The Messenger



MIAMI-DADE INTERGROUP

aamiamidade@bellsouth.net

Florida - USA

August 2016

4315 NW 7th St. Suite 36 - Miami, FL 33126 / 305.461.2425 (24 hrs) / 305.461.2426 (Fax) / www.aamiamidade.org

"Made a list of all persons we have harmed and became willing to make amends to them all."

Here the program demonstrates its reality, its understanding of the nature of the alcoholic. How often have we come out of the fog to find the path strewn with persons we have injured or wronged? How often have we stayed awake at night thinking of the wife or mother or sister who suffered far more than we did on our last drunk?

Remember the kindly grocer who cashed our bum checks? Remember the look of anguish on the face of the boss when he had to tell us we were fired? Remember the guys in the company we let down when our part of the work was neglected? Of course we do. But, more importantly, the A.A. program remembers and understands.

The 8th Step was written for us when we remembered these things. "Make a list," it says. "Be willing to make amends to them all." In other words, stop being remorseful and do something about it.

The part about making a list is easy. Depending on our history, we make either a long or a short list. But the part about making amends is tough. That part takes courage and humility. A man we know made a list of 43 former employers he had harmed, wrote a letter to each, and--fearing the consequences--left town for two weeks! When he arrived back in town, there were 43 answers. Every employer took time out to thank the man for his letter and to wish him luck!

Many A.A.s find it impossible to make full restitution to all persons. That's not essential if you have been willing to make amends. Sometimes, a trip across town to a person you have harmed is enough. Most people are happier to see you sober than you think. It's human nature to root for the horse that's behind in the race. It makes people feel goodwhen you show enough courage to come up to them and tell them you are sorry.

Making a list of things you did wrong is a good idea anyway. Just to look at the foolish and terrible things we do gives us pause to think. If we go further and try--we mean really try--to do something about them, we get a far greater satisfaction than we deserve. The 8th Step is close to the 4th Step. It's practical and simple. If you found in the 4th Step that you were selfish, look at your list from the 8th Step and see who you harmed through selfishness. Then do something about it!

The 8th Step convinces us that A.A. is a program of action. If you think it was hard to admit you were an alcoholic, see how you feel when you go to the people you have been avoiding to tell them you are sorry. That's really hard.

And yet, we cannot describe the wonderful satisfaction that comes if you go through with it. Even the air seems cleaner. Yes, the 8th Step is a lulu, but it pays off at the welcome rate of about 100 to one.

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www.aamiamidade.org

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"THE MESSENGER"

Published Monthly by

MIAMI-DADE INTERGROUP

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NOTICES

Notices published in "The Messenger" are taken from information submitted to the Miami-Dade Intergroup Office Information is based on what is current at the time of printing.

If your group discontinues a meeting or changes it's schedule time, please notify Intergroup as soon as possible at (305) 461-2425

Articles and opinions expressed herein not to be attributed to Alcoholics Anonymous as a whole.

Further endorsements, opposing views and rebuttals to articles published are also welcomed. Also, please tell us how we can improve.

Contributions to "THE MESSENGER"

will be gratefully accepted.
A sign up form is on the back cover.

E-mail the Editor at: aamiamidade@bellsouth.net

Please make checks payable to: MIAMI-DADE INTERGROUP

TRADITION 8

"Alcoholics Anonymous should remain forever non-professional, but our service center may employ special workers"



THE HISTORY OF THE HOMESTEAD ALCOHOLICS ANONYMOUS GROUP Written by members of the Homestead A.A. Group

The Homestead Group registered with Alcoholics Anonymous (A.A.) Headquarters in New York City on February 4th, 1950. It was John F. who came here from the Crawford and the Elizabeth, New Jersey, Groups, who helped us taket this first step.

Fred R., Secretary of the Miami Group, brought some members south to Homestead to support our first meeting. Ruth B., Secretary of A.A. Headquarters, wrote back on February 15th, 1950: "Welcome to the Homestead Group! You have a wonderful start with the cooperation of the Miami Groups as well as that of the local doctors and priests. Good luck to each and every one of you."

