

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

August 2019

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

A Life of Purpose and Meaning Right Living is the Key to Happiness

I was a barroom drunk and the lounge was my living room. The only reason that I went to my apartment was to shower and to sleep. In all my time in the bar, words like Humility and Ego were never the topic of conversation. As I look back on it now, I realize that the barroom was my place of refuge where I felt safe and I could rationalize just about anything without ever facing the truth. I was living in a bubble of denial that would eventually run out of oxygen (options) and I would have to face life, for the alcoholic way of life is a dead-end street which leads to hospitals, prisons, or death. When I ran out of resources, facing desperation, I surrendered, and I entered the A.A. program where the denial was immediately replaced with hope and encouragement and I got realistic about life. The obsession to drink was lifted and has never returned. The understanding of life didn't happen overnight for I had to go through the process of unlearning of all my Ego driven fantasies and habits and replace them with unselfish values and principles that are common in A.A. as well as, in most of the meaningful philosophies and religions in the world today. My Ego has been the biggest obstacle in the way of this process, and I must never let down my guard. My Conscience now stands between my Ego and my Thoughts and Actions and it's doing a pretty good job of it. It has been a very slow process adopting these ideas and discarding the failed mentality of the past but, one by one, as I developed the strength and the trust in what I found in the program. I examine my motives for every decision I make, and I apply a proven, unselfish principle to those decisions. That takes most of the decision making out of my hands and I make less mistakes. As I continue to repeat this process, in time, it becomes second nature and replaces old behaviors that cause my discontent. Next, defining the word Humility was not an easy thing to do and it took a long time to settle on an understanding that put it to rest for me. The final piece of the puzzle came to me when, in my 22nd year of sobriety, I was on the phone with a man who was trying to engage me in an argument, and when he realized that I wasn't going to bite, he fired his last volley by saying: Well, I've heard stories about you, and you're no angel." I thought about it for a few seconds and replied, "I've done a lot of things in my life that I'm not proud of, but I'm not ashamed of anything that I've done in the past 22 years. The phone call ended peacefully. Several years later, in a step study meeting on step seven the topic was Humility. I remembered that phone call and realized that Pride was not the opposite of humility, that pride was the opposite of shame and that, humility fell right in the middle of the two. When I boiled it all down, I concluded that I should not be proud of, nor ashamed of the things I do and that I should be in the middle somewhere. This applies to my receiving as well as my giving. Aristotle referred to this as "The Golden Mean" where, for example, when we are in the habit of giving compliments to our friends when they deserve it, we should not be so stoic that we cannot accept a compliment with the proper amount of appreciation, when we deserve it. To me this means finding the Mean between the extremes and exercising it until it becomes second nature. With my Ego on the sideline and my Conscience in control, I stay on the unselfish side of the ledger. At the age of seventy-seven, I am always involved in some form of service and it gives Purpose to my life, and I plan to live to the age of one hundred and four, so I can't quit now. LOL

By Rick R.

"Made a list of all persons we have harmed and became willing to make amends to them all."

Here the program demonstrates its reality, its understanding of the nature of the alcoholic. How often have we come out of the fog to find the path strewn with persons we have injured or wronged? How often have we stayed awake at night thinking of the wife or mother or sister who suffered far more than we did on our last drunk?

Remember the kindly grocer who cashed our bum checks? Remember the look of anguish on the face of the boss when he had to tell us we were fired? Remember the guys in the company we let down when our part of the work was neglected? Of course we do. But, more importantly, the A.A. program remembers and understands.

The 8th Step was written for us when we remembered these things. "Make a list," it says. "Be willing to make amends to them all." In other words, stop being remorseful and do something about it. The part about making a list is easy. Depending on our history, we make either a long or a short list. But the part about making amends is tough. That part takes courage and humility.

