

# The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

May 2016

## SOBER WAY OUT

Presents...



A Video from  
A.A. World Services



**"Bill's Own Story"**

SUNDAY, June 19th, 2016

Showtime: 1:00pm

**"INTERGROUP BENEFIT"**

FREE POPCORN!  
& FREE  
HOT DOGS!

LITTLE RIVER CLUB  
51NE 82nd Terrace  
(305) 759-6332

### STAYING IN THE MOMENT

**"The key to my serenity today is directly linked to my ability to stay in the moment - to be in the present."**

This is because God is only here with me NOW. As soon as my thoughts take me away from my present, and I begin to either dwell on the past and think of what could have been or regret what I did or didn't do, or when I begin to obsess in the future and worry about what will or won't happen, I have abandoned God and am all alone.

And by myself I am powerless and quickly become overwhelmed by fear and worry or by anger and resentment.

*(Cont on page 3)*

**Admitted to God,  
to ourselves  
and to another  
human being  
the exact nature  
of our wrongs.**

*Each group has but one primary purpose —  
to carry its message to the alcoholic who still suffers.*

No matter how different our own personal concerns, we are all bound together by one common RESPONSIBILITY...to carry the message to the suffering alcoholic.



### INTERGROUP CONTACT LIST

www.aamiamidade.org

#### Chairman

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#### Vice-Chair

Maria S.

#### Treasurer

John L.

#### Secretary

Manuel N.

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Frank H.

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#### The Messenger

Office

#### Outreach

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#### Public Information

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#### Twelve Step Relay

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#### Big Service Breakfast

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#### General Service Liaison

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*Spanish Intergroup*

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Jennifer R.

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#### Registrar

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#### Corrections

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#### Grapevine

Mathew J.

#### Gratitud Dinner

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#### Intergroup Liaison

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#### Literature

Askia K.

#### Public Info/Cooperation with the Professional Community

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#### Special Needs

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#### Treatment

Geoff G.

#### Big Service Breakfast

#### OPEN POSITION

#### District 17 Liaison

Ricardo M.

#### Remote Communities

Malachi H.

#### Webmaster

#### OPEN POSITION

Mario P. (Alt)

### "THE MESSENGER"

Published Monthly by

#### MIAMI-DADE INTERGROUP

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www.aamiamidade.org

### NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office. Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes its schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

#### Contributions to "THE MESSENGER"

will be gratefully accepted. A sign up form is on the back cover.

#### E-mail the Editor at:

aamiamidade@bellsouth.net

Please make checks payable to:  
**MIAMI-DADE INTERGROUP**

### OUR GREATEST GIFT

.....Faith is more than our greatest gift, its sharing with others; is our greatest responsibility. So may we of A.A. continually seek the wisdom and the willingness by which we may well fulfill that immense trust which the Giver of all perfect gifts placed in our hands..... By Bill W. The Best of Bill from the Grapevine pg. 10

## STAYING IN THE MOMENT (From page 1)

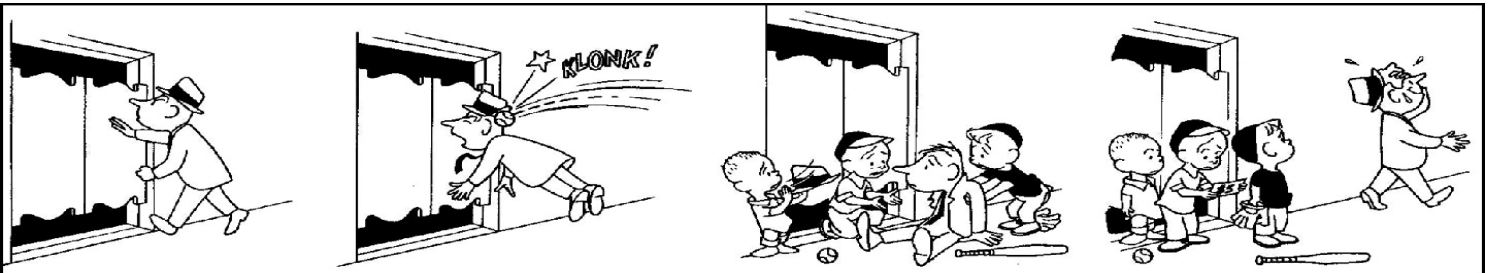
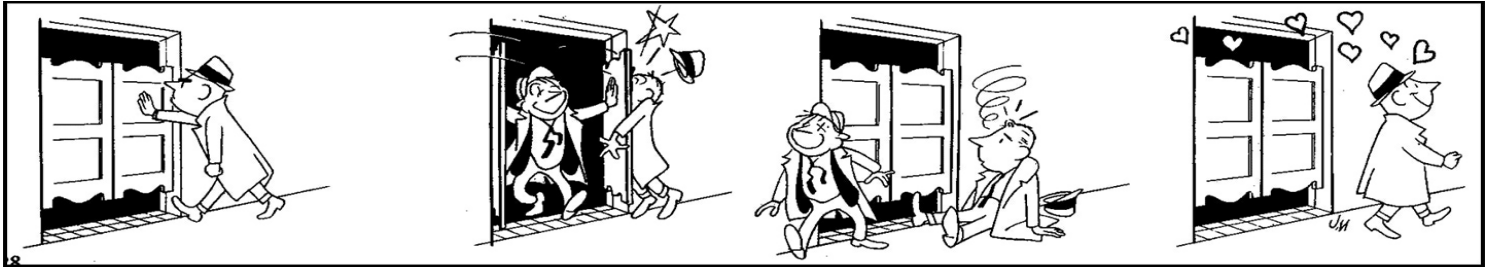
Today, my serenity is directly linked to my relationship with my Higher Power and I strengthen this relationship throughout the day by returning to the present-where God is.

