

The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

August 2018

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / aamiamidade.org

WHAT IS THE A.A. MEANING OF SOBER?

The Man-on-the-Street-Speak: May define the word "sober" as: "clear-headed with normal emotions and logical thinking," e.g.: A jaywalker who jumps in front of traffic would not be considered sober—he would not be sober-minded!

AA-Speak: If an AA member had not ingested an alcoholic drink in fifteen years, they would qualify for a fifteen-year sobriety token. This would apply to schizophrénics, manic depressives, bi-polar personalities, jaywalkers, and even Lizzie Borden!

Consequently, I have learned to differentiate between whether the person I am listening to is doing "Man-on-the-Street" talk or speaking the language of Alcoholics Anonymous.

For instance, suppose someone, at your next AA meeting, concludes that member X cannot come to logical conclusions, lives in great fear, fury and confusion. Therefore, he or she is not sober.

Question—Is this, Man-on-the-street-speak? . . . or AA-speak? You're right! This is "Man-On-the-Street-speak!"

It isn't that one of these statements are right and the other is wrong, it's just to whom you are listening!

This also applies to other Big Book words such as "recovered." This makes for an interesting study as you listen around the A.A. tables.

WHAT IS THE A.A. MEANING OF RECOVERED?

The Man-on-the-Street-Speak: Often believes the word "recovered" means, as defined from a dictionary, as: "A return to a normal state of health, mind, or strength." Or "To get back on one's feet."

Consequently, comes the false notion that if one becomes "recovered" they could once again drink like a normal person. An oft-heard statement: "If I thought I was recovered, I might go back to drinking." This notion is often followed, from a Non-Big-Book alcoholic, by a lecture on the danger of using that word at A.A. meetings. *(Cont. on page 2)*

Willingness Goes a Long Way

Step 8 requires a willingness to reflect on your past and be honest about your part in hurting others or in strained relationships. Perhaps you've hurt your parents, your spouse, friends, a neighbor, a co-worker, and so on. Maybe your drinking landed you in some deep depression and anger that made you difficult to live with.

When I was knee deep in my addiction, I wasn't there for my children like I could have been, and I hurt my partner over and over. I knew apologizing wouldn't be easy, but I was willing to do my part in making amends.

Step 8 prepares us for Step 9, where we actually make amends when possible. As daunting as that may sound, rest assured that you'll not be asked to do anything that would further hurt another person or yourself. Trust in the process; it works!

Dominica A.

BIG SERVICE BREAKFAST

Alcoholics Anonymous

A joint service venture between
Miami-Dade Intergroup
& General Service District 10

September 22nd, 2018
9:00am

St. Faith Lutheran Church
10120 SW 107th Ave.
Miami, FL 33176



SAVE THE DATE!

Feeling Authentic Love

Step 8 is based upon the principle of authentic love.

Steps 1 through 7 were more personal steps, as their focus was more on my past thoughts and actions that caused me to make some internal changes. Step 8 asked me to continue making changes by revisiting my past and making a list of those I'd wronged somehow.

In addition, I was preparing my heart to become willing to actually make amends to such people in Step 9. I had to become willing to offer my apologies to those I'd hurt and extend a good dose of authentic love. This required humility and trust that such actions would help me in my recovery and benefit the greater good.

Now, this step wasn't easy. Owning my selfishness and taking responsibility for hurting others was painful. It's easier to point fingers at others or just look the other way. It's easier to let bygones be bygones. But when I really humbled myself and honestly went inside on this matter, I realized I was carrying around guilt and shame. The people I'd hurt did not deserve it, and I knew if I wanted to continue to grow personally and spiritually, I had to be willing to make amends and do the right thing.

Dominica A.



62nd Florida State Convention 2018

Wednesday, August 15th –
Sunday, August 19th

www.FloridaStateConvention.com

Fort Lauderdale Harbor Beach

Marriott Resort and Spa

Fort Lauderdale, Florida

www.MarriottHarborBeach.com

PROGRAM & ACTIVITIES

AA, Al-Anon, and Alateen Meetings and Workshops; Open Captions and ASL Interpreting; LGBT, Spanish Speaking, and Young Peoples Meetings and Workshops; Friday and Saturday Banquets and Ice Cream Socials; Exclusive Convention Merchandise; Sports Activities including Golf, 2 Mile Beach Walk/Run, Beach Horseshoes, and Beach Volleyball; Dances and Entertainment; Marathon Meetings and Oldtimers Meeting; Grapevine, Archives and Out-of-State Archives Displays; Meditation on the Beach and Yoga.