(Cont. on pg. 2)





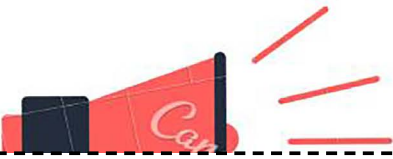
FCYPAA 2020

HOST COMMITTEE ELECTIONS

August 11, 2019 @ 12pm

The Florida Conference for Young People in AA will be held in Miami next year. Come out for elections, stand for a position and get involved! See you there!

Location: LAMBDA miami dade
28 NE 54th St, Miami, FL 33137



On the 8th Step..... (Cont. from pg. 1)

A man we know made a list of 43 former employers he had harmed, wrote a letter to each, and—fearing the consequences—left town for two weeks! When he arrived back in town, there were 43 answers. Every employer took time out to thank the man for his letter and to wish him luck! Many A.A.s find it impossible to make full restitution to all persons. That's not essential if you have been willing to make amends. Sometimes, a trip across town to a person you have harmed is enough.

Most people are happier to see you sober than you think. It's human nature to root for the horse that's behind in the race. It makes people feel good when you show enough courage to come up to them and tell them you are sorry. Making a list of things you did wrong is a good idea anyway.

Just to look at the foolish and terrible things we do gives us pause to think. If we go further and try—we mean really try—to do something about them, we get a far greater satisfaction than we deserve. The 8th Step is close to the 4th Step. It's practical and simple. If you found in the 4th Step that you were selfish, look at your list from the 8th Step and see who you harmed through selfishness. Then do something about it!

The 8th Step convinces us that A.A. is a program of action. If you think it was hard to admit you were an alcoholic, see how you feel when you go to the people you have been avoiding to tell them you are sorry. That's really hard. And yet, we cannot describe the wonderful satisfaction that comes if you go through with it. Even the air seems cleaner. Yes, the 8th Step is a lulu, but it pays off at the welcome rate of about 100 to one.

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Serenity Prayer With A Twist!

God, grant me the
Serenity to forget
the people I
never liked anyway,
the good fortune
to run into the
ones I do,
And the eyesight to
tell the difference.
- Matt

72nd ANNIVERSARY Miami-Dade Intergroup

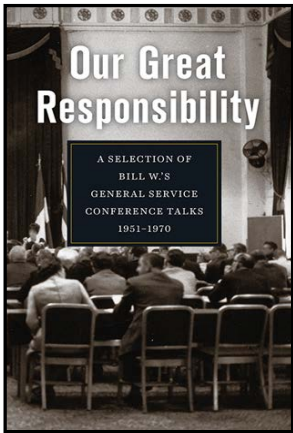
PIZZA PARTY!!

September 12, 2019
@ 7:30pm



Iglesia Metodista Unida
133 Ponce de Leon Blvd.

COME AND HELP US CELEBRATE!



"Our Great Responsibility"

