The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

November 2017

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax)

aamiamidade.org

AT SIX YEARS OLD THE DIE WAS CAST

When I look back on my experience, after going through my pre drinking years, my drinking years, and my sober years in the program of Alcoholics Anonymous, it isn't hard to see what a troubled individual I was. In my days from birth to the day I entered grammar school I was unaware of the dysfunction in my immediate environment and with the absence of supervision, discipline and role models, I did just about anything I wanted to do and most of my behavior became dishonest, selfish and, for the most part, shameful, as I later learned. On my first day of parochial school the world came apart for me when I looked around the classroom, of approximately fifty first graders, and realized that I did not fit in. All of the other kids in that room were having fun and enjoying that experience and was terrified and knew that I could never live up to what was expected of me at that time. As a result of that I developed fears and inhibitions that those other kids didn't seem to have. I learned right from wrong in church but was much too insecure to do what was right. I learned to cut corners, to lie, to steal since I had no confidence that I could ever keep up with my peers. I began to over compensate and to act out to make up for my short falls but it never worked for me. Fist fighting became a regular event. This all went on till I turned thirteen and found the answer to all of my problems. I had access to alcohol and I didn't recognize it at first but it immediately removed all of those fears and inhibitions and for the first time in my life I felt normal and that I was as good as anyone and better than most, so I thought. I continued to drink to feel good but when I awoke in the morning I was more terrified than before and all I had to do was to take that first drink, and half way through my second drink, everything was right with the world again. I continued this pattern until I was twenty eight years old when I woke up one morning to face the hideous four horsemen (Big Book pg. 151) and I had a moment of clarity. I knew that I had to do something about my drinking or I would die a horrible death at the hands of others or by my own hand. I called Alcoholics Anonymous, struggled to find the location of the meeting place, arrived there two hours later and was greeted by three members who were compassionate and understanding and as they listened, my sense of isolation slowly went away, as did the desire to drink. I have never wanted a drink from that moment (Oct.15, 1969) to the present. I have never had to struggle with the program of Alcoholics Anonymous and have embraced it as best I could, to the best of my understanding. I came to understand that the things that I did as a child and as a practicing alcoholic were the ingredients of the disease of alcoholism and that, the die was cast at the age of six, all of the ingredients were there long before I ever took a drink and all I had to do was add the alcohol. Once I removed the alcohol, all of the ingredients were still there and that is what the program helped me to set right. I was not responsible for becoming an alcoholic, I am, however, accountable for my behavior while I was drinking, and as

long as I am willing to make restitution and clean up the wreckage of the past I can free myself from all of the guilt and shame and walk away with my dignity and self respect. Today my life is better that it ever could have been, had I never became an alcoholic in the first place and, of that, I am convinced. Rick R.

Step Eleven

"Sought through prayer and meditation to im- prove our conscious contact with God as we un-derstood Him, praying only for knowledge of His will for us and the power to carry that out."













Annual Gratitude Dinner

"To Keep Our Fellowship United" **GENERAL SERVICE DISTRICT 10**



SATURDAY, NOVEMBER 11, 2017

The Watsco Center (formerly Bank United Center) UM 1245 Dauer Drive Coral Gables FL 33146

Desserts are welcome!

FELLOWSHIP 5:30 P.M.

DINNER 6:15 P.M.

SPEAKER 8:00 P.M.

RAFFLE: GROUPS ARE ENCOURAGED TO CONTRIBUTE BASKET WITH BOOKS (CONFERENCE APPROVED LITERATURE INCLUDING GRAPEVINE) - SUGGESTED \$50.00. CONTACT: Erik R. or Sara G.

Gratitude Dinner Committee Meetings are being held as follows: unset Room on the following dates: Sep 9, Sep 30, Oct 14, Oct 28 (all meetings start @ 2:00 pm)

Hi, my name is Gary C. and I am your current Intergroup Chairman.

Intergroup just celebrated its 70th Anniversary and we want to thank everyone who showed up at our pizza party.

As some of you know, we are in the process of doing an Intergroup spiritual inventory and we would like for all our groups to participate. We have handed the inventory forms at our business meetings, if you still need an inventory form please contact Jennifer at our office at 305.461.2425.

We have had an interesting year so far. The church we were meeting in for a while had shut down for repairs and we are not sure, when they will reopen. For the moment, we are meeting at the location of the group Fe y Esperanza at 407 SW 12th avenue in Miami at 7pm on the 2nd Thursday of the month.