FORT LAUDERDALE HARBOR BEACH MARRIOTT RESORT & SPA

AAA rated 4 Diamond Resort

3030 Holiday Drive, Fort Lauderdale, FL 33316

www.MarriottHarborBeach.com

954-525-4000 / 800-222-6543

Convention Code: 62nd Florida State Convention

Phone reservations accepted after September 15, 2017

Direct Reservation Link: <https://aws.passkey.com/e/49166705>

WHAT IS THE A.A. MEANING OF RECOVERED? (Cont. from page 1)

A.A. Speak: Members who have studied the Big Book understand the implication of the page 85 statement, "The problem has been removed. It does not exist for us" they would understand the physical allergy (Phenomenon of craving after a shot of whisky) will never be removed. If this is true then one may ask, well, if the physical allergy still exists, then what does the Big Book mean by "recovered?" Does it mean anything?

Answer: It means that the once powerful mental obsession to drink has diminished greatly, or perhaps, as one recovered alcoholic expressed: "To drink is no longer in my emotional vocabulary." What a wonderful freedom for an alcoholic! Please read how an alcoholic (Fitz Mayo) couldn't drink even if he would (pp. 56-57). Our co-founder, Dr. Bob, had thoughts of drinking for over two years, yet never yielded.

One might ask whether his great miracle will happen automatically? Well, recovered is only a conditional state of mind, of which, can rapidly disappear. Page 85 tells us: "This is how we react so long as we keep in fit spiritual condition." I knew there would be a trick to it!

Bob S.

MIAMI-DADE INTERGROUP

Would like to give our thanks to.....

Penny G. and Lee A. for their amazing 2 year of service as part of our Steering Committee.

We also would like to thank Manuel N. for having served as our Secretary for that period of time and done an amazing job.

We are happy to announce our new members for our Steering Committee.

Chris W. from the Something Happens Group and Manuel N. from the Brickell Circle Group.

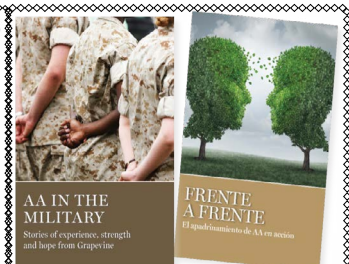
And as our new Secretary we would like to welcome Lee A. from the South Dade Group.

Introducing Grapevine's New Books

- AA In The Military
- Frente a Frente

One on One (Sponsorship book)
translated into Spanish

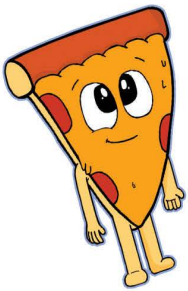
www.aagrapevine.org/store



A Profound Change of Perception A Spiritual Awakening at its Best

By Rick R.

