

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

May 2019

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

FOUNDER'S DAY PICNIC

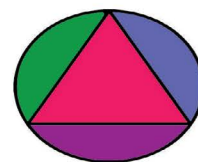
Miami-Dade Intergroup

Is Coming Up!

JUNE 8th, 2019

From 10am til' 4:00pm

Bill Baggs State Park - A1 - KB



This is a call for volunteers:

- * We need help to Set Up, Serve and Clean up!
- * We need help to spread the work & sell tickets
- * Collect baskets for raffle

Call the Intergroup Office for more information: 305.461.2425

Set up starts @ 8:00am
Early starters will get some breakfast!

When ever there are 2 or more there's a group....



The Step Five Ball and Chain

Freedom and Peace of Mind

I don't think I've ever witnessed an alcoholic that came to alcoholics anonymous that loved themselves or that wasn't riddled with guilt and shame. It's hard to understand why alcohol affects some people differently than others. I've observed members that came from good family environments that ended up on the streets and others that came from alcohol infested families that turned out normal as can be. In either case, the alcoholic seems to have something missing in their mental state that engender the need to find a way to neutralize this negative self image and that first drink of alcohol does something that gives them the relief which makes them feel somewhat normal. I've heard it said that once a person starts to drink to cover up these feelings, especially in adolescence years, they stop growing emotionally and when they finally show up in A.A. they have the emotional state consistent with the age they were when they started drinking, absent of the coping skills of a normal person. They'll have to revisit all those under developed behavioral patterns and replace them with mature and healthy thoughts and actions. Easier said than done!

When I look around the room at an A.A. meeting we all seem to look about the same in the way we dress and in our outside appearances. The only thing that makes us different is what is going on in between our ears. If we all woke up this morning with amnesia we would all be the same. It's the tortures of past that torments us and therein lies the problem and the solution. If we can understand and accept this well established approach to our mental condition we can take actions that will restore our self esteem and we can live an incredibly happy and peaceful life.

We cannot change one moment of the past, but we can resolve the issues in our lives that brought about the need to escape from those horrible memories of the things that we regretted having done. The habits and deeds that triggered the guilt and shame that led us to seek relief in the bottle can be reigned in and if we are fortunate enough to believe this you may want to revisit the fourth and fifth steps, Identify those deeds that we drag around like a ball and chain, and keep us from actuating the rest of the program. 12x12 pg. 56 "Even A.A. Oldtimers, sober for years, often pay dearly for skimping this step." Those things will not go away but the mental and emotional pain that we drank to nullify can be arrested and we can finally put it all behind us and live a wonderful life. I know this from experience.

When I revisited my forth and fifth step, I was stronger and talked to someone about those deeds from the past that plagued me and realized that most people who abuse alcohol have them, to one degree or another, and if they are willing to address them, they can be free from that Ball and Chain and my experience is that it freed me up to continue the rest of the step with pleasure. From the day I entered A.A. to the day I mustered the strength to do this, I had no comprehension of the effect it would on me, for if I did, I would have cut to the chase much sooner and avoided several years of discontent. As long as those deeds were in the past and not habits of the present, this process worked exactly as it was intended as per the program. I hope that this encourages at least one person to find someone they trust and find the relief that I have experienced as the result of cleaning the slate and I wish them a happy life. It worked for me.

By Rick R.

SUNSET GROUP PICNIC

MAY 4TH, 2019

FROM 11:00AM - 3:00PM

SPEAKER @ 2:00PM

GUEST SPEAKER

AD BARNES PARK
PAVILLION # 4

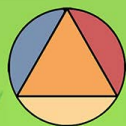
3407 SW 72ND AVE. - MIAMI 33155

FELLOWSHIP!

FREE FOOD!

50/50 RAFFLE!

FUN!



Miami-Dade Intergroup would like to welcome our new Chairman Manuel N. from the Rush Hour Group, and also our two new Steering Committee members Tamara K. from the Sober Way Out Group and Barry G. from the Sabal Palm Group. Thank you for your commitment and service. Looking forward to work and support with you all the Miami-Dade Groups of Alcoholics Anonymous.



Prices for baskets
are at cost for this
event!

