P V Z Z X U C Y
 A C X U N A T R L X V Z H Y U
 D P P S H L T I V N L N B T M

STEP 1

ADMITTED
 ALCOHOLISM
 BANKRUPTCY
 DEFEAT
 HONEST

HUMILIATION
 OBSESSION
 POWERFUL
 POWERLESS
 RAPACIOUS

RIGOROUSLY
 SELF-CENTERED
 TOLERANT
 UNMANAGEABLE
 WILLPOWER

65th Annual

Miami-Dade Intergroup Banquet

BIG BOOK RAFFLE!

1948 - FIRST EDITION "BIG BOOK"

12th Printing

Winning ticket to be drawn at Banquet

Doubletree Hotel by Hilton on

March 21st, 2020

NEED NOT TO BE PRESENT TO WIN

1 ticket for \$5.00 or 3 tickets for \$10.00

(Ask your Intergroup Rep for Tickets!)

AN EDUCATION IN THE ART OF LIVING

Sharing Our Experience, Strength and Hope

For the newcomer, the first 164 pages of the Big Book contain the framework of how to overcome the disaster of a life consumed by Alcoholism. As I drank myself into the corner of life and ran out of options, I desperately searched for answers and something told me to try Alcoholics Anonymous and there I found People who had overcome most of the troubling issues of life. Each chapter has a certain subject and they try to explain specific areas of our lives where we could improve our thoughts and behaviors. It seems that if we did what they suggested in those 164 pages everything would be fine with us alcoholics; but wait! Next, they published The Twelve Steps and Twelve Traditions to give more amplifying information as to how to incorporate the steps into our daily lives. As I continued to progress in the program it caused me to seek a vastly more serious understanding of the depth of this disease and how serious my symptoms were. The first 164 pages just scratched the surface, but they gave me a challenge as to what degree of commitment I would pursue as I began to uncover defect after defect in a Thousand Facets of my sick mentality. Fear, insecurity, and my EGO dogged my every step and as I become strong enough to overcome my Ego driven approach to these issues my Conscience started getting a foothold and It motivated me to dig deeper and pursue a life based on unselfish Principles and to abandon the faulty thinking of the past. As I continued to grow, I had to come to terms with the understanding of a Power greater than myself and I was encouraged to read a book by Emmet Fox entitled "The Sermon on the Mount" considered to be the inspiration that the founders of the A. A. program incorporated into the Spiritual Solution to the doubters like me, and it removed all those doubts. Next, I had to learn how to become a good Husband, Father, Friend, Coworker, and so on.

As we share our experiences with each other we are in the state of learning how to solve those Thousand Facets of our sick mentality. My wife came home from an Al Anon meeting, in my early years of sobriety, all excited about the topic of "Examining our Motives. That one little statement changed my entire way of thinking about my behavioral problems. Selfishness---Self-centeredness! That, we think, is the root of our troubles. (BB pg.62) If selfishness is the root, (motive) then unselfishness is the obvious solution. That simple understanding set, in place, a habit of living by unselfish motives and as a result, I am not ashamed of anything I do today, I have a clear conscience, and it is so much easier than I thought it would be. It doesn't say generous, it just says unselfish. DUH!

The world is full of supporting information concerning all the facets of the different mental troubles the alcoholic is faced with when seeking answers. When we use the word, Love, I thought it was a feeling, but I found a version of Love in a book by Scot Peck's, The Road less Traveled that defines Love as: Caring for and Nurturing another Person's Soul. It is an action word and I can Love everyone even if they don't love me back by sincerely wanting the best for them and offering my help. Using these examples is my way of encouraging everyone who finds it difficult to experience the quiet satisfaction that they expect to receive from the program, to find the answers by looking deeper into the subject and seek out the answers that help you to set, in place those unselfish Principles and Habits which lead to, as an old friend refers to as, Peace of Mind and a Quiet Heart.

by Rick R.

