The Messenger

MIAMI-DADE INTERGROUP

Florida - USA

305.461.2426 (Fax)

November 2018 aamiamidade.org

aamiamidade@bellsouth.net 4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs)

A Roadmap for Living

1

As I have navigated my way through the program of Alcoholics Anonymous, with only a limited formal education, but with a desire to learn all I can about this new life as it unfolds, it occurs to me that most of the things that the program teaches me are things I've been taught before. I learned he Ten Commandments and The Golden Rule in church. In the Boy scouts, I learned that a scout Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent. In sports I learned about Teamwork and Disappointment. In Kindergarten I learned to play fair in the sand box. These things have been around long before me and even before A. A; So where did I go wrong? I, like most of us that come into the program, had a myriad of personal problems, and at first, I believed that those life issues including; Marital, Legal, Economic, Physical, etc. were the cause of my drinking the way I did. At that time, I wasn't sophisticated enough to understand the ins and outs of these things. I'm not sure that anyone can just drop what they have been conditioned to do, just because they quiet drinking. There must be more to it that that. If first we are fortunate enough to envision the wonderful life we can experience as the result of embracing this program to the fullest degree, we will first want to clear up the wreckage of the past. This we can do by thoroughly going through the steps in the spirit that they were intended, being careful not to hold back anything. As we approach Step Twelve we are introduced to the Saint Francis Prayer in the 12X12. Francis was not a Saint when he wrote this prayer, but he expresses that these virtues were the answers to his misquided thinking of the past. Notice that not one of his requests for help with things are of a selfish or material nature. I myself am not affiliated with any religious organization, but I am not threatened by religious doctrines and I agree with the statement on pg. 87 Big Book (Cont. on page 5)



STEP 11 "Sought through prayer and meditation to improve our conscious contact with God <u>as we understood Him</u>, praying only for knowledge of His will for us and the power to carry that out."

SATURDAY, DECEMBER 1, 2018

RECOVER

54th Annual Gratitude Dinner

"Sunlight of the Spirit"

GENERAL SERVICE DISTRICT 10

The Watsco Center (formerly Bank United Center) UM 1245 Dauer Drive Coral Gables FL 33146

Desserts are welcome!

FELLOWSHIP DINNER 5:30 P.M. 6:15 P.M.

RAFFLE: GROUPS ARE ENCOURAGED TO CONTRIBUTE BASKET WITH BOOKS (CONFERENCE APPROVED LITERATURE INCLUDING GRAPEVINE) - SUGGESTED \$50.00.

Table \$200 – Each Ticket \$25.00 Contact the Intergroup Office at 305.461.2425 for more information

Gratitude Dinner Committee Meetings are being held as follows: unset Room on the following dates: 6/2, 6/30, 7/28, 8/25, 9/22, 10/20, 11/10 & 11/24 (all meetings start @ 2:00 pm)

SPEAKER 8:00 P.M.

QUIET MIND VIA PRAYER AND MEDITATION

Step 11: "Sought prayer and meditation to improve our conscious contact with God, asking only for knowledge of His will for us and the power to carry that out." Someone said: "The only requirement for serenity is a desire to stop thinking." In early sobriety my raving alcoholic



mind was not the least fond of that cliché. It would run full speed ahead all day long and often deep into the night. It would run so fast, and confusingly, that I feared losing my new job at an antique store. Sometimes I felt it necessary to forego lunch and talk with my newly found AA friends at a nearby recovery club (26th & Broadway, in Santa Monica California). Often, as if by magic, I would be overtaken by an inexplicable calmness. Somehow, once inside, I felt safe in the mist of that AA spirit we all know so well. Who needs lunch anyway!

But back to work during the afternoon my mind would resume its attack. What to do? I had learned a spiritual tool that I still use quite often today. I would pray: "Be still and know that I am God." Somehow, and I have never understood why, that simple statement had an immediate calming effect; albeit often short lived, it was welcome, indeed! The Big Book tells us that we have a "Great Reality deep down within us" (God). My concept of this is that God is telling my whirling mind to quiet down. Who knows? But it worked then and still does today—great tool!

The French philosopher, René Descartes, is often quoted: "I think, therefore I am." However, I am coming to believe that Bill Wilson's "Great Reality deep within" (p. 55) is like a great over-self that I can utilize through prayer and meditation to bring peace and serenity into my daily life. Actually, by living the Twelve Steps of AA, I have a certain control over my mind when it goes all cat-a-wampus.