MEETING LOCATIONS AND MEMBERSHIP

There are no records of meeting locations until 1952 when Frank M. wrote to New York to register The Homestead Group (HAA) and was told that we were already registered. At that rime Frank was attending meetings in Coral Gables at the ANOMA A.A. Group and sought a meeting closer to home. Frank M., Tom B., Bill R., and Fred W. began meetings at Fred's house in Redland. Pastors, Police and Medical doctors in the area were notified of the new Homestead A.A. Group with an invitation for prospective members to participate. A woman joined them for 3 weeks, returning in the 1990's, remaining sober until her passing. During our sixty-six (66) years since the first Group, Homestead A.A. has grown to 200 members.

FRANK'S SPIRITUAL GROWTH

On April 1st, 1972, HAA member Frank M. was driving home with his wife Mary on Krome Ave. in Homestead when a drunk driver ran a stop sign, hitting their car and killing Mary. A few days after the accident, Frank made a 12-Step call on the driver responsible.

CHANGING CLIMATES

In 1972, member Lee O. placed an ad in The Homestead News, announcing the HAA meetings. This action caused disagreements among members resulting in a group split. Lou W. led formation of a new Unity Group that moved to St. John's Episcopal Church in Homestead on NE 10th St. When Lou moved to Chicago in 1973, the Homestead Group re-united thanks to the efforts of Assistant Secretary "Motel" Barbara.

On August 24th, 1992 Hurricane Andrew damaged the Homestead room located at 1240 Krome Ave. The bulk of the membership continued to meet, using flashlights, thermoses for coffee, and a generator.

Although offers for supplies, books and pamphlets were made by Intergroup, and other A.A. groups, the Homestead Group re-stocked through their own contributions.

The first spanish language meeting in the Homestead Group was held in April 2003 and was attended by Ciello, Herbert, Braulio, and others. We began with 2 meetings a week in the 1950's, and now serve our members with 39 meetings a week.

COMMUNITY SERVICE

We work closely with our communities. Chairpersons are responsible for taking at least one weekly meeting each to homeless shelters, prisons and jails, alcohol treatment facilities, rehabilitation and mental institutions (including Miami-Dade County drug court facilities), and to a hospital-based detoxification unit. Residents of a near by treatment program participate in our meetings regularly and have become part of our recovery family.

Some of our attendees are sent to us directly by the Eleventh Judicial Circuit, by court ordered treatment facilities, and by State regulated outpatient counseling services. We require attendance in the full meeting before papers documenting attendance will be signed.

HAA maintains a presence in all State of Florida and local A.A. conventions, conferences, and Miami-Dade County, Florida round ups. We often serve at Marathon meetings and host an annual Trilogy Legacy meeting.

This is our short-form history. For more details please contact the Homestead Room (305.245.1796) or the Intergroup Office

Come on down for a meeting, our special events or just for a visit. Join us in making History!



(305.461.2425)

PRIDE

When thinking about pride as one of the seven deadly sins, I chose first to compare the different definitions of the word. The Merriam-Webster Dictionary's two definitions of pride are:

1. A feeling that you respect yourself and deserve to be respected by other people and 2. A feeling that you are more important or better than other people.

The definitions reminded me wht the "Twelve Steps and Twelve Traditions" says regarding instincts. Instincts are given to us for a reason. Misused, however, they become a liability. The definitions speak of positive and negative actions and attitudes.

Before my recovery in A.A., many of my behaviors were prideful and driven by ego. I took pride in things that many times were harmful to others.

After admitting my alcoholism and surrendering to A.A. (Higher Power, Sponsorship, Meetings, Literature, etc.), I found ways to embrace humility and find strength in choosing program solutions. The Big Book often directs my thinking to situations around pride that need my constant attention. *Cont. page 7*



ENVY

Long before my first drink, I envied what other people possessed, what they achieved and even what they desired. I envied them in a material sense, but even more often in a spiritual sense. Nothing was ever enough for me, and no amount was too much -- just like my first drink and all the drinks after it. With endless comparisons of the lack of achievement in most areas of my life, both corporal and spiritual, to everyone else's overachievement (or so it seemed), I was consumed by a sense of failure. And, of course by envy.