One of my favorite ways to do this is by following advice on pg. 87 of the Big Book:

"AS WE GO THROUGH THE DAY WE PAUSE, WHEN AGITATED OR DOUBTFUL, AND ASK FOR THE RIGHT THOUGHT OR ACTION. WE CONSTANTLY REMIND OURSELVES WE ARE NO LONGER RUNNING THE SHOW, HUMBLY SAYING TO OURSELVES MANY TIMES EACH DAY 'THY WILL BE DONE.'"

As soon as I bring myself back to the present, and get connected to my Higher Power, serenity returns because I know that right now, with God present, everything is all right.

By Rebecca B. - Lakeland, FL



## GROUP MOVING!

### MIAMI MEN'S GROUP

is moving to:

Temple Beth Moshe  
2225 NE 121st Street  
North Miami, FL 33181

**As of May 2<sup>nd</sup>, 2016**

Meeting Days:  
MONDAYS AND THURSDAYS

@ 7:30PM



## SOBER WAY OUT

*Needs your support!*



**TUESDAYS – THURSDAYS  
FRIDAY - SATURDAYS – SUNDAY**

**@ 1:00pm**

At the

**Little River Club**  
51 NE 82<sup>nd</sup> Ter. - Miami – 305-759-6332

## Personalidades o Principios

Opina que no podemos manipular nuestra estructura pensando en las personalidades. En este momento me encuentro en un lugar muy especial, es un día soleado y, mientras se escuchan los cantos de los pajarillos, escribo estas líneas.

En esta ocasión quiero decirles que en mi distrito se organizó un subdistrito, y yo creo que no era necesario. Esta es un área muy pequeña, me parece que la creación de este subdistrito fue motivado por el capricho de no más de cinco grupos.

Lo más preocupante es que, una vez creado este nuevo subdistrito, ya no se respetaron los acuerdos del distrito. El subdistrito decidió trabajar como distrito. Los miembros del nuevo subdistrito dejaron de asistir a las reuniones de negocio del distrito. Además, nombraron un MCD (Miembro Coordinador del Distrito), sin tomar en cuenta al distrito y los acuerdos de éste. Ahora el distrito se encuentra dividido, asunto que ya se había hablado al discutirse la moción. Como miembro de esta comunidad siento que, en esta circunstancia, no hemos trabajado los Tres Legados.

Al parecer, nos gusta seguir las personalidades y no los principios. Desafortunadamente en esta área, hablar en los grupos acerca de los servicios generales es como poner la cruz en frente de Satanás. Nadie quiere saber del servicio. Esto sucede porque los veteranos no nos inculcan, desde un principio, lo que es AA y cuál es su objetivo primordial.

En mi opinión, cuando damos información de manera inadecuada, estamos haciéndole un daño a AA como un todo y dañando al miembro individual.

Si en tu área existe la necesidad de hacer un subdistrito, que esa decisión obedezca a la necesidad de seguir pasando el mensaje. Preguntémonos para qué queremos un subdistrito y, si se corre el riesgo de quedar raquíticos, sin miembros para la rotación del próximo panel.