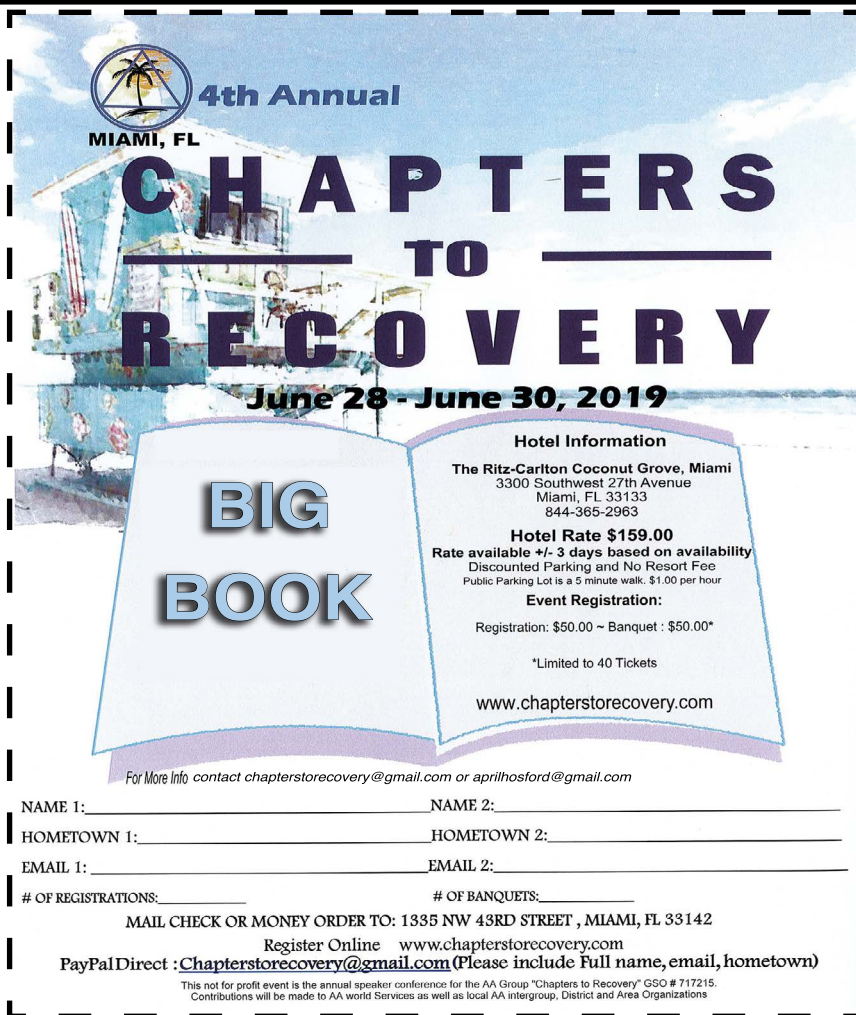
Groups we need your help!

We are looking for groups that would like to donate a basket with A.A. approved Literature for our

FOUNDER'S DAY PICNIC

June 8th, 2019

Please contact the Intergroup Office: 305.461.2425



4th Annual
MIAMI, FL

CHAPTERS TO RECOVERY

June 28 - June 30, 2019

BIG BOOK

Hotel Information
The Ritz-Carlton Coconut Grove, Miami
3300 Southwest 27th Avenue
Miami, FL 33133
844-365-2963

Hotel Rate \$159.00
Rate available +/- 3 days based on availability
Discounted Parking and No Resort Fee
Public Parking Lot is a 5 minute walk. \$1.00 per hour

Event Registration:
Registration: \$50.00 ~ Banquet: \$50.00*

*Limited to 40 Tickets

www.chapterstorecovery.com

For More Info contact chapterstorecovery@gmail.com or aprilhosford@gmail.com

NAME 1: _____ NAME 2: _____
HOMETOWN 1: _____ HOMETOWN 2: _____
EMAIL 1: _____ EMAIL 2: _____
OF REGISTRATIONS: _____ # OF BANQUETS: _____

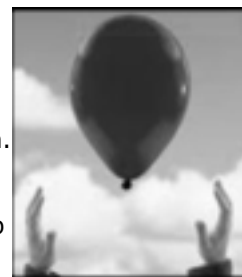
MAIL CHECK OR MONEY ORDER TO: 1335 NW 43RD STREET, MIAMI, FL 33142

Register Online www.chapterstorecovery.com
PayPalDirect: Chapterstorecovery@gmail.com (Please include Full name, email, hometown)