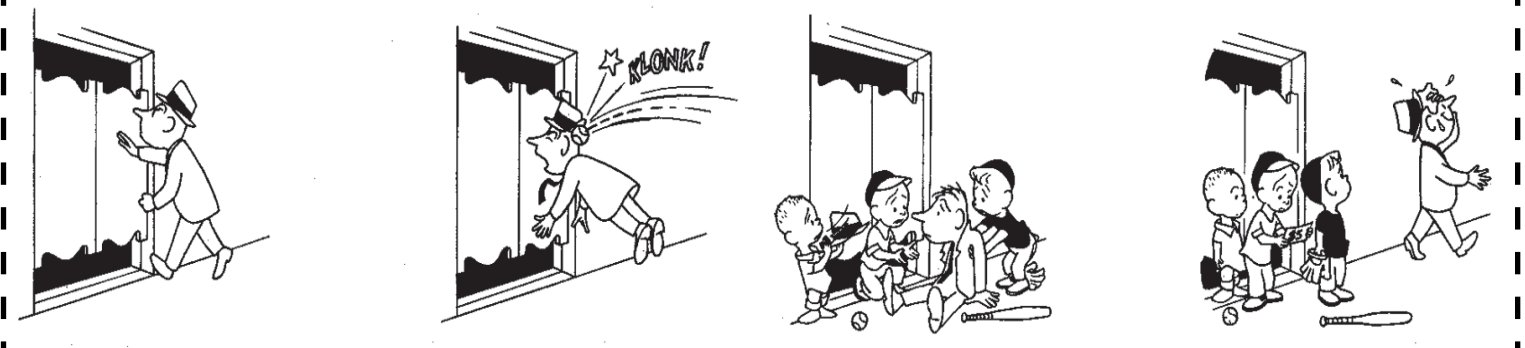
New Publication

A selection of Bill W's General Service Conference talks, 1951 - 1970. Timeless & timely, these 16 selected talks give fresh perspectives on the AA Fellowship in our co-founder's own words.

BOOK ON SALE NOW! at your INTERGROUP OFFICE in English & Spanish!

2020 INTERNATIONAL CONVENTION Registration, Housing, and Transportation International Convention - Love and Tolerance is Our Code Detroit 2020

In less than two years — July 2-5, 2020 — the International Convention will celebrate A.A.'s 85th Anniversary in Detroit, Michigan. With a theme of "Love and Tolerance Is Our Code," A.A.s from around the world will converge on Detroit to celebrate sobriety and to share experience, strength and hope in meetings, panels and workshops at the Cobo Center, the Ford Field stadium and at other locations throughout the friendly city. Members of the Fellowship are now gearing up for this wonderful event, and the General Service Office is beginning to receive inquiries.



BATTLE OF THE BOTTLE

Following these episodes there would be a fairly long period of sobriety and hard work, many trips into the Colonel's office loaded down with perfectly executed orders, reports, memoranda etc. for his signature. The Colonel was a grizzled and rough old timer, affectionately called "The Bull of the Woods" when he wasn't within hearing distance. Impatient and curt with Majors and Captains, he was very patient with me with the exception of his occasional bellowing when I slipped off the deep end. Somehow that officer must have known that I was fighting a terrific battle—the battle of alcoholism wherein no well laid plan of mine brought victory. His advice to me was: "Soldier, most of us like a few drinks now and then. No harm in that. But remember to handle your liquor like a soldier!"

An eminent psychiatrist, one of two nationally famous brothers in that field, had been called to active duty and one day visited our Air Base. A sober and hardworking Bill (on that particular day) was instructed to report to the hospital. Following an hour long private audience with the doc, he told me that I was an alcoholic.

So long as I'd leave liquor entirely alone, I was a definite asset to the service, but only under that condition. Later I told my Colonel about that audience and he bellowed: "Those brain busters are nuts. Don't know what's getting into this army. You are on the beam so stay that way." But my periodic battle of the bottle continued.

One day my Colonel took off in a B-17 never to return. The only consolation I could then find was in the fact that at least most of the time I was putting out good work and thereby eased to some degree the terrific burden he was carrying on his shoulders as the Executive Officer of a large Command.

(Cont. on page 5)

SABAL PALM GROUP 27th Anniversary EXTRAVAGANZA

PLEASE JOIN US FOR THE CELEBRATION
SATURDAY, AUGUST 17th, 2019

POTLUCK!

PLEASE BRING A DISH!
FUN, FOOD AND
FELLOWSHIP GALORE!



For more info
305.274.7434

NEXT TO SABAL PALM ROOM
AT THE RIVERSIDE BAPTIST CHURCH
10775 SW 104th ST. - 33176



FELLOWSHIP @ 5:00pm
DINNER @ 5:30pm
GUEST SPEAKER @ 7:00pm



INTERGROUP BENEFIT!