Tenemos que trabajar con los nuevos miembros para que AA "no muera". Pero ya sabemos que AA nunca morirá. El que muere es el miembro. Como decía Bill W.: "Tenemos que hacer esto con amor y gratitud". Felices 24 horas.

Reynaldo M., San Francisco, CA  
Reprinted with permission "La Vina"

# CUENTO CONTIGO

Se mudo a una nueva direccion:

1770 W. Flager St. # 5  
Miami, FL 33125

Reuniones  
De Lunes a Domingo  
a las 8:00pm

## Nuevo Grupo ARCO IRIS

Iglesia Metodista  
300 N. Royal Poinciana  
Miami Springs

Reunion  
Jueves a las 7:00pm

*Feliz Día  
de la Madre*



### Luz de una Oración

"Dios, concédenos la serenidad para aceptar las cosas que no podemos cambiar, el valor para cambiar las cosas que podemos, y la sabiduría para reconocer la diferencia".

\*\*\*\*\*

Valoramos nuestra "Oración de la Serenidad" porque nos trae una nueva luz que puede disipar nuestra vieja y casi fatal costumbre de engañarnos a nosotros mismos.

En el resplandor de esta oración, vemos que la derrota, propiamente aceptada, no tiene que ser un desastre. Ahora sabemos que no tenemos que huir, ni debemos tratar de superar la adversidad por otra ofensiva precipitada que nos creará obstáculos más rápidamente de lo que podamos derribarlos.



## STEP 5

E	R	S	B	J	T	O	H	B	R	I	N	P	P	M
A	E	T	U	Z	V	W	D	E	N	O	I	L	G	L
B	T	C	R	Q	A	X	I	F	I	H	E	S	U	G
D	C	E	D	Q	Q	R	A	T	S	A	G	Z	S	R
O	A	F	E	F	R	L	A	R	S	R	H	U	A	C
L	R	E	N	A	L	L	O	A	V	A	N	I	S	H
O	A	D	B	I	O	S	N	R	O	S	N	O	P	S
N	H	E	B	S	N	T	A	P	T	R	D	U	R	T
E	C	L	I	O	L	U	F	G	N	I	N	A	E	M
L	E	U	P	T	R	U	S	T	W	O	R	T	H	Y
I	W	S	B	R	O	G	Y	N	A	H	S	O	Z	G
N	L	I	C	O	N	F	L	I	C	T	S	A	Y	P
E	B	O	I	Q	T	Y	T	J	U	N	I	D	J	G
S	W	N	J	D	W	Q	Q	C	U	P	V	O	U	R
S	I	S	Y	C	R	V	F	K	T	X	H	L	A	H

**BARRIER  
BURDEN  
CHARACTER  
CONFLICTS  
DEFECTS**

**DELUSIONS  
INFALLIBLE  
ISOLATION  
LONELINESS  
MEANINGFUL**

**PLEASANT  
SPONSOR  
SPONSORSHIP  
TRUSTWORTHY  
VANISH**



## A CLEAN SLATE

Most of us were born perfect and the slate was clean. From the very first day of our lives we started to experience different emotions (for lack of a better term) and those feelings had a lot to do with the way we evolved into who we are today. Instinctively we responded to the different threats and joys that we were faced with and these were the things that established our strengths and weaknesses. That is true for most of us, but not all of us. Unfortunately some of us were born with other problems that require medication, such as, A.D.D; Bipolar, and other difficulties that cannot be treated simply by changing our attitudes and behavior. These things, I am not educated enough to discuss, but for the average alcoholic, I believe, our problems can be traced back to that conditioning we experienced as we formed our mental and spiritual makeup.

I often hear it said that alcoholism is a disease of perception. It is a disease of many things, and perception is one of them. The perception we have of ourselves may be likened to a chalkboard containing every experience of our lives. If we can look at it and be satisfied that we had a pretty good track record, we would probably be comfortable with it and lead a relative normal life. If, however, we find ourselves on the negative side of the ledger most of our lives, we may develop abnormal feelings of guilt and shame, for instance, and that may just be the thing that triggers the beginning of the compulsion to drink excessively. In the beginning we get a temporary relief that tells us that we are just fine, but it only lasts until we wake up the next morning and find ourselves in an even deeper pit. We reach for the bottle, and again it gives us that temporary buzz, and we repeat this process over and over until, by some tragic occurrence in our lives that drives us to alcoholics anonymous, we are encouraged to go through a process that can restore us to a somewhat normal life. Steps one through four are about surrender, acceptance, and discovery. Step five is about disclosure.