One of the misfortunes that we have face this year was that the person who file our taxes failed to do so and did not file our taxes for the year 2015. We promptly contacted our accountant and took the right steps to file the taxes, the IRS understood our misfortune and has removed the penalty we were facing, and fortunately, there are no fines.

From the beginning of this year the Intergroup Office have been attack through a series of vicious letters that have been send to all of the Miami-Dade groups and even the General Service Office in New York. Some members of the New Horizon group have accused us of a number of things such as embezzlement, dishonesty, improper management, improper procedures, etc. We were at first very confused by their actions. We thought this must be some kind of prank. After all, we are a good solid devoted members of Alcoholics Anonymous. We brought these allegations to the attention of all the reps at one of our monthly meetings and some of them were also puzzled at these people's actions, some of them suggested us to "get a lawyer to make them stop". Others said "Let it rest, maybe they will stop". However, they did not.

They sent more accusatory letters. We brought in an A.A. member from one of the Miami Dade groups to look at our finances. He checked out our Quickbooks, bank statements, inventory of stock and everything else that pertained to the accusations and besides a few minor discrepancies and an inventory adjustment to the positive we looked pretty good and in good standing.

Last month, one of the Miami- Dade groups decided to set up a meeting of our accusers and members of Intergroup at their monthly business meeting. The New Horizon members had the opportunity to speak first and sure enough, they did nothing but said all kinds of bad things about us. When it was our turn, our financial examiner stated what he had found. He refuted just about everything they claimed. In fact, one of the members of the business meeting said to them that they had made a bunch of allegations without any proof or documentation of Intergroup's wrongdoing.

The people from New Horizon said that harming us was not their intent. So what was their intent? They have already harmed us. They asked in their latest letter that all groups stop sending contributions to the Intergroup office because we were dishonest and now some groups are holding off contributions for that reason. That is harming us!

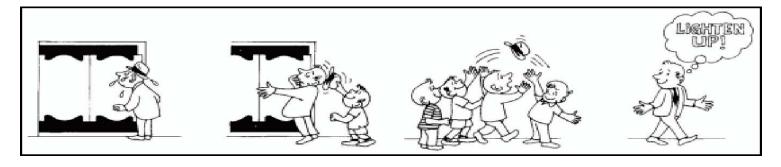
Some of the services that the office provides to all the groups are as you know the production and printing of our newsletter The Messenger, our meeting directory When & Where, maintains a variety of A.A. approve literature in stock for groups and members to purchase and a daily updated website. We keep the groups informed of several events during the year by sending out weekly flyers. We encourage volunteers to be in charge of the different events that we have throughout the year such as the Big Service Breakfast, Founder's Day Picnic, and our biggest event our Annual Intergroup Banquet. We man the 12 Step Relay, Outreach program, General Service Liaison, etc. Remember that our/your Intergroup Office relies on your contributions. Without your support our office will not be able to continue serving all our groups. Please don't stop.

Please be aware that these people have also set up their own Intergroup and are asking for donations so don't get confused or misled when sending yours.

Last but not least I would like to say that in all my years of serving in Intergroup, I have been one of the many selfless, tireless members who "chop wood and carry water" and I have never seen any of our accusers. Not even once, be part of any of our events.

My hope is that we can heal this rift between us and become unified again.

In love and service, Gary C.



4th Convention in CUBA



25 years of LOVE and LIFE

January 19-21, 2018 Santa Clara, CUBA

Information

AA office in Havana: 53 39 86 29







54UI INTERNATIONAL WOMEN'S CONFERENCE

IWC is a closed conference for women in Alcoholics Anonymous

is coming to:

Phoenix, Arizona February 15th-18th 2018

Speakers Panels Workshops ■ Banquets Tours

For more information or to register on-line www.internationalwomensconference.org

▼ REGISTRATION IS LIMITED TO 3550



FRIDAY
DECEMBER 15th, 2017

Serving - 7:30pm

Covered Dishes, Desserts & Appetizers appreciated!



UPPER ROOM

822 NE 125th St. Suite 111 - North Miami - 305.899.8040

GROUP MOVING!

HOMESTEAD GROUP

is moving with the

HOMESTEAD ALANO CLUB 11 SE 2nd Drive Homestead, FL 33030

As of **October 14**th, **2017**





For more information: Contact Intergroup Office: 305.461.2425

Mitos y Realidades sobre el Alcohol

Eres listo, ¿verdad? Y quieres saber la realidad, ¿no? Pero, ¿estás preparado para la realidad? Seguro que has oído muchas cosas sobre el hecho de beber alcohol, pero existen muchos mitos al respecto. Veamos qué hay de realidad y de mito en este tema.