GRUPO UNIDAD

2012- 2019

**7mo Aniversario**

Semana de compartimiento
Del 8 al 14 de Septiembre

Sesion Publica

Domingo 15 de Septiembre
a la 1:00pm

A Party Hall

10957 SW 186th St. - Miami, FL 33157

Para informacion 786.326.4369 / 786.487.6849

XLVII CONVENCION HISPANA DE ALCOHOLICOS ANONIMOS
ESTADOS UNIDOS Y CANADA SEDE ATLANTA, GEORGIA
AGOSTO 30, 31 Y SEPTIEMBRE 1, 2019

**UN MILLON DE VOCES
UN SOLO MENSAJE**

RESERVACIONES 1(800) 468-3571.

CLAVE: CONVENCION NACIONAL HISPANA DE ALCOHOLICOS, INC. XLVII
30, 31 AGOSTO 1 SEPTIEMBRE



f CONVENCION NACIONAL

ATLANTA, GA
P.O BOX 191586
ATLANTA GA. 31119
770-875-5463 / 770-655-1874



RENAISSANCE ATLANTA
WAVERLY HOTEL & CONVENTION CENT
2450 GALLERIA PARKWAY
ATLANTA, GA 30339
770-953-4500

✉ UNMILLONDEVOCESUNSOLOMENSAJE@GMAIL.COM

Nuevo Grupo en Español!

**"SOBRIEDAD EN
BRICKELL"**
(Reunion Abierta)

Nueva Reunion!
Lunes a las 8:30pm

**Immanuel Lutheran Church**

1770 Brickell Ave. - Miami - 33131

Octavo Paso

"Hicimos una lista de todas aquellas per- sonas a quienes habíamos ofendido y estu- vimos dis- puestos a reparar el daño que les causamos."

Octava Tradición

"Alcohólicos Anónimos nunca tendrá carácter profesional, pero nuestros centros de servicio pueden emplear trabajadores especiales."

Convención Internacional - Detroit, Michigan
Julio 2 al 5 de 2020

Para el otoño de 2019, se dispondrá de información sobre la inscripción para la Convención y reservaciones en hoteles. Se proporcionará a la información necesaria en los paquetes de inscripción, que también estarán disponibles en otoño de 2019. El paquete incluirá una lista de números telefónicos a que llamar para informarse en concreto sobre el alojamiento, el programa, etc.

Se facilitará la información por correo postal a los grupos, oficinas y contactos de A.A. alrededor del mundo, así como por el sitio web.



FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!



Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (_____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

Adam M., 5 Anonymous.

COMMITTEE MEETINGS:

**GS DISTRICT 10
Monthly Business Meeting**
1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

**GS DISTRICT 10
Corrections Committee**
4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Av., 33176

Miami Bid for FCYPAA
2nd Sunday of the month
@ 1:30pm at the
Lambda Miami Dade Club
28 NE 54th St.
Miami, FL 33137

Archives Committee
2nd Tuesday of the month
@ the Harmony Room
721 SW 24th St. # 205

Remote Communities
4th Friday of the month
@ 1:00pm at St. Jude Church
126 SE 15th Rd. 2nd Floor

Meetings at the
CORAL ROOM
1100 Ponce de Leon, CG
305.446.9558

**GS DISTRICT 10
Grapevine Committe**
1st Sunday of the month
@ 2:00pm

**GS DISTRICT 10
PI/CPC**
4th Saturday of the month
@ 3:00pm

**GS DISTRICT 10
Literature Committee**
2nd Tuesday of the month
@ 7:00pm

Treatment Committe
3rd Saturday of the Month
@ 3:00pm

**For more information go to
www.district10miami.org**



BATTLE OF THE BOTTLE (Cont. from page 3)

"Colonel, wherever you now are, stationed with other old soldiers who have successfully completed their missions on this earth, I hope that you can look down upon this AA meeting and have the satisfaction of knowing that here is a successful battle plan to conquer man's ancient enemy—alcohol. It is a simple plan. You see it in operation right now.

