The Messenger (



aamiamidade@bellsouth.net

Florida - USA

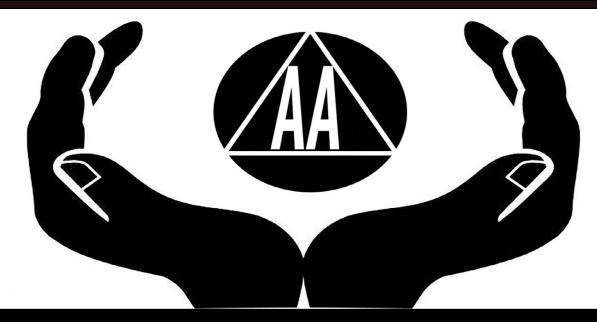
February 2018

4315 NW 7th St. Suite 36 - Miami, FL 33126 /

305.461.2425 (24 hrs) /

305.461.2426 (Fax)

aamiamidade.org



63rd Annual Miami- Dade Intergroup Banquet

Saturday - March 17th, 2018 Tickets: \$40.00

Double Tree Hotel by Hilton 711 NW 72nd Ave. - 305.261.3800

To be of service....

"Our real purpose is to fit ourselves to be of maximum service to God and the people about us."

- Big Book pg 77

MIAMI-DADE INTERGROUP PRESENTS... LEGACY NIGHT



Enjoy three speakers in one night discussing the Three Legacies:

RECOVERY, UNITY AND SERVICE

Evening of Saturday, February 17th, 2018

West Dixie Club at 8:30pm - Speaker

Homestead Club at 7:30pm - Speaker

Sabal Palm Room at 7:00pm - Speaker

Groups and individuals can purchase tickets to the INTERGROUP 63rd ANNUAL BANQUET that night!

Individuals can buy 1st Edition Big Book raffle tickets!

West Dixie: 1636 NE 148th St. - North Miami, FL Homestead Group: 11 SE 2nd Dr. - Homestead, FL Sabal Palm Room: 10120 SW 107th Ave. - Miami, FL

If you have any questions, please feel free to contact:
Gary C.: 786.355.9348
or at the Intergroup office 305.461.2425.



DON'T EAT THE SEED

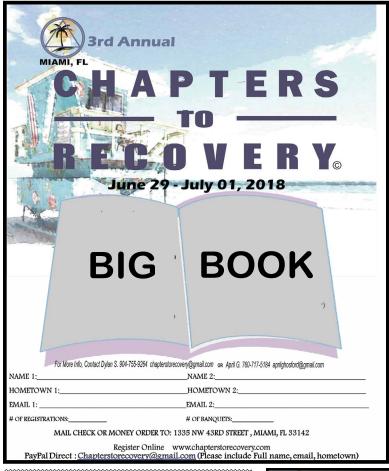
Plant the Seeds and Enjoy the Harvest

Step two doesn't seem to get a lot of attention but coming from a way of life that was riddled with fear and insecurity; I wanted all of the good things to happening right now. In the beginning, I was drawn towards the men who talked about character building and living by principles but, as we all come to terms with the idea that wellness takes time and there are no shortcuts when it comes to rejecting our old habits and replacing them with unselfish principles that have been around for centuries. These ideas were the seeds of my recovery in the program. I was reintroduced to these principles in the beginning of my A.A. journey and have been putting them to good use ever since and the results have turned out to be better that I ever could have expected. I believe that every person that surrenders to the A.A. program and attends meetings on a regular basis starts getting results immediately simply because he/she has stopped drinking and making many of the mistakes that are the result of their alcoholic behavior. Understanding the recovery process is more than just changing our behavior as the result of abstaining from the use of alcohol but without that abstinence, the rest of the process cannot be accomplished. Most of our behavior is the direct result of our thinking and as alcoholics; we have done a terrible job of getting it right. A life driven by fear and insecurity (thoughts) drove us to be takers (actions) just to try to get equal with the world around us but our faulty perception of that was never enough and this would go on forever had we not surrendered and accepted new ideas on how to correct our thinking. Being willing to take the risk and test out the principles we learn in A.A. sets us on a path of revisiting all of our motives for the decisions we've made in the past and put a principle in place to govern our behavior. In time, the newly discovered solutions simplify the decision making process and relieve us the responsibility to form our own principles or to modify existing principles.