Step five, for me, was the gateway to how I was going to live the rest of my life. After two attempts at step four, I was faced with the decision as to whether my future was going to be honest and meaningful, or just a meaningless facade. Fortunately, for me, I took a leap of faith and disclosed all those, so called, tormenting ghosts of yesterday (12x12 pg.55) and looking back on it now, I realize that, that decision was the hinge pin, for my thoroughness, with the rest of the steps. Had I not cleaned the slate at that time I just don't see how I could have followed the spirit of truth and honesty, with myself and others that would result in the peace of mind that I enjoy today.

My inventory had to deal, mainly, with bad habits which had to be changed by the process suggested in steps six and seven. That was the easy part of step five. However, those tormenting ghosts of yesterday were another story. These were not habits, but deeds that I had done as an adolescent kid that seemed unforgivable. No one should ever know, I would take them to the grave with me. Mustering the strength to take that risk may have been the most important step forward I've ever made. My brain had been lying to me, after all; how bad could a thirteen year old kid be? That one decision is what I credit with giving me my life back and if I hadn't done it, I don't see how I could have given a good effort to the rest of the steps from behind that facade that I used to call life.

I often hear members of the program that seem to resist looking deeper into their regrets and seem to build a wall of reasons why they don't need to, and I wonder if they might be caught in the same dilemma that I was in when I took my fifth step. I wish I could reassure them that it's not worth the mental torment that it puts us through and that it may be a good idea to revisit that step and clean the slate. We can't live alone with them; we have to talk to someone about them. (Even A.A. oldtimers, sober for years, often pay dearly for skimping this step. 12x12 pg. 56) If, you are that person, I encourage you to try to get the strength to take that risk, and clean the slate; after all, we only live once. Let's not waste the opportunity to live a happy and peaceful life.

Rick R. - Poway, CA

## FAITHFUL FIVER MEMBERS



**Yes, I want to participate in the Faithful Fiver Club!**

Contribution information: Date: \_\_\_\_\_

Amount: \_\_\_\_\_ Monthly: \_\_\_\_\_ Quarterly: \_\_\_\_\_ Annually: \_\_\_\_\_

(Note: No A.A. member can contribute more than \$3,000 per year)

I am a new Member: \_\_\_\_\_ Current Member: \_\_\_\_\_ Returning Member: \_\_\_\_\_

**PAYMENT PLAN**

Check Enclosed: \_\_\_\_\_ Credit Card: \_\_\_\_\_ Visa \_\_\_\_\_ MC \_\_\_\_\_ Amex \_\_\_\_\_ CVS: \_\_\_\_\_

Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Expiration date: \_\_\_\_\_ / \_\_\_\_\_

Name on Card: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel: (\_\_\_\_\_) \_\_\_\_\_

\_\_\_\_\_ Yes, I would like my name to be added in "The Messenger." ! \_\_\_\_\_ No, I would like to remain anonymous!

**FAITHFUL FIVER FRIENDS** are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

**Gary C. & Friends; Phillilp S., Charlie C., Stanley J., Doni B; Maria Z., Anonymous Key Biscayne, Anonymous Group, Anonymous Young, Sober and Free"; Lee A., Jersey Girl.- South Dade, Michael S., Anonymous South Miami Men's, Ten @ SOBE, Anonymous South Dade; Anonymous West Miami, Biker's in Recovery anonymous.**

**COMMITTEES MEETINGS:**

GS DISTRICT 10  
Monthly Business Meeting  
1st Tuesday of the month  
at 7:30pm at the  
CG Congregational Ch.  
3010 De Soto Blvd., CG  
\*\*\*\*\*

GS DISTRICT 10  
GRAPEVINE Committee  
Meetings at the  
Coral Room  
1st Sunday of the month  
@ 2:00pm  
\*\*\*\*\*

GS DISTRICT 10  
TREATMENT Committee  
For more information go to  
[www.district10miami.org](http://www.district10miami.org)  
\*\*\*\*\*

GS District 10 PI/CPC  
Last Saturday of the month  
and Even Months  
Coral Room @ 3:00pm  
1100 Ponce de Leon Blvd.  
Odd Months  
Upper Room @ 3:00pm  
822 NE 125th St. # 111, NM

**1st Annual**  
**MIAMI, FL**  
**CHAPTERS**  
**TO**  
**RECOVERY**  
*Bringing the Universal Message of Alcoholics Anonymous*  
**AUGUST 12-14, 2016**

Registration form can be used for up to 2 people. Please fill out the form below, cut on the dotted line and mail along with your check to the address provided.