This not for profit event is the annual speaker conference for the AA Group "Chapters to Recovery" GSO # 717215.
Contributions will be made to AA world Services as well as local AA intergroup, District and Area Organizations

FIFTH STEP PROVIDES RELEASE

Revealing my innermost secrets via the Fifth Step would have been terrifying in anticipation had my sponsor, Carl, gave me time for consideration. But thank God he followed the Big Book clear-cut directions on page 74 telling to start Step Five, "at the first opportunity." This turned to be, surprisingly, about five minutes after finishing up Step Four with him. This left no time to decide which of my seemingly unforgivable past activities to keep to myself. This suddenness left no time for irrational fear to cloud my ensuing admission of the exact nature of my many glaring defects.



Left off guard, so to speak, I had only to rely on my written Fourth Step information which was right in front of me; it couldn't be ignored or changed. In Step Five, my sponsor focused the light of truth onto the unrealized driving forces of selfishness, dishonesty, resentment and fear. Step Four had provided tools for me to 'face and be rid of' these grosser handicaps . . . but still, countless other destructive little demons, of the grosser variety, lurked in some dark dank space deep inside my subconscious mind just raring to take over, per usual. When the listed "Harms to others" and "sexual conduct" items were exposed, he had me include them on my Eighth Step as they were being discussed.

We discussed and utilized the Step Four tools to face and be rid of the repeated emotions of anger (resentments) that had been plaguing me for years (p. 67). We also prayed for God to show me what I should do in each of these specific matters (p. 69). Where previously, I had found only a temporary relief, I have now found a tool that provides a permanent release from these deadly ingredients of mental obsession.

What a blessing! Also, where I had been selfish and dishonest were discussed and brought into my immediate awareness—this allowed me freedom to act on them as they would continue to arise throughout the rest of my life. I then learned that all these tools were to be used over and again as I began living in the spirit of Step Ten; that these newly learned were to become a major ingredient in my forthcoming growth and Maintenance Steps, Ten, Eleven and Twelve. We learn tools in Steps Four through Nine—we use them in Step Ten!

In Step Three I asked God to relive me of the bondage of self, although I didn't know what that was, but then I knew! This short Step Five period with my sponsor has allowed me a permanent release—not just temporary relief—from my that obsession to get "boiled as an owl" (p. 191).

Bob S. Richmond, IN

Twelve Steps and Twelve Traditions page 40

It is when we try to make our will conform with God's that we begin to use it rightly, To all of us this was a most wonderful revelation. Our whole trouble had been the misuse of willpower. We had tried to bombard our problems with it instead of attempting to bring it into agreement with God's intention for us.

Reprinted with permission from A.A.W.S.

Big Book page 25

"We have found much of heaven and we have been rocketed into a fourth dimension of existence of which we had not even dreamed."

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Big Book Page page 17

The Cement: The feeling of having shared in a common peril is one element in the powerful cement which binds us. But that in itself would never have held us together as we are now joined. The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action. This is the great news this book carries to those who suffer from alcoholism.

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63RA CONVENCION ESTATAL FLORIDA 2019

Miercoles, Julio 31- Domingo, Agosto 4
 63.FloridaStateConvention.com
 Trump National Doral Miami
 Doral, Florida



PROGRAMA & ACTIVIDADES



Reuniones & Talleres AA, Al-Anon, & Alateen · Lengua de signos Americanos y subtítulos · LGBTQ, Reuniones Español, Reuniones & Talleres Jovenes en AA · Maratónicas & euniones de veteranos en AA · Banquetes de noche & helados sociales viernes & sábado · Primer Desayuno Espiritual · Mercancía especial de la Convención · actividades deportivas incluyendo Golf, corrida 5K, & Vóleibol · Meditación diaria, yoga & clases de acondicionamiento físico · Actividades de Entretenimiento incluyendo bailes, salón de películas, & comedia en vivo · Exposiciones del Grapevine y Archivos Históricos · Oportunidad de fotos con nuestros co-fundadores Bill W. & Dr. Bob and mucho más !