We often try to illustrate these concepts using analogies or comparisons and the way I try to describe the principle of unselfishness is as follows: I was talking to a young man in his early twenties about economics and the need to keep up with the Jones's and suggest that he hold off on spending any money on things that he wanted unless those were things he absolutely needed and get in the habit of spending less that he earned. (A simple principle)I then suggested that he get ahead of the curve so that he always had money left over and put it into a savings account. Soon he could purchase a home. The equity in the home would grow and would increase and increase his net worth without any effort on his part, and that economic cushion would be the beginning of what leads to financial peace of mind. To simplify that process I said to him: Don't eat the seeds, plant the seeds and enjoy the harvest. In A.A. we have to look at the principles, as we understand them, and plant them in our minds today if we want to enjoy their results later down the road. If, however we postpone planting these spiritual seeds we will continue to be saddled with the insecurities that caused the need to drink in the first place.

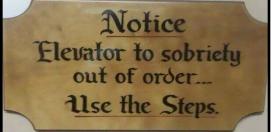
If we can get ahead of the curve and be persistent, and every time we find an unselfish principle that makes sense to us, plant that seed in our consciousness, the results will overcome our fears and insecurities and we will sleep well when our head hits the pillow at night. The time it takes to achieve this peace of mind varies depending on how dedicated we practice these principles but it will not begin until we plant the seed and then patiently prune the plants until they reach maturity. The more seeds we plant, the bigger the harvest. As a friend of mine once said,"If you are praying for potatoes, you better grab a hoe".

By Rick R.





When I focus on what's good today, I have a good day. When I focus on what's bad, I have a bad day. If I focus on the problem, the problem increases. I focus on the answer, the answer increases. Big Book of Alcoholic Anonymous



THE DAYS YOU ARE MOST **UNCOMFORTABLE** ARE THE DAYS YOU LEARN THE MOST ABOUT YOURSELF.

LEARNING THE STEPS VS LIVING THE STEPS

(The event is not the process)

During his third day of treatment at Towns Hospital, Bill W ingested the essence of our Twelve Steps while being assisted by his schoolmate, Ebby T (Read p. 13). Directly thereafter, Bill experienced a radical personality change which allowed a release from his alcoholic obsession. However, this blessed happenstance would have been only temporary unless followed by putting Ebby's "neat little formula" into action, which was, at that time, of course, the tenets of the Oxford Group.



Learning the Twelve Steps is an event.

Living the Twelve Steps is a process.

Out of Self
Into God

Directly after leaving Towns Hospital, Bill didn't return to his long-standing passion of Wall Street finances, but was instead guided to Calvary Mission in attempt to carry his new-found sobriety message to drunken sots. Lucky for us this became a lifetime process which allowed him to maintain permanent sobriety. His spiritual experience event became a lifetime process.

Dr. Carl Jung explained to millionaire, Rowland H: "Ideas, emotions, and ideas which were once the guiding forces of the lives of these men are suddenly cast aside, and a new set of conceptions and motives begin to dominate them" (p. 27). Although armed with this invaluable knowledge, Roland was unable to follow the Oxford Group tenets; consequently, he maintained only spotted sobriety. Learning the Oxford Group tenets was sadly only an event, but not the necessary lifetime process.

Dr. Bob had been exposed to the Oxford Group tenets for over two years before meeting Bill W, but was not actually living in the spirit of them. And no matter how had he would try, he would end up boiled as an owl. After a five-hour talk with Bill, he experienced a much stronger desire to stay sober. This was an exciting event, but he was unwilling to follow the process of making the required amends. He got drunk! But later, he made amends, thus began living the Twelve Steps (as they were later to be called), He never drank again! Half measures availed us nothing (p. 59). Bob S.

Pensaba durar tres meses y retirarme.....

Llegué a un Grupo de Alcohólicos Anónimos el 31 de agosto de 1979 y en la información de lo que es un alcohólico, empecé a escuchar las experiencias de algunos de mis compañeros.

Los días pasaban y no quería darme cuenta que en verdad era un enfermo; pensaba durar tres meses y retirarme, pero creo viví mi primera experiencia espiritual, al menos así lo siento, pues mis compañeros me decían: "No asistas a los lugares donde bebías". El primer día pasé a la tienda donde acostumbraba beber y pedí una famosa pollita, me la bebí de un jalón, pagué y me salí.

El segundo día pasó lo mismo, pero al tercer día pedí una botella de tequila, la cual al tomarla del mostrador la sentí caliente, un calor que no soporté en la mano y la pasé a otro amigo de actividad. Me salí para ya no regresar jamás a ese lugar, y me alejé de mis cuates sin tener la convicción de ser un enfermo.

Seguí asistiendo al Grupo y alimentando la idea de estar nada más tres meses y retirarme.