Mito: El alcohol te da energía

Realidad: No. Es un depresor. Reduce la capacidad para pensar, hablar, moverse y todas las demás actividades que te qusta hacer.

Mito: Mezclar cerveza, vino y licores emborracha más que beber un solo tipo de bebida alcohólica.

Realidad: Falso. La concentración de alcohol en la sangre o alcoholemia, es el porcentaje de alcohol que circula por la sangre después de beber diferentes cantidades de alcohol, es lo que determina lo borracho que uno está. Independientemente de sabor, color, olor o mezcla que haya, el alcohol es alcohol.

Mito: Uno se emborracha antes con una bebida fuerte que con cerveza o vino frío.

Realidad. Falso. El alcohol es alcohol, en cualquier forma y de cualquier origen.

Mito: Todo el mundo reacciona igual al alcohol.

Realidad: No es del todo cierto. Existen muchísimos factores que afectan a la forma de reacciones al alcohol: el peso, la hora del día, el estado de ánimo, la bioquímica del organismo, las expectativas individuales, son unos pocos ejemplos.

Mito: Una ducha fría o una taza de café bien cargado te despejan

Realidad: Nad.a de eso. Nada torna sobrio de golpe a un ebrio. Se puede estar más despierto, más despejado, pero se sique estando ebrio.

Mito: iSolo es una cerveza!. No puede producir una lesión permanente.

Realidad: El alcohol puede lesionar gravemente el sistema digestivo. También puede lesionar el corazón, el hígado, el estómago y otros órganos importantes del cuerpo. Al final, también puede acortar la esperanza de vida de la persona.

Mito: No es mi problema si uno de mis amigos bebe mucho.

Realidad: Si eres un amigo de realidad, sí es tu problema. Uno no puede hacer cambiar a otro si el otro no quiere, pero hay que intentarlo. Tal vez el amigo nos escuche y podemos ayudarle.

Mito: Lo peor que puede pasar cuando bebes es acabar con una resaca monumental.

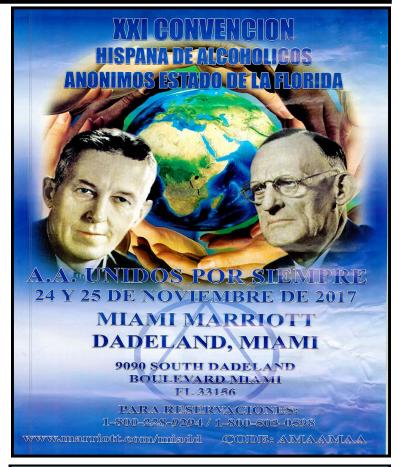
Realidad: iCuidado! Es falso. Si uno bebe suficiente alcohol y suficientemente de prisa, se puede ingerir una cantidad tan elevada que es capaz de producir la muerte en unas pocas horas.

Mito: Las drogas son un problema más grave que el alcohol.

Realidad: El alcohol y el tabaco matan más de 50 veces el número de personas que mueren a causa de la heroína, la cocaína o cualquiera de las demás drogas ilegales. El alcohol también es una droga y muchos millones de personas son adictas al alcohol.

Mito: El alcohol te hace más "sexy".

Realidad: Cuanto más se bebe, menos se piensa. El alcohol te relaja y te puede hacer más interesado en el sexo, pero interfiere con la capacidad sexual del organismo y no se piensa en las consecuencias.



GRUPO ACEPTACION 1993 - 2017 24 Anniversario

Semana de Compartimiento Domingo 26 de Noviembre del 2017 a las 6:30pm

Continua..... Lunes 27 de Noviembre al Viernes 1ro de Diciembre a las 8:00pm

Sesion Publica 2 de Diciembre a las 6:00pm

> Salon Logia Masonica "Nuevos Horizontes" 600 West 29th St. - Hialeah -33012

TRADICION 11

"Nuestra política de relaciones públicas se basa más bien en la atracción que en la promoción; necesitamos mantener siempre nuestro anonimato personal ante la prensa, la radio y el cine".

Continua....

Los embarazos, el SIDA, las violaciones, los accidentes de transito, ... no son nada "sexys".

Mito: El que bebe demasiado solamente se perjudica a sí mismo.

Realidad: Todo el que bebe tiene unos padres, unos abuelos, unos hermanos, unos amigos, o un novio / a que se preocupa por él. Los problemas de cada uno de los bebedores de nuestro país

afectan a otras 4 personas. Eso sin contar con los accidentes mortales y no mortales, para los que tienen un mayor riesgo.