Step Eleven tells how to find calmness, before going to bed at night, by having a reflective sort of meditate before going to bed at night and asking God for forgiveness (p. 86). How to prepare or day in the morning and how to remain spiritually fit (calm) throughout the day. Read Eleventh step promises on page 88. by Bob S.

alcoholics

Unonymous

75TH ANNIVERSARY BIG BOOKS

WE ONLY HAVE 29 LEFT!

THE REPLICA OF OUR FIRST BIG BOOK WON'T LAST FOR LONG.

They will no longer be printed out.

COME AND GET YOUR COPY BEFORE IT'S



2

NOVEMBER IS GRATITUDE MONTH!

" Our spiritual way of life is safe for future generations if, as a Society, we resist the temptation to receive money from the outside world. But this leaves us with the responsibility– one that every member ought to understand. We cannot skimp when the treasurer passes the hat. Our groups, our areas and A.A. as a whole will not function unless our services are sufficient and their bills paid".



(The Language of the Heart, p.221)

November is traditionally Gratitude Month in A.A. During the month of November a special

collection is made during each meeting. This gives everyone a chance to make that extra contribution knowing that the money is used to directly support the many services that the Miami-Dade Intergroup office provides to both the Groups and to the many still suffering alcoholics in the Miami-Dade Area.

Your generosity to Miami-Dade Intergroup provides for:

- * Service to more than 500 meetings in the Miami-Dade Area.
- * A 24 hour hotline to answer calls from people seeking help for their alcoholism.
- * When & Where printed directory of meetings that is updated daily.
-)* A mobile friendly website updated also on a daily basis accessed several thousand times a month.
- * Literature orders that can be picked up or delivered at our monthly business meeting per request.
- (* Our newsletter "The Messenger" published monthly and distributed for free at our Monthly business meeting.
- * Mailing of flyers with event announcements on a weekly basis to keep the groups informs of other groups activities.

As you may know your contributions to Miami-Dade Intergroup are especially welcome; and are tax deductible.

Count your many blessings as the result of your sobriety. Find it in your heart to be as generous as you can with your contributions so that we may continue to help you and your Group and most importantly . . . THE STILL SUFFERING ALCOHOLIC!

DO I STILL HAVE MY ATTITUDE OF *GRATITUDE* ? THANK YOU FOR YOUR PARTICIPATION!

		~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
Lord, make me a channel for thy peace-that were	Concept XI	BOARD OF TRUSTEES ELECTIONS
there is hatred, I may bring love-that where there	The trustees should	On our next business meeting on November 8th, we will be having
is wrong, I may bring the	always have the best possible committees,	nominations for:
spirit of forgiveness that where there is discord, I	corporate service	CHAIR PERSON
may bring harmony-that where there is error, I may bring	directors, executives, staffs, and consultants.	• 2 STEERING COMMITTEE MEMBERS
truth-that where there is doubt, I may bring faith	Composition, qualifications, induction	Who will serve for:
that where there is despair, I may bring hope-that where	procedures, and rights	Chair person - 2 years
there are shadows, I may bring light-that where there	and duties will always be matters of serious	<ul> <li>Steering Committee member - 1 year</li> <li>with the option of serving another year.</li> </ul>
🕴 is sadness, I may bring joy.	concern.	Chair person sobriety requirements
Lord, grant that I may seek rather to comfort than to	Miami- Dade Intergroup wants	• from 5 years and up
be comforted-to understand, than to be understood-to	to express our appreciation	<ul> <li>Steering Committee members</li> <li>1 year and up of sobriety and has to be</li> </ul>
love, than to be loved. For it is by self-forget-	to those groups and individuals who have made	<ul> <li>participating at our monthly business</li> </ul>
ting that one finds. it is by forgiving that one is for-	<b>J</b>	<ul> <li>meetings for at least 6 months as a</li> <li>rep of his/her group.</li> </ul>
given. It is by dying that one awakens to Eternal Life.	contributions, and give a special thank you to all the	
Amen	members who have	
Reprinted from Twelve Steps and Twelve	volunteered their time to help the sick and suffering	
A.A. World Services, Inc.	alcoholic.	