Drinking gave me the ability to either tell myself that I didn't care (and believe it) or tell myself that I had done all that I needed to do and that I'd been dealt a rotten hand. In my first few months in A.A. I began to learn what anonymity really meant. Bill W. called it "spiritual humility". Long before I prepared my inventory and practice Step Six and Seven for the first time, I realized that there was a fundamental difference between envying....... Cont. page 7

LA CABEZA DEL ALCOHOLICO

Trató de engañar a sus amigos, la verdad lo sabían todos.

Yo compraba cosas de marca sabiendo que el dinero apenas me alcanzaba para vivir. Lo hacía para aparentar. Cuando bebía consumía las marcas más costosas para impresionar a la gente.

Vivía engañado. Como estudiaba y pagaba mi escuela creía que estaba haciendo todo bien. Pero con frecuencia amanecia con mucho dolor de cabeza, entonces cambiaba la marca o el tipo de bebida, pensando que esa era la razón.

No me gustaba tomar cerveza porque olía horrible y pensaba que era una bebida para los más pobres.

Me casé y empezaron los problemas. Mi mujer, se quejaba de que el dinero que yo le pasaba no le alcanzaba y que necesitaba más. Eso me ponía mal.

Empecé a llegar tarde a la casa. Muchas veces no supe cómo había regresado a casa. Comencé a vivir en un permanente martirio y no encontraba qué hacer para salir de esa situación, entonces me sumergí aún más en la bebida.

No me daba cuenta del daño que le causaba a mis hijos y a mi esposa. Me convertí en un alcohólico, todos lo sabían menos yo. Mi esposa me ingresó a un anexo de AA y eso no sirvió. Habían muchos jóvenes y yo no creí sus experiencias. No me quedé y me fui a vivir mi borrachera, porque yo no era alcohólico.

Fui al hospital, a la cárcel, y no quería entender que tenía un problema. Tuve que tocar fondo y llegué a mi grupo base "Esperanza". En el grupo me encontré con un montón de locos, pero me resigné pensando que, con tal de vivir esa vida diferente que prometían, tendría que aquantar a toda esa gente.

Me quedé y el día de hoy quiero a mis compañeros, cada uno de ellos me regaló algo nuevo. De cada historial saqué experiencias que me puedo evitar.

He aprendido a pasar el mensaje de AA por medio de las redes sociales, sin decir que soy alcohólico. Tampoco soy de los que agarro tribuna, sólo comparto lo que me regala el programa con personas que no saben que hay una solución. Estoy agradecido a mis compañeros y a mi padrino que ha batallado conmigo. -Gustavo S., Elmendorf, TX

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AREA 15 SUR DE LA FLORIDA ASAMBLEA DE SERVICIOS GENERALES

"Un Espíritu de Rotación"

Auspiciada por el Distrito 9 * Broward County, Florida * 7 al 9 de Octubre, 2016 Inscripciones: Viernes 4:00 PM - 8:30 PM; Sábado 8:00 AM - 8:30 PM; Domingo 7:00 AM - 9:00