Intergrupo Maipu, Chile

FAITHFUL FIVER MEMBERS

Yes, I want to parti Contribution information:			ub!			
Amount:	Monthly:	Quarterly:		Annually: _		5
	(Note: No A.A. mei	mber can contrib	oute more than	1 \$3,000 per	year)	
I am a new Member: PAYMENT PLAN	Current Me	mber:		_ Returning M	ember:	
Check Enclosed:	Credit Card:	Visa	_ MC	Amex	CVS	S:
Card #:	-		_ Expiration dat	e:	/	
Name on Card:		Address:				
City:	State:	Zip Code: _		Tel: _()	
Yes, I would like	e my name to be added ir	"The Messenger."	'!	No, I	would like to re	emain anonymous!

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

Gary C. & Friends; Lee A. South Dade, Penny South Dade, Inessa South Dade, Isabel South Dade, Gayle South Dade, Tina South Dade; Manuel N. Brickell Circle, Mandy South Dade, Becka Palmetto Bay, Raz Brickell Circle, Henry Homestead, Isabel South Dade, Bert South Dade, Laura N. South Dade, Philip Seidler Little River Group, Adam M.

COMMITTEE MEETINGS:

GS DISTRICT 10 GRAPEVINE Committe Meetings at the Coral Room 1st Sunday of the month @ 2:00pm

GS District 10 PI/CPC Last Saturday of the month Coral Room @ 3:00pm 1100 Ponce de Leon Blvd.

GS DISTRICT 10 Literature Committee 1st Wednesday of the Month @ 7 pm at North Miami Group 822 NE 125th St. # 111 305.899.8040

GS DISTRICT 10 Corrections committee 4th Thursday of the month @ 8:00pm at

@ 8:00pm at Sabal Palm Group 10102 SW 107th Ave.

305.274.74.34 corrections@district10miami.org

Miami Bid for FCYPAA

2nd Friday of the month at 7:30pm at the So. Miami Treatment Center

6900 SW 80th St Miami, FL 33143

MEETINGS IN RUSSIAN

Do you know any Russian-speaking friend, who has drinking problems? Please invite them to our new 7pm Sunday Russian-speaking Alcoholics Anonymous meeting.



www.russianaa.com russianaa.florida@gmail.com

Wording Context of the Big Book

conception[s]—case in point:

After several months of sobriety and several marbles were spinning in the same direction, it was suggested that I read the Big Book all the way through, stories and all. Then, go back and begin a serious study of the directions offered in the first 164 pages. After so doing, I began to develop a better understanding of the Big Book wording context that Bill W. was trying to convey, rather than my oft-mistaken previous

The word: sanity: At first, I considered this term in context of the confused mental state of my early sobriety, or those seemingly bi-polar rollercoaster emotions, etc. . . . or perhaps the legal definition of being a danger to self or others. But today I realize that Bill used this word more in the context of drinking booze, e.g.: He speaks of the insanity of "Jim" pouring whisky in his milk (pp. 35- 37), or the opposite: Fitz Mayo's sanity, who "seemingly he could not drink even if he would" (p. 57). I now think of alcoholic insanity as the inability to see and act on the truth in drink, and sanity as the ability to do so. Although, this is not always the case, this new insight serves as a handy learning tool.

The word: cured: A bit of confusion arose when I read Dr. Bob's Nightmare and he wrote: "... but had been cured" (p. 180), or where Bill D. wrote: "... curing me of this terrible disease." (p. 191) There are other examples in the "Story Section" of the Big Book. Confusion arose when I read on page 85: "We are not cured of alcoholism." "We are not cured of alcoholism." A contradiction! But by studying this book I learned (p. 29) that the clear-cut directions are in the first 164 pages, but the story section of a different ilk. (Cont. on page 7)

INTERGROUP CONTACT LIST

aamiamidade.org

Chairman

Gary C.

Vice-Chair

Robert L.

Treasurer

OPEN POSITION

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Manuel N.

Steering Committee

Remilda G.

Raz S.

Lee A.

Jennifer R.

Aly P.

Trustees

Maria Z.

Askia K.

Founder's Day

OPEN POSITION

Intergroup Banquet

Greg F.

Intergroup Office

Jennifer R.

Shari T.

The Messenger

Office

Outreach

Elizabeth R.

Public Information

Kevin W. (305) 519-7570

Twelve Step Relay

Laura N.

Big Service Breakfast

Jimm C.