Years before I came to Alcoholics Anonymous I was aware that there was something dreadfully wrong with me but not one person ever suggested that I might be an alcoholic or that I should try A.A. Perhaps that was due to the denial of the people around me that drank like I did. Suggesting that I had a problem with alcohol would mean outing themselves and others. Looking back on it now, I feel fortunate that I survived those last few years of failed attempts at life and when I ran out of options I came to A.A. sincerely looking for answers. The denial within me was gone. My mind was open and for the first time in my life I was desperate and I was listening. At my first A.A. meeting I was moved by what I heard. It was different than anything I had experienced before. The people were being honest and candid about things that only brought shame and guilt to me in the past. I felt safe for the first time in my life and could discuss those things openly, that had been taboo up until then. Prior to that, everything in my life was a façade. At that moment On October 15, 1969, my perception of the world had changed and I have not wanted a drink since. Call it a Spiritual Awakening if you like, and it was for me, but it came in the form of a Profound Change in Perception. In appendices 2, in the Big Book, it describes a man who had "undergone a profound alteration in his reaction to life". I began to question all of the decisions I had made in the past, and how the residue of those decisions had tarnished and eroded any chance of a successful, happy life. I became aware that the values system that I had learned as a child, at church and at the Boy Scout meetings, etc. was lost in the dust, and was replaced with guilt and shame. I was in trouble when I violated my own value system. I now realize that, I wasn't a bad kid but I was a kid that wasn't strong enough to do the things I knew to be right. The more I broke the rules, the easier it became and moral standards were meaningless. Soon drinking was the only thing that eases my conscience. When that quit working for me, I found myself at the door of Alcoholics Anonymous. Once I had that change of perception I knew what to do. It may be as simple as "trying to stop doing the things that I regret" but the key to it all is "Being honest with myself", and never going back to my old way of thinking. I said that I was fortunate to have survived those last few years of drinking and that I came to A.A. looking for answers. Being desperate enough to ask for help was the most important part of that experience. I don't believe that anyone could have convinced me to stop drinking against my will. I may have stayed dry long enough to get the heat off, but I doubt that I would have sincerely surrendered to the degree necessary to have that change of perception and therefore no spiritual awakening. Getting off in the right direction from the start was very important to any success I've had in A.A. I know that I only live once and I don't want to waste one moment of the precious life God gave me. Today, as I continue to practice the all of the things I've learned in A.A. it has resulted in a peace of mind that was unimaginable when I first walked through the doors of alcoholics anonymous and, for that, I am extremely grateful.



WE ARE CELEBRATING 71 Years!!!!



***Come and join us to celebrate
with Pizza, Sodas, Coffee
and a delicious Cake!***

7:00pm

September 13th, 2018

Save the Date!



LA CUARTA DIMENSION

Bill W. describe su derrota ante el alcohol de la siguiente manera:

-El día del Armisticio de 1934 incurri en un nuevo desliz. Todos se resignaron entonces a la certidumbre de que tendría que ser confinado en algún sitio o seguir de traspies en traspies hasta el fin de mi mísera jornada. ¡Que oscuro es todo antes de que amanezca! En realidad ese fue el comienzo de mi ultima calaverada. Muy pronto habría de sumergirme en lo que me complazco en llamar la cuarta dimensión de la existencia.

Había de conocer la felicidad, la paz, y el goce de ser útil, acogiéndome a un modo de vida que a medida que pasa el tiempo, resulta más y más maravilloso.

OCTAVO PASO

HICIMOS UNA LISTA DE TODAS AQUELLAS PERSONAS QUIENES HABIAMOS OFENDIDO Y ESTUVIMOS DISPUESTOS A REPARAR EL DAÑO QUE LES CAUSAMOS



Convención A.A. con participación de Al-Anon y Alateen

Miércoles 15 de Agosto al Domingo 19 de Agosto, 2018

www.FloridaStateConvention.com

Fort Lauderdale Harbor Beach Marriott Resort and Spa

Les presentamos 7 Talleres/Oradores en el Salón Sarasota en el 5º Piso

Jueves, 16 de Agosto a las 6:30 PM – Reunión de Orador

Coordinadora: Shannon R.; Oradora: Natalia F.

Viernes, 17 de Agosto a las 6:30 PM – 1er, 2º y 3er Paso

Coordinadora: Natalia F.; Orador: Daniel Z.

Viernes, 17 de Agosto a las 10:00 PM - Reunión de Orador

Coordinador: Louis F.; Oradora: Rosie T.

Sábado 18 de Agosto a las 8:00 AM – Reunión de Al-Anon

Coordinadoras: Rufita D. y Ana I. – Tema: Las 3 Cs de Al-Anon

Sábado 18 de Agosto a las 12:30 PM – Panel de Oradores 90 Minutos

Coordinador: Enrique S.; Mujeres en A.A.: Jacqueline V.;

Más Acerca del Alcoholismo: Mario G.; Una Visión Para Ti: Guillermo Z.

Sábado 18 de Agosto a las 4:00 PM – Reunión de Orador

Coordinadora: Lucy; Orador: Pablo E.