INFORMACION HOTEL

Código Convención: 63rd Florida State Convention
 Página Web: 63.FloridaStateConvention.com/pages/hotel
 Reservaciones por teléfono aceptadas después de Agosto 15, 2018

Trump National Doral Miami
 4400 NW 87th Ave, Doral, FL 33178
 (305) 592-2000

PRECIOS :

Standard King/Doble \$139.00

Suite \$235.00

Precios serán honrados 3 días antes y 3 días después de las fechas de Convención, basado en disponibilidad. Cuartos deben de ser reservados para Julio 15, 2019 para obtener estos precios.

Todos los cuartos son sujetos a impuestos estatales y locales. EL HOTEL ES NO FUMAR. Check-in/Entrada 4 P.M. – Check-out/Salida 11 A.M.

PRECIO ESTACIONAMIENTO: Está incluido en el precio de la habitación para huéspedes. \$10/día visitantes, no-noche



XLVII CONVENCION HISPANA DE ALCOHOLICOS ANONIMOS
 ESTADOS UNIDOS Y CANADA SEDE ATLANTA, GEORGIA
 AGOSTO 30, 31 Y SEPTIEMBRE 1, 2019

**UN MILLON DE VOCES
 UN SOLO MENSAJE**

RESERVACIONES 1(800) 468-3571.

CLAVE: CONVENCION NACIONAL HISPANA DE ALCOHOLICOS, INC. XLVII
 30, 31 AGOSTO 1 SEPTIEMBRE



CONVENCION NACIONAL

ATLANTA, GA
 P.O BOX 191586
 ATLANTA GA. 31119
 770-875-5463 / 770-655-1874



RENAISSANCE ATLANTA
 Waverly Hotel & Convention Center
 2450 GALLERIA PARKWAY
 ATLANTA, GA 30339
 770-953-4500

UNMILLONDEVOCESUNSOLOMENSAJE@GMAIL.COM

Quinto Paso

"Admitimos ante Dios, ante nosotros mismos, y ante otro ser humano, la naturaleza exacta de nuestros defectos."



5ta Tradicion

"Cada grupo tiene un solo objetivo primordial llevar el mensaje al alcohólico que aún está sufriendo."

Convención Internacional - Detroit, Michigan Julio 2 al 5 de 2020

Para el otoño de 2019, se dispondrá de información sobre la inscripción para la Convención y reservaciones en hoteles. Se proporcionará a la información necesaria en los paquetes de inscripción, que también estarán disponibles en otoño de 2019. El paquete incluirá una lista de números telefónicos a que llamar para informarse en concreto sobre el alojamiento, el programa, etc.

Se facilitará la información por correo postal a los grupos, oficinas y contactos de A.A. alrededor del mundo, así como por el sitio web.



FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!

Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

Check Enclosed: _____ Name: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (_____) _____

_____ Yes, I would like my name to be added in "The Messenger." _____ No, I would like to remain anonymous

For Credit Card recurring contribution information please call the office at: 305.461.2425

"Each day that your Group participates in the work of our local A.A. services, whether through those who "Contribute their Time" or Group Contributions, or Sobriety Contributions, something wonderful happens in A.A. When a newcomer calls us and finds your meeting, it is indeed a miracle. Your contributions show that you care about the services we as a fellowship provide and continued hope for the newcomer that reaches out for help. Words cannot fully express the deep gratitude about the energy that your A.A. Group devotes into carrying the message of hope to the still suffering alcoholic."



FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.
Adam M., 5 Anonymous.

COMMITTEE MEETINGS:

**GS DISTRICT 10
Monthly Business Meeting**
1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

**GS DISTRICT 10
Corrections Committee**
4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Av., 33176

Miami Bid for FCYPAA
2nd Sunday of the month
@ 1:30pm at the
Lambda Miami Dade Club
28 NE 54th St.
Miami, FL 33137

Archives Committee
2nd Tuesday of the month
@ the Harmony Room
721 SW 24th St. # 205

Remote Communities
4th Friday of the month
@ 1:00pm at St. Jude Church
126 SE 15th Rd. 2nd Floor

Meetings at the
CORAL ROOM
1100 Ponce de Leon, CG
305.446.9558

**GS DISTRICT 10
Grapevine Committee**
1st Sunday of the month
@ 2:00pm

**GS DISTRICT 10
PI/CPC**
4th Saturday of the month
@ 3:00pm

**GS DISTRICT 10
Literature Committee**
2nd Tuesday of the month
@ 7:00pm

Treatment Committe
3rd Saturday of the Month
@ 3:00pm

**For more information go to
www.district10miami.org**

"BAL HARBOR GROUP"

Is moving soon!!