Name: \_\_\_\_\_ Name to be printed on name tag: \_\_\_\_\_

Guest Name: \_\_\_\_\_ Guest Name to be printed on name tag: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

☐ Pre-registration \$45.00 x \_\_\_\_\_ = \$ \_\_\_\_\_  
☐ Voluntary Sponsorship Contribution \$ \_\_\_\_\_  
Lend a hand to those unable to pay registration  
Total Enclosed \$ \_\_\_\_\_

Mail with Payment and Make Check or Money Order  
Payable to:  
Chapters to Recovery  
4250 Biscayne Blvd. Apt 1516  
Miami, FL 33137

## CORAL GABLES

Ileana F. 1  
Janie 1  
Scott S. 1  
Adriana 1  
Clark H. 2  
Donna S. 2  
Sarah S. 2  
Donald O. 2  
Pablo B. 2  
Alex M. 3  
Rosie 4  
George M. 5  
Javier B. 6  
Ana W. 7  
Eiveert 7  
Marla A. 9  
Miguel P. 9  
Mike W. 10  
Carlos Z. 11  
Manny M. 11  
Mairi M. 12  
Karla S. 16  
Mireya 20  
Kevin S. 26  
Reed 27  
Robin W. 28  
Bob W. 47

## BIKERS IN RECOVERY

Frank H. 7

## APRIL

### SOLUTIONS

Taylor M. 1  
Andrea S. 2  
Sunshine 2  
Ryan Q. 4  
Frank H. 7

### SOUTH DADE

Randolf 1  
Charles S. 3  
Mary R.L. 3  
Ashley G. 4  
Jeremy 4  
Lee 5  
John G. 7  
Donald B. 8  
Chuck I. 10  
Darryl 13  
Scott N. 25  
Julie M. 29

### BREAKFAST CLUB

Anne V. 1  
Kathy R. 1  
Marit 6  
Robert S. 9  
Deborah 30  
Curtis C. 31  
Perry T. 31  
Pete 47

### SOUTH DIXIE

Mike B. 1  
JP 1  
Luisa 1  
Charles S. 3  
Alice 5  
Jeff G. 5  
Pat G. 9  
Lauryn S. 10  
Michelle S. 24  
Noreen 30

### SURRENDER IS FREEDOM

Grana 3  
Michele 5  
Robin 8

### DAILY MAINTENANCE

Ron T. 30

### HAPPY 1060

Anne V. 1

### MIXED NUTS

Joseph 1  
Taylor M. 1  
Ryan 4  
Harrison 6  
Mike N. 7

## PRIMARY PURPOSE

Eddie B. 1  
Ileana 1  
Paul 1  
Bobby 2  
Mary Jo 2  
Selna 4  
Deya 5  
Helena 5  
Patrick 7  
Jesus 7  
Herb 11  
Paul S. 12  
Joe 21  
Pete D. 25  
Buster 31

## FREE THINKERS

Anne 1  
Ron T. 30

## HAPPY HOUR

Joseph 1  
Anne V. 1  
Marti 6  
Robin 8  
Juanita 9



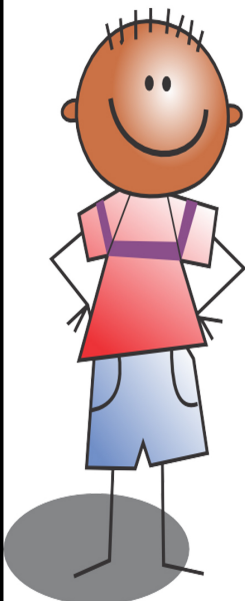
## Group Conscience/Business/Service Meetings