GRUPO NUEVO DESPERTAR 1990 - 2020

30 Aniversario

Semana de Compartimiento
Del 19 de Enero al 25 de Enero 2020

Sesion Publica



26 de Enero del 2020 a las 11:00am

Club de los Bomberos
2980 NW S. River Dr., Miami, FL 33125

Concepto XII

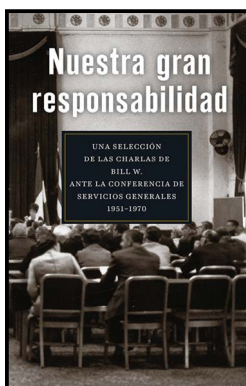
Garantías generales de la Conferencia: En todos sus procedimientos, la Conferencia de Servicios Generales cumplirá con el espíritu de las Tradiciones de A.A., teniendo especial cuidado de que la Conferencia nunca se convierta en sede de peligrosa riqueza o poder; que fondos suficientes para su funcionamiento, más una reserva adecuada, sean su prudente principio financiero; que ninguno de los miembros de la Conferencia sea nunca colocado en posición de autoridad sobre ninguno de los otros; que todas las decisiones importantes sean alcanzadas por discusión, votación y siempre que sea posible, por unanimidad; que ninguna acción de la Conferencia sea punitiva a personas, o a una incitación a controversia pública; que, aunque, la Conferencia pueda actuar al servicio de Alcohólicos Anónimos, ella nunca deberá realizar ninguna acción de gobierno, y así como la Sociedad de Alcohólicos Anónimos, a la cual sirve, la Conferencia en sí misma siempre permanecerá democrática en pensamiento y en acción.



Los temas de la revista en el 2020

¡Lleva el mensaje de AA a través de la revista!

Encuentra motivación en los temas que te sugerimos haciendo clic aquí, pero recuerda que puedes escribir sobre el tema que desees, siempre y cuando sea un mensaje de tu experiencia en AA.



"Bajo El Mismo Techo"
Ateos y agnósticos como
parten su experiencia,
fortaleza



Convención Internacional - Detroit, Michigan Julio 2 al 5 de 2020

Para el otoño de 2019, se dispondrá de información sobre la inscripción para la Convención y reservaciones en hoteles. Se proporcionará a la información necesaria en los paquetes de inscripción, que también estarán disponibles en otoño de 2019. El paquete incluirá una lista de números telefónicos a que llamar para informarse en concreto sobre el alojamiento, el programa, etc.

Se facilitará la información por correo postal a los grupos, oficinas y contactos de A.A. alrededor del mundo, así como por el sitio web.



FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!

Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (_____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."



FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.
9 Anonymous.

COMMITTEE MEETINGS:

GS DISTRICT 10 Monthly Business Meeting

1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

GS DISTRICT 10 Corrections Committee

4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Av., 33176

Miami FCYPAA Host

2nd & 4th Sunday of the month
@ 1:30pm at the
Lambda Miami Dade Club
28 NE 54th St.
Miami, FL 33137

Archives Committee

4th Tuesday of the month
@ 6:30pm - Sunset Room
6999 N. Waterway Dr.

Remote Communities

3rd Sunday of the month
@ 10:00am at Little River Club
51 NE 82nd Tr.

Accessibilities

2nd Saturday of the month
@ 11:00am West Dixie Club
1636 NE 148th St.

GS DISTRICT 10 Grapevine Committe

1st Wednesday of the month
@ 7:15pm
Upper Room
822 NE 125th St. # 111
North Miami, FL 33161

GS DISTRICT 10 Literature Committee

2nd Tuesday of the month
@ 8:00pm
Iglesia Metodista Unida
133 Ponce de Leon Blvd.

Meetings at the
CORAL ROOM
1100 Ponce de Leon, CG
305.446.9558

GS DISTRICT 10 PI/CPC

4th Saturday of the month
@ 3:00pm

Treatment Committe
3rd Saturday of the Month
@ 3:00pm

**For more information go to
www.district10miami.org**

HOMESTEAD GROUP

70th Anniversary

FEBRUARY 8th, 2020

Coffee Social: 5:00pm / Dinner: 6:00pm

Speaker Meeting @ 7:30pm



Guest Speaker



\$10.00 per ticket

Fun, Fellowship, 50/50 Raffle, Music!
Desserts WELCOME!