Sesion Publica 1ro. de Diciembre a las 6:00pm

> Salon Logia Masonica "Nuevos Horizontes" 600 West 29th St. - Hialeah -33012

> > Convención Internacional - Detroit, Michigan Julio 2 al 5 de 2020

Para el otoño de 2019, se dispondrá de información sobre la inscripción para la Convención y reservaciones en hoteles. Se proporci nará a la información necesaria en los paquetes de inscripción, que también estarán disponibles en otoño de 2019. El paquete incluirá una lista de números telefónicos a que llamar para informarse en concreto sobre el alojamiento, el programa, etc. Se faciliará la información por correo postal a los grupos, oficinas y contactos de A.A. alrededor del mundo, así como por el sitio web.



Cuerpo de Bomberos

<u> 2980 NW South River Dr. - Miami - 33125</u>

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	FAITHFUL FIVER MEMBERS							
	Date in the Faithful Fiver C	lub!						
Amount:		: Annually:						
	(Note: No A.A. member can contri	bute more than \$3,000 per year)						
I am a new Member: PAYMENT PLAN	Current Member:	Returning Member:						
Check Enclosed:	Credit Card:Visa	MC Amex CVS:						
Card #:		Expiration date:/						
Name on Card:	Address:	·						
City:	State: Zip Code: _	Tel: _()						
Yes, I would like m	y name to be added in "The Messenger.	"!No, I would like to remain anonymous!						
<ul> <li>FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'SYour contributions are very much appreciated.</li> <li>Lee A. South Dade, Penny South Dade, Isabel South Dade, Adam M., Sal G. South Dade, Charles S. South Dade, Kandice South Dade, Marcy South Dade, Hendrick South Dade, Dawn South Dade.</li> </ul>								
COMMITTEE MEETINGS:	GS DISTRICT 10	motitude \\'mut a t(a) "all u 1 A fealing						
CC DICTDICT 10	Corrections Committee           4th Thursday of the month	<b>gratitude</b> $\grat-a-t(y)$ $ud n. 1. A feeling$						
GS DISTRICT 10 Monthly Business Meeting	@ 8:00pm at							
1st Tuesday of the month	Sabal Palm Room	of deep appreciation. 2. A positive emotion						
at 7:30pm at the	10102 SW 107th Ave.							
CG Congregational Ch.	305.274.74.34	that involves a desire to thank another.						
3010 De Soto Blvd., CG	corrections@district10miami.org							
*****		<b>A Roadmap for Living</b> (Cont. from page 1) "Be quick to see where religious people are right. Make use of						
GS DISTRICT 10	Miami Bid for FCYPAA	what they offer." I an sometimes honored when a newer						
Grapevine Committe	2nd Sunday of the month	member of the program asks for some guidance and I will usually suggest that he/she write out this prayer in						
Meetings at the	@ 1:30pm at the Lambda Miami Dade Club	long hand, paste it on his/her mirror and read it every						
Coral Room 1st Sunday of the month	28 NE 54th St.	day for a minimum of 30 days and I guarantee that it						
@ 2:00pm	Miami, FL 33137	will influence their thinking for the rest of their life. It						
1100 Ponce de Leon, CG 305.446.9558		did for me. I don't know of a more practical thing to set the tone for a person's interactions with others. Think- ing back on it, I always knew the right thing to do, but I						
******	New Time and Location! GS DISTRICT 10	wasn't always strong enough to do it. I dismissed these things, not realizing the pain that would result as I lost						
GS District 10 <b>PI/CPC</b>	Treatment Committe	my direction in life. The Saint Prayer is one of the ways						
TO BE ANNOUNCED!	2nd Saturday of the Month	win which the program suggests that we revisit our early value system. It gives us some spiritual direction that						
	@ 2:00pm Sabal Palm Room	deals with the change in our inner self and if we heal						
****	10120 SW 107th Ave 33176	in that area, the material world will take care of itself.						
GS DISTRICT 10	305.274.7434	In life when I am faced with a sticky situation I have a						
Literature Committee		choice whether to escalate it or back off and withdraw						
1st Wednesday of the Month	For more information go to	with love and understanding. After years of trying my best to live in the spirit of this prayer, it occurred to me						
@ 7 pm at	www.district10miami.org	that, as the result, I qualify in all those things I learned						
North Miami Group		as a child, in church, in the Boy Scouts, in Kindergar-						
822 NE 125th St. # 111 305.899.8040		ten and in childhood sports. To me, The Prayer of Saint						
JUJ.079.00 <del>1</del> 0		Francis is an All-Encompassing Spiritual roadmap.						
		by Rick R.						