Viernes, Octubre 7		Sábado, Octubre 8	
8:30-9:30 PM	Reunión de Orador	12:30-1:30 PM	Reunión Coords. de Distrito
10:00-11:00 PM	Reunión de Desvelados	12:30-1:30 PM	Reunión Tesoreros de Distrito
10:00-11:00 PM	Reunión de Desvelados Español	12:30-1:30 PM	Reunión Secrets./ Registrs. Distrito
		1:00-1:50 PM	Taller de Tradiciones Español
Sábado, Octubre 8		1:30-3:50 PM	Comité Instits. Correccionales
7:00-8:00 AM	Reunión de Madrugadores	2:00-3:50 PM	Comité de Finanzas
7:00-8:00 AM	Reunión de Madrugadores Español	2:00-3:50 PM	Oficinas Centrales / Intergrupo
8:00-9:00 AM	Taller de Conceptos	2:00-3:50 PM	Compartimiento de RSG's
8:00-9:00 AM	Taller de Conceptos Español	2:00-3:50 PM	Compartimiento de DCM's
8:30-10:50 AM	Comité de Centros de Tratamiento	2:00-3:50 PM	Reunión Coords. de Trimestrales
9:00-10:50 AM	Comité de Comunidades Remotas	4:00-5:00 PM	Taller de Manual de Servicios*
9:00-10:50 AM	Comité de la Convencion Estatal	5:00-6:00 PM	"?En Que Piensas?"
9:00-10:50 AM	Comité de Archivos	7:00-8:30 PM	Banquete
9:00-10:50 AM	Comité de Acuerdos y Procedimientos	8:30-9:30 PM	Reunión de Orador***
9:00-10:50 AM	Committee de Grapevine/La Viña *	10:00-11:00 PM	Reunión de Desvelados
9:00-10:50 AM	Comité de Literatura	10:00-11:00 PM	Reunión de Desvelados Español
9:00-10:50 AM	Comité de IP / CCP		
9:00-10:50 AM	Comité de Necesidades Especiales**	Domingo, Octubre	2
9:00-10:50 AM	Com. Ad hoc Linea Ayuda 24 Hrs. de Area	7:00-8:00 AM	Reunión de Madrugadores
11:00 AM-12:00 PM	Taller de Tradiciones	7:00-8:00 AM	Reunión de Madrugadores Esp.
11:00 AM-12:30 PM	Comité Lingüístico Hispano	9:00 AM	Reun. Trabajo Area 15 Sur FL.***
12:00 PM-1:30 PM	Comité del Sitio Web		
*0	T. (The state of the s	* 1

*Se proporcionara Intérprete en Español, **Se proporcionara Interprete ASL.(si se solicita) e Intérprete en Español son proporcionados. Necesidades conceso a silia de ruedas o intérprete para sortenudos para la reunion de Trabajo del Domingo se pueden obtener llamando al Coordinado de Necesidades Especiales del Arca (24) 12.58-271 o a. specialnes@Garac1San.org para el 9/30/16.

Banquete del Sábado Menú No. Pollo No. Salmon No. Vegetales Total de Boletos a \$42 c/u Cantidad Total Incluida Nombre_ Dirección Ciudad. Calle Zip. Tel.Cell F-mail Distrito # Fecha Llegada: Vier. or Sab. Invitados con Necesidades Espes. (explique) FECHA LIMITE DE PAGO: 30 Septiembre, 2016 Extienda Cheques pagaderos a: District 9 P.O. Box 100126 Fort Lauderdale, FL 33310-0126 PREGUNTAS: Comuníquese con Adie M.(Coord. Banquete) <u>Banquet@district9aa.org</u>

Fort Lauderdale Marriott North

6650 N Andrews Avenue Fort Lauderdale, Florida 33309 Teléfono: 954-771-0440 / Fax: 954-772-9834 Reservaciones: 800-228-9290

Costo de Habitación: \$109.00

Deberá recibirse a más tardar el 7 de Septiembre, 2016 Reserve con Tarifa Grupal GSA15SFGENERAL

Group Code: GSA15 SF GENERAL Indicaciones:

I-95 a Salida 33B (Cypress Creek West), de vuelta a la Der. En el segundo semáforo hacia Andrews, el hotel está a ½ mile al norte a la derecha.

PREGUNTAS: Favor de comunicarse con Coord. de Trimestrales: Jackie S. al 954-901-1345 o quarterlychair@district9aa.org

Para cancelaciones de habitación o para ser parte de la lista de espera por favor comuníquese a: hotelinfo@area15aa.org



UN POQUITO DE HUMOR

Un borracho va cantando a gritos por la calle mientras vuelve a casa. Cuando está llegando sale su mujer al balcón y le dice:

- iPaco no grites más que se está enterando todo el barrio!

A lo que el marido responde:

- ¿Y qué? iPrefiero ser un borracho conocido que un alcohólico anónimo!

Un hombre borracho entra en un local de Alcohólicos Anónimos y el conserje le pregunta:

- Buenos días! ¿Viene usted a apuntarse?
- No, vengo a borrarme

Un borracho está bebiendo copa tras copa, se le acerca un amigo y le dice:

- ¿Tu no sabes que el alcohol mata a un millón de americanos cada año? Entonces le contesta el borracho:
- ¿Y qué? Tu ya sabes que yo soy español.