Sábado 18 de Agosto a las 10:00 PM – Meditación

Coordinadora: Cynthia C.

Debes registrarte para participar!

REGISTRATE AHORA!!

\$35.00 Registración por adelantado y \$40.00 en la Convención

www.FloridaStateConvention.com

**Convención Internacional – Detroit, Michigan
Julio 2 al 5 de 2020**

Para el otoño de 2019, se dispondrá de información sobre la inscripción para la Convención y reservaciones en hoteles. Se proporcionará a la información necesaria en los paquetes de inscripción, que también estarán disponibles en otoño de 2019. El paquete incluirá una lista de números telefónicos a que llamar para informarse en concreto sobre el alojamiento, el programa, etc.

Se facilitará la información por correo postal a los grupos, oficinas y contactos de A.A. alrededor del mundo, así como por el sitio web.



FAITHFUL FIVER MEMBERS

Yes, I want to participate in the Faithful Fiver Club!

Contribution information: Date: _____

Amount: _____ Monthly: _____ Quarterly: _____ Annually: _____

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: _____ Current Member: _____ Returning Member: _____

PAYMENT PLAN

Check Enclosed: _____ Credit Card: _____ Visa _____ MC _____ Amex _____ CVS: _____

Card #: _____ - _____ - _____ Expiration date: _____ / _____

Name on Card: _____ Address: _____

City: _____ State: _____ Zip Code: _____ Tel: (____) _____

_____ Yes, I would like my name to be added in "The Messenger." ! _____ No, I would like to remain anonymous!



FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

Lee A. South Dade, Penny South Dade, Isabel South Dade, Adam M., Sal G. South Dade, Charles S. South Dade, Kandice South Dade

COMMITTEE MEETINGS:

GS DISTRICT 10
Monthly Business Meeting
1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

GS DISTRICT 10
Grapevine Committee
Meetings at the
Coral Room
1st Sunday of the month
@ 2:00pm
1100 Ponce de Leon, CG
305.446.9558

GS District 10 **PI/CPC**
Last Saturday of the month
Coral Room @ 3:00pm
1100 Ponce de Leon Blvd.
305.446.9558

GS DISTRICT 10
Literature Committee
1st Wednesday of the Month
@ 7 pm at
North Miami Group
822 NE 125th St. # 111
305.899.8040

GS DISTRICT 10
Corrections Committee
4th Thursday of the month
@ 8:00pm at
Sabal Palm Room
10102 SW 107th Ave.
305.274.7434
corrections@district10miami.org

Miami Bid for FCYPAA
2nd Friday of the month
@ 7:30pm at the
So. Miami Treatment Center
6900 SW 80th St
Miami, FL 33143

New Time and Location!
GS DISTRICT 10
Treatment Committee
2nd Saturday of the Month
@ 2:00pm
Sabal Palm Room
10120 SW 107th Ave. - 33176
305.274.7434

For more information go to
www.district10miami.org



SOUTH DADE GROUP

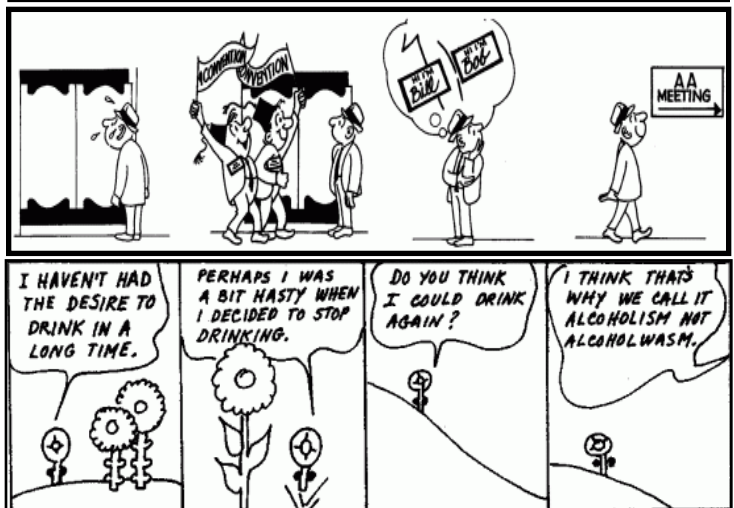
Is Celebrating its

54th Anniversary!