INTERGROUP BENEFIT!



Location:
Redland Community Church
14601 SW 248th St.
Homestead, FL 33032



**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Manuel N.

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Yvonne N.

Steering Committee

Jennifer R.

Tom D.

Tamara K.

Barry G.

Ian S.

Trustees

Askia K.

Founder's Day Picnic**OPEN POSITION****Intergroup Banquet**

Ian S. (Chair)

Leah L. (Co-Chair)

Intergroup Office

Jennifer R.

The Messenger

Office

Outreach

Shane

Public Information

Sam H.

Twelve Step Relay

Bryce C.

Big Service Breakfast

Charles A. (Co Chair)

General Service Liaison

Tamara K.

Spanish Intergroup Liaison**OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE
CONTACT LIST**

www.district10miami.org

Chairman

Gerry S.

Alternate Chairperson

Peter D.

Treasurer

Regina F.

Registrar

Sara G.

Recording Secretary

Manuel T.

Archives

Toni Marie

Corrections

Erik R.

Current Practice

Ray S.

Grapevine

Anna G.

Gratitud Dinner

David M.

Intergroup Liaison

Jorge L.

Literature

Isabel C.

PI/CPC

Mario P.

Accessibilities

Melissa L.

Treatment

Glen H.

Big Service Breakfast

David J.

District 17 Liaison

Sonia H.

Remote Communities

George R.

Webmaster

Nino P.

"THE MESSENGER"

Published Monthly by

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www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

TRADITION ONE

"Our common welfare should come first; personal recovery depends in A.A. Unity."

NOVEMBER

SOBER WAY OUT

Ashlee 1
Erik E. 1
Inez R. 3
Allison G. 3
Wendy O. 4
Alfred R. 5
Mehgan G. 8
David M. 11
Conrad G. 13
Stella S. 15
Marta A. 19
Sophia S. 28
Jim C. 29
Alfred J. 30

SOBER WAY OUT

Fernando C. 2
Tony V. 3
John D. 3
Jordan G. 5
Sadena 6
Darwin G. 12
Robert B. 13

PALMETTO BAY

Beth M. 1
Ori S. 4
Heidi T. 6
Christine H. 7
David C. 20
Josh A. 35
Helen M. 44

DECEMBER

SOUTH DADE

Tiffany 1
Sebastian R. 1
Davin G. 5
Sarah 10
Aldrick 13
Doug M. 19
Dale Q. 20
Dublin Dave 20
Meredith 21
Jaime G. 25
Sandy 26
Gayle K. 27
Wes D. 31
Josh A. 35
Tom G. 39

SABAL PALM

Julia Y. 1
Mayte S. 1
Maggie S. 1
Susy S. 1
Miguel U. 2
Tony N. 3
Matt Q. 8
Byron H. 8
Cynthia M.C. 11
Al P. 11
Barry L. 13
Ray S. 13
MaryAnn M. 14
Francisco 15
Shimon C. 16
Angelo K. 25
Kenneth C. 25
Carroll 30