General Service Liaison

Keith D.

Spanish Intergroup

Helen L.

Webmaster

Office

GENERAL SERVICE CONTACT LIST

www.district10miami.org

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Alternate Chairperson

Barbara B.

Treasurer

Peter D.

Registrar

Alex V.

Recording Secretary

Kathy T.

Outreach

Barbara B.

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Grapevine

Malika

Gratitud Dinner

Eric R.

Intergroup Liaison

Roy P.

Literature

Valerie M.

PI/CPC

Ricardo M.

Special Needs

Askia K.

Treatment

A1 P.

Big Service Breakfast

Albert C.

District 17 Liaison

Jorge L.

Remote Communities

Sal G.

Webmaster

Eddie D.

"THE MESSENGER"

Published Monthly by

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NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to

"THE MESSENGER"

will be gratefully accepted.
A sign up form is on the

back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to:
MIAMI-DADE INTERGROUP



"Our public relations policy is based on attrac- tion rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

NORTH MIAMI

Jaimee L. 1 Mark P. 3 Mary P. 24 Ana S. 46

PALMETTO BAY

Jen M. 1 Kurt B. 1 Michael T. 1 Stan 2 Maria S. 2 Marji S. 2 Becka 6 Arny O. 7 Penny G. 9 Maxine P. 27 Nino 29

Woji 36

OCTOBER

SUNSET SOUTH DIXIE

Jennie P. 1
Brian F. 2
Liz 4
George T. 4
Mimi C. 5
Luis H. 7
Geoff G. 7
Ricky D. 8
Chris T .10
Justin Z. 14
Lisa V. 16
Marie E. 16

Fred K. 29

Mike R. 32

Carolina 35

Carolyn R. 34

SOUTH DADE

Rachel F. 1

Sonia H. 1

Chris R. 1

Stacia V. 9

Linda W. 39

Elizabeth H. 4

Jen M. 1 Scott M. 1 ERic B. 5 Isabel 5 Penny G. 9 Anne C. 16 Fred 32

SABAL PALM

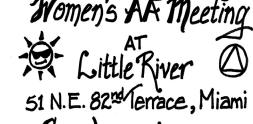
Michelle F. 1 Alex D. 1 Rachel F. 1 Melissa N. 1 Liz G. 4 Kevin V. 5 Cindy S. 5 Paula R. 5 Diana G. 14 Pierre S. 14 Valeria L. 16 Mari M. 19 Cinthia G. 21 Jorge F. 25 George B. 27 Fred 32 Rafael M. 33

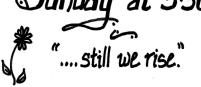
SOBER WAY OUT

Sade G. 2 Frank M. 2 Voncel J. 4 Paul B. 11 Elizabeth R. 26











Wording Context of the Big Book (Cont. from page 5)

It does not contain the clear-cut directions! These members words are not necessarily in conjunction with the instruction pages.

Page 85 tells me: "The problem has been removed." Does this infer that I can now drink like a gentleman? Well, not if I have studied the Big Book! If so, I will that realize the physical allergy is chronic—it will never go away. Consequently, this is not the mentioned problem . . . so, what is left? Of course, it is the mental obsession which has been removed. But, hold the phone! It has not been destroyed, eradicated or beamed to outer space. It will be ever lurking just waiting for me to exit from my fit spiritual condition. I maintain that I am a fully recovered alcoholic. This means that if I throw AA and God under the bus, I would likely be drunk by next Thursday, or sooner.

Bob S., Richmond, IN

Group Conscience/Business/Service Meetings Brickell Group/3rd Thursday @ 1:05pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/3rd Thursday @ 6:30pm Miami Young People/3rd Saturday @ 7:00pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm

Group Anniversaries

Young, Sober &Free/Last Sunday @ 8:05pm

Almeria Group/Last Tuesday @ 7:30pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

AND IM FILTHY STIMUNG, RICH. AND YOU OUT WO OUT OF HIRZE ROLIT.

NOVEMBER

GOOD MORNING

Lisa H. 6 Avis H. 8 Argeo H. 9 Sophia S. 26

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday- December 14th, 2017 @ 7:00pm Grupo Fe y Esperanza - 407 SW 12 Ave. - 33130

Help Support "The Messenger" This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below. To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 for a yearly contribution.

Please make checks payable to: MIAMI-DADE INTERGROUP c/o The Messenger

Name:			
Address:			
City:	State:	Zip:	

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

HELP US CARRY THE MESSAGE!!!