We must admit that you and I were wrong in the strategy of my "having a few drinks and handling it like a soldier." We must concede that the psychiatrist was right—but he offered no plan for victory. His "don't drink" advice would be like the General telling you to go out and kill off all the enemy and then we'd win the war."

It may be my imagination but it seems that I can hear that old gruff voice of yours right now: "O.K., soldier, you've been briefed. Your plane is the one with that AA banner emblazoned on her nose. Finest crew on earth will be flying with you. Keep her on course. Remain constantly on the alert for approaching enemy aircraft—resentments, fears, jealousies, indecisions, and the rest of those devils who will do their best to sneak up on you.

"When your mission is accomplished and your craft is headed out to sea toward the setting sun, remember soldier, I'll be standing by to watch you come in. Good flying, boy. . .and here's to a happy landing!."

Thanks Colonel, for your understanding—then and now.

B.B. Oakland, CA
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**INTERGROUP
CONTACT LIST**

aamiamidade.org

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Secretary

Yvonne N.

Steering Committee

Jennifer R.

Tom D.

Tamara K.

Barry G.

Ian S.

Trustees

Askia K.

Founder's Day Picnic**OPEN POSITION****Intergroup Banquet**

Ian S. (Chair)

Leah L. (Co-Chair)

Intergroup Office

Jennifer R.

The Messenger

Office

Outreach**OPEN POSITION****Public Information**

Sam H.

Twelve Step Relay

Barry G.

Big Service Breakfast

Charles A. (Co Chair)

General Service Liaison

Tamara K.

Spanish Intergroup Liaison

Anthony B.

Webmaster

Office

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www.district10miami.org

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Nino P.

"THE MESSENGER"

Published Monthly by

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www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

CONCEPT EIGHT

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of overall policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

JUNE

SOUTH DIXIE
 Andrew 1 Sarah B. 7
 Matt 1 Andy M. 13
 Sheila 3 Suzy H. 16
 Charles F. 4 Rob S. 28
 JMS 5 Larry D. 41

JULY



SOUTH DADE

Cam B. 1
 Brian S. 1
 Gloria I. 2
 John H. 4
 Carol 8
 Kirstin F. 9
 Lori S. 24
 Marion L. 26
 Todd L. 26
 David A. 39

NORTH MIAMI

Regina R. 1
 Max Z. 3
 Maria S. 12
 Shirley B. 23
 Krystal R. 29
 Karl K. 32

HOMESTEAD

Brian Z. 1
 Samuel J. 4
 Milissa H. 10
 James R. 22
 Leo M. 23
 Ray C. 25

SOBER WAY OUT

Naomi 1
 Melissa S. 3
 Fernando V. 3
 Frederick B. 3
 Brain D.T. 3
 Towana 4
 Maria G. 5
 Daisy V. 7
 Todd A. 7
 Karenia R. 8
 Stacy F. 9
 Edgar R. 9
 Erick D. 9
 Sandra P. 11
 Jessica B. 17
 Ricky T. 17
 Kenneth 22
 Linda V. 22
 James N. 23
 Bartimous 26

SOUTH DIXIE

John Z. 2
 Shaina S. 4
 Scott J. 8
 Bruce G. 8
 Kathy 9
 Alan 14
 Tom D. 15
 Gerry S. 17
 Anka 40

PALMETTO BAY

Marcella 3
 Kirstin F. 9
 David 14
 Tom V. 30

PRIMARY PURPOSE

Ray 1
 Marsha 1
 Kristin 3
 Manny 3
 Catherine 6
 Scott 14
 Bernard 20
 Larry 38

LITTLE RIVER GROUP

Norma 9
 Lucille 10
 Kriss 14
 Efraim 21
 Garcia 26
 Deborah 28
 Patricia 29
 Charlotte 30
 Jimmy 34
 LA Rose 35

AUGUST

GOOD MORNING

Antonio W. 6
 Krystal B. 9
 Kris S. 14
 James T. 14
 Gloria H. 16
 Wilbur B. 24
 Charlotte W. 30



MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems?