Brickell Group/3rd Thursday @ 1:05pm  
Coral Gables Group/3rd Thursday @ 7:00pm  
Good Morning Group/3rd Wednesday @ 11:00am  
Happy 1060 Group/3rd Sunday @ 11:45am  
Homestead Group/3rd Tuesday @ 7:00pm  
Lincoln Road YP/3rd Sunday @ 7:00pm  
Little River Group/2nd Sunday @ 7:00pm  
Miami Young People/3rd Saturday @ 7:00pm  
Night Owl Group/2nd Sunday @ 7:00pm  
North Miami Group/Last Wednesday @ 7:15pm  
Palmetto Bay/3rd Wednesday @ 6:35pm  
Primary Purpose/Last Wednesday @ 6:45pm  
Quinto Paso/1st Monday @ 7:00pm  
Sabal Palm/3rd Thursday @ 7:00pm  
Sober Way Out/3rd Sunday @ 7:00pm  
Something Happens/1st Saturday @ 10:00am  
South Dade Group/3rd Wednesday @ 7:00pm  
South Dixie Group/2nd Sunday @ 12:15pm  
Sunset Group/2nd Friday @ 7:00pm  
West Miami Group/3rd Tuesday @ 7:00pm  
We Stopped in Time/1st Monday @ 9:35pm  
Young, Sober & Free/Last Sunday @ 8:05pm

## Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm  
Coral Gables Group/Last Monday @ 8:00pm  
Grupo Central/Last Sunday @ 1:00pm  
Good Morning Group/Last Friday @ 10:00am  
Happy 1060 Group/Last Sunday @ 10:45am  
Homestead Group/Last Thursday @ 8:30pm  
Key Biscayne Group/Last Friday @ 8:30pm  
Killian Pines Group/Last Friday @ 8:00pm  
Lincoln Road YP/Last Sunday @ 7:00pm  
Little River Group/Last Wednesday @ 8:30pm  
Miami Springs Group/Last Monday @ 7:30pm  
Miami Young People/Last Saturday @ 8:30pm  
North Miami Group/Last Friday @ 8:30pm  
Palmetto Bay Group/Last Saturday @ 5:30pm  
Plymouth Group/Last Wednesday @ 7:00pm  
Primary Purpose/Last Saturday @ 8:30pm  
Sabal Palm Group/Last Sunday @ 7:00pm  
Shamrock Group/Last Tuesday @ 8:30pm  
Sober Way Out/Last Friday @ 8:30pm  
Something Happens/Last Saturday @ 9:00am  
South Dade Group/Last Friday @ 8:30pm  
South Dixie Group/Last Saturday @ 7:30pm  
Sunset Group/Last Saturday @ 8:30pm  
West Miami Group/Last Friday @ 8:30pm  
We Stopped in Time/Last Monday  
Young, Sober and Free/Last Sunday

## STAND STILL



**When you find your mind is whirling  
and thrashing all about  
Stand still for just a moment  
and cease from every doubt  
For there is One who has ALL power  
That ONE is God you know.  
Be grateful for that moment  
and peace will start to flow.  
Each moment is a precious gift  
that's given by God's Grace.  
Be grateful for the moment  
and you'll see you're right in place.  
For nothing ever happens  
in God's world by mistake,  
by standing still and listening  
He reveals the steps to take.  
The first step is be honest  
To thine own self be true  
Just be grateful for the moment.  
He'll reveal the rest to you.**

- by Rebecca B.

**"THE GREATEST GIFT TO GIVE  
TO THE PEOPLE YOU LOVE IS  
YOUR RECOVERY."**

Do you want to know..... How can you help? How can you do service? Come to our next monthly meeting of Miami-Dade Intergroup which will be held on Thursday- May 12, 2016 @ 8:00pm (Iglesia Metodista Unida - 133 Ponce de Leon Blvd. - Miami)  
This is a great opportunity to do service! For more info call: (305) 461-2425  
For comments / suggestions e-mail us - Editor: jamc13@bellsouth.net or aamiamidade@bellsouth.net



Help Support "The Messenger"  
This Publication Belongs To You!

To make address changes you can notify the Intergroup Office or mail in the form below.  
To subscribe to "The Messenger" please fill out the form below and mail with your \$12.00 contribution.

Please make checks payable to:  
MIAMI-DADE INTERGROUP  
c/o The Messenger

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Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please note: When you mail in this form, feel free to add something you would like to share with the fellowship  
(a thought, a story, a joke or something you heard at a meeting.)

**HELP US CARRY THE MESSAGE!!!**

## The Messenger

Miami-Dade Intergroup  
4315 NW 7th St. - Suite 36  
Miami, FL 33126  
Phone: 305.461.2425 (24 hrs.)  
Fax: 305.461.2416