MORE WILL BE REVEALED.....



SOUTH DADE ROOM
10965 SW 186th St. - Miami - 33157 - 305.238.6451



**INTERGROUP
CONTACT LIST**

aamiamidade.org

Chairman

Gary C.

Vice-Chair

Robert L.

Treasurer

Dylan S.

Secretary

Lee A.

Steering Committee

Raz S.

Jennifer R.

Aly P.

Manuel N.

Chris W.

Trustees

Askia K.

Mary S.

Founder's Day**OPEN POSITION****Intergroup Banquet**

Lee, Raz, April

Intergroup Office

Jennifer R.

The Messenger

Office

Outreach**OPEN POSITION*****Public Information*****OPEN POSITION****Twelve Step Relay**

Laura N.

Big Service Breakfast

Richard A.

General Service Liaison

Keith D.

Spanish Intergroup**OPEN POSITION****Webmaster**

Office

**GENERAL SERVICE
CONTACT LIST**

www.district10miami.org

Chairman

Ray S.

Alternate Chairperson**OPEN POSITION****Treasurer**

Peter D.

Registrar

Alex V.

Recording Secretary

Manuel T.

Outreach**OPEN POSITION****Archives**

Toni Marie

Corrections

Mario P.

Current Practice

Bruce V.

Grapevine

Malika

Gratitud Dinner

Sara G.

Intergroup Liaison

Roy P.

Literature

Valerie M.

PI/CPC

Kevin W.

Special Needs

Askia K.

Treatment

Al P.

Big Service Breakfast**OPEN POSITION****District 17 Liaison**

Jorge L.

Remote Communities

Sal G.

Webmaster

Eddie D.

"THE MESSENGER"

Published Monthly by

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NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER" will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at:
aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP

**TRADITION EIGHT**

"Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."

JUNE

HOMESTEAD

Jorge 2
Miguel A. 6
Gerry L. 10
Marion K. 10
Bob K. 18
Dale H. 22
Carnie Joe 27
Tom S. 29
Rick B. 22

SOBER WAY OUT

Tom H. 1
Graciela P. 1
Robert L. 2
Sandra G. 3
Alesia M. 4
Enrique G. 4
Freddie D. 4
Mick T. 5
Linda H. 8
Ricardo M. 10
Patrick 14
Wilfredo 16
Darnell T. 17
Karen W. 21
Judy B. 22
Rich W. 43

JULY

NORTH MIAMI

Max Z. 2
Mily S. 14
Karl K. 41

SOUTH DADE

Will D. 1
Gloria I. 1
John H. 3
Derek G. 4
Carol 7
Kathy M. 8
Dave 17
Lori S. 23
Marion L. 25
Todd L. 25
David A. 38
Anke 39

SOUTH DIXIE

John 1
SHaina 3
Scott 7
Bruce 7
Kirstin 8
Vicky D. 13
Tom 14
Gerry 16
Anke 39

SABAL PALM

Adriana J. 1
Raul J. 1
Orestes L. 2
Wes A. 2
Lee A. 2
Charles M. 3
Arturo 4
Jim 8
Rob M. 10
Roxanne 11
Eddy B. 11
Ricardo T. 16
Henry P. 22
Yvette F. 23
Randy W. 23
Marv C. 25
Tom L. 36
Barry G. 39
Pete S. 41

SUNSET

Ashley D. 2
Diana L. 2
Linda G. 2
Yailen P. 3
Sean B. 3
Maribel M. 3
Pablo G. 9
Mariaelena G. 9
Michael K. 10
Maria S. 11
Elena C. 19
Joe A. 23
Hank W. 26
Abel M. 28
Jim Q. 31
Olga C. 32

LITTLE RIVER

Melissa 2
Willy 7
Detra 7
Keith 23
Bartimous 25

SOBER WAY OUT

Melissa S. 2
Brian O. 2
Fernand V. 2
Frederick B. 2
Towanna 3
Maria G. 4
Daisy V. 6
Todd A. 6
Karenia R. 7
Stacy F. 8
Edgar R. 8
Eric D. 8
Jessica B. 16
Ricky T. 16
Linda V. 21
Kenneth 21
James N. 22
Bartimous 25