THE MESSENGER

ALCOHOLISM IN THE SIMPLEST TERMS

Many of us, in alcoholics anonymous, have lost our families, our jobs, our friends, and even our health before we were desperate enough to deal with our problem. WHY? Asks the normal person, would anybody put the bottle before his wife, his children, his career and just about everything else in his life. Well, the alcoholics who have recovered from this malady, and have been restored to a somewhat normal life, often understand how the practicing alcoholic could do such a thing in the face of everything he has to loose, mainly because they have all been through the same, or similar ordeals to some degree or another. They also know that, until this man has reached his bottom, it's unlikely that anything will get in the way of his drinking. The delusion (FAULTY PERCEPTION) is still there. To him the thought of living without alcohol is terrifying. Try to look at it this way:

On a scale of 1 to 10 the normal person awakens each morning at an emotional level of 8. The alcoholic awakens at a level of 2. Neither knows the emotional level of the other. The normal one doesn't understand why the alcoholic is so silent/depressed/disgruntled/unhappy, etc. everything seems fine to him. What's the problem? The alcoholic, on the other hand (being at a 2) can't understand why the normal guy is so up-beat, after all, the world is a cold and hostile place to him. There's wars, the economy, sickness, responsibilities, financial problems, not much to look forward to. What's the use? He feels he is looking up from the bottom of a deep pit. (2) When the alcoholic is in that pit and takes a drink he goes from a 2 to an 8 1/2 and halfway through his second drink he feels normal and everything is right with the world, no problem here! On the other hand, when a normal drinker takes a drink, he goes from an 8 to an 8 1/2, it's nice but he wouldn't give up his life for it, and the next day, he's back to work. This is normal. The emotional level of an alcoholic will always return to a 2 and he continues to get progressively worse until he loses more than he was willing to lose. That is when he begins to realize that he will probably never be able to drink successfully, and if he is ready to ask for help, he has a chance to salvage his life.

The answers for me were in the AA program where I had a profound change of perception, or a (Spiritual awakening) if you like. The delusion that I could drink like a normal person was smashed. I know that if I neglect the evidence that I've experienced before and after I came to A.A., I risk doing irreparable damage to myself and others, and worse than that, I risk wasting the only life I get to live ,to a chemical that is closer to gasoline or lighter fluid than to the romantic way I used to perceive it. What a tragic thing that would be when the solution was laid at my feet. All I had to do was surrender.

As the result of following this path, I am at an 8 almost every day of my life. A bad day for me is a 7. If I stop growing spiritually, I would start to go back down the scale again and as I approach a 5 or a 4, a drink might start looking good to me and it would be only a matter of time before I'd be back at the old game again. Knowing this, I am vigilante about my priorities and I stay in the safe (spiritual) zone. That is so much better than the alternative.

SABAL PALM GROUP

23rd Anniversary EXTRAVAGANZA

PLEASE JOIN US FOR THE CELEBRATION

SATURDAY, AUGUST 20th, 2016

BRING A DISH, IF YOU WISH! FUN, FOOD AND FELLOWSHIP GALORE!



For more info 305.274.7434

NEXT TO SABAL PALM ROOM
AT THE RIVERSIDE BAPTIST CHURCH

10775 SW 104th ST.



FELLOWSHIP @ 6:30pm DINNER @ 7:00pm SPEAKER @ 8:00pm



INTERGROUP BENEFIT!

PRIDE (Cont. from page 3)

For me, a vital example of staying in the solution is on page 25 of the Big Book. It assures me that even though I may never like the leveling of my pride, it is essential for a successful recovery. I also found that it worked for other and so could work for me too.

Throughout our literature I am not only reminded that pride involving ego and self-seeking motives will affect my own recovery process, but will impede my usefulness to others as well. So, I believe strongly that before sobriety, I looked for recognition in all areas of my life. I needed this attention to feel OK in my own skin. Thanks to A.A. and all the pieces of the recovery program, I am blessed with the knowing that all success comes from my loving God.

And I have replaced the word "proud" with "grateful."