A los dos meses abordé la tribuna pensando que les iba a dar una cátedra, no pude más que imitar a los demás y declararme enfermo de alcoholismo, pero sin olvidar lo de la botella caliente.

En una reunión de trabajo, escuché que no había quien cubriera el Servicio en instituciones, y levanté la mano pidiendo el Servicio. El lunes siguiente, día de la primera información en la Clínica 4 del Centro de Salud, me presenté esperando encontrar al padrino que me iba a guiar en ese Servicio, y no llegó.

La señorita de trabajo social me llamó, puesto que me había presentado al llegar, y me dijo si ya pasábamos a la sala. Le contesté que sí, sin saber cómo iba a transmitir el mensaje, pero recordé la información que me habían dado, que con el enunciado sacara parte de la información y así lo hice.

La presentación de la trabajadora social me ayudó a iniciar mi explicación y así pude vivir mi primera experiencia en el Servicio, la que me borró de la mente esos tres meses que pensaba estar en AA.

A ver los ojos enrojecidos y con lágrimas de las personas que me escuchaban, me estremecí de emoción, pues me di cuenta que borracho no servía para nada, y sin beber, podía regalar algo por medio del sufrimiento de aquellas borracheras que me llevaron a convertirme en un alcohólico.

Rogelio



ACEPTARSE A SI MISMO

SABEMOS QUE DIOS NOS CUIDA AMOROSAMENTE. SABEMOS QUE CUANDO ACUDIMOS A ÉL TODO IRÁ BIEN CON NOSOTROS, AQUÍ Y EN EL MÁS ALLÁ.

Convención Internacional - Detroit, Michigan Julio 2 al 5 de 2020

Para el otoño de 2019, se dispondrá de información sobre la inscripción para la Convención y reservaciones en hoteles. Se proporci nará a la información necesaria en los paquetes de inscripción, que también estarán disponibles en otoño de 2019. El paquete incluirá una lista de números telefónicos a que llamar

para informarse en concreto sobre el alojamiento, el programa, etc. Se faciliará la información por

correo postal a los grupos, oficinas y contactos de A.A. alrededor del mundo, así como por el sitio web.



FAITHFUL FIVER MEMBERS

		ub!			
Monthly:	Quarterly:		Annually: _		
(Note: No A.A. me	mber can contrib	ute more than	1 \$3,000 pe	r year)	No. of the last of
Current Me	ember:		_ Returning M	1ember:	
Credit Card:	Visa	_ MC	Amex	CVS: _	
-		_ Expiration dat	te:		
	Address:				
State:	Zip Code: _	·	Tel: <u>(</u>)	
my name to be added in	n "The Messenger."	!	No, I	would like to rema	ain anonymous
	Date:Monthly: (Note: No A.A. me Current Me Credit Card: State: State:	Date:	Monthly:Quarterly: (Note: No A.A. member can contribute more thanCurrent Member: Credit Card:Visa MC		

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

Gary C. & Friends; Lee A. South Dade, Penny South Dade, Inessa South Dade, Isabel South Dade, Gayle South Dade, Tina South Dade; Manuel N. Brickell Circle, Mandy South Dade, Becka Palmetto Bay, Raz Brickell Circle, Henry Homestead, Isabel South Dade, Bert South Dade, Laura N. South Dade, Philip Seidler Little River Group, Adam M., Sal G. South Dade., Fay.

COMMITTEE MEETINGS:

GS DISTRICT 10

Monthly Business Meeting

1st Tuesday of the month at 7:30pm at the CG Congregational Ch. 3010 De Soto Blvd., CG

GS DISTRICT 10

Grapevine Committe

Meetings at the Coral Room 1st Sunday of the month @ 2:00pm 1100 Ponce de Leon, CG 305.446.9558

GS District 10 **PI/CPC**Last Saturday of the month
Coral Room @ 3:00pm
1100 Ponce de Leon Blvd.

305.446.9558

Literature Committee

1st Wednesday of the Month @ 7 pm at North Miami Group 822 NE 125th St. # 111 305.899.8040 GS DISTRICT 10

Corrections Committee

4th Thursday of the month

@ 8:00pm at

Sabal Palm Room

10102 SW 107th Ave.

305.274.74.34

corrections@district10miami.org

Miami Bid for FCYPAA

2nd Friday of the month @ 7:30pm at the So. Miami Treatment Center 6900 SW 80th St Miami, FL 33143

GS DISTRICT 10

Treatment Committe

2nd Saturday of the Month @ 2:00pm Sabal Palm Room 10120 SW 107th Ave. - 33176 305,274,7434

For more information go to www.district10miami.org







6th Anniversary Meeting

Saturday March 10 2018

Guest Speaker



Dinner @ 6:30 pm Meeting @ 8:00 pm



Brickell Circle FPC Miami 609 Brickell Ave Miami 33131

**Potluck Style - Bring A Dish! **

Event to Benefit Local AA Community

Questions email: brickellcircle@gmail.com

INTERGROUP CONTACT LIST

aamiamidade.org

Chairman

Gary C.