PALMETTO BAY

Derek G. 5
Vicky D. 13
David 13

Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm
Coral Gables Group/3rd Thursday @ 7:00pm
Good Morning Group/3rd Friday @ 11:00am
Happy 1060 Group/3rd Sunday @ 11:45am
Homestead Group/3rd Tuesday @ 7:00pm
Lincoln Road YP/3rd Sunday @ 7:00pm
Little River Group/3rd Thursday @ 6:30pm
Miami Young People/3rd Saturday @ 7:00pm
New Beginner's # 2/2nd Thursday @ 7:30pm
Night Owl Group/2nd Sunday @ 7:00pm
North Miami Group/Last Wednesday @ 7:15pm
Palmetto Bay/3rd Wednesday @ 6:35pm
Primary Purpose/Last Wednesday @ 6:45pm
Quinto Paso/1st Monday @ 7:00pm
Sabal Palm/3rd Thursday @ 7:00pm
Sober Way Out/3rd Sunday @ 7:00pm
Something Happens/1st Saturday @ 10:00am
South Dade Group/3rd Wednesday @ 7:00pm
South Dixie Group/2nd Sunday @ 12:15pm
Sunset Group/2nd Friday @ 7:00pm
West Miami Group/3rd Tuesday @ 7:00pm
We Stopped in Time/1st Monday @ 9:35pm
Young, Sober & Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm
Coral Gables Group/Last Monday @ 8:00pm
Grupo Central/Last Sunday @ 1:00pm
Good Morning Group/Last Friday @ 10:00am
Happy 1060 Group/Last Sunday @ 10:45am
Homestead Group/Last Thursday @ 8:30pm
Key Biscayne Group/Last Friday @ 8:30pm
Killian Pines Group/Last Friday @ 8:00pm
Lincoln Road YP/Last Sunday @ 7:00pm
Little River Group/Last Wednesday @ 8:30pm
Miami Springs Group/Last Monday @ 7:30pm
Miami Young People/Last Saturday @ 8:30pm
North Miami Group/Last Friday @ 8:30pm
Palmetto Bay Group/Last Saturday @ 5:30pm
Plymouth Group/Last Wednesday @ 7:00pm
Primary Purpose/Last Saturday @ 8:30pm
Sabal Palm Group/Last Sunday @ 7:00pm
Shamrock Group/Last Tuesday @ 8:30pm
Sober Way Out/Last Friday @ 8:30pm
Something Happens/Last Saturday @ 9:00am
South Dade Group/Last Friday @ 8:30pm
South Dixie Group/Last Saturday @ 7:30pm
Sunset Group/Last Friday @ 7:30pm
West Miami Group/Last Friday @ 8:30pm
We Stopped in Time/Last Monday
Young, Sober and Free/Last Sunday

MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems?

Please invite them to our new 7pm
Sunday Russian-speaking
Alcoholics Anonymous meeting.



12 STEP HOUSE
205 SW 23rd St.
FL Lauderdale, FL 33315

www.russianaa.com
russianaa.florida@gmail.com



LOOKING FOR MEETINGS?

Learn more at:
www.meetingguide.org
Here is the icon to look for:



Help Carry
the Message
Of AA



Beginning January 1, 2018
www.aagrapevine.org/challenge

• We are looking for local articles /stories / cartoons to be featured in our Newsletter "The Messenger"
• Here are some topics.....

- * How did you find A.A.? or A.A. found you?
- * How did you meet your sponsor?
- * Have you had more than 1 sponsor?
- * When was your moment of clarity?

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday- September 12, 2018 @ 8:00pm Iglesia Metodista Unida- 133 Ponce de Leon - 33135 This is a great opportunity to do service!
For more info call: (305) 461-2425 For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net

Help Support "The Messenger"
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00
for a yearly contribution.

Please make checks payable to:
MIAMI-DADE INTERGROUP
c/o The Messenger

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship
(a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

The **Messenger**

Miami-Dade Intergroup
4315 NW 7th St. - Suite 36
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Fax: 305.461.2416