As of May 1st, 2019

Church by the Sea

1045 95th St.

Bay Harbor Island, FL 33154

Meetings:

Monday-Wednesday-Friday

@ 7:00pm

**Women's Meeting
Thursdays @ 7:00pm**



**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Manuel N.

Vice-Chair

Raz S.

Treasurer

Dylan S.

Secretary

Yvonne N.

Steering Committee

Jennifer R.

Tom D.

Tamara K.

Barry G.

Ian S.

Trustees

Askia K.

Mary S.

Founder's Day Picnic

Tom L.

Intergroup Banquet**OPEN POSITION****Intergroup Office**

Jennifer R.

The Messenger

Office

Outreach

Joe C.

Public Information**OPEN POSITION****Twelve Step Relay**

Barry G.

Big Service Breakfast

Kevin W. (Co-chair)

General Service Liaison

Tamara K.

Spanish Intergroup**OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE
CONTACT LIST**

www.district10miami.org

Chairman

Gerry S.

Alternate Chairperson

Peter D.

Treasurer

Regina F.

Registrar

Sara G.

Recording Secretary

Manuel T.

Archives

Toni Marie

Corrections

Erik R.

Current Practice

Ray S.

Grapevine

Anna G.

Gratitud Dinner

David M.

Intergroup Liaison

Jorge L.

Literature

Isabel C.

PI/CPC

Mario P.

Accessibilities**OPEN POSITION****Treatment**

Glen H.

Big Service Breakfast**OPEN POSITION****District 17 Liaison****OPEN POSITION****Remote Communities**

George R.

Webmaster

Nino P.

"THE MESSENGER"

Published Monthly by

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aamiamidade@bellsouth.net

WEBSITE:

www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

CONCEPT FIVE

"Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration."

MARCH

CORAL GABLES

Jenny 1
Camila 1
Carla 1
Ricardo 1
Oscar 7
Ron 8
Cece S. 8
Anthony 11
Olga M. 12
Karen 13
Vivian 13
Paddy 13
Justin 14
Sue 18
Roberto L. 24
JR 26
Parker 30
Sharon 35
Phil 39

SOUTH DIXIE

Roxanne 1
Leo 2
Wayne 10
Scott W. 10
Bill W. 27

PALMETTO BAY

Brett P. 1
Daniel M. 5
Liz 6
Carla 8
Donald 11

SABAL PALM

Julie F. 1
Maria D.C. 1
Marcelo G. 1
Tony M. 2
Yvette Marie 3
Dan S. 3
Andrew F. 3
Luisa W. 4
JPMC 4
Alfredo S. 8
Jose S. 10
Mel O. 11
Alvaro R. 14
Karen L. 15
Marianne P. 15
Martha G. 19
Michelle 20
Michael M. 21
Eileen McC. 25
Leah L. 25
Darlene S. 37
Corey C. 40

APRIL

SUNSET

Maggie M. 1
Andrew F. 3
Luis G. 4
Ileana F. 4
Robert E. 10
Charlotte 25
Carol A. 32

SOUTH DADE

Charles S. 6
Mary RL 6
Phil D. 6
Ashley 7
Jeremy 7
Lee 8
John G. 10
Donald B. 11
Chuck I. 13
Darryl 16
Oliver H. 26
Scott N. 28

SOBER WAY OUT

Lissette Y. 2
Adolfo I. 3
William A. 4
Celeste R. 4
Daniel C. 4
William A. 5
Casandra S. 5
Debbie H. 9
Loretta T. 9
Ty B. 12
Stephanie B. 13
Santi N. 19
Brenda M. 23
Alma S. 24
Tamara K. 25

