# The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

September 2017

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) /

305.461.2426 (Fax)

aamiamidade.org

#### MAKING AMENDS

When describing step nine in the big book it says that "if we are painstaking about this phase of our development we will be amazed before we are half way through", and then it goes on to list the promises. The information in the 12X12 is a lot more direct about the different approaches we could take and tries to encourage us to exercise caution before we rush in and make some major blunders. This suggestion, I think, can't be taken lightly. I have heard many horror stories about well meaning people, wanting to put this step behind them, ran to their friends and loved ones and disclosed things that destroyed any trust they may have had in the alcoholic.

Good judgment, a careful sense of timing, courage, and prudence---these are the qualities we shall need when we take Step Nine. Sometimes we read the headline but fail to read the entire article. If we do this when we go through the steps we can do more damage to our already strained relationships. Making promises, to my close friends and family, that I'm not sure I can keep, usually fall on deaf ears, but an honest recognition of my past mistakes, without going into too many details, at this time, and a sincere determination to give the program my best effort with the understanding that my behavior will be the measure of my success, is a more acceptable approach. We know that the road to hell is paved with good intentions. After we have put some time between us and our last debacles, we can revisit those amends and go into details about each event, only after we have run it by an experienced and trusted advisor.

Rushing into an amend that could bring hardship to our unsuspecting family, or to other third parties, is another mistake that people sometimes make. In Step Nine in the 12X12 it says that "WE cannot, for example, unload a detailed account of extramarital adventuring upon the shoulders of our unsuspecting wife or husband". I would also include Major financial or work related amends that may result in losing your job, or create heavy financial difficulties for the family. These should be put off until everyone involved is in agreement, and then, only after talking to someone to make sure that you are not overlooking anything.

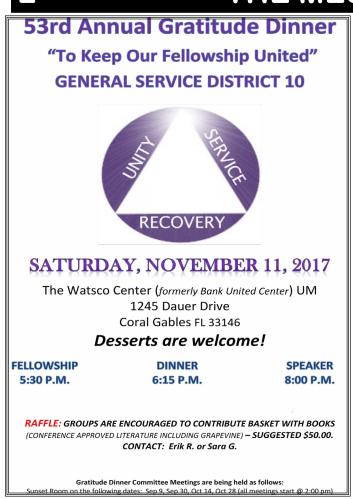
How about all those relatives and friends that we haven't seen in awhile, but still have an uncomfortable feeling about the way we left that relationship? These people only have a snapshot of what we used to be like. They don't see the day to day changes that we have made in our lives and they assume that we are the same as when we made our last major mistake. For this type of situations, I would consider a slow but sincere process of reestablishing contact with those involved. I once suggested that, using the opportunity on Birthdays and Holidays, of sending cards can be a nice way to reestablish contact with these people, with a simple "been thinking about you, hope things are going well for you, Love......" Sending these out at each opportunity for a year or two with no return address, and no expectations, and at some time in the future, you will have to attend a wedding, graduation, or funeral... where you will see them again, and you will be amazed at what will

happen. My experience has been that the cards create curiosity and that sometimes causes these people to talk to each other and they find out that you are trying hard to mend your ways and it tends to disarm them. Now, that would be the time to put these things to rest. Keeping in mind that, if I can't add the kicker "I regret what I did, and I don't do that anymore" then maybe I'm not ready to make that amend yet.

I hope these ideas will help you to understand, that most amends can be made in a positive way and the results are so much better than we ever could have expected. We must do these things if we hope to experience the promises listed on pages 83/84 in the Big Book. (INTO ACTION)

"Make direct amends to such people wherever possible, = except when to do so would injure them or others." injure them or others." 









#### No Choice in the Matter of Drink

I had no solution for my alcoholic malady before coming to AA, because I didn't understand the nature of my problem. I had always considered that my problem was the first drink -- that was wrong! My problem has never been the first drink because it was then too late. My problem started long before! My problem started with savoring the next shot of whisky, or perhaps a snifter of Courvoisier (if I was in the chips). Said consideration invoked a powerful yes or no debating society severely affecting my alcoholic-decision-making-apparatus; you can easily guess which side was awarded the laurel wreath!