#### INTERGROUP CONTACT LIST

aamiamidade.org Chairman Gary C. Vice-Chair Robert L. Treasurer Dylan S. Secretary Lee A. **Steering Committee** Raz S. Jennifer R. Aly P. Manuel N. Chris W. Trustees Askia K. Mary S.

Founder's Day Yvonne N. **Intergroup Banquet** Lee, Raz, April **Intergroup Office** Jennifer R. The Messenger Office Outreach Michael G. (North) **Public Information OPEN POSITION Twelve Step Relay** Laura N. **Big Service Breakfast OPEN POSITION General Service Liaison** Keith D. Spanish Intergroup **OPEN POSITION** Webmaster Office

#### GENERAL SERVICE CONTACT LIST

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## **"THE MESSENGER"**

Published Monthly by

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#### NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to **"THE MESSENGER"** will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

# **Tradition Eleven**

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films."

# OCTOBER

## PALMETTO BAY

Roly M. 1 Janeen W. 1 Chris R. 2 Jen M. 2 Maria S. 3 Marj S. 7 Becka 7 Nino 30 Woji 37

## CORAL GABLES

Maria AC 1 Mary Anne H. 2 Kevin S. 2 Kenny G. 3 Brian B. 5 Jill C. 5 Augustin 5 Alex O. 6 Luis H. 8 Bert 10 Christian S. 13 Kathy C. 13 Jeff W. 13 George R. 16 Elise G. 16 Peter P. 23 Alfonso 27 Elly A. 29

## SOUTH DIXIE

Roly 1 Tracy 1 Jorge C. 1 Rachel F. 2 Sonia 2 Elizabeth 5 Pat 6 Stacia 10 Chris P. 18 Fred R. 33 Linda W. 40

#### SOBER WAY OUT

James D. 1 Sade M. 4 Frank M. 4 Voncel J. 6 Paul B. 12 Elizabeth R. 27

#### SOUTH DADE Roly 1 Jen M. 2

Isabel 6 Eric B. 6 Cindy S. 6 Penny G. 10 Fred R. 33

#### LITTLE RIVER GROUP

Ronaldo B. 1 Johnnie 12 Felix 15 Jackie 15 Walter 34

#### HOMESTEAD

Billy L. 1 Paul B. 1 Jeff B. 1 Lisa G. 2 Susan T. 7 Mari 11 Mike G. 18 Don B. 29

#### SABAL PALM

John M. 1 Cvndi H. 1 Eduardo M. 1 Adri A. 1 Melissa N. 2 Ray 2 Liz G. 5 Kevin V. 6 Paula R. 6 Stacia V. 10 Dianna G. 15 Pierre S. 15 Valeria L. 17 Jeff G. 17 Maria M. 20 Kristin 21 Cynthia G. 22 Jorge F. 26 Morgan C. 26 George B. 28 Fred R. 33 Linda P. 33

# "THANKSGIVING HOURS" MIAMI-DADE INTERGROUP

OFFICE WILL BE <u>CLOSED</u>ON

## THURSDAY - NOV. 22nd, 2018 FRIDAY - NOV. 23rd, 2018

Phones will be forwarded to the following rooms:



# **MEETINGS IN RUSSIAN**

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.





Group Conscience/Business/Service Meetings Brickell Group/3rd Thursday @ 1:05pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Happy Hour Group/ 3rd Thursday @ 6:35pm Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober & Free/Last Sunday @ 8:05pm

#### **Group Anniversaries**

Almeria Group/Last Tuesday @ 7:30pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Happy Hour Group/Last Friday @ 5:30pm Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

> LOOKING FOR MEETINGS?

Learn more at: *www.meetingguide.org* 

Here is the icon to look for...



Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday- December 13th, 2018 @ 8:00pm Iglesia Metodista Unida- 133 Ponce de Leon - 33135 This is a great opportunity to do service! For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

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# Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

> Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

·	 	 		 		—	—	—	—	
Name:	 			 						
Address:										
City:	 	 Sta	ate:	 Zip	):					

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

# HELP US CARRY THE MESSAGE!!!