By Nancy B. - Unity Group, Denton

ENVY (Cont. from page 3)

someone yet doing nothing to effect any changes, and wanting what you had and being willing to take the same actions you had taken to achieve a state of spiritual well-being. I found in the inventory process and through prayer and meditation in the following steps that I had been grossly overcompensated based on my level of involvement in my own life. It was because of my selfishness that I never realized what I had been given; it was because of my sense of entitlement that I never appreciated what had been provided.

This realization has helped me tremendously in my sobriety. In a fellowship of anonymous alcoholics there is nothing to envy as we are all exactly the same--just drunks doing what we can, whenever we can, to carry our message to those who suffer from alcoholism.

By Jimmy D. - Chicago Group, Dallas, TX

FAITHFUL FIVER MEMBERS

FAITHFUL FIVER FRIENDS are fellow A.A. members who contribute \$5.00 a month to the Intergroup Office as an act of gratitude. Their generosity help us to carry the message of A.A. to the still sick and suffering alcoholics throughout the year! THANK YOU TO OUR FAITHFUL FIVER'S....Your contributions are very much appreciated.

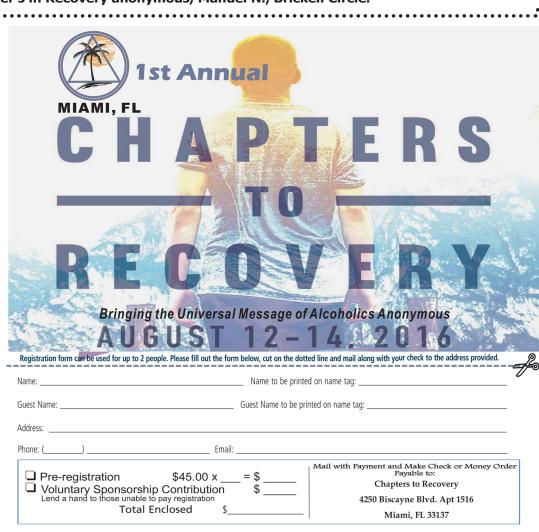
Gary C. & Friends; Stanley J., Doni B; Maria Z., Anonymous Key Biscayne, Lee A., Jersey Girl - South Dade, Michael S., Anonymous South Miami Men's, Ten @ SOBE, Anonymous South Dade; Anonymous West Miami, Biker's in Recovery anonymous, Manuel N., Brickell Circle.

COMMITTEES MEETINGS:

GS DISTRICT 10
Monthly Business Meeting
1st Tuesday of the month
at 7:30pm at the
CG Congregational Ch.
3010 De Soto Blvd., CG

GS DISTRICT 10 TREATMENT Committe For more information go to www.district10miami.org

GS District 10 PI/CPC
Last Saturday of the month
and Even Months
Coral Room @ 3:00pm
1100 Ponce de Leon Blvd.
Odd Months
Upper Room @ 3:00pm
822 NE 125th St. # 111, NM



NORTH MIAMI

Jimmy 2 Suann C. 3 Stan J. 6 Yvonne 17 Karl K. 29

SOUTH DIXIE

Cynthia N. 1 Luis N. 1 Shaina L. 1 Scott J. 5 Bruce G. 5 Kirstin 6 Kathy M. 6 Vicky D. 11 Tom D. 12 Gerry S. 14 Marion L. 23 Anke 37

JULY

PALMETTO BAY

Cynthia J. 1 Derek G. 2 Jimm C. 2 Carol 5 Jim R.6 Laura S. 8 David 11 Matt L. 17 Marion L. 23

SOLUTIONS

Briana 1

Ashley 3

Will 3

SOUTH DADE

John H. 1 Jimm C. 2 Wayne G. 2 Jim R. 6 Ricardo T. 14 Thereasa 15 Lori 21 Marion L. 23 Todd L. 23 David A. 35 Anke 37

SABAL PALM

Charles M. 1 Yvette F. 21 Arturo L.P. 2 Randv W. 21 Genesis A. 4 Hilda S. 23 Robin W. 4 Mary C. 23 Don V. 4 Dawn 28 1im P. 6 Tony L. 34 Rob M. 8 Anke 37 Carlos L. 9 Barry G. 37 Eddy B. 9 Pete S. 40

RT TAKES Ricardo T. 14

Lest we forget, it's well to remember the old saying that nobody can go from heel to halo in three weeks.