Thus, the decision became surreptitiously embedded in my mind. I sometimes would push it down till the weekend because one drink often meant missing work the next day. Nevertheless, sometimes quickly, sometimes slowly, my fate was sealed, I was bound to drink soon because there existed no choice in the matter of drink. This was John Barleycorn's cunning, powerful and patient obsession process: contemplation – debate – decision – first drink, followed by the phenomenon of craving with all the predictably disastrous consequences. I was just as powerless before I took a drink as after I was afterward. This must be what they mean by the phrase: "Hopeless and helpless!"

But at six months sober, a wonderful new sponsor taught me how to develop a spiritual experience as the result of living AAs Twelve Steps. This exciting inner transformation eventually freed me from the necessity of debating whether to drink or not to drink. Page 85 tells us that "the problem has been removed. It does not exist for us." I no longer have need to "think the drink through" as was the case in early recovery because God has rewarded me with the same joyous release as had Bill Wilson and Bill Dotson (p. 191). I am no longer incarcerated in the devil's prison of the mental obsession because "if I should drink" has been removed from my emotional vocabulary. Thank you, God!





#### SOME HUMOR.....

During a recent discussion about anonymity and the Internet this comment was made: "I hope they never change Step Five to read: 'Admitted to God, to ourselves, and to social networks the exact nature of our wrongs."

#### NO EXIT!

AA is like the mob. If you leave, you're dead!

•My tools for building a new sober individual:

Steps One through Five—Under Construction: Avoid enclosed spaces and relationships. Engage in service work, wear a hard hat to avoid falling objects and objectives.

•Steps Six through Nine—A work in progress: Visi-\*ble transformation taking place, start to carpool and discuss plans, evidence of previous structure fades •away.

Steps Ten through Twelve—Under new management:
Able to take orders from above, ready for future use.
—Brad G., Gulfport, Fla.

# 4th Convention in CUBA

▼ REGISTRATION IS LIMITED TO 3550 ▼



# 25 years of LOVE and LIFE

January 19-21, 2018 Santa Clara, CUBA

**Information** 

AA office in Havana: 53 39 86 29





#### **NOTICIAS DE LA VIÑA!**

Concurso anual de fotografía de La Viña Cada año organizamos un concurso para que los miembros envíen sus fotos que, si son elegi- das, serán publicadas en nuestro calendario de pared.

Envía tus mejores fotos antes de diciembre 1ero de 2017.

Más detalles en página 31 de la revista o en: <u>www.aagrapevine.org/photocontest</u> iNuevo!
Lo mejor de La Viña
Una nueva impresion de nuestro querido primer libro:
"Lo mejor de la Viña". Un hermoso regalo para
el aniversario de tu ahijado o ahijada.
Precio: \$10.50

Ordena tu ejemplar llamando al servicio al cliente: 1800-640-8781

#### ¿Sabías qué..?

Tú puedes llevar el mensaje de AA detrás de los muros de prisiones, instituciones y también a bibliotecas o centros de atención médica, adquieriendo certi cados de regalo de la revista La Viña.

Mira los detalles en nuestra tarjeta de color verde: "Llevando el mensaje de AA", puedes descargarla en tu teléfono o computador. Visita nuestra página Internet: www.aagrapevine.org/español

#### **Noveno Paso**

"Reparamos directamente a cuantos nos fue posible el daño causado, excepto cuando el hacerlo implicaba perjuicio para ellos o para otros."

QUINTA TRADICION 1998- 2017

19 Aniversario

Semana de Compartimiento
Del 7 al 14 de Octubre

Sesion Publica Domingo
15 de Octubre a las 12:00pm

Club de la Policia - 2300 NW 14th St. Miami, FL 33125

VIVIENDO SOBRIO 2014-2017

3er Aniversario

Semana de Compartimiento
Del 9 al 13 de Octubre a las 7:30pm

\*\*\*\*\*

\*\*\*\*\*\*

Sesion Publica Sabado 14 de Octubre a las 6:00pm



Recreation Center 1700 SW 62nd Ave. - West Miami 33155



#### **FAITHFUL FIVER MEMBERS**

<b>Yes, I want to partic</b> Contribution information:			ub!			
Amount:	Monthly:	Quarterly:		Annually:	5	
	(Note: No A.A. me	mber can contrib	ute more	than \$3,000 per ye	ar)	
I am a new Member: PAYMENT PLAN	Current Me	ember:		Returning Memi	ber:	_
Check Enclosed:	Credit Card:	Visa	_ MC	Amex	CVS:	_
Card #:	<del>-</del>		_ Expiration	on date:/_		
Name on Card:		Address:				_
City:Yes, I would like		•			uld like to remain anonymo	