Please invite them to our new 7pm

Sunday Russian-speaking

Alcoholics Anonymous meeting.



12 STEP HOUSE
 205 SW 23rd St.
 Ft. Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
 Coral Gables Group/3rd Thursday @ 7:00pm
 Good Morning Group/3rd Friday @ 11:00am
 Happy 1060 Group/3rd Sunday @ 11:45am
 Happy Hour Group/ 3rd Thursday @ 6:35pm
 Homestead Group/3rd Tuesday @ 7:00pm
 Lincoln Road YP/3rd Sunday @ 7:00pm
 Little River Group/2nd Sunday @ 7:00pm
 Miami Young People/3rd Saturday @ 7:00pm
 New Beginner's # 2/2nd Thursday @ 7:30pm
 Night Owl Group/2nd Sunday @ 7:00pm
 North Miami Group/Last Wednesday @ 7:15pm
 Palmetto Bay/3rd Wednesday @ 6:35pm
 Primary Purpose/Last Wednesday @ 6:45pm
 Quinto Paso/1st Monday @ 7:00pm
 Sabal Palm/3rd Thursday @ 7:00pm
 Sober Way Out/3rd Sunday @ 7:00pm
 Something Happens/1st Saturday @ 10:00am
 South Dade Group/3rd Wednesday @ 7:00pm
 South Dixie Group/2nd Sunday @ 12:15pm
 Sunset Group/2nd Friday @ 7:00pm
 West Miami Group/3rd Tuesday @ 7:00pm
 We Stopped in Time/1st Monday @ 9:35pm
 Young, Sober & Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm
 Coral Gables Group/Last Monday @ 8:00pm
 Grupo Central/Last Sunday @ 1:00pm
 Good Morning Group/Last Friday @ 10:00am
 Happy 1060 Group/Last Sunday @ 10:45am
 Happy Hour Group/Last Friday @ 5:30pm
 Homestead Group/Last Thursday @ 8:30pm
 Key Biscayne Group/Last Friday @ 8:30pm
 Killian Pines Group/Last Friday @ 8:00pm
 Lincoln Road YP/Last Sunday @ 7:00pm
 Little River Group/Last Wednesday @ 8:30pm
 Miami Springs Group/Last Monday @ 7:30pm
 Miami Young People/Last Saturday @ 8:30pm
 North Miami Group/Last Friday @ 8:30pm
 Palmetto Bay Group/Last Saturday @ 5:30pm
 Plymouth Group/Last Wednesday @ 7:00pm
 Primary Purpose/Last Saturday @ 8:30pm
 Sabal Palm Group/Last Sunday @ 7:00pm
 Shamrock Group/Last Tuesday @ 8:30pm
 Sober Way Out/Last Friday @ 8:30pm
 Something Happens/Last Saturday @ 9:00am
 South Dade Group/Last Friday @ 8:30pm
 South Dixie Group/Last Saturday @ 7:30pm
 Sunset Group/Last Friday @ 7:30pm
 West Miami Group/Last Friday @ 8:30pm
 We Stopped in Time/Last Monday
 Young, Sober and Free/Last Sunday



Submit Your Story for Upcoming Issues

- My Spiritual Awakening (due July 20)
- Getting Through Tough Times in Sobriety (due Aug 20)

www.aagrapevine.org/contribute

LOOKING FOR MEETINGS?

Learn more at:
www.meetingguide.org

Here is the icon to look for.....



Do you want to know.... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday - August 8th, 2019 @ 8:00pm Iglesia Metodista Unida- 133 Ponce de Leon - 33135 This is a great opportunity to do service! For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger"
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

Miami-Dade Intergroup
4315 NW 7th St. - Suite 36
Miami, FL 33126
Phone: 305.461.2425 (24 hrs.)
Fax: 305.461.2416



Empty rectangular box for a message or drawing.