SHORT TAKES

However discouraging your days may have been thus far, keep this thought burning brightly in your mind--Life Begins Each Morning.

The experience of yesterday, the opportunities of today, and faith in the possibilities of tomorrow, constitute the foundation of a better way of life.

AUGUST

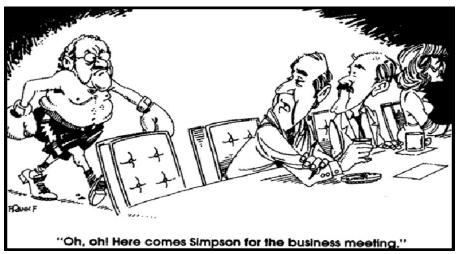
KEY BISCAYNE

Ruthie 3 Natalia 9 Norma 14 Debbie C. 17 Jennifer R. 17 Tom B. 23

"I have had to face my past, one episode at a time, and become willing to look at the truth. I could feel the pain and fear, like trolls under the bridge, waiting to jump out and challenge my self-esteem.

"Cleveland, Ohio, February 1993. Facing the Truth"

AA Grapevine



Group Conscience/Business/Service Meetings Brickell Group/3rd Thursday @ 1:05pm Coral Gables Group/3rd Thursday @ 7:00pm Good Morning Group/3rd Friday @11:00am Happy 1060 Group/3rd Sunday @ 11:45am Homestead Group/3rd Tuesday @ 7:00pm Lincoln Road YP/3rd Sunday @ 7:00pm Little River Group/2nd Sunday @ 7:00pm Miami Young People/3rd Saturday @ 7:00pm New Beginner's # 2/2nd Thursday @ 7:30pm Night Owl Group/2nd Sunday @ 7:00pm North Miami Group/Last Wednesday @ 7:15pm Palmetto Bay/3rd Wednesday @ 6:35pm Primary Purpose/Last Wednesday @ 6:45pm Quinto Paso/1st Monday @ 7:00pm Sabal Palm/3rd Thursday @ 7:00pm Sober Way Out/3rd Sunday @ 7:00pm Something Happens/1st Saturday @ 10:00am South Dade Group/3rd Wednesday @ 7:00pm South Dixie Group/2nd Sunday @ 12:15pm Sunset Group/2nd Friday @ 7:00pm West Miami Group/3rd Tuesday @ 7:00pm We Stopped in Time/1st Monday @ 9:35pm Young, Sober &Free/Last Sunday @ 8:05pm

Group Anniversaries

Almeria Group/Last Tuesday @ 7:30pm Coral Gables Group/Last Monday @ 8:00pm Grupo Central/Last Sunday @ 1:00pm Good Morning Group/Last Friday @ 10:00am Happy 1060 Group/Last Sunday @ 10:45am Homestead Group/Last Thursday @ 8:30pm Key Biscayne Group/Last Friday @ 8:30pm Killian Pines Group/Last Friday @ 8:00pm Lincoln Road YP/Last Sunday @ 7:00pm Little River Group/Last Wednesday @ 8:30pm Miami Springs Group/Last Monday @ 7:30pm Miami Young People/Last Saturday @ 8:30pm North Miami Group/Last Friday @ 8:30pm Palmetto Bay Group/Last Saturday @ 5:30pm Plymouth Group/Last Wednesday @ 7:00pm Primary Purpose/Last Saturday @ 8:30pm Sabal Palm Group/Last Sunday @ 7:00pm Shamrock Group/Last Tuesday @ 8:30pm Sober Way Out/Last Friday @ 8:30pm Something Happens/Last Saturday @ 9:00am South Dade Group/Last Friday @ 8:30pm South Dixie Group/Last Saturday @ 7:30pm Sunset Group/Last Friday @ 7:30pm West Miami Group/Last Friday @ 8:30pm We Stopped in Time/Last Monday Young, Sober and Free/Last Sunday

ALCOHOLISM
IT'S THE ONLY PRISON
WHERE THE LOCKS
ARE ON THE INSIDE

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Please note: When you mail in this form, feel free to add something you would like to share with the fellowship (a thought, a story, a joke or something you heard at a meeting.)

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