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

Gary C. & Friends; Lee A. South Dade, Penny South Dade, Inessa South Dade, Isabel South Dade, Gayle South Dade, Tina South Dade; Manuel N., Brickell Circle, John H. South Dade, Mandy South Dade, Becka Palmetto Bay, Raz Brickell Circle, Henry Homestead, John M. South Dade, Isabel South Dade, Bert South Dade, Laura N. South Dade, Philip Seidler Little River Group, Adam M.

#### COMMITTEE MEETINGS:

**GS DISTRICT 10** Monthly Business Meeting 1st Tuesday of the month at 7:30pm at the CG Congregational Ch. 3010 De Soto Blvd., CG

GS DISTRICT 10 **GRAPEVINE Committe** Meetings at the Coral Room 1st Sunday of the month @ 2:00pm

GS DISTRICT 10 TREATMENT Committe For more information go to www. district10miami.org

GS District 10 PI/CPC Last Saturday of the month Coral Room @ 3:00pm 1100 Ponce de Leon Blvd.

GS DISTRICT 10 Literature Committee 1st Wednesday of the Month @ 7 pm at North Miami Group 822 NE 125th St. # 111 305.899.8040

Corrections committee

4th Thursday of the month @ 8:00pm at Sabal Palm Group 10102 SW 107th Ave. 305.274.74.34 corrections@district10miami.org

Miami Bid for FCYPAA 2nd Friday of the month at 7:30pm at the So. Miami Treatment Center

6900 SW 80th St Miami, FL 33143



# SOUTH DADE GROU

Is Celebrating its



12:00pm **POTLUCK** 



Followed by:

## **GUESTS SPEAKER MEETING**

@ 2:00pm - 4:00pm

Sunday – September 17th, 2017

Food, Fun & Fellowship!



SOUTH DADE ROOM



# INTERGROUP CONTACT LIST

aamiamidade.org

Chairman

Gary C.

Vice-Chair

Robert L.

Treasurer

**OPEN POSITION** 

Secretary

Manuel N.

**Steering Committee** 

Remilda G.

Raz S.

Lee A.

Jennifer R.

Aly P.

Trustees

Maria Z.

Askia K.

Founder's Day

OPEN POSITION

**Intergroup Banquet** 

Greg F.

**Intergroup Office** 

Jennifer R.

Shari T.

The Messenger

Office

Outreach

Elizabeth R.

**Public Information** 

Kevin W.

**Twelve Step Relay** 

Laura N.

**Big Service Breakfast** 

Jimm C.

General Service Liaison

Keith D.

Spanish Intergroup

Helen L.

Webmaster

Office

# GENERAL SERVICE CONTACT LIST

www.district10miami.org

Chairman

Ray S.

**Alternate Chairperson** 

Barbara B.

Treasurer

Peter D.

Registrar

Alex V.

**Recording Secretary** 

Kathy T.

Outreach

Barbara B.

**Archives** 

Toni Marie

Corrections

Mario P.

**Current Practice** 

Bruce V.

Grapevine

Malika

**Gratitud Dinner** 

Eric R.

**Intergroup Liaison** 

Roy P.

Literature

Valerie M.

PI/CPC

Ricardo M.

Special Needs

cciui i ici

Askia K.

**Treatment**Al P.

**Big Service Breakfast** 

Albert C.

**District 17 Liaison** 

Jorge L.

**Remote Communities** 

Sal G.

Webmaster

Eddie D.

#### "THE MESSENGER"

Published Monthly by

**MIAMI-DADE INTERGROUP** 

4315 NW 7th St. - Suite # 36 Miami, FL 33126

Tel: (305) 461-2425 Fax: (305) 461-2426

E-MAIL:

aamiamidade@bellsouth.net WEBSITE:

www.aamiamidade.org

#### **NOTICES**

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to

"THE MESSENGER"

will be gratefully accepted.
A sign up form is on the

back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP



# **TRADITION NINE**



"A.A. as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

#### JULY

#### **PALMETTO BAY**

Jimm C. 3 Carol 6 Marina G. 7 Laura S. 9 David 12 Dave 16

#### **KEY BISCAYNE**

Ruthie 4 Natalia 10 Norma 15 Debbie C. 18 Jennifer R. 18

#### **PRIMARY PURPOSE**

Marsha 1 Rolando 1 Philip 2 Zeanne 7 Phil 7 Maria O. 12 Gabriel 13 Tom 24 Helen 29 Andrea 33 Shelly 26 Ralph 45