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
Coral Gables Group/3rd Thursday @ 7:00pm
Good Morning Group/3rd Friday @ 11:00am
Happy 1060 Group/3rd Sunday @ 11:45am
Happy Hour Group/ 3rd Thursday @ 6:35pm
Homestead Group/3rd Tuesday @ 7:00pm
Lincoln Road YP/3rd Sunday @ 7:00pm
Little River Group/2nd Sunday @ 7:00pm
Miami Young People/3rd Saturday @ 7:00pm
Mix Nuts Group/1st Monday @ 9:30pm
New Beginner's # 2/2nd Thursday @ 7:30pm
Night Owl Group/2nd Sunday @ 7:00pm
North Miami Group/Last Wednesday @ 7:15pm
Palmetto Bay/3rd Wednesday @ 6:35pm
Primary Purpose/Last Wednesday @ 6:45pm
Quinto Paso/1st Monday @ 7:00pm
Sabal Palm/3rd Thursday @ 7:00pm
Sober Way Out/3rd Sunday @ 7:00pm
Something Happens/1st Saturday @ 10:00am
South Dade Group/3rd Wednesday @ 7:00pm
South Dixie Group/2nd Sunday @ 12:15pm
Sunset Group/2nd Friday @ 7:00pm
West Miami Group/3rd Tuesday @ 7:00pm
We Stopped in Time/1st Monday @ 9:35pm
Young, Sober & Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm
Coral Gables Group/Last Monday @ 8:00pm
Grupo Central/Last Sunday @ 1:00pm
Good Morning Group/Last Friday @ 10:00am
Happy 1060 Group/Last Sunday @ 10:45am
Happy Hour Group/Last Friday @ 5:30pm
Homestead Group/Last Thursday @ 8:30pm
Key Biscayne Group/Last Friday @ 8:30pm
Killian Pines Group/Last Friday @ 8:00pm
Lincoln Road YP/Last Sunday @ 7:00pm
Little River Group/Last Wednesday @ 8:30pm
Miami Springs Group/Last Monday @ 7:30pm
Miami Young People/Last Saturday @ 8:30pm
Mixed Nuts Group/Last Monday @ 8:30pm
North Miami Group/Last Friday @ 8:30pm
Palmetto Bay Group/Last Saturday @ 5:30pm
Plymouth Group/Last Wednesday @ 7:00pm
Primary Purpose/Last Saturday @ 8:30pm
Sabal Palm Group/Last Sunday @ 7:00pm
Shamrock Group/Last Tuesday @ 8:30pm
Sober Way Out/Last Friday @ 8:30pm
Something Happens/Last Saturday @ 9:00am
South Dade Group/Last Friday @ 8:30pm
South Dixie Group/Last Saturday @ 7:30pm
Sunset Group/Last Friday @ 7:30pm
West Miami Group/Last Friday @ 8:30pm
We Stopped in Time/Last Monday
Young, Sober and Free/Last Sunday

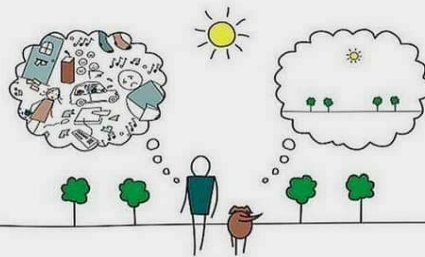


LITTLE RIVER GROUP

Mark 2
Anthony 8
Kelvin 14
Ron 17
Mark 18



Mind full vs Mindful



Learn to be present
and enjoy the moment.



MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems?

Please invite them to our new 7pm

Sunday Russian-speaking

Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
Ft. Lauderdale, FL 33315

www.russiananaa.com
russiananaa.florida@gmail.com

**With an immense sense of sadness
we had to say goodbye to an
amazing woman, wonderful friend/
sponsor, who recently passed away.**

**She was a member of the
Key Biscayne Group**

Our friend JUDY

**She will always be remembered
in our hearts.
Our deepest condolences to her
family, friends & all the people that
knew her and loved her.**

Take Me To Your Sponsor

Sobriety can be tough sometimes, which is why recovering alcoholics can always use a good laugh. In AA, members learn to not take themselves too seriously, to be happy, joyous and free. Luckily, sobriety can be pretty darn amusing.



TAKE ME TO YOUR SPONSOR
Small cartoon character with a speech bubble.

LOOKING FOR MEETINGS?

Learn more at:
www.meetingguide.org



Do you want to know.... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on **Thursday - February 13th, 2020 @ 8:00pm** Iglesia Metodista Unida- 133 Ponce de Leon - 33135 This is a great opportunity to do service! For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger"
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

Miami-Dade Intergroup
4315 NW 7th St. - Suite 36
Miami, FL 33126
Phone: 305.461.2425 (24 hrs.)
Fax: 305.461.2416