MAY

SUNSET

Mike E. 2
Roberto F. 7
Jesus R. 9
Berni 11
Toni b. 14
Maria Z. 18

SOUTH DIXIE

Danny S. 3
Daniel M. 5
Phil D. 6
Pat G. 12
Michelle S. 27
Xavier 33

HOMESTEAD

Angel M. 1
Shareef S. 1
Jim R. 7
Steve VR. 20

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
Coral Gables Group/3rd Thursday @ 7:00pm
Good Morning Group/3rd Friday @ 11:00am
Happy 1060 Group/3rd Sunday @ 11:45am
Happy Hour Group/ 3rd Thursday @ 6:35pm
Homestead Group/3rd Tuesday @ 7:00pm
Lincoln Road YP/3rd Sunday @ 7:00pm
Little River Group/2nd Sunday @ 7:00pm
Miami Young People/3rd Saturday @ 7:00pm
New Beginner's # 2/2nd Thursday @ 7:30pm
Night Owl Group/2nd Sunday @ 7:00pm
North Miami Group/Last Wednesday @ 7:15pm
Palmetto Bay/3rd Wednesday @ 6:35pm
Primary Purpose/Last Wednesday @ 6:45pm
Quinto Paso/1st Monday @ 7:00pm
Sabal Palm/3rd Thursday @ 7:00pm
Sober Way Out/3rd Sunday @ 7:00pm
Something Happens/1st Saturday @ 10:00am
South Dade Group/3rd Wednesday @ 7:00pm
South Dixie Group/2nd Sunday @ 12:15pm
Sunset Group/2nd Friday @ 7:00pm
West Miami Group/3rd Tuesday @ 7:00pm
We Stopped in Time/1st Monday @ 9:35pm
Young, Sober & Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm
Coral Gables Group/Last Monday @ 8:00pm
Grupo Central/Last Sunday @ 1:00pm
Good Morning Group/Last Friday @ 10:00am
Happy 1060 Group/Last Sunday @ 10:45am
Happy Hour Group/Last Friday @ 5:30pm
Homestead Group/Last Thursday @ 8:30pm
Key Biscayne Group/Last Friday @ 8:30pm
Killian Pines Group/Last Friday @ 8:00pm
Lincoln Road YP/Last Sunday @ 7:00pm
Little River Group/Last Wednesday @ 8:30pm
Miami Springs Group/Last Monday @ 7:30pm
Miami Young People/Last Saturday @ 8:30pm
North Miami Group/Last Friday @ 8:30pm
Palmetto Bay Group/Last Saturday @ 5:30pm
Plymouth Group/Last Wednesday @ 7:00pm
Primary Purpose/Last Saturday @ 8:30pm
Sabal Palm Group/Last Sunday @ 7:00pm
Shamrock Group/Last Tuesday @ 8:30pm
Sober Way Out/Last Friday @ 8:30pm
Something Happens/Last Saturday @ 9:00am
South Dade Group/Last Friday @ 8:30pm
South Dixie Group/Last Saturday @ 7:30pm
Sunset Group/Last Friday @ 7:30pm
West Miami Group/Last Friday @ 8:30pm
We Stopped in Time/Last Monday
Young, Sober and Free/Last Sunday



MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems?
Please invite them to our new 7pm
Sunday Russian-speaking
Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
Ft. Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com



MIAMI-DADE INTERGROUP

The Office will be

"CLOSED"

On Monday
MAY 27th, 2019

In observance of

MEMORIAL DAY

Phones will be forwarded to the
Coral Room.

Miami-Dade Intergroup Staff

BUILDING CONNECTIONS WITH GRAPEVINE'S 75TH ANNIVERSARY TOOLKIT



A comprehensive package of recovery tools to connect groups

Available January 21st, 2019
aagrapevine.org/75thanniversary

LOOKING FOR MEETINGS?

Learn more at:
www.meetingguide.org

Here is the icon to look for.....



Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on **Thursday- June 13th, 2019 @ 8:00pm Iglesia Metodista Unida- 133 Ponce de Leon - 33135 This is a great opportunity to do service!**
For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger"
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The Messenger

Miami-Dade Intergroup
4315 NW 7th St. - Suite 36
Miami, FL 33126
Phone: 305.461.2425 (24 hrs.)
Fax: 305.461.2416

H A P P Y
Mother's Day