#### **SOBER WAY OUT**

Marc M. 2 Reggie C. 3 Matt M. 3 Alex V. 5 Rafaela R. 6 Norma C. 7 Kris S. 12 Ingram C. 13 Debra J. 19 Garcia G. 24 Raina E. 24 Debora J. 26

Jimmy S. 32

#### **WEST MIAMI**

Rosie G. 4 Luis H. 11 Martin J. 14 Tom P. 25

Sobriety Delivers Everything Alcohol Promised

### A.A. HOUSTON NEEDS OUR HELP!

They are taking donations of literature and money contributions Please go to: <u>www.aahouston.org</u>

#### **AUGUST**

**CORAL GABLES** 

Danny B. 1

Chris B. 1

Maria Z. 2

Jennie R. 2

Danilo C. 5

Justin V. 5

Ralph P. 5

Sal 5

Julian 5

Phil D. 7

Jillian 7

Gail 9

Linda B. 8

Clayton 9

Amy 10

Arlyn 13

Cathy 15

Pat D. 18

Phil W. 21

Abe D. 22

Elgin 23

Ann C. 27

Vann W. 29

Robbie N. 33

Pablo B. 23

Wayne H. 23

Monica R. 21

Elena F. 15

Juan S. 3

Jesus 3

**SOUTH DADE** Ernie D. 1 Roly m. 3 Lori W. 4 Sal G. 5 Roy A. 5 Gail S. 9 Dave R. 13 Clayton 23 **SOUTH DIXIE** Elise 1 Lisa L. 3 Chauna 3 Frank V. 30 Tom M. 35

#### SUNSET

Natalie M. 1 Maria O. 12 Patrick P. 1 Pedro P. 16 Nikki S. 2 Jeff C. 21 Javier H. 2 Iliana K 28 Jill 3 Ed O'C 41 Elena P. 4

#### **PALMETTO BAY**

Marcy Y. 1 Lori W. 4 Gail S. 9 Arianne R. 9 Sue W. 11 George W. 16

#### SABAL PALM

Natalie M. 1 Vicky F. 1 Sarah H. 1 Paul P. 1 Alex B. 2 Mark H. 2 Kathy C. 4 Roy A. 5 Carlos M. 8 Jackie P. 9 Gail S. 9 Mike J. 12 Moe 14 Peter D. 15 Steve H. 16 Alicia G. 21 Louie D. 28 Santiago 33

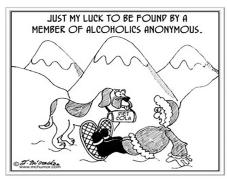
### **GOOD**

**MORNING** Rupert B. 1 Kris S. 12 James T. 12 Clyde I. 13 BobbieG. 16 Wilbur B. 22 Charlotte W. 28



### **SEPTEMBER**

GOOD	SOUTH DIXIE		
MORNING	Vit 5		
William G. 4 Krystal B. 9 James M. 10 Renee W. 22	Jack M. 9 Jim W. 12 Jim L. 31 Dwayne D. 31		



Brickell Group/3rd Thursday @ 1:05pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/3rd Thursday @ 6:30pm Miami Young People/3rd Saturday @ 7:00pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm

Group Conscience/Business/Service Meetings

#### **Group Anniversaries**

Sunset Group/2nd Friday @ 7:00pm

West Miami Group/3rd Tuesday @ 7:00pm

We Stopped in Time/1st Monday @ 9:35pm

Young, Sober &Free/Last Sunday @ 8:05pm

Almeria Group/Last Tuesday @ 7:30pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

•We are looking for local articles /stories / cartoons to be featured in our Newsletter "The Messenger" •Here are some topics.....

- \* How did you find A.A.? or A.A. found you?
- \* How did you meet your sponsor?
- \* Have you had more than 1 sponsor? When was your moment of clarity?

Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:			
Address:			
City:	State:	Zip:	

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

### HELP US CARRY THE MESSAGE!!!