Vice-Chair

Robert L.

Treasurer

Dylan S.

Secretary

Manuel N.

Steering Committee

Remilda G.

Raz S.

Lee A.

Jennifer R.

Aly P.

Trustees

Askia K.

Mary S.

Founder's Day

OPEN POSITION

Intergroup Banquet

Frank H.

Intergroup Office

Jennifer R.

The Messenger

Office

Outreach

Barry G.

Public Information

Sam H.

Twelve Step Relay

Laura N.

Big Service Breakfast

Jimm C.

General Service Liaison

Keith D.

Spanish Intergroup

OPEN POSITION

Webmaster

Office

GENERAL SERVICE CONTACT LIST

www.district10miami.org

Chairman

Ray S.

Alternate Chairperson

Barbara B.

Treasurer

Peter D.

Registrar

Alex V.

Recording Secretary

Kathy T.

Outreach

Barbara B.

Archives

Toni Marie

Corrections

Mario P.

Current Practice

Bruce V.

Grapevine

Malika

Gratitud Dinner

Eric R.

Intergroup Liaison

Roy P.

Literature

Valerie M.

PI/CPC

Kevin W.

Special Needs

Askia K.

Treatment

A1 P.

Big Service Breakfast

Albert C.

District 17 Liaison

Jorge L.

Remote Communities

Sal G.

Webmaster

Eddie D.

"THE MESSENGER"

Published Monthly by

MIAMI-DADE INTERGROUP

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www.aamiamidade.org

NOTICES

Notices published in "The Messenger" are taken from information submitted to the **Miami-Dade Intergroup Office** Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to **Alcoholics Anonymous** as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER"

will be gratefully accepted. A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: **MIAMI-DADE INTERGROUP**

TRADITION TWO



"For our group purpose there is but one ultimate authority--a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants."

SOUTH DADE

JANUARY

SOUTH DIXIE

Lynn A. 12

Marlene 18

Gerry 34

Russell 37

SUNSET

David V. 2

Aimee A. 2

Gustavo R. 6

Hayden J. 11

Florie 4

Jose V. 5

Maria F. 8

Kevin C. 9

Rosy G. 18

Frank G. 21

Joe T. 20

V. 1

Marco 4

Abby 3 Erica 3

V. 1

Clerin 4 Bryan S. 7 Nellie 7

Karen M. 7 Richard V. 18

Peter C. 20 Geoff C. 21

Jack C. 29 Mike M. 34 Victoria W. 35

NORTH MIAMI

Gary R. 1 Jaimee 1 James B. 3 Bijou 6 Julie P. 9 Art 13 Willy 22 Ruth G. 26 Valerie M. 26 Mary S. 37

GOOD MORNING

Devon M. 1 Fayola C. 2 Kenneth T. 13 Edward D. 14 Mechelle L. 14 Herbert W. 18 Tim E. 24 Ruth G. 26 Wilfred M. 29







MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



12 STEP HOUSE 205 SW 23rd St Rt Lendardale, FL 3331

www.russianaa.com russianaa.florida@gmail.com

LGBT Meeting Sundays at 7:00pm at the Coral Room Open Meeting: all LGBT supporters welcome 1100 Ponce de Leon Boulevard, Coral Gables, FL 33134, 305-446-9558. We hope to see you there!

Group Conscience/Business/Service Meetings Brickell Group/3rd Thursday @ 1:05pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/3rd Thursday @ 6:30pm Miami Young People/3rd Saturday @ 7:00pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm

Group Anniversaries

We Stopped in Time/1st Monday @ 9:35pm

Young, Sober &Free/Last Sunday @ 8:05pm

Almeria Group/Last Tuesday @ 7:30pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday



- •We are looking for local articles /stories / cartoons to be featured in our Newsletter "The Messenger"
- •Here are some topics.....
- ullet* How did you find A.A.? or A.A. found you?
- ◆* How did you meet your sponsor?
- * Have you had more than 1 sponsor?
- * When was your moment of clarity?

Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:			
Address:			
City:	State:	Zip:	

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

